



IBANGA

3

INCWADI
KATITSHALA

Platinum

Izakhono zoBomi

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Platinum Izakhono Zobomi Ibanga 3 Incwadi Katitshala

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Molo Titshala

Ngethuba ungena kwigumbi lakho lokufundisa yonke imihla awungeni kwindawo efakwe idesika nencwadi.

Ungena kwindawo apho kukho uxanduva lokwakha, ubomi,ubumbhe umntu, kuphuhle izakhono nentalente. Nje ngo Titshala unamandla oku khokela uphuhlise italente ezibonakalayo nezifihlakeleyo ukuze kufumaneke inkokheli zangomso, ezinezakhono, kubekho utshintsho eluntwini.

Ngothando nenkathalo oyenzayo ubonakalisa uthando kumsebenzi wakho. Utyala imbewu gothando noxolo, ukhuthaza ukhathalelwano, ukwabelana nohloniphana.

Konke oko kuyakubafundisa ubuntu abantwana.

Akusithelanga ukuba akuzukuba lula ukufikelela, ngakumbhi kwindawo enemcela mngeni wezixhobo ezinqabileyo. Ukufundisa kungumcela mngeni ngokwawo, kodwa phantsi kwezomeko wenza umahluko ebomini. Uyabakhuthaza abantwana ukuba bazi ukuba ubomi babo buqaqambhile, kwaye buxabisekile, bujongiwe ukuze baphumelele, baqaqambhe kungekho nto ibanqandayo.

Siza nezixhobo zokufunda ezakhiwe phantsi kwenqubo ka CAPS. Injongo ikuku gxila ekudibaniseni nasekuphuhliseni isakhono sokuba umntwana afumane ithuba lokuzibonela, akwazi isigqibo ngokwakhe enganyanzelwanga kungacalulwa wonke umntwana ejongekile.

Imifanekiso, amabali, izifundo ziveza ulwabelano lwethu lokuhlala. Yonke lonto yenza ukuba wonke umntu azive amkelekile kwi gumbi lokufundela.

Nanje ngokuba singalibalanga ngawe, inkathalo nokhuthazo kubafundi lubalulekile.

Sifake izixhobo ezizakugcina unomdla, uphilile unolangazelelo, oko kukhuthaza nabafundi. Akupheleli ekufundiseni, ubonakalisa uthando nentsebenziswano into eyenza ukuba nabo basebenze ngenyameko.

UMzantsi Afrika usebenzisa loMthetho weSebe lezeMfundo owongeziweyo (BELA) oshicilelwe ngo-2024, enjongo ikukwandisa nokuqinisa nokwamkela ingena mkethe.

Inxaxheba yakho kulenjongo ibalulekile kakhulu. Ulwazi lwakho kuzo zombini uCAPS no BELA kuyakuba luncedo kubafundi, bayilangazele impumelelo bexhobile.

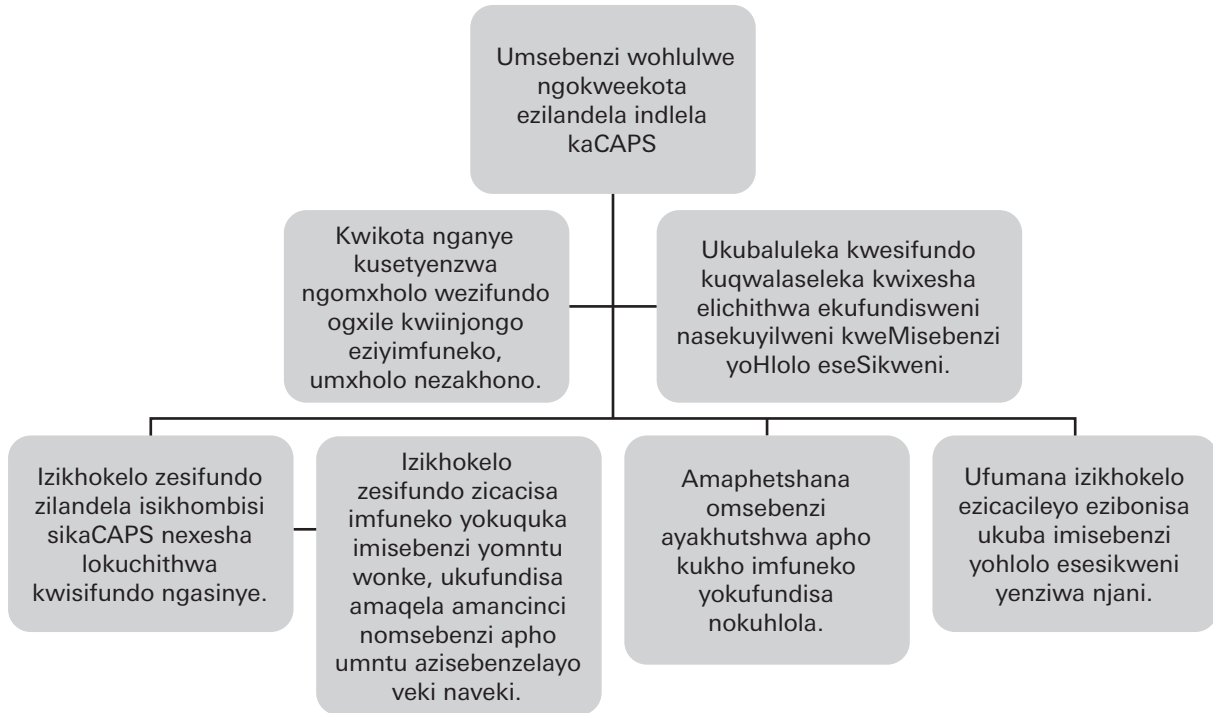
Nguwe umlamli onamandla onokukhuthaza utshinjo olunia umdla, abafundi bakukhula ngokubukela kuwe. Awufundisi nje kuphela, wakha nobomi babo, ukuze bube lulutho ehlabathini,eSizweni nase Lizweni lonke jikelele.

Siyabulele ngayo yonke inxaxheba nemigudu oyenzayo kumcibi wezemfundo.

Indlela yokusetyenziswa kwalo Mqulu

Wamkeleki kwizaKhono zoBomi kwiBanga lokuQala. Lo Mqulu uneNcwadi yomfundi- neNcwadi kaTitshala ukukhuthaza nokuphuhlisa ukufundiswa kweZakhono zobomi kwiBanga lokuQala. IzaKhono zoBomi zibhalwe ngokulandela umgaqo ka CAPS. Xa usebenzisa lo Mqulu kuyakunyanzeleka uqiniseke ukuba ufikelela kuwo wonke umsebenzi ochongiweyo.

IzaKhono zoBomi zakhiwe zenzelwa ukuba zihambelane nenkqubo kaCAPS ngolu hlobo:



Uyisebenzisa njani iNcwadi kaTitshala neNcwadi yoMfundi

Ikota nganye kwiNcwadi yoMfundi inombala okhethekileyo okuncedayo ukuba ngaba usebenza ngeyiphi ikota.

Isifundo ngasinye naso sinombala okuncedayo ekubeni ubone ukuba sesiphi isakhono ofikelela kuso kolo suku okanye kulo veki.

Isiqalo sesihloko ngasinye sichaza iziphumo, imibuzo yokucinga nzulu, nezixhobo ezicetyisiweyo.

Uhlobo nezixhobo ezikhethiweyo

Isifundo	
Iziphumo	
Ukucinga okunzulu	
SKAVS (IzaKhono, uLwazi, ukuziPhatha ne Ntlonipho	
Ukuqala kolwazi	
Ukuhlola	
Izibonelelo	

Isihloko ngasinye sizakucaciswa ngolu hlobo:

Indlela yokufundisa okanye ubuchule, buquka:

- Ingcebiso ngoku dibanisa ukwamkelana ngoko buhlanga.
- Ukuphawula kokukhula kolwazi ngokubonisa ukwamkelana ngobuhlanga.
- Indlela yokucacisa ukuba bangancedwa njani abafundi abahlukeneyo ngokucinga
- Lingenziwa njani igumbi elikhuthaza ukufunda nokudlala
- Isivuli-sihloko esingu 'Masiqalise'
- Umkhombha ndlela wemisebenzi
- Umkhombha ndlela womsebenzi 'Masikhangele'
- Uhlolo lwemisebenzi olusesikweni
- Imisebenzi enokukotshwa

INkcazelo yePolisi yeKharityhulam nokuHlola (CAPS)

- Eli lixwebhu olunika umkhomba-ndlela kwindlela yousebenza, inika uMxholo nendlela emakuhlolwe ngayo kuzo zonke izifundo zikaZwelonke ukusuka kwiBanga labaQalayo ukuya kwiBanga le-12.
- **IziCwangciso zokuFundisa zoNyaka eziHlaziyiweyo zezaKhono zoBomi (ATP) zinika umkhombandlela nesikhokelo sokuqulunqa somxholo nendlela yokuhlola kwisiGaba esisisiSeko (R-3)**

IzaKhono zoBomi ATP ixhasa oku kulandelayo

✓ Ukucinga nzulu	✓ Ukusombulula ingxaki
✓ Ukuthatha isigqibo	✓ Uxanduva
✓ Ukuzazi	✓ Ukuzilawula/ ukuziphatha
✓ Ukuzixabisa	✓ Ukuzazi ngobuhlanga
✓ Ukuzilawula ngokwemeko	✓ Ukuphatha ngendlela
✓ Ukwamkelana	✓ Ubume
✓ Imbeko	✓ Inkathalo
✓ Ingqondo yokwamkela	✓ Unyamezela

UKwabiwa kweXesha

Ixesha elabelwe ukufundisa kwisiGaba esisisiSeko limi ngolu hlobo:

ISIFUNDO	Ibanga R (IIYURE)	Ibanga 1-2 (IIYURE)	Ibanga 3 (IIYURE)
ULwimi lwaseKhaya	10	7/8	7/8
ULwimi lokuQala oloNgezelelweyo		2/3	3/4
IMathematika	7	7	7
IzaKhono zoBomi	5	5	5
• ULwazi olusisiSeko	(1)	(1)	(1,5)
• EzobuGcisa	(1,5)	(1,5)	(1,5)
• EzemiThambo	(1,5)	(1,5)	(1)
• UkuziPhatha neNtlalo	(1)	(1)	(1)
Imibhalo efihliweyo neeRobhothiksi	(1)	(1)	(1)
Iyonke	23	23	25

Ukwabiwa kwexesha kwinkalo yokufunda kwizaKhono zoBomi kwisiGaba esisisiSeko

Ibanga R-2		UKWABIWA KWEXESHA NGOKWEKOTA	Ibanga 3		UKWABIWA KWEXESHA NGOKWEKOTA
ULwazi olusisiSeko nokuziPhatha neNtlalo	Iiyure ezi-2 ngeveki	Amashumi angama-50 eeyure	ULwazi olusisiSeko nokuziPhatha neNtlalo	Iiyure ezi-2,5 ngeveki	Amashumi angama-50 eeyure
EzobuGcisa	Iiyure ezi-1,5 ngeveki		EzobuGcisa	Iiyure ezi-1,5 ngeveki	
Ezemithambo	Iiyure ezi-1,5 ngeveki		Ezemithambo	Iiyure ezi-1 ngeveki	

ITHEMPULEYITHI YESICWANGCISO SESIFUNDO

Umhla:
Ibanga:
Isifundo: Isakhono soBomi
Umxholo:
Isifundo esikhethiweyo:
Ulwazi lwangaphambili:
Iphepha ku CAPS:
Inani labantwana egumbini:
Injongo emva kwesifundo.
Emva kwesifundo abantwana kufuneka bazuze oku: Ulwazi: Izakhono: Imbeko nokuthoba:
UHLOLO:

Izigaba zesifundo (umongo womxholo, imisebenzi, indlela yokufundisa).

Isiqalo:

Ukukhula:

Unxulumaniso:

Iyantlukwano, ulingano nobandakanyo

Kwesi siqendu, cinga ngegumbi lakho lokufundisela. Yiba nomfanekiso ngqondweni wabafundi behleli phambi kwakho bonke, umntu ngamnye enebali lakhe, ulwazi, nemicela mngeni eyohlukeneyo. Cinga ngomfundi obulalekayo kukulandela isifundo, okanye na ntoni na yangaphandle eyenza ukuba aphazamiseke ekulandeleni izifundo. Wenza ntoni ngala mzuzu? Mizamo yini oyenzileyo? Benze bazinze ukuba uyayibona ingxaki, ubancedise kuyo.

Igumbi lakho lokufundisa linabafundi abahlukeneyo ngendlela ngendlela, ngokungalingani nezidingo.

Ilizwe lethu linoxanduva lenzokolo yokungalingani ngobuhlanga indlela yokuphila nezo mnotho. Yonke lemeko iyacaca kwigumbi lokufundela, kulapho kanye apho icaca kakhulu. Wena njengoTitshala unoxanduva lokwenza unako nako wokubona bonke abafundi bafumane ithuba lokuhoya ukuze baphumelele. Nokuba zikhona iziphazamiso okwakho kukubaxhasa baphumelele.

Esi siseko uCAPS sithatha imeko yokungalingani nokwamkelana nje ngoxanduva. Iyakhuthaza into yokuba kungajongwa ukufundisa kodwa, makuqatshelwe umfundi ngamnye ngokwemeko akuya ukuze baphumelele.

Buyazeka ubunzima abahlangabezana nabo ooTitshala kodwa noxa kunjalo ngabo abangaphambhili nabajongene nayo ngqo.

Yiyo lonto izixhobo zokufunda nokufundisa zancedisana nawe. Ezi zixhobo zibonisa imfuno ezivela kumsebenzi owenziwayo ngabafundi, intsokolo abahlangabezana nayo, kungoko kufuneka uxhaswe ukuze kubekho impumelelo. Kuqaqambhe nekamva labo bakwazi ukuba lulutho ekuhlaleni nakwi lizwe ngobubanzi.

Kulo Mqulu sijonga iindidi ezili-10 zeyantlukwano. Zonke zikhethwe ukuze ziqinisekise imbonakalo ebanzi nequka ukohluka ngobunjani, iimbono namava.

Iindidi zokwamkelana

Ihlelo lokwamkela	Ingcazelo	Isalathiso
1. Ukwamkelana ngokobuhlanga nangemveli	Imele indidi zobuhlanga imvelaphi ezahlukeneyo Uqinisekisa abafundi bayayazi imveli nezithethe	Sifake abadlali, ababhali neenkukacha zemveli ezivela kwiintlanga ngeentlanga. La mabali nemizekelo ziquka okwahlula uluntu ngokwemveli namasiko.
2. Ukwamkelana ngokwesini	Ububanzi besini bumele zonke indidi kwaye kuquka ingxoxo malunga nesini.	Kumxholo kukho zonke iintlobo zesini ngokulinganayo.
3. Ukwamkelana ngezentlalo noqoqosho	Oku kubonisa ukubandakanyeka kwabantu bemvelaphi ezahlukeneyo zoqoqosho nokuxoxa ngemiba yokungalingali ngokoqoqosho.	Sifake abadlali abasuka kwiindawo ezahluke ngokwentlalo noqoqosho, sibonisa imiceli-mngeni enje ngokufikeleleka kwezemfundo, ukhathalelo lwempilo nezinto. Abafundi bazibandakanya kwiingxoxo eziqhelekileyo kwaye basebenzisa nemizekelo yokwenyani ebonisa iyantlukwano. Nto leyo yenza umxholo uqheleke.
4. Ukwamkelana ngeelwimi	Ukwamkelana ngelwimi kubonisa ukungamezelana Koluntu oluthetha Iilwimi ezingafaniyo	Umxholo uquka konke malunga neelwimi ezininzi kwaye ukhuthaza abafundi bahloniphe iilwimi ezahlukeneyo. Sifake imizekelo ebonisa ukubaluleka koguqulo lwentetho notoliko ngakumbi kwihlabathi elidinga abafundi ukuba bamkelane kwiindlela zonxibelelwano.
5. Ukukhubazeka	Apha kuthethwa ngabantu abakhubazekileyo ngendlela ezahlukeneyo nokungafumani kwabo amathuba ngenxa yemeko abakuyo.	Abantu abakhu bazekileyo babandakanyiwe, kukulungiselelwa ukuba babe yiNxalenye kuMabali nemi sebenzi. Sithetha ngeengxaki zofikeleleko nokuba ngokomzimba, ngokweteknoloji, kuluntu nangeendlela zokusebenzisa iilwimi.
6. Ukuthetha nge simo socantsi nokwamkelana kwimekoyaso. LGBTQ+	LGBTQ+ oku kuquka abantu abathandana nabo banesini esifanayo nesabo kunye nabantu abaziquka kwizimo socantsi ezininzi ezahlukeneyo. Uphawu u+ lumele ubandakanyo lwazo zonke izini nezimo zocantsi ezahlukeneyo ezingapha kwezo uninzi oluziqhelileyo. Eli ligama elisetyenziselwa ukuquka wonke ubani oyinxenye yale ndlela yokuphila kwaye ikhuthaza uquko lakhe wonke ubani.	Zonke iintlobo zosapho lweLGBTQ+ zikhankanyiwe encwadini ziveza ukubaluleka nokwamkelana ngokwesini. Sifake imizekelo neziganeko eziveza amalungelo omntu ngamnye. Loo nto inceda abafundo baqonde kwaye bahloniphe ukwahlukana kwimeko yesini.

