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The girl with the mismatched socks

Pre-reading question

Do you have a favourite piece of clothing that makes you feel special?

New words

different – The girls are not the same as each other. They are all different.

matching – Her socks are both the same – they are matching.

mismatched – Her socks are different – they are mismatched.

“Good morning, class. My name is Mohau.”
“Welcome to our class,” said the teacher.



brave – The brave girl walked into the scary room alone.

highlight – The highlight of the day is seeing one another.

unique – She had a unique voice and became a famous singer.

“Mohau, I love your dress,” said Leoni.

“I do too,” said Lebone.

“But why are your socks different?”
they both asked.



“I could not find a matching pair,”
Mohau laughed.

“But that’s not right!” the girls exclaimed.



“My friends said my mismatched socks are not right,” groaned Mohau that evening.

“You are special and unique – it’s okay to be different,” said Mom.



“Hi Leonie and Lebone, you both look nice today,” said Mohau at school the next day.

“We are sorry about what we said yesterday,” said the girls.



“We love how brave and different you are. Seeing what you wear every day is the highlight of our day. Today we also wear mismatched socks.”



We are all special and unique in different ways. We need to celebrate people as they are and not judge them.



Post-reading questions

1. What do you think of Mohau's mismatched socks?
2. Have you ever felt like Mohau because you were different in some way? How did you cope with it?
3. What makes you special and unique? Tell a friend.

A healthy body is a happy body

Pre-reading question

What are some things you think we need to do to keep our bodies healthy and happy?

New words

jogs – When Mr Nkosi jogs, he is running along the road.

healthy – A healthy body is strong, full of energy and functions well.

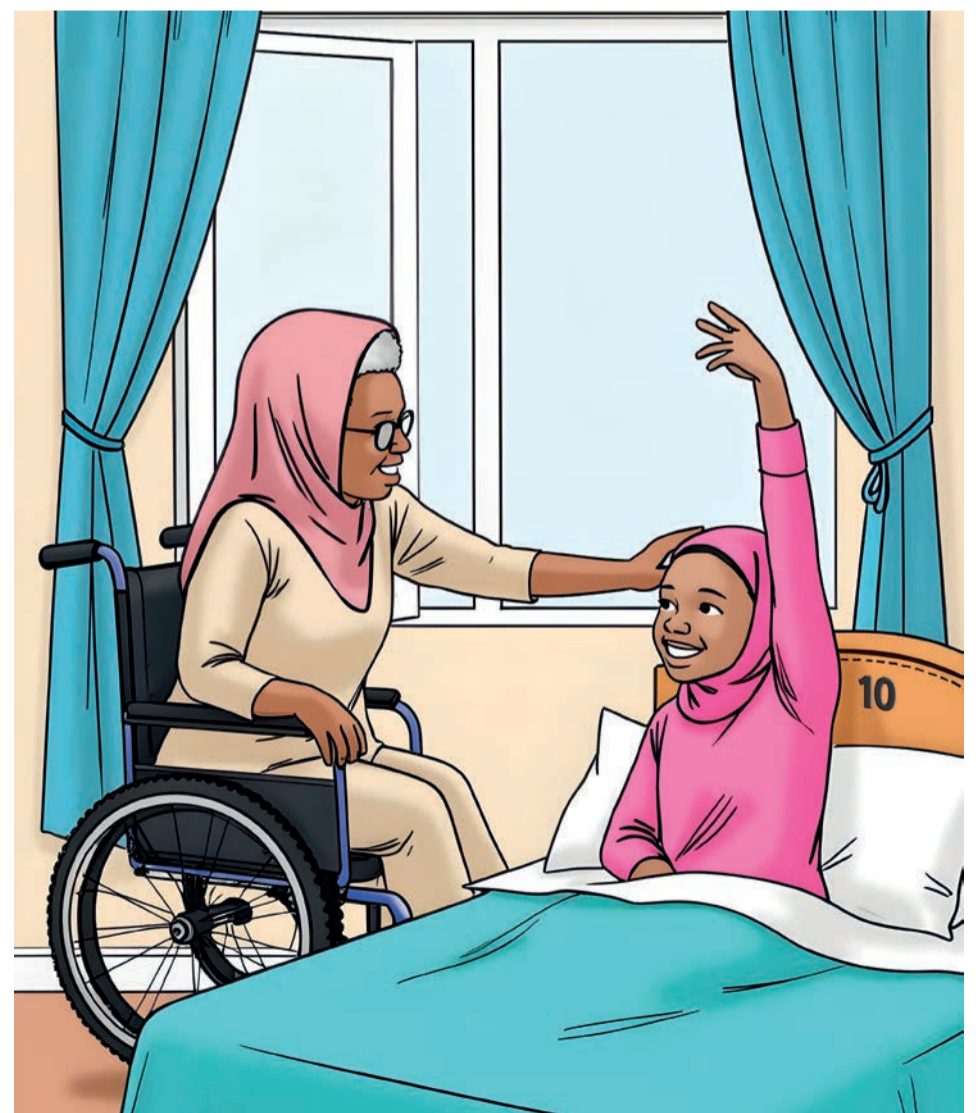
calm – I feel peaceful and calm when I listen to music.

mind – I can take deep breaths to calm my mind.

strong – When you exercise, your body gets strong.

exercise – She likes to exercise her leg muscles to run faster.

“Time to wake up, Nancy,” called Mom. “But mom, sleeping is healthy,” replied Nancy sleepily. “Yes, but our bodies need other things too. Let me show you,” said Mom.



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Mr Nkosi jogs every morning.
His body is healthy.
A healthy body is a happy body.



Tannie Elsie happily waters her plants daily. It keeps her moving. A healthy body is a happy body.



Miss Minah sits quietly every morning.
This calms her mind. A healthy body
is a happy body.