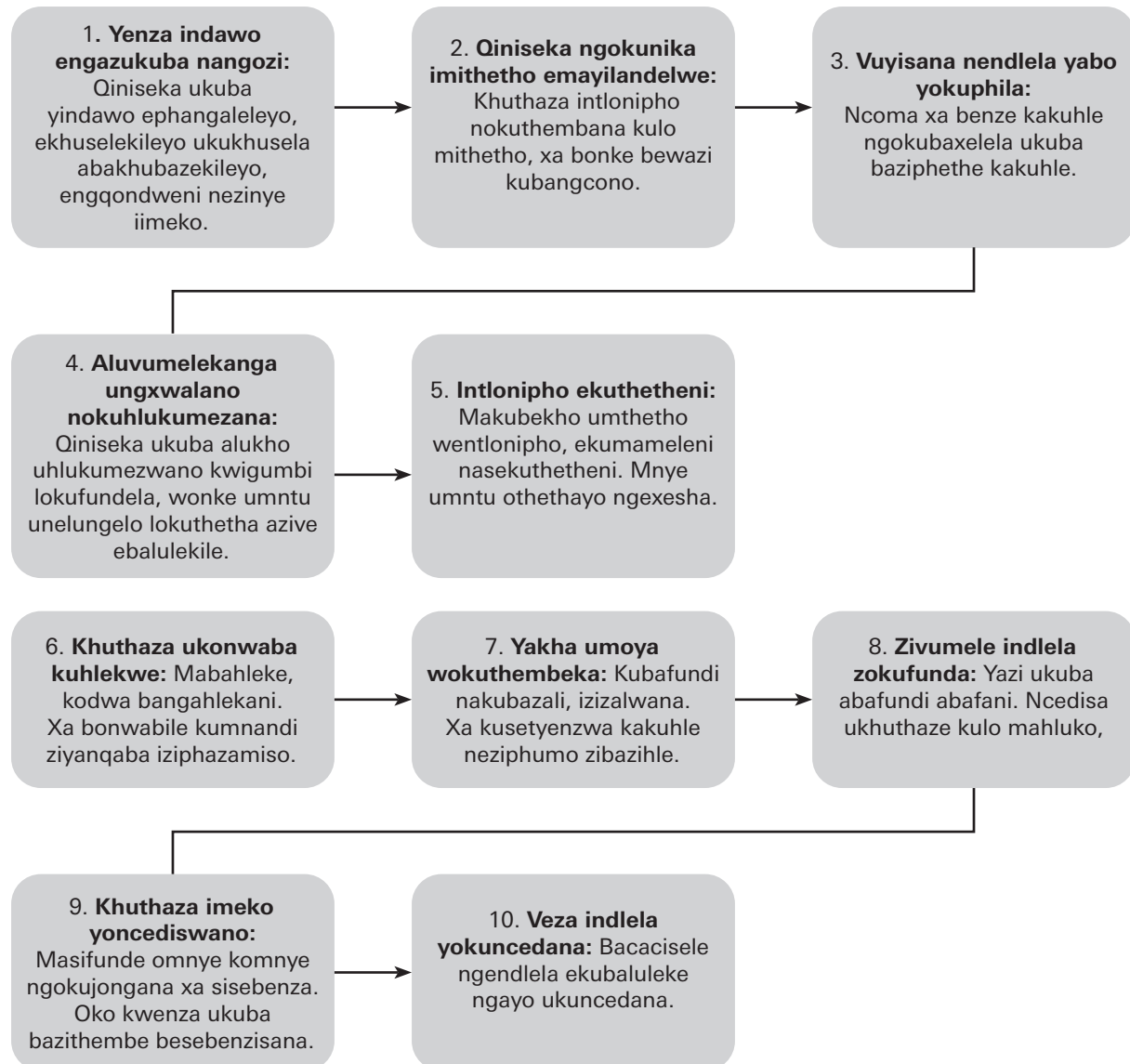
Ihlelo lokwamkela	Ingcazelo	Isalathiso
7. Ukwahlukahlukana ngokwenkolo nangezomoya	Apha kuphawulwa iindlela ezahlukeneyo ngokwenkolo nangokomoya.	Incwadi yethu iveza iindlela ezahlukeneyo zenkonzo nokholo, nezinto emazeniwe kuluntu. Kule ncwadi sikhuthaza iingxozo zeenkolo ezininzi ukunceda abafundi ukubabaqonde kwaye bahloniphe iinkolelo ezahlukeneyo. Iimbono zabo bangazibandakayiyo nazo zikhona ukuze siqinisekise ukhlonitshwa kweenkolo ezahlukeneyo nokuba wonke ubani ufumana ithuba lokuzibona.
8. Ukwamkelana ngeminyaka	Ukwahluka ngokweminyaka kuquka abantu abangalingani ngeminyaka nokuxoxa ngemiba emalunga nokukhula.	Incwadi iquka abantu nemizekelo yabantu abalulutsha nabo badala. Siphawula ukubaluleka kobudlelwane phakathi kwabantu abangalinganiyo ngokweminyaka nokuthetha ngezihloko ezifana nokuthatha umhlalaphantsi nocalulo ngokweminyaka. Oku kunceda abafundi bazi ukuba wonke ubani ubalulekile ekuhlaleni.
9. Ukwamkelana ngokwemimango	Ukwamkelana ngokwemimango kucacisa indlela yokuphila kubantu baloo ndawo iquka konke ekuhlaleni nangaphandle.	sihlalutya indlela yokicinga nokufunda ngo- kuveza indlela zoku fundisa azivumele zonke iindidi, intlobo Zokufunda.
10. Ukwamkelana ngokwemimango	Apha kucaciswa ngendlela esifunda ngazo, bambi balandela msinya, Abanye bathatha kade kufuneka kuphindaphindwe Ngenxa yemeko.	Sihlalutya indlela yokiucinga nokufunda ngokuveza indlela zokufundisaezivumela zonke iindidi, intlobo zokufunda. Imisebenzi ivumela abantu abaneemfuno ezahlukeneyo zokufunda. Kwaye iyilelwe nokukhuthaza ubandakanyo. songeze imisetyenzana yaphambi komsebenzi.

Iigumbi lokufundela oluqakayo nolwamkela iyantlukwano

Nje ngoTishala okwakho kukuqinisekisa ukuba igumbi lakho lokufundisela yindawo yoxolo, konwatywe, kumnandi kuyahlekwa kwaye kukho intlonipho. Nazi izinto ezili-10 onokuzenza ukwenza kubekho ukhuseleko kubemnandi kwiTheyibhili yoku-1 ngasentla.

Iyantlukwano kwigumbi lokufundela

Nje ngotitshala, indima yakho yeyokuqinisekisa ukuba igumbi lakho lokufundela yindawo yoxolo, konwatywe, kumnandi kuyahlekwa! Nazi izinto ezili-10 onokuzisebenzisa ukugcina igumbi lokufundela yindawo yolonwabo nekhuselekileyo.



Yamkela ukungafani kwabafundi

Kubakulekile ukuba abafundi bazibone kwaye babone nolwazi olwahlukeneyo eklasini. Oku kutsho ukuboniswa ngokohlukana ngokobuhlanga, intetho, inkolo (udibanisa LGBTQ+) iminyakaa nendlela zokufunda. Incwadi yethu iquka abantu bendawo ngendawo ukuphuhlisa imeko zokuphila. Sikhetha ngenyameko imizobo, imifanekiso, nomxholo ophuhlisa imeko zokuhlala nenyani ngelizwe lethu loMzantsi Afrika namanye amazwe. Siyakhuthaza nawe wenze njalo kubafundi. Amabali

Ukusetyenziswa koMqulu

wakho mawabonise umfanekiso ngqondweni phakathi kwelali nedolophu, ncokola nangabantu bakhona ukohluka kwabo, njalo ukhuthaza indlela yokufunda ubandakanya I-LGBTQ+, ncokola ngeminyaka inkolo ngesini udibanisa nezomnotho welizwe, ezenza ukuba nabo bachaphazeleke. Veza umahluko ngathi kumazwe angaphandle. ukuze bazibone bexabisekile kwanYe beyinxalenye yolontu ngokupheleleyo.

Ukungakhethi nokuqaphela ukuba nelungelo

UNksz. Adams wayefundisa isifundo samasiko nezithethe. Abafundi bakhe babesuka kumakhaya angafaniyo, eyivuyela loo nto. Ekuqaleni ucela umfundi ukuba axele inkolo okanye isithethe sakowabo. ULebo intombi ezithembhileyo iphakame kuqala icacisa ngendlela abayonwabela ngalo usuku lwe Krisimesi nje ngamaKrestu. Kuphinde kwaphakama uAmina ethandabuza, bona kokwabo bangama Islam, ucacise indlela bona abayonwabela ngayo I-Eid, kwangoko basebezela omnye kubo ngempazamo wakhwaza, “Asiyo holide yokwenene”, ucacisile.

UNksz. Adams kwangoku uqaphele ukuba ukhona umoya ophazamisayo. Uthathe isigqibo esikhawulezileyo, waqimisa ingxoxo. Wacela abafundi ukuba baphefumle kulo mba. “Kuthetha ukuthini ukungahloniphi inkolo nesiko lomntu? Ungava kanjani xa kusithiwa kuwe eyakho inkolo nosuku oluvuyelayo aluyonyani? Kwathi cwaka egumbini, abafundi becinga ngentetho zabo.

Ucacise ngokubaluleka kwentlonipho, nomahluko ngenkolo. Usebenzise umzekelo ka Amina njengesifundo, engangxolisanga mntu. Woyame kumqulu ebafundisa, eqhuba incoko ngokubaluleka kokuhlonipha zonke iindidi zenkolo zabanye abantu nokuba wena awuzazi. Abafundi babona ukuba ukungabi namkhethe kubalulekile, kwaye yintlonipho.

Isifundo sika Nksz. Adam nabafundi

Umkhetho nokucingelana kwenzeka ungacingelanga

Mhlawumbi ungafuni ukuvisa omnye kabuhlungu, Abafundi bathetha bengacinganga kodwa bafunda ukuba ukuzola umamele Ngentlonipho kubalulekile.

Wonke umntu ubalulekile

UNksz. Adams waqinisekisa ukuba uAmina uyavakala nokuba amava wakhe ahloniphekile kumntu wonke. Ngokubandakanya wonke ubani wagcinisisa ukuba iimvelaphi zabantu azifani kwaye masizihloniphe.

Khuthaza ukuzibenca

Endaweni yokuba athethe uNksz. Adams wamema abafundi bakhe ukuba bangava njani ukuba bangaba abakule meko ka-Amina. Oku kuncede abafundi baqonde ukubaluleka kovelwano nokwazi iintsukumo okanye izenzo zabo.

Kuthaza ukuxoxa

Xa umkhetho okanye ukudelela kukhona kufuneka kusionjululwe kwangoko. Vula ingxoxo uuze bafunde ukuba amanye amagama nentetho zingonzakalisa. Baxhobise ukuba bahlukane naloo ngqondo.

Ukufunda ngempazamo

Ukuphazamiseka kungasisifundo. Nksz. Adams usebenzise ixesha lokuba bafunde ukuzibhenca kuqikelelo lwabo, eba bonisa ukuba egumbini lokufunela kulapho sikhula khona ngokupheleleyo.

Kutheni kufuneka sibahlole abantwana?

Sibahlola ukuze:

- sijonge abakwaziyo nabangakwaziyo kulwazi
- sigcine ingxelo ngomfundi ukwazi ukubona indlela akhula ngayo, ungajongi Umsebezi weveki okanye Wosuku.
- sijonge ukuba umfundi uqhuba njani na, ingaba lukhona uncedo oludingekayo?
- sijonge iziphazamiso uzame ukuzisombulula.
- sibe nomfanekiso opholelelo malunga nomfundi ngamnye, siqonde apho bagqwesa khona, apho kukho imiceli-mngeni kunye nokubanika umdla neemfuno zabo.

Ukuhlola kudibanisa indlela zokubona nokulandela umsebenzi wabafundi. Uhlolo lwarhoqo luveza ukuba balandela njani. KwisiGaba esisiSiseko lwenziwa uhlolo oluqhubekayo rhoqo, ukuze ubone kwangoko xa kukho uncedo olufunekayo. Oku kunceda uhlole iindlela yokufundisa nokuphuhla komfundi ukuze uthathe izigqibo ezizizo nemiyalelo yemihla ngemihla.

Ukuhlola okufundiweyo kufakwe ngokungasokolisiyo kwinkqubo yokufundisa, apho iindlela ezonwabisa nesixhasayo zikhuthaza abafundi ukuba bazibandakanye.

Iminwe phezulu na phansti

Yenza oku emva kwe-sifundo, ukujonga ukuba bayalandela na.

Ukulandela umxholo

Jonga ukuba abafundi bayenza njani imisebenzi, uze ubuze imibuzo ekhokelayo.

Itikiti lokuphuma

Abafundi bazoba babhale ngento abayifundileyo.

Cinga nge ntsebenziswano

Umfundi ngamnye uyazicingela, axoxe nomlingani, aze emva koko abelani neklasi.

Ingxelo nomhlobo

Abafundi banika ingxelo kubalingani baze banikise amanqaku alula akhayo.

Ijenali yokufunda

Abafundi bagcina ijenali yokugcina konke abakufundileyo. Le ikwayiyo nendlela yokujonga inkqubela.

Umsebenzi wamaqela nemidlalo nokusebenzisana

Imibuzo ngexesha lesifundo

Sebenzisa imibuzo enika iimpendulo ezininzi, ukuze ukhuthaze abafundi ukuba bacacise ingqiqo.

Ukusetyenziswa koMqulu

Uhlolo njengendlela yokufunda kupha umfundi amathuba okujonga inkqubela phambili kwaye kukhuthaza umfundi ahoye inkqubo yakhe yokufunda. Ngolu hlobo bahlala behlola ulwazi, loo nto ikhuthaza ukufunda nzulu nokuzazi.

litshati zokwazi nokufuna ukwazi

Abafundi bagcwalisa abakwaziyo, abafuna ukwazi ekugqibeleni bahlanganise ulwazi nabebekwazi

Ingamango ngekhonsepthi

Abafundi benza imaphu ezibonisa abakwaziyo ze bongeze ulwazi olutsha njengoba befunda.

Ukungqubanisa iingqondo

Ngokuthetha bavula ulwazi kuvela izimvo zokuhlangabenzana.

Amatikiti ophuma

Abafundi bachaza ngendlela ulwazi olutsha lunxulumana okanye luphuhlisa oskuele bekwazi

Ugqibezelo lwebali

Unika isiqalo sebali wenze abafundi baligqibezele.

Yintoni engekho?

Abafundi baveza izimvo zemibono yabo nakubona kuzintsalela ezibangela ibali libe lingapheleli

lingxoxo

Qala isifundo ngokucela abafundi batsho ukuba isihloko sanamhlanje sinxulumene njani nesidlulileyo

Ijenali yokufunda

Abafundi babonakalisa rhoqo ngeveki ngendlela ulwazi olutsha lunxulumana noludala okanye osele bekwazi.

Uhlolo lokufunda luza nobungqina ngamaxesha athile, loo nto inceda uthekelele inkqubela uze uthathe iozigqibo ezifanelekileyo.

Uhlololokuphela

kwekota
Uvavanyo ukubanjwa komxholo kwisifundo

Imibuzo eyindida

Uhlolo olufutshane oluhlola emveni kwesifundo

Umsebenzi obhaliweyo

Umsebenzi wokuhlola ulwazi ngokubhala

Iiprojekthi

Imisebenzi yokudala ukubonisa ulwazi.

Uvavanyo lokufunda

Olu luqondene nokuhlolwa kokuqonda nokuzithemba kumfundi ngoko akwaziyo

Imisebenzi evelisayo

Imisebenzi enikwa ukuze abafundi bayenze besebenzisa ulwazi lwempilo

Ipotifoliyo

Inggokelela yemisebenzi ukulandela inkqubela emva kwexesha elithile

Uvavanyo-lwazi ngomlomo

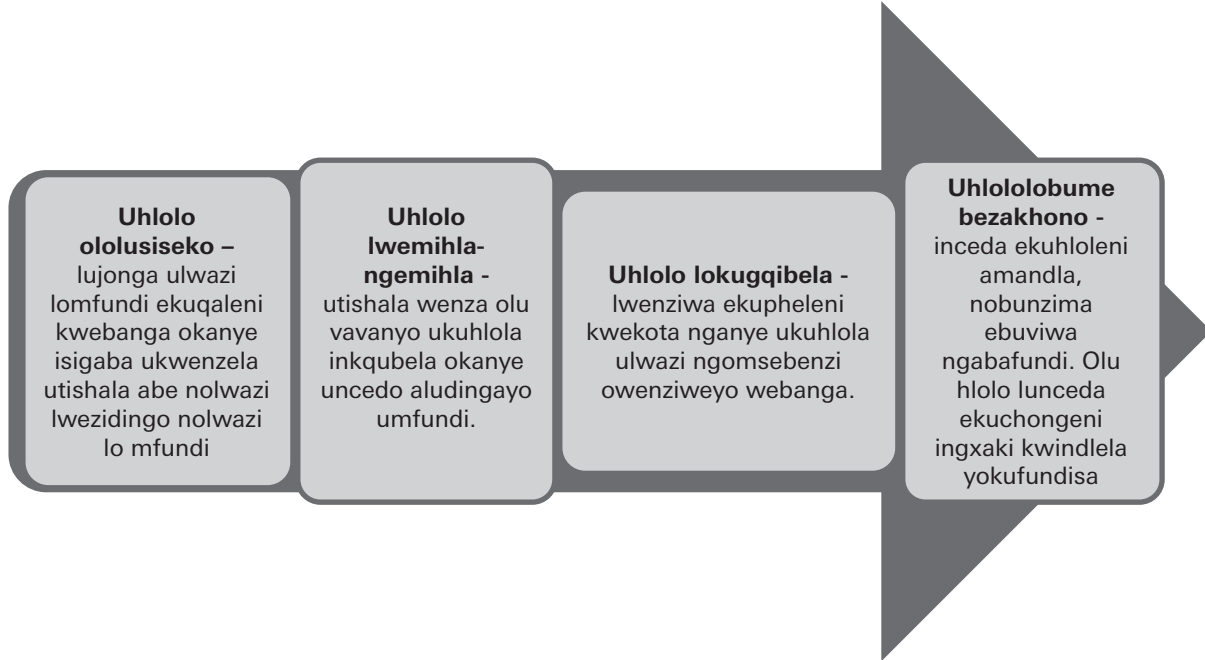
Uvakaliso, nobaliso lokuqonda kwesifundo ngomlomo ngumfundi

INkcazelo yeKharithyulamu yeSizwe eHlaziyiweyo, iNCS ngokushunqulelwe kwisiNgesi ibonisa, ukubhala nokufunda, uzibalo neeZakhono zoBomi njengezona zinto zintathu ezibalulekileyo kwisiGaba esisiSiseko efuneka zihloliwe.

ISebe lezeMfundo esisiSiseko lunika Isikhokhelo Semfundo Yesiseko ukuxhasa ootishala ekufundiseni nokulungelelanisa izifundo kunye noCAPS. Olu thotho lwezifundo lwahlula-hlukeneyo ngomxholo nakuyilo lwalo lunceda utishala nabafundi bakhe bahlangabezane nokufunwa ziinjongo zohlolo nje ngoko kumiselwe kwi NCS.

Iindidi zokuhlola kwisiGaba esisisiSeko.

Isebe sigunyazisa iindidi ezi-4 zohlolo kwisiGaba esisisiSeko nje ngoko kushicilelwe kwi-NCS.



Ibali likaLeah

Utishala waqaphela uba uLeah ukhetha usebenza yedwa nokuthi engadlali nabanye abafundi ngexesha le khefu. Ebekufumana kunzima ukulandela imiqathango enikwa ngomlomo adandatheke xa iphinda imiyalelo. Noxa ebeqaqamba ezithembile xa kusenziwa umsebenzi wezandla, ebeva ubunzima ekuvakaliseni izimvo zakhe, ohluleleke ukujongana ngamehlo kwenze kube nzima unxibelelwano naye ngootishala. Nanjengoba unyaka uqhubela phambili, umzali notishala baba nenxalabo ngaye. ULeah ebebalasele kwizifundo zezandla nobugcisa esiva ubunzima obugqithisileyo kwimvakalelo nonxibelelwano. Umzali ebeva umceli-mngeni ekuqondeni obu bunzima bohlukeyo kubantwana abalingana naye. Emva kwentlanganiso eziliqela Phakathi komzali nootishala, uLeah wathungelwa kuvavanyo. Kusemva kwezinzame apho usapho neziko lemfundo lika Leah lwafunda ngesimo sakhe se-Autism. Kwiminyaka emininzi edlulileyo, uLeah ebeva ubunzima obugqithisileyo kwiimvakalelo, nonxibelelwano kunye nokuzibandakanya kwimidlalo nabahlobo - unobangela woko ubungaziwa. Ngolu lwazi lutsha, utishala nomzali kaLeah baye basebenzisana ukumxhasa. Utishala wenza maqhinga matsha, izixhobo ezibonakalayo kunye nombeka bucala kwindawo engenangxolo. ULeah wanikwa ixesha elandisiweyo namathuba okusebenza yedwa okanye namaqela amamcinci. Ulwazi nge-Autism imxhobisile utishala wakwazi ukumxhasa wabuyisela amandla nokwezithemba kuLeah. Emva kwexesha, ufunde amaqhinga okuphuhlisa imvakalelo nokwazi uskuebenza nabahlobo. Ngoncedo alufumeneyo, umfundi.

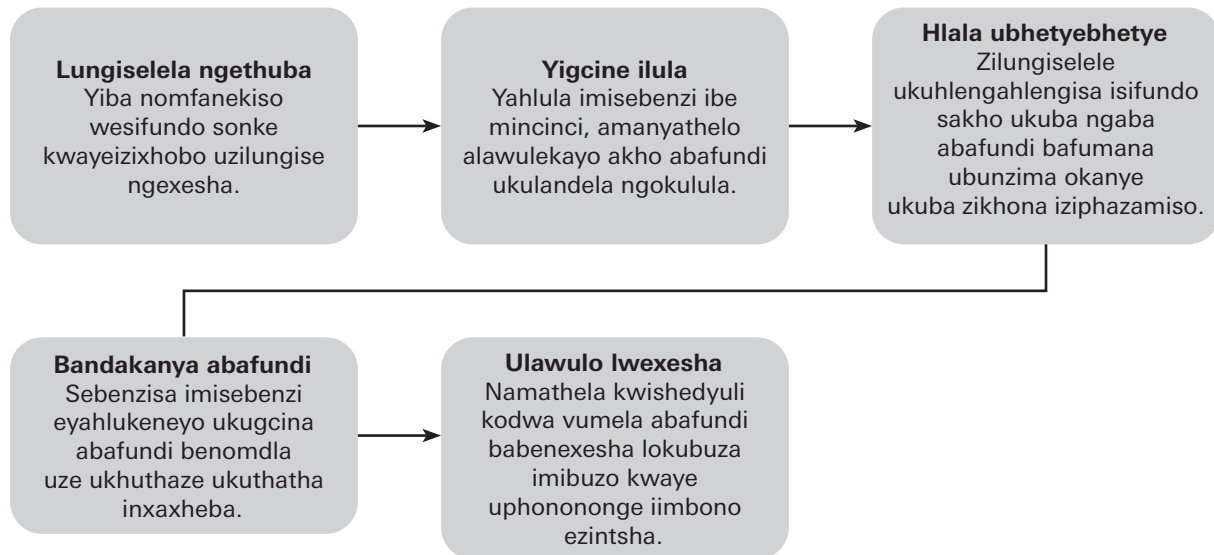
Indlela yokufundisa ngothetha nangokwenza

IVariyeshini yindlela ebonisa ukuba abafundi babona njani, kwaye yintoni abayaziyo bekwazi ukusebenzisa oluhlobo lujikajikayo. Inceda ukuba bakwazi ukubona nokuba bave.

Nazi indlela ezibalulekileyo kwivariyeshini

1. **Gxila kokobunakalayo:** uTishala uchonga impawu ezibonakalayo kwimfundiso aphuhlise yona.
2. **IPateni ebonakalayo:** Kusebenza ipateni ezahlukeneyo ukubonisa umahluko. Ezi pateni ziquka oku:
 - **EBONAKALAYO:** Fundisa ngomzekelo ophikisayo ukuveza umahluko.
 - **UQUKO:** Ukusenzisa iVariyeshini kwisifundo kwenza ukuba basibone banzi.
 - **UKWAHLUKANA** Kufundiswa impawu nganye nganye ukuveza ukubaluleka kwazo.
 - **UDIBANISELWANO** Xa udibanisa impawu ezinika umdla uzijonga ukuba zihambhelana ngani nesifundo.
3. **UKUBONA NOKUQONDA:** Ngokubana imizekelo eyohlukeneyo abafundi bayakwazi ukujonga ukuba kokuphi okubalulekileyo bazithathele isigqibo.

UKWENZA IZIFUNDO EZIYIMPUMELELO



UKOMELELA ANAMANDLA KUTITSHALA

Ukufundisa abantwana kuluxanduva olukhulu. Lufuna umntu ozinikezeleyo, kuba kuthatha amandla nexesha lakho. Nobungozi bubakhona ethubeni. Yiyo lonto kufuneka uhlale uzikhusele.

UKUZICINGELA NOKUMEDITHEYITHA

Thatha imizuzu yonke imihla uphumble. Imithambho yomphefumlo nokuthoba umoya iyafuneka..

YAKHA ABAHLOBO NABAHLALI

Yenza ubuhlobo nabahlali nemibutho yootitshala abakumhlala phantsi, ukuze ukwazi ukuhlangabezana nemicela mingeni.

INDLELA YOKUPHILA ENGCONO

Yitya ngendlela elungileyo, zilongwe, lijonge ulihoye ilizwi lakho, sela amanzi, yitya ukutya okunesondlo, ukuzilolonga rhoqo.

Indlela ezakhayo zokulawula ikhosi

Amanani amakhulu egumbimbini lokufundela ayingxaki. Ukumisela imikhombandlela gentsebenziswano kwigumbi lokufundela kukhokelela kwimbeko nasekufundeni okuqakayo.

- Makubekho umda: Cacisa imithetho nemida zisuka umane uziphinda phinda.
- Indlela yokwenza: ukujikajiki ume emthethweni kunceda Kakhulu egumbini elinabantwana abaninzi.
- Ukusebenzisana ngobuhlobo: Xa besebenza ngamaqela kwenza ukuba babe noxanduva emsebenzini wabo.
- Izixhobo zokufunda: Sebenzisa imifanekiso yezandla nemiculo kuqhwyatywe nje nge sikhombisi socwangco.
- Yohlula imithetho: Yenze ukuba ilingela abafundi.

Ulawulo kwigumbi elinabafundi abaxutyiweyo

Kweli gumbi lixutyiweyo kunyanzelekile ukuba uzazi izidingo zabo. Qala ukufundisa ngendlela ebadibanisa bonke, sebenzisa amaqela ukukhuthaza intsebenziswana, ayithethi nokuba bohlukele. Xuba imisebenzi bonke bafumane.

Ukuxhasa zonke iindidi zokufunda

Nokuba bangakanani abafundi 15, 20 okanye 40, zakusoloko zikhona ingxaki. Nendlela ezohlukeneyo zokufundisa zibalulekile.

- Ukufunda ngokubona: Oku kokona kuqhelekileyo. Abafundi bahambha phambili xa isifundo sisenziwa, ngokujonga emfanekisweni.
- Ukufunda ngokuva: Abafundi bayifumana kakuhle ingcazelo xa bemamele, bethetha. Bathanda ukuxoxa ukuze bave kakuhle.
- Ukufunda nokuBhala: Apha abafundi basebenza ngokufunda nokubhala. Baya phumelela ekunikeni incazelo ebhaliweyo. Kwaye banesakhono kwingxelo engabhalwanga.
- Ukufunda ngokwenza: Aba bafundi bafunda ngokwenza. Ulwazi baluqokelela ngokuba Yinxalenye baphume phambili kwimisebenzi yezandla.

Umsebenzi woku-1

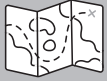
INcwadi yoMfundi iphepha lesi-2

Abafundi bazisebenzela ngokwabo.

<p>Isikhokelo somsebenzi</p> <p>Funda nabafundi ngokutshintshiselana phakathi kukaKevin noBongani. Xelela abafundi ukuba ukuqala iklasi entsha, ibanga okanye isikolo lithuba elihle lokudibana nabahlobo abatsha. Sebenzisa eli thuba ukukhombisa ukuba abahlobo bethu banokuvula kwiindawo ezohlukeneyo kwaye bathethe iilwimi ezohlukileyo. Babuze ngeendawo abazalelwa kuzo kunye neelwimi ezithethwa ngabanye abafundi.</p> <p>Xelela abafundi ukuba bacinge ngokuba basanda kudibana nomntu omtsha. Ngoku kufuneka bagcwalise uluhlu lwezinto abangathanda ukuxelela umhlobo wabo omtsha ngazo. Nakuba abaninzi kufanele balwazi ulwazi, yiba nemihla yabo yokuzalwa kuwe ukuze uncede nabaphi abantwana abangaqinisekanga.</p>
<p>Iimpendulo ezicetyiswayo</p> <p>Iimpendulo zabafundi mhlawumbi zingaquka ubudala babo, umhla wokuzalwa, isilwanyana okanye into yokudlala abayithandayo. Vumela naziphi na ezinye iimpendulo ezinika olo lwazi ngabo kunye nezinto abazithandayo okanye abangazithandiyo.</p>
<p>Izixhobo</p> <p>INcwadi yoMfundi, ibholpeni / ipensile Incwadi yokusebenzela yoku-1 ye-DBE iphepha lesi-2 ukuya kwelesi-7</p>

Irubhrikhi yohlolo olungekho sikweni:

Umfundi ukwazile uku:	✓	✗
bhala igama nefani nobudala babo		
nika umhla nendawo azalelwe kuyo		
nika ulwazi malunga nesilwanyana sakhe asithandayo		
bonisa into yokudlala ayithandayo		



Ixesha lokuphonononga

INcwadi yoMfundi iphepha lesi-3

Abafundi basebenza ngamaqela.

Isikhokelo somsebenzi

Cacisa umdlalo odlalwa nguBongani. Buza abafundi ngemidlalo yabo abayithandayo. Ukuba liyavuma ixesha, yenza abafundi badlale umdlalo 'upuca'. Cacisa ukuba udlalwa emazweni amaninzi emhlabeni wonke.

Iimpindulo ezicetyiswayo

Lo ngumsebenzi owenziwayo apho abafundi badlala umdlalo.

Izixhobo

INcwadi yoMfundi, izitya, amatye amancinci

Umsebenzi wesi-2

INcwadi yoMfundi iphepha lesi-4

Abafundi basebenza ngamaqela.

Isikhokelo somsebenzi

Yazisa ingqiqo yeziganeko zobomi ngexa ujonge imifanekiso. Gxininisa ukuba iziganeko zobomi zobuqu zomfundi zaqala ukuzalwa kwakhe kwaye ziquka zonke izinto ezibalulekileyo ezenzeke ebomini bakhe ukuza kuthi ga ngoku. Bohlule ngokwamaqela abafundi ukuze kuxoxwe ngemifanekiso. Bakhuthaze abafundi ukuba banxulumanise imifanekiso kwiziganeko ezifana nezenzeke kobabo ubomi kwaye babelane ngazo neqela labo. Bakhumbuze ngokushiyelana ixesha abafundi kwaye babahloniphe abanye xa bethetha.

Cacisa ukuba baza kubuza umntu omdala malunga nesiganeko esikhethekileyo esenzeka ngaphambili kwaye babhale izivakalisi ezihlanu malunga noku. Oku kuza kufuneka kwenziwe njengomsebenzi wesikolo owenziwa ekhaya, ngoko ke qinisekisa ukuba babelwe ixesha eloneleyo kwaye beqonda ukuba umsebenzi wabo kulindelwe ukuba ugqitywe.

IKota yoku-1

Iimpendulo ezicetyiswayo

1. Abafundi bajonga imifanekiso baze bathethe kumaqela abo malunga nento eyenzekayo kumfanekiso ngamnye.
2. Abafundi bathetha ngezinto ezikhethekileyo abazikhumbulayo malunga nobomi babo.
3. Abafundi kufuneka babhale izivakalisi ezihlanu malunga neziganeko ezenzeke ngaphambili. Ziza kohluka iimpendulo kuba ziimpendulo zobuqu ezizodwa kumfundi ngamnye.
4. Abafundi babelana ngamabali wabo neklasi.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Incwadi yokusebenzela yoku-1 ye-DBE iphepha lesi-2 ukuya kwelesi-7

Nika imizekelo ebonakalayo kulo ngalinye njengoko kuxoxwa ngawo.

- **isiganeko** –into eyenzekayo, eza kwenzeka okanye eseyenzekile



Umsebenzi wesi-3

INcwadi yoMfundi iphepha lesi-5

UbuGcisa obuHlanganisiweyo: Buyilwe kwizinto ezinembonakalo emacala ma-2

Abafundi bazisebenzela ngokwabo.

Isikhokelo somsebenzi

Xoxani ngemifanekiso yoluhlu lweziganeko ezibalulekileyo ezilandelelana ngokokwenzeka kwazo ekwiNcwadi yoMfundi nabafundi. Khuthaza ingxoxo leyo bacebisa ezinye iziganeko zinokubaluleka kubo, njengokukhumka izinyo lokuqala okanye ukufumana isiloqabane.

Cacisa ke ngoku ukuba ngamnye kubo uza kuzenzela eyakho iposta ebonisa izinto ezikhethekileyo ebeziganeko ezibalulekileyo ebomini bakhe. Qiniseka ukuba banesitokhwe sobugcisa kwaye ubanike ixesha esikolweni kunye nasekhaya ukuba bawenze, kuba kuza kufuneka baxoxe ngeziganeko zabo nosapho kwaye ke mhlawumbi basebenzise iifoto.

Iimpendulo ezicetyiswayo

Uluhlu lweziganeko ezibalulekileyo ezilandelelana ngokokwenzeka lunokohluka. Sebenzisa irubhrikhi engezantsi ukuhlola umsebenzi ngokungekho sikweni.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Incwadi yokusebenzela yoku-1 ye-DBE iphepha lesi-2 ukuya kwelesi-7

Ikhadibhodi, iipensile ezinemibala, iikhrayoni, isikere neglu

Irubhrikhi yohlolo olungekho sikweni:

Umfundi ukwazile uku:	✓	✗
zoba uluhlu lwezehlo ezibalulekileyo ezilandelelana ngokokwenzeka kwazo		
sebenzisa izixhobo zokwenza uluhlu lwezehlo ezibalulekileyo ezilandelelana ngokokwenzeka kwazo		
sebenzisa iifoto nemizobo ukubonisa iziganeko		
fundela iklasi iposta yakhe ngendlela ecacileyo.		

Into enika umdla evela kwixesha lam langaph, imbili**Umsebenzi wesi-4**

INcwadi yoMfundi iphepha lesi-7

Abafundi bazisebenzela ngokwabo.**Isikhokelo somsebenzi**

Jongani imifanekiso nabafundi uze ubacele bachaze into abayibonayo. Khokela ingxoxo, ucacisa intsingiselo ka 'ezidlulileyo' no 'ngoku' emxholweni. Xa kusenzeka, yiza nento okanye ifoto enye okanye ezimbini zakho zangaphambili ukubonisa abafundi njengentshayeleyo kumsebenzi wabo wokubonisa nokuxela.

Cacisa ukuba ngamnye kubo uza kuvungelwa ukuba aze nento yakhe yangaphambili azokuyibonisa iklasi kwaye ayixelele ngayo. Bavumele baxoxe ngezimvo ezithile kwaye uqinisekise ukuba bayayiqonda into abaza kuthetha ngayo.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

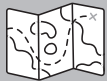
Incwadi yokusebenzela yoku-1 ye-DBE iphepha lesi-2 ukuya kwelesi-7

Imifanekiso eyongezelekileyo kunye / okanye izinto zobuqu ezibonisa izinto ezidlulileyo kunye nangoku.



Nika imizekelo ebonakalayo kulo ngalinye njengoko kuxoxwa ngawo.

- **kudala** – ixesha elidlulileyo
- **ngoku** – ixesha esikulo ngoku
- **enika umdla** – into ofuna ukufumanisa ngayo, etsala ingqalelo yakho



Ixesha lokuphonononga

INcwadi yoMfundi iphepha lesi-8

UbuGcisa obuHlanganisiweyo: Yila kokunembonakalo emacala ma-2 nokunembonakalo emacala ma-3

Uqukaniso

Vumela abafuni abanokukhubazeka nabasokola ukubhala nokuzoba ukuba baqokelele imifanekiso yeephiramidi ezahlukeneyo.

Isikhokelo somsebenzi

Qala ngokucacisa ukuba iphiramidi sisakhiwo samandulo. Babuze zeziphi iimilo ezinembonakalo emacala ma-2 (2D) nezimbonakalo emacala ma-3 (3D).

Cacisa ukuba ngoku baza kufunda ukuzoba iphiramidi. Usebenzisa imiyalelo ekwiNcwadi yoMfundi, bonisa oku njengoko bekwenza ebhodini, ngendlela elula yenyathelo ngenyathelo. Qiniseka ukuba bonke abafundi baligqibile inyathelo ngalinye phambi kokuya kwinyathelo elilandelayo de ugqitywe umzobo.

Iimpendulo ezicetyiswayo

Lo ngumsebenzi owenziwayo osebenzisa ukwakha iphiramidi emacala ma-3.

Izixhobo

INcwadi yoMfundi

Imathiriyeli yobugcisa irula, iipensile, iphepha, udongwe lokudlala.



Nika imizekelo ebonakalayo kulo ngalinye njengoko kuxoxwa ngawo.

- **UmYiphutha** - umntu ohlala kwilizwe laseYiphutha
- **iphiramidi** - isakhiwo esikhulu esakhiwa mandulo esimile njengonxantathu

Masikhangele

INcwadi yoMfundi iphepha le-9

Isikhokelo somsebenzi

Cacisa ukuba abafundi baza kwenza iposta emalunga nabo. Benze bafunde imiyalelo elandelayo ngokuzimeleyo. Besebenzisa izakhono zabo zokusebenza ngokuzimeleyo kunye nezicelo zoncendo ukuhlola inqanaba lokuqonda kunye nokukwazi ukufunda, ingqiqo nokulandela imiyalelo.

Cacisa ukuba yintoni udliwanondlebe phambi kokuba bazame ukuphendula umbuzo wesi-2 abafundi. Baxebele ukuba banombole kuqala baze babhale imibuzo yabo kwiincwadi zabo zokusebenzela. Babeke ngezibini abafundi uze ubanike ixesha lokwenza udliwanondlebe nokurekhoda iimpendulo. Nika umfundi ngamnye ithuba lokwabelana ngento afunde ngayo kudliwanondlebe nomhlobo.

Iimpendulo ezicetyiswayo

1. Iiposta ziza kohlukana kodwa kufuneka ziquke yonke imiba exelwe kwiNcwadi yoMfundi. Sebenzisa uluhlu lokukhangela ukuhlola.
2. Abafundi kufuneka baziqambe eyabo imibuzo efanelekileyo malunga nolwazi lobuqu, izinto abazithandayo nabangazithandiyo. Khangela ukusebenzisa kakuhle amagama emibuzo (phi, yintoni, nini, njani, njl. njl.) kunye nokusetyenziswa kweempawu zombuzo. Iimpendulo ezirekhodiweyo kufuneka zihlolwe ngokungekho sikweni kananjalo ukupela, igrama nokufaka iziphumlisi. Indlela ababeke ngayo into abayifundileyo malunga nabahlobo babo inokuhlolwa njengeyenziwa ngomlomo (intetho).

Izixhobo

INcwadi yoMfundi

Ikhadibhodi, iikhrayoni, iimagazini, isikere, iglu

Imidlalo

Umdlalo webhodi wako konke okumalunga nam

Indlela yokudlala: Bohlule ngokwamaqela abafundi. Yenza iikopi zesikhokelo somdlalo webhodi (IPhepha lokuSebenzela lomThombo loku-1). Yenza ukuba ilungu ngalinye leqela lize nemibuzo yesihloko om-1 ukuya kwemi-2 eza kubhalwa kwiibhloko (ngokuxhomekeke kwinani labafundi abakwiqela), kushiywa izikhewu ezithile zingabhalwanga. Nazi izimvo ezithile zemibuzo yesihloko ukuba bafunda isikhokelo abafundi:

- Ngowuphi umdlalo wakho owuthandayo webhodi / umdlalo waphandle / umdlalo weintanethi?
- Ngowuphi umdlalo owuthandayo?
- Uhlala nabani?
- Yeyiphi ilekese oyithandayo?
- Leliphi ibali olithandayo?
- Yeyiphi inkqubo ye-TV oyithandayo?
- Yeyiphi iholide oyithandayo oluyibhiyozelayo usapho lwakho?

Nika abafundi idayisi nezixhobo zokubala. Benze batshintshisane ukuqengqa baze baphendule imibuzo emalunga nabo de bafike kwisikwere esisesiphelweni.

Ingaba ungakhetha?

Indlela yokudlala: Lo mdlalo unokuba nobuhla okanye undileko kwaye usebenza kakuhle njengentshayeleyo 'yokwenza ukuba abantu bazane'. Abafundi kufuneka bakhethe phakathi kokhetho olukabini kwaye banike izizathu zeempendulo zabo. Qinisekisa ukuba umfundi ngamnye uphendula ubuncinane bombuzo omnye. Ukuba lifutshane ixesha, bohlule babe ngamaqela uze unike iqela ngalinye imizuzu embalwa yokuxoxa ngeempendulo zabo nabanye. Zininzi izimvo zemibuzo ezifumaneka kwiintanethi. Nazi izimvo ezithile zemibuzo:

- Ungakhetha ukuqubha nookrebe okanye ukulala ebhedini neenyoka?
- Ungakhetha ukubuyela kwiminyaka eli-10 yangaphambili okanye ukuya kwiminyaka eli-10 ezayo?
- Ungakhetha ukutya iqanda okanye uqongqothwane okrwada?
- Ungakhetha ukuya kwiholide ebhitshini okanye ehlathini?
- Ungakhetha ukuba ukwazi ukubhabha okanye ukungabonakali?
- Ungakhetha ukuba yirobhothi enokwenza umsebenzi wakho wesikolo owenziwa ekhaya okanye leyo ingenza imisebenzi yakho yasekhaya?

Umdlalo woluhlu lweziganeko ezibalulekileyo ezilandelelana ngokokwenzeka ‘Womhlaba ojikeleza ilanga’

Indlela yokudlala: Yenza abafundi beme ngesangqa. Beka isangqa esityheli sephepha okanye ikhadi embindini wesangqa ukuba simele ilanga. Nika umntwana ngamnye ikopi yePhetshana lokuSebenzela lomThombo lesi-2 nepensile, abayibeka phantsi phambi kwabo

Bafundise amagama eculo lengonyana yekhorasi elithi ‘Umfama usedeli’.

Umhlaba ujikeleza ilanga

Umhlaba ujikeleza ilanga

Unyaka wonke opheleleyo uyadlula

kwaye sibanye!

Umgca wokugqibela wesicengcelezo uza kutshintsha ngenguquko yokujikeleza nganye ‘kwilanga’ isiya kwisibini, isithathu, isine njl. njl.

Abafundi bayacula ngexa behamba ngesangqa bejikeleza ‘ilanga’. Emva koguquko ngalunye, bema ngakumaphepha abo baze bazobe into abanokuyenza kobo budala. (Nika iingcebiso ngeziganeko ezibalulekileyo kwabo baselula ngeminyaka.)

Ekupheleni komsebenzi, abafundi banokubonisa ngoluhlu lweziganeko ezibalulekileyo ezilandelelana ngokokwenzeka eklasini.

Amaculo nemidlalo

UbuGcisa nezemiThambo

Kulo msebenzi uza kufuna iibhola zokukhaba, neteyiphu okanye itshokhwe yokuphawula iindawo ekuqalwa kuzo kwimisebenzi yeeathletiki.

Zifudumezeni ngokujolisa ekuphefumleni (umzekelo, phefumla nzulu uze wenze ngathi uvuthela ibhaluni kancinci). Landela ngokuzolula kancinci, usolula iingalo kwaye ugoba esinqeni.

Icala: Beka abafundi ngezibini uze ubenze bakhabe ibhola iye emva naphambili, betshintsha phakathi konyawo olusekunene kunye nolusekhohlo.

Isingqisho: Yenza abafundi beme kwindawo yokuqalisa emgceni ukuze benze ugqatso lobuhlobo. Bonisa ukuba babuthuma njani kwaye balunge phambi kokutsiba umgama omfutshane (buthuma... lunga... baleka!).

Ngoku benze ukuba bame kwindawo yokuqalisa uze ucacise ukuba baza kutsibela kude kangangoko benako beqala njengoko benokuqala betshintsha imilenze (bonisa isenzo sokutsibela kude). Benze bazame oku amaxesha ambalwa de bafumanise ukuba ngowuphi umlenze abakhululekileyo ukuqala ngawo.

Phumla ngokwenza ukuba balale ngemiqolo yabo abafundi baze bacinge ngokuphefumla umoya opholileyo.

Irubhriki yohlolo olungekho sikweni:

Umfundi ukwazile uku:	✓	✗
thatha inxaxheba kwimisebenzi yesiqhelo yokuzifudumeza nokuphumla		
khaba ibhola ngazo zombini iinyawo olusekhohlo nolusekunene		
thatha inxaxheba ngokutsibela kufutshane ngesingqisho		
misela isikhundla sokutsibela kude okhululekileyo kuso.		

Umsebenzi wesi-2: Ukuqamba nokutolika

Usebenzisa iculo elilula elaziwa ngabafundi. Benze bafudumeze ilizwi ngokucula ngaxeshanye, bevumelana kunye nangexesha.

Ngoku yenza bahlale ezidesikeni zabo abafundi. Baza kuyila iipateni zezingqisho

besebenzisa ukuhlokomisa, kwiidesika zabo kwaye beqhwaba izandla zabo. Qala ngokubafundisa isingqisho esilula, umzekelo, baqhwabe izandla kabini kuze kube kanye ezidesikeni zabo.

Ungakwandisa oku kuye kwisingqisho eside ukuba bonke abafundi bayamelana noku, ngokubhala ebhodini ukubaqhelanisa nokufunda isingqisho.

Kuya kuba luncedo ke ukucacisa iibhithi nokuphumla.

Ubude bamaxesha eenowuthi:

- Isemibreve (inowuthi epheleleyo): izingqisho ezine
- Iminim (inowuthi esisiqingatha): izingqisho ezibini
- Ikhrotshethi (inowuthi eyikota): izingqisho esinye

Ubude bamaxesha enzolo:

- Inzolo kwisemibreve: izingqisho ezine
- Inzolo kwiminim: izingqisho ezibini
- Inzolo kwikhrotshethi: izingqisho esinye

Sakube simiselwe isingqisho, dlalani umdlalo wedrama ngokuba abantwana bakhwaze amagama abo ngesingqisho. Oku kunokuhlanganiswa kwisihloko kwaye kwandiswe ngokuxela ukutya, izilwanyana ezithandwayo njalo njalo.

Ukuvala, bonisa abafundi umfanekiso ka-Adamu kwakhona ezama ukufundisa abahlobo bakhe ukudlala umdlalo. Bohlule ngokwamaqela abafundi uze ubenze badlale ukuba ngabahlobo abafunda ukudlala umdlalo. Bakhuthaze ukuba babaxe kwaye bonwabe ngendlela odlalwa ngayo umdlalo.

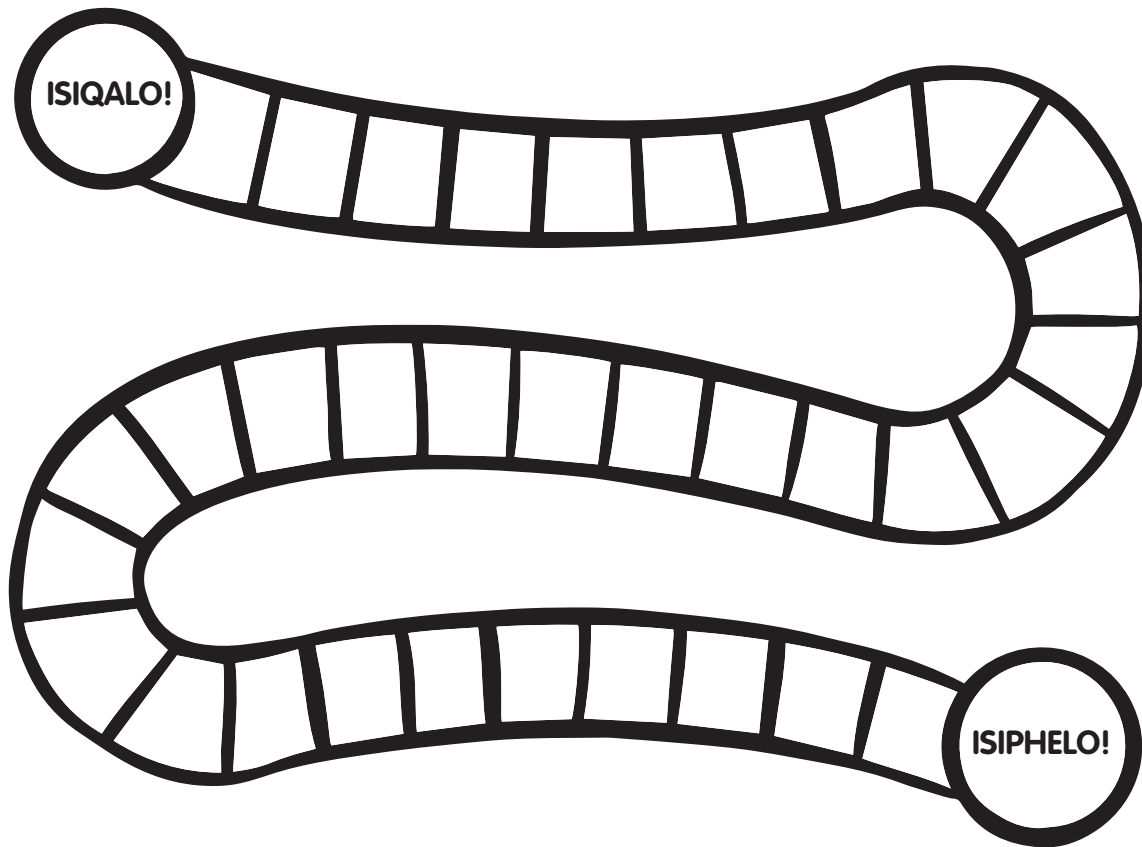
Irubhrikhi yohlolo olungekho sikweni:

Umfundi ukwazile uku:	✓	✗
cula iculo ngaxeshanye nabanye		
gcina isingqisho esilula usebenzisa intlokoma		
dlala umdlalo weqonga ngesingqisho		
thatha inxaxheba emdlalweni.		

Iphetshana lokuSebenzela lemiThombo loku-1:

Igama nefani:	
IBanga:	UMhla:

Umzekelo:



I. Gqibezela izivakalisi:

Igama lam ngu

_____ ubudala.

Ndiyi (nkwenkwe/

ntombazana) _____

Ndazalwa ngo (usuku) _____ (inyanga)

_____ (unyaka) _____.

Ilizwe endazalelwa kulo yi

Isikolo endisihambayo yi

Igama likatitshala wam

ngu _____

Igama lomhlobo wam

ngu _____

Ukutya kwam endikuthandayo

yi _____

Umbala wam endiwuthandayo

ngo _____

2. UThandi uzama ukwenza uluhlu lweziganeko ezibalulekileyo ezilandelelana ngokokwenzeka kwazo lwezinto ezenzeke ebomini bakhe. Mbekele ngokulandelelana kwazo ngokubhala 1, 2, 3, 4, okanye isi-5 kwisikwere esisecaleni kwesiganeko.

	Ndadibana naye kwiBanga lesi-3 utishala wam omtsha!
	Ndazalelwa eMzantsi Afrika.
	Ndiqale ukuya esikolweni esitsha kwiBanga loku-1.
	Ndafumana injana entsha kwiBanga lesi-2.
	Ndafunda ukuba kuhanjwa kwaye kuthethwa kanjani.

3. Usapho lwakho luyinxenye ebalulekileyo yexesha lakho elidlulileyo nelangoku. Zoba umfanekiso walo apha:

Isihloko sesi-2 Iimvakalelo

Umandla wokufunda	Iimvakalelo
Ixesha lokufundisa	Iiyure ezi-6
Iziphumo zokufunda	<p>Ekupheleni kwesi sihloko, abafundi kufuneka bakwazi:</p> <ul style="list-style-type: none"> • ukuchonga iimvakalelo novakalelo olwahlukeneyo kubo nakwabanye • ukuthelekisa iimvakalelo ezohlukeneyo kwaye baqonde ukuba zinokutshintsha njani na kwiimeko ezohlukeneyo • ukunxibelelana ngeemvakalelo zabo ngeendlela ezisempilweni besebenzisa amagama, imbonakalo yobuso, nokuthetha besebenzisa amalungu omzimba • ukuvakalisa iimvakalelo ngendlela esempilweni, beqonda ukubaluleka kokwabelana nokuthetha ngovakalelo.
Izakhono	<ul style="list-style-type: none"> • Izakhono zokuchonga: Ukufunda nokuxela iimvakalelo ezohlukeneyo. • Izakhono zokuthelekisa: Ukuthelekisa iimvakalelo ezohlukeneyo nobunzulu bazo. • Izakhono zoxibelelwano: Ukuvakalisa iimvakalelo ngamagama nokuthetha ngezandla. • Izakhono ezisempilweni zokuzivakalisa: Ukubonisa iimvakalelo ngendlela esempilweni nenentlonipho.
Ulwazi	<ul style="list-style-type: none"> • Abafundi kufanele ukuba banolwazi olunyukileyo lokuqonda ezabo iimvakalelo kwaye baqonde uvakalelo olwahlukeneyo. • Baziqhelanise ngokuvakalisa iimvakalelo zabo ngeendlela ezisempilweni nezifanelekileyo.
Ixabiso	<ul style="list-style-type: none"> • Ukuhlonipha imithombo: Ukusebenzisa imithombo yendalo ngononophelo nangokuthatha uxanduva • Ukufuna ukwazi: Ukuba nomdla wokufunda ukuba zenziwa njani izinto
Uluvo	<ul style="list-style-type: none"> • Ukuzihlonipha bona kunye nabanye: Ukuziqonda nokuzixabisa iimvakalelo zakhe kunye neemvakalelo zabanye. • Ukunyamezela: Ukukwamkela uvakalelo olwahlukeneyo kunye nendlela abaluvakalisa ngayo abantu.

<p>Ulwazi olusisiseko</p>	<p>Abafundi kufanele ukuba banolwazi oluthile lwangaphambili lovakalelo olusisiseko, kuquka nendlela abaziva ngayo kunye nokuba kutheni bebalulekile. Kufuneka bakwazi kananjalo ukuqaphela iimpawu zovakalelo ezifana nembonakalo yobuso nokuthetha usebenzisa amalungu omzimba.</p> <p>Kulindeleke ukuba kube khona umahluko kulwazi lwangaphambili, ngoko ke umsebenzi wokuvula isihloko kufuneka usetyenziswe ukuhlola lo mahluko nokuthathela ingqalelo ukufundisa okuqakayo.</p>
<p>Imibuzo esebenzisa ukucinga ngengqiqo</p>	<ul style="list-style-type: none"> • Ucinga ukuba ziintoni iimvakalelo? • Uziva njani xa uvukela ukuya esikolweni? • Cinga ngexesha owawuziva wonwabile. Kwakwenzeke ntoni? • Ucinga ukuba intombazana nenkwenkwe abasemfanekisweni esekhohlo baziva njani?
<p>Ukuhlanganisa</p>	<p>IsiXhosa ulwimi lwaseKhaya:</p> <p>Izakhono zokufunda, ukumamela nokuthetha ngeengxoxo nokubonisa, umsebenzi weqela nowezibini. Ukufundela intsingiselo</p>
<p>UQukaniso nokwahlukana</p>	<ul style="list-style-type: none"> • Imisebenzi ivumela izakhono ezohlukeneyo zokufunda kwaye idala uluvo lokuba necala owela kulo oko kusenziwa ngomsebenzi weqela nokuhlanganyelana. • Ukwahlukana kuthathelwa ingqalelo ngomsebenzi wobugcisa ofanelekileyo kwiNcwadi yoMfundi kunye nangemisebenzi ekhuthaza ngokucacileyo ubuntununtunu kunye nokwabelana ngenkcubeko.
<p>Indlela yokufundisa</p>	<p>Indlela yokufundisa iyohluka ngokuxhomekeke kuhlobo lomsebenzi (jonga isikhokelo somsebenzi) kodwa iquka ingxoxo, ukubonisa, umyalelo, ukubuza, ukukhawuleza, uhlobo olungekho sikweni, ukudibanisa oko kusenziwa ngomsebenzi okhokelwayo nozimeleyo.</p> <p>Kuba imisebenzi nemidlalo yokudlala eyenziwayo ingundoqo ekufundeni kwisigaba esisisiseko, iingcebiso zoku ezongeza kwiziphumo zokufunda ziqukiwe ekupheleni kwesihloko.</p>
<p>Ukuhlola</p>	<p>Iimemorandam neerubhrikhi okanye izintlu zokukhangela zinikelwa ukukhokela uhlobo olusesikweni oluqhubekayo oko kusenziwa ngemisebenzi nemisetyenzana. Umsebenzi wohlobo olusesikweni obhaliweyo kunye nememorandam zinikelwa ulwazi olusisiseko kunye nempilontle yobuqu neyezentlalo ekupheleni kwikota. Iirubhrikhi zinikelwa ukuhlola ubuGcisa nezemiThambo.</p>
<p>Izixhobo ezicetyiswayo</p>	<p>INcwadi yoMfundi, incwadi yokusebenzela ye-DBE, iimagazini, isikere, iglu, ibholpeni / iipensile, imifanekiso yeembonakalo zobuso novakalelo, iincwadi ezinolwazi malunga neemvakalelo novakalelo, oonotsheluzi abanovakalelo olohlukeneyo, iiposta ezibonisa ukuba uzivakalisa kwaye uziqonde njani iimvakalelo.</p>

Masiqalise

INcwadi yoMfundi iphepha le-11

Isikhokelo somsebenzi:

Ingxoxo, iingcaciso nophando lolwazi lwangaphambili

1. Jonga imifanekiso:

- Bonisa abafundi imifanekiso ekwiphepha le-10. Babuze ukuba babona ntoni kunye nokuba bacinga ukuba esi sihloko simalunga nantoni.

2. Ingxoxo ecetyisiweyo ikhawulezisa imibuzo:

- Ungandixelela ntoni ngabantu abakule mifanekiso?
- Nceda abafundi bachaze into eyenziwa ngabantu kunye nendlela abanokuba baziva ngayo.
- Ucinga ukuba yintoni efanayo enayo le mifanekiso?
- Khokela abafundi babone ukuba imifanekiso ibonisa iimvakalelo ezohlukeneyo.
- Kutheni ucinga ukuba le mifanekiso ibonisa indlela abaziva ngayo abantu?

Cela abafundi ukuba bathethe ngolu vakalelo balubona emifanekisweni.

3. Cacisa imifanekiso:

Ulonwabo (Umfanekiso woku-1): Iqamza lentetho: “Iimvakalelo luvakalelo olungamandla endiluva ngaphakathi kum. Iimvakalelo zinokukwenza uzive wonwabile okanye ukhathazekile.” UZahara ubonakala onwabile kwaye ekhululekile. Ulele engceni kwaye ujonge esibhakabhakeni. Cacisa ukuba ulonwabo lusenza sonwabe kwaye sizole. Ukukhathazeka (Umfanekiso wesi-2): Iqamza lentetho: “Iimvakalelo yindlela esiziva ngayo malunga namava.” UEthana ubonakala ekhathazekile kwaye uyakhala. Uziva ekhathazekile. Cacisa ukuba kuqhelekile ukuziva ukhathazekile kwaye kulungile ukuziva ngale ndlela ngamanye amaxesha.

Ezi ngcaciso ziza kunceda abafundi baqonde ukuba ziintoni iimvakalelo kwaye kutheni kubalulekile ukuthetha ngazo.

Ingxoxo yeklasi: Cacisa intsingiselo yegama elitsha uze usebenzise imibuzo ekwiphepha le-11 kwingxoxo. Hamba ujikeleze kwaye umamele abafundi ukubona ukuba yintoni abayaziyo kwaye uncede ukuba banemibuzo.

Iimpendulo ziya kwahluka ngokusekelwe kwinto asele beyazi abafundi kwaye beyibona emifanekisweni, bakhuthaze ukuba babelane ngeengcinga zabo kwaye ubancede ngayo nayiphi imibuzo abanayo malunga neemvakalelo.

Iimpendulo ezicetyiswayo:

Sebenzisa imibuzo ekwiphepha le-11 kwingxoxo:

1. Ucinga ukuba ziintoni iimvakalelo? *Khokela abafundi baqonde ukuba iimvakalelo yindlela eshleleka kwaye sivakalise ngayo uvakalelo lwethu, njengolonwabo okanye ukukhathazeka.*
2. Uziva njani xa uvuka phambi kokuba uye esikolweni? *Khuthaza abafundi ukuba babelane ngeemvakalelo zabo malunga nokuqala usuku kwaye ubancede bachaze ezo mvakalelo.*
3. Cinga ngexesha owawuziva wonwabile. Kwakwenzeke ntoni? *Cela abafundi ukuba bakhumbule umzuzu wolonwabo baze bacacise ukuba yintoni eyabenza baziva kanjalo.*
4. Ucinga ukuba intombazana nenkwenkwe abasemfanekisweni osekhohlo baziva njani? *Nceda abafundi baxoxe ngovakalelo oluboniswe emifanekisweni, njengolonwabo okanye ukukhathazeka, kwaye bacacise ukuba kutheni becinga kanjalo.*

Nika imizekelo ebonakalayo kulo ngalinye njengoko kuxoxwa ngawo.

- **iimvakalelo** – indlela aziva ngayo ngezinto ezenzekayo umntu



Izinto ezindonwabisayo

Umsebenzi woku-1

INcwadi yoMfundi iphepha le-12

Abafundi basebenza ngezibini.

Isikhokelo somsebenzi

Cela abafundi ukuba bafunde ibali likaZahara baze baxoxe ngeemvakalelo zakhe besebenzisa imibuzo enikiweyo.

Yenza ukuba abafundi baphendule imibuzo yomsebenzi ngezibini. Oku kunokwenziwa njengengxoxo okanye ngokubhala iimpendulo ezincwadini zabo. Hamba ujikeleze kwaye umamele iingxoxo, ukhokela apho kufunekayo. Khuthaza abafundi ukuba baphendule besebenzisa izivakalisi ezipheleleyo.

Iimpendulo ezicetyiswayo

1. UZahara waziva ekhathazekile kuba babengafuni ukudlala naye abahlobo bakhe.
2. Ukuthetha nomama wakhe kuncede uZahara ukuba azive ngcono. Kubalulekile ukwabelana ngeemvakalelo ukuze singaziva sinxunguphele kwaye sifumane inkxaso.
3. Mhlawumbi umama kaZahara umxelele ukuba kulungile ukuziva ukhathazekile waze wamanga. Mhlawumbi kunokwenzeka ukuba uthe makazame ukuthetha nabahlobo bakhe okanye azifumanele into anokuyenza enokumonwabisa.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Incwadi yokusebenzela yoku-1 ye-DBE iphepha le-10 ukuya kwele-16

Izinto ezindikhathazayo**Umsebenzi wesi-2**

INcwadi yoMfundi iphepha le-13

Abafundi basebenza ngamaqela kunye nangokwabo.

Isikhokelo somsebenzi**Umsebenzi weqela:**

Cela abafundi ukuba bajonge umfanekiso baze bachaze into abayibonayo. Kufuneka baxoxe ngezenzo kunye novakalelo oluboniswayo.

Khuthaza abafundi ukuba babelane ngeemvakalelo zabo malunga nomfanekiso. Kufuneka bathethe ngokuba ingaba umfanekiso ubenza bazive bonwabile, bekhathazekile, okanye enye into.

Xoxani ngezimvo zokuba angaziva ngcono kanjani uEthan. Khokela abafundi bacinge ngeendlela zokuphucula iimvakalelo, ezifana nokuthetha nomntu okanye ukwenza into eyonwabisayo.

Yenza abafundi ukuba babelane ngeengcinga zabo neklasi. Oku kubanceda baziqhelanise nezakhono zokuthetha nezokumamela.

Umsebenzi womntu eyedwa:

Yalela abafundi ukuba babhalele uEthan ileta. Phambi kokuba baqale ukubhala abafundi, jonga nabafundi iimpawu zeleta (indlela yokuqala ngo 'Ethan Othandekayo' baze bagqibezele ngamagama abo). Xoxani ngezimvo zezinto ezintle umntu anokuzitsho kumhlobo ukumenza azive ngcono.

Iimpendulo ezicetyiswayo

Umsebenzi weqela:

1. a. UEthan ukhathazekile kwaye uyakhala. UEthan wenza intetho phambi kweklasi. Abafundi bamgibisela ngamaphepha.
- b. Iimpendulo ziza kwahluka. Umzekelo, umfanekiso unokubenza bazive bekhathazekile abanye abafundi kuba ebonakala engonwabanga uEthan.
- c. Iimpendulo zinokohluka. Imizekelo: Thetha nomhlobo okanye ilungu losapho, yenza into eyonwabisa, okanye chitha ixesha nabantu abakukhathaleleyo.
- d. Abafundi babelana ngeempendulo zabo neklasi.

Umsebenzi womntu eyedwa:

2. **Iimpendulo ziza kwahluka. Ileta eyisampulu iyalandela:**

Ethan Othandekayo

Ndibuhlungu ngokuba uziva ukhathazekile. Ndikukhathalele kwaye ndifuna ukukunceda. Mhlawumbi singadlala umdlalo kunye okanye sithethe ngento ekukhathazayo. Khumbula, awuwedwa, kwaye bakukhathalele abahlobo bakho. Ndiyathemba ukuba uza kuziva ngcono ngokukhawuleza!

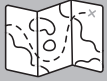
Umhlobo wakho

[Igama lomfundi]

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

INcwadi yokusebenzela yoku-1 ye-DBE iphepha le-10 ukuya kwele-16



Ixesha lokuphonononga

INcwadi yoMfundi iphepha le-14

Abafundi basebenza ngamaqela.

Isikhokelo somsebenzi

Bafake kumaqela abafundi uze ubenze bajonge imifanekiso ukungqinelanisa umfanekiso ngamnye neleyibhile enikiweyo. Bacele ukuba baxoxe ngokuba yeyiphi ileyibhile efaneleke ngokugqwesileyo kumfanekiso ngamnye.

Izikhokelo:

- Ubona kusenzeka ntoni kumfanekiso ngamnye?
- Ucinga ukuba abantu abasemifanekisweni baziva njani?
- Kutheni ucinga ukuba ingqinelana nomfanekiso nje ileyibhile?

Njengoko basebenza abafundi, hamba ujikeleze uze umamele iingxoxo zabo. Bancede ngayo nayiphi na imibuzo kwaye uqinisekise ukuba bayaqonda ukuba kutheni ileyibhile nganye ifanelekile emfanekisweni. Bakhuthaze ukuba basebenzise izivakalisi ezipheleleyo kwaye bazivakalise ngokucacileyo iingcinga zabo.

Iimpendulo ezicetyiswayo

3. Umfanekiso woku-1 – e: Abahlobo abalungileyo
4. Umfanekiso wesi-2 – a: Usapho olunothando
5. Umfanekiso wesi-3 – g: Inxenywe yeqela
6. Umfanekiso wesi-4 – c: Ukwenza into oyithandayo

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

INcwadi yokusebenzela yoku-1 ye-DBE iphepha le-10 ukuya kwele-16

Ukuqonda iimvakalelo

Umsebenzi wesi-3

INcwadi yoMfundi iphepha le-15

Abafundi basebenza ngamaqela.

Isikhokelo somsebenzi

Umsebenzi nengxoxo yeqela

Okokuqala, yenza abafundi ukuba bafunde kumaqamza entetho malunga neemvakalelo ezohlukeneyo:

- Umsindo: Ukuziva ucaphuka okanye ukhathazekile, njengaxa umntu ethatha izinto zakho.
- Uloyiko: Ukuziva usoyika, njengexesha lesiphango.
- Ukukhathazeka: Ukucinga kakhulu ngento ongenawukwazi ukuyilawula, njengovavanyo.
- Isithukuthezi: Ukuziva ungonwabanga kuba uwedwa, njengaxa ushiyiwe.

Cela abafundi ukuba bathethe ngendlela abaziva ngayo ngaphakathi ngovakalelo ngalunye: wonwabile, ukhathazekile, unomsindo, uyoyika, ukhathazekile okanye unesithukuthezi.

Xoxani ngokuba buba njani ubuso nomzimba xa benemvakalelo yovakalelo ngalunye. Umzekelo, ingaba bayancuma xa bonwabile okanye bafinge iintshiya xa bekhathazekile?

Thethani ngento ebenza babe nemvakalelo nganye yokuvakalelwa. Umzekelo, ingaba isiphango sibenza bazive besoyika? Ingaba kubenza bonwabe ukuchiitha ixesha nabahlobo?

Cela umfundi ngamnye ukuba akhethe uvakalelo olunye kumaqamza entetho. Benze ke umfanekiso owenziwe ngamaphetshana besebenzisa imifanekiso namagama ukubonisa olo vakalelo.

Iimpendulo ezicetyiswayo

1. Wonwabile: Ukuziva wonwabile ngaphakathi, njengaxa udlala nabahlobo.
Ukuhlupheka: Ukuziva uphantsi, njengaxa kwenzeke into embi.
Unomsindo: Ukuziva unomsindo ngaphakathi, njengaxa umntu ekukhohlakalele.
Usoyika: Ukuziva usoyika ngaphakathi, njengakwixesha lesiphango.
Ukhathazekile: Ukuziva uxhalabile ngaphakathi, njengaphambi kovavanyo olukhulu.
Unesithukuthezi: Ukuziva unesithukuthezi ngaphakathi, njengaxa kungekho mntu.
2. Wonwabile: Uncumile, amehlo aqaqambileyo.
Ukuhlupheka: Ukufinga iintshiya, iinyembezi, amagxa ehlileyo.
Unomsindo: Ukufinga iintshiya, umzimba oqinileyo, ukufumbatha amanqindi.
Usoyika: Ukuvula amehlo kakhulu, ukungcangcazela, ukubamba umzimba.
Ukhathazekile: Amashiya afingene, iintshukumo zobuphakuphaku.
Unesithukuthezi: Ubuso obukhathazekileyo, ukuhlala wedwa, ukujonga phantsi.

3. Wonwabile: Ukudlala nabahlobo, ukufumana isipho.
Ukuhlupheka: Ukukhumbula umntu omthandayo, into yokudlala eyophukileyo.
Unomsindo: Umntu ethatha izinto zakho, ukungamanyelwa.
Usoyika: Iziphango, iibhanyabhanya ezoyikisayo.
Ukhathazekile: Iimvavanyo ezinkulu, iziganeko ezizayo.
Unesithukuthezi: Ukushiywa, ukungabi namntu onokuthetha naye.
4. Umfanekiso owenziwe ngamaphetshana: Abafundi kufuneka bakhethe uvakalelo olunye kumaqamza entetho. Baza kusebenzisa imifanekiso namagama avela kwiimagazini okanye bazobe eyabo ukubonisa ukuba lunjani kubo uvakalelo.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Iimagazini zokusika imifanekiso, isikere, iglu, iphepha lemifanekiso eyenziwe ngamaphepha, iimakha okanye iikhrayoni

Umsebenzi wesi-4

INcwadi yoMfundi iphepha le-16

Abafundi basebenza ngezibini.

Isikhokelo somsebenzi

Cela abafundi ukuba basebenze ngezibini ukujonga imifanekiso kwaye bafune iinkcazelo zeemvakalelo. Okulandelayo, khokela abafundi bangqinelanisa iileyibhile nemifanekiso echanekileyo neenkcazelo Njengoko basebenza, hamba ujikeleza iklasi ukunika uncedo kunye nokuqinisekisa ukuba bayawuqonda umsebenzi.

Emva kokuba bezingqinelanisile iileyibhile, khokela izibini ukuba zixoxe kwaye ziphendule imibuzo elandelayo:

- Yintoni ongayongeza kwiinkcazelo zesithukuthezi, umsindo, uloyiko nokukhathazeka? Nceda abafundi bacinge ngokuba baziva njani xa besehlelwa lolu vakalelo.
- Uziva unesithukuthezi, unomsindo, osoyika okanye ukhathazekile nini? Khuthaza abafundi ukuba babelane ngamava abo.

Mamela iingxoxo uze unike isikhokelo esihle.

Khumbuza abafundi ukuba basebenzise izivakalisi ezipheleleyo xa bethetha ngeemvakalelo zabo.

Iimpendulo ezicetyiswayo

1. Umfanekiso woku-1: b. Umsindo
Umfanekiso wesi-2: c. Uloyiko
Umfanekiso wesi-3: d. Ukukhathazeka
Umfanekiso wesi-4: a. Isithukuthezi
2. Iimpendulo ziza kwahluka. Umzekelo: Xa ndinomsindo ndiba nemvakalelo yokuba iza kuqhushumba intloko yam.
3. Iimpendulo ziza kwahluka. Umzekelo: Ndiziva ndinesithukuthezi xa bengadlali nam abahlobo bam.

Izixhobo

INcwadi yoMfundi

Oonotsheluzi bovakalelo

Iiposta zovakalelo

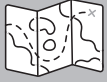
Iincwadi zamabali malunga novakalelo

Nika imizekelo ebonakalayo kulo ngalinye njengoko kuxoxwa ngawo.

- **umfanekiso owenziwe ngamaphetshana** – iposta eyenziwe ngokuncamathisela izinto ezohlukeneyo kwiphepha okanye kwikhadibhodi, ezifana neefoto, imifanekiso namagama



Iindlela ezilungileyo zokuvakalisa into esiyivayo


**Ixesha
lokuphonononga**

INcwadi yoMfundi amaphepha ele-18 ukuya kwele-19

Abafundi basebenza ngamaqela.
Isikhokelo somsebenzi

Funda icebo elinikwe kumaqamza entetho malunga nokuba uzivakalisa njani iimvakalelo kwabanye abafundi. Uze, uxoxe ngecebo elinikiweyo kwimeko nganye yezi zine. Buza abafundi abathile ukuba bazivakalisa njani iimvakalelo zabo zomsindo, uloyiko, ukukhathazeka nesithukuthezi.

Iimpendulo ezicetyiswayo

1. Abafundi bavakalisa izimvo zabo ngecebo elinikiweyo.
2. Izimvo zabafundi ngendlela abavakalisa ngayo iimvakalelo ngokukhuselekileyo xa beziva benomsindo, besoyika, bekhathazekile okanye benesithukuthezi.
3. Abafundi babhala kwaye bazobe iimvakalelo zabo kwijenali.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Incwadi yokusebenzela yoku-1 ye-DBE iphepha le-10 ukuya kwele-16



Nika imizekelo ebonakalayo kuyo nganye njengoko zixoxwa.

- **icebo** - xa umntu ekunika uluvo okanye ingcebiso yokwenza izinto zibe lula okanye zibe ngcono
- **ijenali** - incwadi ekhethekileyo obhala kuyo ingcinga, iimvakalelo nezimvo zakho

**Umsebenzi
wesi-5**

INcwadi yoMfundi iphepha lama-20

Abafundi bazisebenzela ngokwabo.

Isikhokelo somsebenzi

Yenza ukuba abafundi bazisebenzele ngokwabo ukuyila ijenali yeemvakalelo. Cacisa ukuba baza kuzoba kwaye babhale ngeemvakalelo zabo namhlanje.

Izikhokelo:

- Buba njani ubuso bakho xa uziva ngale ndlela?
- Ungabhala izivakalisi ezimbalwa malunga nokuba kutheni uziva ngale ndlela?
- Zeziphi iindlela ezilungileyo ezithile zokuvakalisa ezi mvakalelo?

Khuthaza abafundi ukuba banyaniseke malunga neemvakalelo zabo kwaye basebenzise amagama abawafundileyo. Hamba ujikeleza iklasi uze unike uncedo njengoko bezoba kwaye bebhala. Qiniseka ukuba bayaqonda ukuba kulungile ukuba novakalelo olwahlukeneyo, kwaye kubalulekile ukuluvakalisa ngendlela esempilweni.

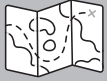
Khuthaza abafundi ukuba basebenzise izivakalisi ezipheleleyo kwaye bacinge ngononophelo ngendlela abavakalisa ngayo uvakalelo lwabo.

Iimpendulo ezicetyiswayo

1. Zoba ubuso: Abafundi kufuneka bazobe ubuso obubonisa indlela abaziva ngayo namhlanje (umz. bonwabile, bakhathazekile, banomsindo).
2. Bhala ngeemvakalelo: Abafundi mababhale izivakalisi ezihlanu ezilula ezicacisa ukuba kutheni beziva ngale ndlela.
3. Ukuvakalisa iimvakalelo: Abafundi mababhale phantsi iindlela ezithile ezilungileyo zokuvakalisa indlela abaziva ngayo ngendlela engeyongozi kubo okanye kwabanye abantu (umz. ukuthetha nomntu, ukuphefumla nzulu, ukwenza into abayonwabelayo).

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile, incwadi yamanqakwana, iipensile ezimibalabala okanye iikhrayoni



Ixesha lokuphonononga

Imidlalo yokuqashisela yeemvakalelo: EzemiThambo eziHlanganisiweyo:

Uqukaniso

Bonke abafundi bangathatha inxaxheba kulo mdlalo. Yiba novelwano kubafundi abakhubazeke ngokwasemzimbeni. Khumbuza abanye abafundi ukuba babenembeko nentlonipho xa besebenza kunye.

Imidlalo eyilwayo nezaKhono/UbuGcisa: UkuQamba nokuTolika) Abafundi basebenza ngamaqela.

Lo ngumsebenzi owenziwayo apho abafundi badlala umdlalo wokuqashisela ngovakalelo. Fundela abafundi imiyalelo ukhwaze kwaye uqinisekise ukuba bayaqonda ukuba kudlalwa njani:

1. Bhalani amagama eemvakalelo ezohlukeneyo kwisiqwenga sekhadibhodi okanye sephepha, umzekelo, ukonwaba, ukoyika, ukumangaliswa.
2. Beka amakhadi kwiphepha elisongiweyo kwibhokisi efakwe ileyibhile ethi Iimvakalelo.
3. Tshintshisanani ukuthatha ikhadi ebhokisini.
4. Abafundi bayatshintshisana ukuthatha ikhadi ebhokisini. Bajonga ikhadi kodwa balifihle ukuze lingaliboni iqela xa lilonke.
5. Abafundi badlala imvakalelo esekhadini bengathethi.
6. Abanye abafundi baqikelela ukuba yeyiphi imvakalelo edlalwayo.
7. Dlalela abafundi imvakalelo njengomzekelo.

Emva komjikelelo ngamnye, xoxani malunga nokuba kunini kwaye xa kutheni umntu enokuziva ngaloo ndlela.

Uxolo – Indlela yokuthi uxolo

Umsebenzi wesi-6

INcwadi yoMfundi iphepha lama-21

Abafundi basebenza ngamaqela.

Isikhokelo somsebenzi

Cacisa intsingiselo yo 'kucela uxolo' kunye 'nokulungisa impazamo'.

Fundela iklasi ingcaciso yenkqubo yokucela uxolo. Sebenzisa amagama alula uze ubonise umfanekiso onamanyathelo amahlanu.

Amanyathelo ngala:

- Ukuyichonga ingxaki.
- Yithi ndicela uxolo.

- Yenza into echanekileyo ukulungisa impazamo.
- Yamkela uxolo.
- Qhubeka.

Beka abafundi kumaqela amancinci. Cela iqela ngalinye ukuba licinge ngexesha elo umntu wenza ngalo impazamo kwaze kwafuneka acele uxolo. Bathetha ngendlela ongasebenzisa ngayo amanyathelo amahlanu okulungisa ingxaki.

Yenza ukuba iqela ngalinye lithethe ngendlela elingasebenzisa ngayo inyathelo ngalinye ukuthi licela uxolo. Bancede basebenzise amagama 'ukucela uxolo' kunye 'nokulungisa impazamo' kwintetho yabo.

Abafundi ke baziqhelanisa nokucela uxolo. Iqela ngalinye liza kudlala amanyathelo okucela uxolo. Umfundi omnye uza kuba ngumntu owenze impazamo, kwaye omnye uza kuba ngumntu oviswe ubuhlungu.

Emva komdlalo ngamnye, thethani ngokuba bawasebenzise kakuhle kanjani na amanyathelo kunye nendlela abalucele ngayo uxolo.

Inginga: Cela abafundi ukuba bacinge ngexesha elo umntu wenza ngalo impazamo kwaze kwafuneka acele uxolo. Benze bazobe okanye babhale ngendlela abanokusebenzisa ngayo amanyathelo okucela uxolo okulungisa ingxaki.

Iingcebiso ezongezelelekileyo:

- Bonisa umfanekiso wamanyathelo ukunceda abafundi baqonde.
- Khuthaza abafundi ukuba bathetha ngokucothayo nangokucacileyo ngexa lokwenza kwabo imidlalo.
- Nika ingxelo entle ngokwenziweyo ukunceda abafundi bazive bonwabile malunga nokuziqhelanisa nokucela uxolo.

Iimpendulo ezicetyiswayo

1. Iimpendulo ziza kwahluka. Umzekelo: Cinga ngexesha owophula ngalo into yokudlala gomhlobo okanye watsho into ekhohlakeleyo.

2. Abafundi basebenzisa amanyathelo amahlanu enqubo yokucela uxolo ukuthi uxolo:
 Ukuyichonga ingxaki.
 Yithi ndicela uxolo.
 Yenza into echanekileyo ukulungisa impazamo.
 Yamkela uxolo.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile, ikhadibhodi okanye iphepha lokubhala amanyathelo okucela uxolo (akunyanzelekanga kubafundi), iimakha okanye iikhrayoni ezimibalabala (akunyanzelekanga kubafundi)



Nika imizekelo ebonakalayo kulo ngalinye njengoko kuxoxwa ngawo.

- **uxolo** – ukuthi uxolo ngento onokuba uyenzileyo eyonzakalise umntu
- **lungisa impazamo** – ukwenza into njengendlela yokulungisa ngokwenzakalisa umntu

Iimpendulo ezicetyiswayo

Iileta zabafundi ziza kohluka, kodwa kufuneka zilandele ulwakheko olunikwe kwiNcwadi yoMfundi. Ileta eyisampulu:

Joe Othandekayo

Ndophule ngengozi into yakho yokudlala xa bendidlala ngayo. Oku kwenzeke izolo kwibala lokudlala

Uxolo kakhulu ngokophula into yakho yokudlala. Bendingafuni ukwenzakalisa iimvakalelo zakho. Bekufanele ukuba ndinonophele ngokungaphaya ngento yakho yokudlala.

Ndiyaqonda ukuba inoba uzive ukhathazekile kuba yophukile into yakho yokudlala.

Ndiza kuzama ukuyilungisa into yakho yokudlala okanye ndikufumanele entsha. Ndiza kulondoloza imali yam yesibonelelo ukuze ndikuthengele entsha.

Nceda ulwamkele uxolo lwam. Ndicela uxolo ngenene ngento eyenzekileyo.

Ndiyathembisa ukuba ndiza kunonophela kakhulu ngezinto zakho kwixesha elizayo.

Ndiyathemba ukuba sisengaba ngabahlobo kwaye sidlale kunye njengangaphambili.

Umhlobo wakho

[Igama lomfundi]

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Incwadi yokusebenzela yoku-1 ye-DBE iphepha le-10 ukuya kwele-16

Iphepha lokubhala iileta

Isikhokelo sefonti yokubhala ngesandla (uhlobo lokubhala ileta, ukuba sikhona)

Masikhangele

Isikhokelo somsebenzi

Cacisa umsebenzi: Xelela abafundi ukuba baza kuyila ivili leemvakalelo ukubonisa uvakalelo olwahlukeneyo. Baza kuzoba imifanekiso kananjalo eza kumela imvakalelo nganye.

Banike amanyathelo alandelayo amabawalandele:

- Yila elakho ivili leemvakalelo: Zoba isangqa esikhulu kwisiqwenga sephepha.
- Sohlule isangqa: Yohlukanisa isangqa sibe ziinxenye ezintandathu ezilinganayo (njengezilayi zepizza).
- Faka umbala kwicandelo ngalinye ngombala owahlukileyo (obomvu, orenji, tyheli, luhlaza okwengca, luhlaza okwesibhakabhaka, mfusa).
- Faka ileyibhile kwicandelo ngalinye ngokubhala imvakalelo kwinxenye nganye:
Bomvu: Nomsindo
Orenji: Ukukhathazeka
Tyheli: Ukoyjika
Luhlaza okwengca: Isithukuthezi
Luhlaza okwesibhakabhaka: Uhluphekile
Mfusa: Wonwabile
- Zoba umfanekiso ukubonisa ukuba injani imvakalelo kwinxenye nganye yevili.

Abafundi ke bayathelekisa baze baxoxe. Bazise ukuba baza kwabelana ngamavili abo noogxa babo abafunda nabo ukuze babone ukuba afana okanye ohluke kanjani.

Xoxani ngendlela yokuba bangavakalisa imvakalelo nganye ngendlela entle kanjani na.

Iimpendulo ezicetyiswayo

1. Abafundi benza amavili eemvakalelo.
2. Abafundi bazoba eyabo imifanekiso ukubonisa imvakalelo nganye. Imizekelo:
Umsindo (Bomvu): Zoba umfanekiso womntu ebonakala enomsindo (umz. enezidlele ezibomvu, engqisha ngeenyawo zakhe).
Ekhathazekile (Orenji): Zoba umfanekiso womntu ebonakala exhalabile (umz. eluma iinzipho zakhe okanye ebonakala ephakuphaku).
Esoyjika (Tyheli): Zoba umfanekiso womntu ebonakala esoyjika (umz. ezimele ngaphaya kwezandla zakhe okanye ebonakala emangalisiwe).
Enesithukuthezi (Luhlaza okwengca): Zoba umfanekiso womntu ebonakala enesithukuthezi (umz. ehleli yedwa enobuso obukhathazekileyo).
Ekhathazekile (Luhlaza okwesibhakabhaka): Zoba umfanekiso womntu ebonakala ekhathazekile (umz. eneenyembezi okanye efinje iintshiya).
Onwabile (Mfusa): Zoba umfanekiso womntu ebonakala onwabile (umz. encumile kwaye enamehlo aqaqambileyo).
3. Abafundi ke bathelekisa amavili abo nalawo oogxa babo abafunda nabo.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Incwadi yokusebenzela ye-DBE

Iphepha, iipensile ezimibalabala okanye iimakha, irula (ayinyanzelekanga yeyokuzoba imigca), imizekelo yemizobo yovakalelo (ayinyanzelekanga kwinkuthazo)

**Dlalani imisebenzi
esekelwe ekudlaleni,
eyenziwayo kunye
neengcebiso ngemidlalo**

INcwadi yoMfundi amaphepha
elama-22 ukuya kwelama-24

**Amaphetshana emifanekiso (UbuGcisa: UkuKwazi uKwenza iNgqiqo
ngoLwazi/UbuGcisa: Yila okunembonakalo emacala ma-2)**

Abafundi baza kuyila amaphetshana emifanekiso ukubonisa iimvakalelo. Umfundi ngamnye uza kufuna iimagazini, iphepha elimibalabala, isikere neglu.

- Qokelela imathiriyeli: Banike iimagazini, iphepha elimibalabala, isikere neglu.
- Abafundi bakhetha iivakalelo ezohlukeneyo ezifana nokonwaba, ukukhathazeka, umsindo nemincili.
- Yila umfanekiso owenziwe ngamaphetshana: Abafundi basika imifanekiso okanye basebenzisa imibala emele ivakalelo nganye baze bayincamathisele ngeglu kwisiqwenga esikhulu sephepha.
- Xoxani ngeemvakalelo: Abafundi babelana ngamaphetshana abo emifanekiso baze bathethe ngokuba kutheni bekhetha ukupeyinta loo mfanekiso okanye umbala.

Izakhono eziphuhlisiweyo: Ukuqonda isithuba, uyilo, ukuqonda iinkqubo zokuvelisa.

**Isangqa sebali leemvakalelo (UbuGcisa obuHlanganisiweyo: UkuKwazi
uKwenza iNgqiqo ngoLwazi /IzaKhono zoLwimi: Ukubalisa amabali)**

Abafundi baza kuyila kunye ibali, bejolise kwiimvakalelo ezohlukeneyo.

- Qala ibali: Qala ibali elibandakanya umlinganiswa eziva ngendlela ethile (umz. “Ngenye imini, waziva enesithukuthezi uSarah kuba...”).
- Qhubeka ngebali ulidlulise: Umfundi ngamnye uyongeza ebalini ngokuchaza into elandelayo eyenzekayo kunye nendlela aziva ngayo umlinganiswa.
- Phonononga iimvakalelo ezohlukeneyo: Khuthaza abafundi ukuba baveze iimvakalelo ezohlukeneyo njengoko liphuhla ibali.
- Xoxani ngebali: Thethani ngendlela ezitshintshe ngayo iimvakalelo zomlinganiswa nokuba ngoba.

Izakhono eziphuhlisiweyo: Ukuqonda uvakalelo, ukubalisa ibali, ukwakha isigama

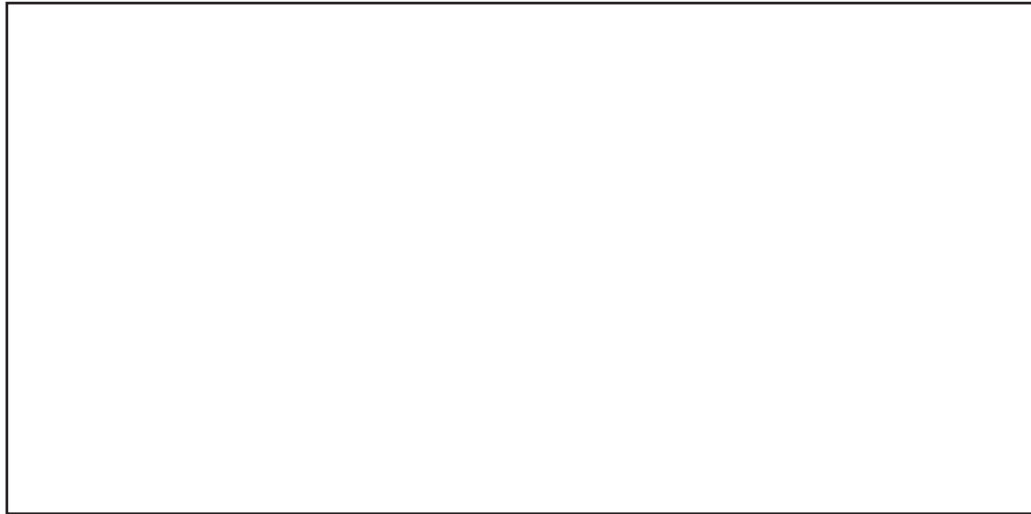
- I. Zoba uze ufake ileyibhile: Baziva njani?
- a. Ubonakala njani umntu xa onwabile?
Zoba ubuso obuncumileyo, obunamhlo amakhulu, onwabileyo noncumo olukhulu.



- b. Ubonakala njani umntu xa ekhathazekile?
Zoba ubuso obukhathazekileyo obunenyembezi kwaye bufinge iintshiya.



- c. Ubonakala njani umntu xa enomsindo? Zoba ubuso obunomsindo obunobuso obubomvu namashiya afingeneyo.



kubuhlungu? Zoba umfanekiso wobuso bakho bubonakalisa loo mvakalelo.



Ukulungisa

- I. Yila iposta yeemvakalelo: Cinga ngemvakalelo oyazi kakuhle. Zoba umfanekiso womntu ebonisa loo mvakalelo uze ubhale isivakalisi malunga naxa unokuziva kanjalo.
- a. Imvakalelo yam ikukuba _____
_____.
- b. Ndiziva kanje xa _____

_____.

Khangela

Umfanekiso wam uyibonisa ngokucacileyo imvakalelo	
Isivakalisi sam siyacacisa xa ndiziva kanje.	

Indlela yokubonisa ububele

Funda ulwazi malunga nokubonisa ububele:

Ububele yindlela yokubonisa ukukhathala nothando kwabanye. Ungabonisa ububele ngokunceda umntu okhathazekileyo, ukwabelana ngezinto zakho zokudlala, okanye ukutsho amagama amnandi kumhlobo. Ububele benza abanye abantu bazive bonwabile kwaye bethandwa.

Bhala phantsi iindlela ezine esingabonisa ngazo ububele.

1. _____
2. _____
3. _____
4. _____

Intloko yesihloko sememorandam

Ukulungisa

1. Abafundi bazoba imifanekiso efanelekileyo.

Ngqinelanisa iMvakalelo noMfanekiso

Wonwabile: Umfanekiso kufuneka ubonise umntu oncumileyo kwaye edlala nabahlobo.

Uyoyika: Umfanekiso kufuneka ubonise umntu ozimeleyo onamehlo amakhulu.

Nemincili: Umfanekiso kufuneka ubonise umntu oxhumayo enoncumo olukhulu.

A. Uziva njani xa udlala ngento yakho yokudlala oyithandayo?

Umzobo kufuneka ubonise ubuso bomfundi bubonakalisa ulonwabo okanye ukoneliseka.

B. Uziva njani xa iyimini yakho yokuzalwa?

Umzobo kufuneka ubonise ubuso bomfundi bubonakalisa imincili okanye uvuyo.

C. Uziva njani xa usiwa uze wonzakale?

Ukwandisa

1.1 **Imvakalelo:** Nayiphi imvakalelo efanelekileyo njengokonwaba, ukukhathazeka, umsindo, njl. njl.

1.2 **Xa Ndiziva Ngale Ndlela:** Neyiphi imeko efanelekileyo engqinelana nemvakalelo, njenge:

- **Wonwabile:** Xa ndidlala nabahlobo bam.
- **Ukuhlupheka:** Xa ndilahla into yam yokudlala.
- **Unomsindo:** Xa umntu ethatha izinto zam.
- **Uyoyika:** Xa ndibonainja enkulu.

Kutheni Ndiziva Ngale Ndlela: Nasiphi na isizathu esifanelekileyo esingqinelana nemvakalelo:

- **Wonwabile:** Kuba ndifumene into ebendiyifuna.
- **Uhluphekile:** Kuba ndilahlekelwe yinto ebalulekileyo.
- **Unomsindo:** Kuba umntu wonzakalise iimvakalelo zam.
- **Uyoyika:** Kuba ndiyayoyika ingxolo ephezulu okanye izilwanyana ezikhulu.

Isihloko sesi-3 Ukhuseleko empilweni

Umandla wokufunda	Ukhuseleko empilweni
Ixesha lokufundisa	Iiyure ezi-3
Iziphumo zokufunda	Ekupheleni kwesi sihloko, abafundi kufuneka bakwazi: <ul style="list-style-type: none"> • ukubonisa izenzo zoncedo lokuqala olusisiseko kwiimeko ezifana nokumongoza, ukulunywa zizilwanyana, imikrwelo nokutsha. • ukuba nolwazi lwezempilo nezococeko olusisiseko, kuquka nokungaliphathi igazi labanye abantu.
Izakhono	Ukukwazi ukuziqhelanisa noncedo lokuqala olusisiseko
Ulwazi	Into omawuyenze ukuba wonzakele
Ixabiso	Ukuzikhathalela wena kunye nabanye
Uluvo	Ukuzikhathalela
Ulwazi olusisiseko	Izakhono zezivamvo, ulwazi lwemihla ngemihla
Imibuzo esebenzisa ukucinga ngengqiqo	<ul style="list-style-type: none"> • Ingaba wake wanceda umntu ozenzakalisileyo? Wamnceda kanjani? • Siyigcina njani icocekile imizimba yethu? • UMae angamnceda njani uAmy? • Ngabe wenze ntoni ukuba ubuwisele iidiliya emgangathweni? Ngoba?
Ukuhlanganisa	<p>IsiXhosa ulwimi lwaseKhaya:</p> <ul style="list-style-type: none"> • Ukumamela nokuthetha intetho eluNgiselelweyo nengalungiselelwanga: Ukwabelana ngezimvo namava • Ukufundela intsingiselo • Izandi • Ukubhala nesandla <p>Imathematika:</p> <ul style="list-style-type: none"> • Ukusebenza ngedatha <p>Iikhowudi neRobhothikhi</p> <ul style="list-style-type: none"> • Imiyalelo yenyathelo ngenyathelo (inkqubo yokusombulula ingxaki)
UQukaniso nokwahlukana	<ul style="list-style-type: none"> • Imisebenzi ivumela izakhono ezohlukeneyo zokufunda kwaye idala uluvo lokuba necala owela kulo oko kusenziwa ngomsebenzi weqela nokuhlanganyelana. • Ukwahlukana kuthathelwa ingqalelo ngomsebenzi wobugcisa ofanelekileyo kwiNcwadi yoMfundi kunye nangemisebenzi ekhuthaza ngokucacileyo ubuntununtunu kunye nokwabelana ngenkcubeko.

IKota yoku-1

Indlela yokufundisa	<p>Indlela yokufundisa iyohluka ngokuxhomekeke kuhlobo lomsebenzi (jonga isikhokelo somsebenzi) kodwa iquka ingxoxo, ukubonisa, umyalelo, ukubuza, ukukhawuleza, uhlolo olungekho sikweni, ukudibanisa oko kusenziwa ngomsebenzi okhokelwayo nozimeleyo.</p> <p>Kuba imisebenzi nemidlalo yokudlala eyenziwayo ingundoqo ekufundeni kwisigaba esisisiseko, iingcebiso zoku ezongeza kwiziphumo zokufunda ziqukiwe ekupheleni kwesihloko.</p>
Ukuhlola	<p>Iimemorandam neerubhrikhi okanye izintlu zokukhangela zinikelwa ukukhokela uhlolo olusesikweni oluqhubekayo oko kusenziwa ngemisebenzi nemisetyenzana. Umsebenzi wohlobo olusesikweni obhaliweyo kunye nememorandam zinikelwa ulwazi olusisiseko kunye nempilontle yobuqu neyezentlalo ekupheleni kwikota. Iirubhrikhi zinikelwa ukuhlola ubuGcisa nezemiThambo.</p>
Izixhobo ezicetyiswayo	<p>INcwadi yoMfundi, iincwadi zokusebenzela ze-DBE, iimagazini, isikere, iglu, ibholpeni/iipensile, imifanekiso kunye neencwadi ezinolwazi, oonotsheluzi, neeposta, ibhokisi yoncedo lokuqala equka zonke izinto ezisisiseko, imithombo yevidiyo engoncedo lokuqala nezococeko ukuba kuyenzeka.</p>

Masiqalise

INcwadi yoMfundi iphepha lama-27

Ingxoxo, iingcaciso nophando lolwazi lwangaphambili

Qala ingxoxo: Qala ngokuthetha malunga nokuba luthetha ntoni “ukhuselo lwempilo”. Buza abafundi ukuba yintoni abayaziyo malunga nempilo kunye nokuba bahlala njani besempilweni. Sebenzisa imibuzo elula efana nale ilandelayo:

- Yintoni oyenzayo ukugcina umzimba wakho ucocekile?
- Umnceda kanjani umntu owenzakeleyo?”

Jonga umfanekiso: Bonisa abafundi umfanekiso okwiphepha lokuvula. Cacisa ukuba umfanekiso unolwazi olubalulekileyo malunga nokuhlala usempilweni. Banike ixesha lokujonga yonke imifanekiso ekwisangqa.

Xoxani ngemifanekiso: Imifanekiso ekwicala elisekunene lesangqa ibonisa iindlela zokuzigcina ucocekile, ezifana nokuhlamba izandla nokuxukuxa (izenzo ezisisiseko zococeko). Imifanekiso ekwicala elisekhohlo ibonisa indlela yokunceda umntu owonzakeleyo, njengokufaka ibhandeji okanye ukunceda umntu owonzakeleyo (izenzo ezisisiseko zoncedo lokuqala).

Khuthaza uthatho nxaxheba: Cela abafundi ukuba bathethe ngemifanekiso nabanye. Mamela izimvo zabo uze ubancede baqonde iindlela ezohlukeneyo zokukhusela impilo yabo.

Sebenzisa imibuzo kwingxoxo ekhuthaza:

- Ingaba wake wazenzakalisa? Khuthaza abafundi ukuba babelane ngamava abo. Buza ukuba ngubani oye wabakhathalela kwaye bazive njani.
- Ingaba wake wanceda umntu ozenzakalisileyo? Yenza ukuba abafundi bathethe ngendlela abancede ngayo umntu obenzakele kunye nendlela okubenze baziva ngayo oko.
- Siyigcina njani icocekile imizimba yethu? Xoxani ngokubaluleka kwezococeko kwaye ucele abafundi ukuba babelane ngeendlela zokuzigcina becocekile.
- Ungabelana ngemithetho ethile yococeko oyaziyo? Khokela abafundi ukuba bacinge ngemithetho abayilandelayo ukuhlala besempilweni kwaye becocekile, efana nokuhlamba izandla nokuxukuxa.

Umsebenzi woku-1

INcwadi yoMfundi iphepha lama-27

Abafundi basebenza ngamaqela.

Isikhokelo somsebenzi

Bonisa abafundi umfanekiso wokuqala. Bacele ukuba bathethe ngento eyenzekayo. (Intombazana iflerhelwa isikolo iinwele zayo ngokucocekileyo.)

Buza imibuzo efana nokuba, "Wenza ntoni kusasa xa uvuka?" Oku kuza kubanceda babalise okusemfanekisweni.

Yiya kumfanekiso wesibini uze ucele abafundi ukuba bathethe ngento eyenzekayo. (Inkwenkwe ifakwa iplasta edolweni layo.) Bakhuthaze ukuba bacinge ngamaxeshha xa bebenokufuna uncedo emva kokuba bonzakele.

Cacisa ukuba idlalwa njani imidlalo yokuqashela. Baxelela ukuba umfundi omnye uza kudlala isenzo engathethi, kwaye abanye baya kuqashela ukuba yintoni. Qinisekani ukuba wonke umntu ufumana ubuncinci bamathuba amabini okuba nento ayidlalayo.

Yenza ukuba abafundi balinganise izenzo ezinxulumene nezococeko, ezifana nokuxukuxa, ukuhlamba izandla, okanye ukushawara. Banokulinganisa kananjalo indlela abanokumnceda ngayo umntu owenzakeleyo, njengokufaka iplasta okanye ukuhlamba umkrwelo.

Akube wonke umntu ebe nalo ithuba, iqela ngalinye liza kulungisa ukulinganisa kweqela lisenzela ukuba iqikelele iklasi. Hamba ujikeleza iklasi ukuze ubone ukuba aqhuba njani amaqela. Ukuba ngaba kuba khona ingxolo kakhulu eklasini, ungawusa ngaphandle umsebenzi.

Khumbuza abafundi ukuba bahloniphe kwaye benze ukuba wonke umntu abe nethuba lakhe ngaphandle kokuphazanyiswa.

Iimpendulo ezicetyiswayo

Abafundi badlala umdlalo wokuqashela.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Incwadi yokusebenzela yoku-1 ye-DBE iphepha le-18 ukuya kwelama-27

Isithuba esivulekileyo sokwenza imidlalo yokuqashela



Njengoko usazisa igama ngalinye, cela abafundi ukuba bacinge ngemizekelo evela kobabo ubomi. Njengokuba, “Wenza ntoni ukuze ube nezococeko ezilungileyo?” okanye “Uzikhusele njani engqeleni xa kubanda phandle?”

Nika imizekelo ebonakalayo kulo ngalinye njengoko kuxoxwa ngawo.

- **ucoceko** – indlela esikhathalela ngayo imizimba yethu kwaye siyigcine icocekile
- **ukhuseleko** – ukuzigcinaukhuselekile kuyo nantoni na enokwenzakalisa
- **ukhuseleko empilweni** –ukugcina impilo yakho ikhuselekile ekonkzakaleni

Izenzo zoncendo lokuqala olusisiseko kwiimeko ezifana nokumongoza, ukulunywa zizilwanyana, imikrwelo nezilonda zokutsha

Umsebenzi wesi-2

INcwadi yoMfundi iphepha lama-28

Abafundi bazisebenzela ngokwabo.

Isikhokelo somsebenzi

Bonisa abafundi imifanekiso yekiti yoncendo lokuqala kwiphepha. Bacele ukuba bachaze into abayibonayo.

Funda amanqakwana amalunga noncedo lokuqala kunye nezinto ezikwikiti. Abafundi bangafunda nawe okanye bakulandele njengoko ufunda ukhwaza. Qiniseka ukuba bayaqonda ukuba into nganye isetyenziselwa ntoni na. Umzekelo, “Iplasta isetyenziselwa ukogquma umkrwelo omncinci ukuwukhusela ekubeni ube mdaka.”

Cacisela abafundi ukuba baza kufaka iileyibhile kwizinto ezikwikiti yoncendo lokuqala. Okokuqala, kufuneka bajonge imifanekiso yezinto baze bafumane iileyibhile ezichanekileyo ebhokisini.

Abafundi babhala inombolo yento nganye kunye neleyibhile echanekileyo kwincwadi yabo yemisebenzi. Bakhuthaze ukuba babhale ngokucocekileyo kwaye bawukhangele ngokuphindiweyo umsebenzi wabo.

Hamba ujikeleza iklasi ukuze uncede abafundi xa bengaqinisekanga malunga nazo naziphi na iileyibhile. Bakhuthaze bacinge malunga nokuba kunokufuneka bayisebenzise nini na into nganye ekwikiti yoncendo lokuqala kwaye kutheni kubalulekile ukuyazi into omawuyisebenzise.

Iimpendulo ezicetyiswayo

1. iplasta
2. ibhandeji
3. isibulala ntsholongwane
4. isikere
5. iithwiza

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

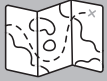
Incwadi yokusebenzela yoku-1 ye-DBE iphepha le-18 ukuya kwelama-27

Ukuba kuyenzeka, ikiti yoncedo lokuqala equlethe izinto ezifana neeplasta, iibhandeji, nesibulala ntsholongwane

Nika imizekelo ebonakalayo kulo ngalinye njengoko kuxoxwa ngawo.

- **uncedo** – nikisa ngoncedo
- **uncedo lokuqala** – into yokuqala ekufuneka uyenze ukunceda umntu owenzakeleyo phambi kokuba kufike ugqirha okanye umongikazi
- **beka into endaweni yayo** – ukubuyisela into obuyisebenzisile





Ixesha lokuphonononga

INcwadi yoMfundi iphepha lama-29

Isikhokelo somsebenzi

Cela abafundi ukuba bathethe ngezinto zoncedo lokuqala abanazo ekhaya. Bakhokele ngokubuza imibuzo efana nokuba, “Ninazo iiplasta ekhaya? Nizisebenzisela ntoni?”

Gxininisa ukubaluleka kokugcina amayeza kude nalapho kufikelela khona abantwana abancinci ukugcina wonke umntu ekhuselekile. Yithi, “Ngoku siza kwenza ezethu iikiti zoncedo lokuqala—ephepheni!”

Cela abafundi ukuba bavule iincwadi zabo zokusebenzela baze bazobe ibhokisi okanye ingxowa eza kuba yikiti. Baxelele ukuba bazobe ubuncinane bezinto ezintlanu abacinga ukuba kufuneka zibe kwikiti yoncedo lokuqala. Ezi kufuneka ibe zizinto ezinokunceda xa umntu esonzakala.

Cacisa ukuba le kiti yoncedo lokuqala inokuba yibhokisi okanye indawo ekhethekileyo kumakhaya abo apho bagcina khona izinto ezibalulekileyo. Kufuneka ihlale endaweni enye kwaye igcinwe apho bangenakufikela kuyo abantwana abancinci.

Xa bewugqibile umzobo, cela abafundi ukuba bathethe neqabane malunga nento abayifake kwiikiti zabo kunye nokuba ngoba. Bakhuthaze ukuba bamamale umhlobo wabo xa ecacisa ikiti yakhe.

Thetha neklasi malunga nokuba kuphi apho bacinga ukuba yindawo efanelekileyo khona yokugcina ikiti yoncedo lokuqala ekhaya. Bakhumbuze ukuba kufuneka ibe kwindawo ekhuselekileyo, apho bangenakufikela kuyo abantwana abancinci.

Iimpendulo ezicetyiswayo

1. Abafundi bazoba umfanekiso wekiti yoncedo lokuqala.
2. Abafundi baxelele iqabane labo ukuba yintoni ekwikiti yoncedo lokuqala kunye nokuba isetyenziselwa ntoni na into nganye.
3. Abafundi bamamela abahlobo babo bebaxelela malunga nokuba yintoni ekwikiti zabo zoncedo lokuqala kunye nokuba zisetyenziselwa ntoni izinto.

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Incwadi yokusebenzela ye-DBE

Imifanekiso yeekiti zoncedo lokuqala; imizekelo yokwenyani okanye imifanekiso yezinto ezikwikiti yoncedo lokuqala, ezifana neebhandeji, ikhrim yesibulala ntsholongwane, nesikere.

Iiposta zokhuseleko: Bonisa ngeeposta ezimalunga noncedo lokuqala zijikeleze iklasi.

Ikliphu yevidiyo: Ukuba kuyenzeka, bonisa ividiyo emfutshane malunga neekiti zoncedo lokuqala kunye nendlela ozisebenzisa ngayo.

Ukumongoza nokulunywa zizilwanyana

Umsebenzi wesi-3

INcwadi yoMfundi iphepha lama-30

Abafundi bazisebenzela ngokwabo.

Isikhokelo somsebenzi

Fundela iklasi ulwazi olukwiphepha lama-30 ukhwaza uze ubenze bajonge imifanekiso.

Cela ivolontiya lincede ukubonisa ukuba ukuyekisa kanjani ukumongoza. Bonisa ngqo ngomzimba isikhundla esichanekileyo kwaye ucacise ukuba kutheni kubalulekile. Yenza ukuba basikope isikhundla abafundi.

Yenza ukuba abafundi babhale phantsi amanyathelo okuyekisa ukumongoza.

Khumbuza abafundi ukuba bacinge ngazo zonke izinto abafunde ngazo kwiikiti zoncedo lokuqala kwaye ubenze benze umbuzo wesi-2. Sebenzisa iimpendulo zabo ukukhangela ukugcinwa kolwazi olumalunga neekiti zoncedo lokuqala.

Iimpendulo ezicetyiswayo

1. Zola uze uhlale nkqo intloko yakho igobele phambili. Cudisa ilungu elithambileyo lempumlo yakho imizuzu eli-10 okanye de kuyeke ukopha. Phefumla ngomlomo.
2. Isitshizi esibulala iintsholongwane, igozi, ibhandeji, iiplasta

Izixhobo

INcwadi yoMfundi, ibholpeni / ipensile

Incwadi yokusebenzela yoku-1 ye-DBE iphepha le-18 ukuya kwelama-27