



MOPHATO

1**BUKA YA
MORUTABANA**

Platinum

Dikgono tsa Botshelo

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Platinum Dikgono tsa Botshelo Mophato wa 1 Buka ya Morutabana

Maskew Miller Learning
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Ditokelo tsotlhe di sireleditswe. Ga go karolo ya kgatiso e, e e ka boelediawang, ya bolokwa mo mofuteng o o ka tthagiswang gape ka ona, kgotsa ya gaswa mo sebopegong sengwe le sengwe kgotsa ka mokgwa o o rileng (eleketeroniki, ka motšhine, ka kgatiso kgotsa ka mokgwa o mongwe o o sa dumeletsegeng) ntle le gore go bonwe tumelano e e kwadilweng fa fatshe ya mong wa ditshiamelo tse di sireleditsweng tsa bokwadi pele.

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Morutabana yo o rategang

Letsatsi le lengwe le le lengwe fa o tsena mo phaposiborutelong jwa gago, ga o tsene fela mo lefelong le le tletseng di deseke le dibuka. O tsena mo lefelong leo go bopiwang isagwe ya batho gone le mo go simololwang maitemogelo a masha. O na le matla a a seng kana ka sepe a go tlhotlheletsa, go kaela le go nonotsha baeteledipele ba rona ba kamoso, batlhami le badiradiphetogo ba rona. Fa o dira seno ka lorato, ga e kitla e nna kgang fela ya go ruta, o tla bo o jala dipeo tsa bopelonomi, bopelokgale, go tlotla batho le moya wa Ubuntu mo dipelong tsa bana bano.

Re a itse gore ga se ka metlha go leng bonolo. Dikgwetlho tsa go nna morutabana, segolobogolo kwa dikolong tse di senang ditirelo tse di lekaneng, ka dinako tse dingwe di ka dira gore o ikutlwe o feeketsega maikutlo. Le fa go ntse jalo, kgwetlho nngwe le nngwe e o lebanang le yona e go naya tshono ya go dira pharologanyo ya mmatota. O bontsha barutwana ba gago gore ba ka kgona go dira sengwe le sengwe le gore go solofetswe gore ba kgone go fitlhelela dilo tse dikgolo mo botshelong.

Ke gone ka moo mokgwa wa rona wa go ruta o tlileng go go thusa. E re ka re o tlhamile re akantse ka CAPS, re tlile go tlhoma mogopolo mo go ruteng ka tsela e e akaretsang bana botlhe le go dira gore ngwana mongwe le mongwe a ikutlwe e le karolo ya se go buiwang ka sona. Ditshwantsho, dikgang le dithuto tse di tla bong di sekasekiwa di tlile go akaretsa maemo otlhe a rona a a farologaneng, mme seno se tla thusa morutwana mongwe le mongwe gore a ikutlwe e le karolo ya se se diragalang mo phaposiborutelong.

Ga re a go lebala. Boitekanelo jwa gago bo botlhokwa thata fela jaaka re lebeletse gore barutwana ba gago ba atlege. Re akareleditse di dirisiwa tse o ka di dirisang ka bowena gore o nne o tlhotlheletsegile ebile o itekanetse, ka gonne re a itse gore fa o ikutlwa sentle barutwana ba gago le bone ba tla atlega. Fa o itumetse, seno ga se tlhotlheletse fela tsela e o rutang ka yona gape se aga kamano e e molemo le barutwana ba gago mme ba tla ikaega ka wena go bona tsholofelo le go tlhotlhelediwa mo botshelong.

Fa Aforika Borwa e tsweletse go dira gore Basic Education Law Amendments Act (BELA) e nne molao ka 2024, maitlomo a rona a go dira gore thulaganyo ya thuto e nne e e lekalekaneng le e akaretsang botlhe a gola le go feta. Seabe se o tlileng go nna le sona mo maitlhomong ano e tlile go nna se segolo tota, mme go tlhaloganya CAPS le BELA go tla dira gore phaposiborutelo ya gago e nne lefelo le mo go lona barutwana ba gago ba baakanyediwang go atlega.

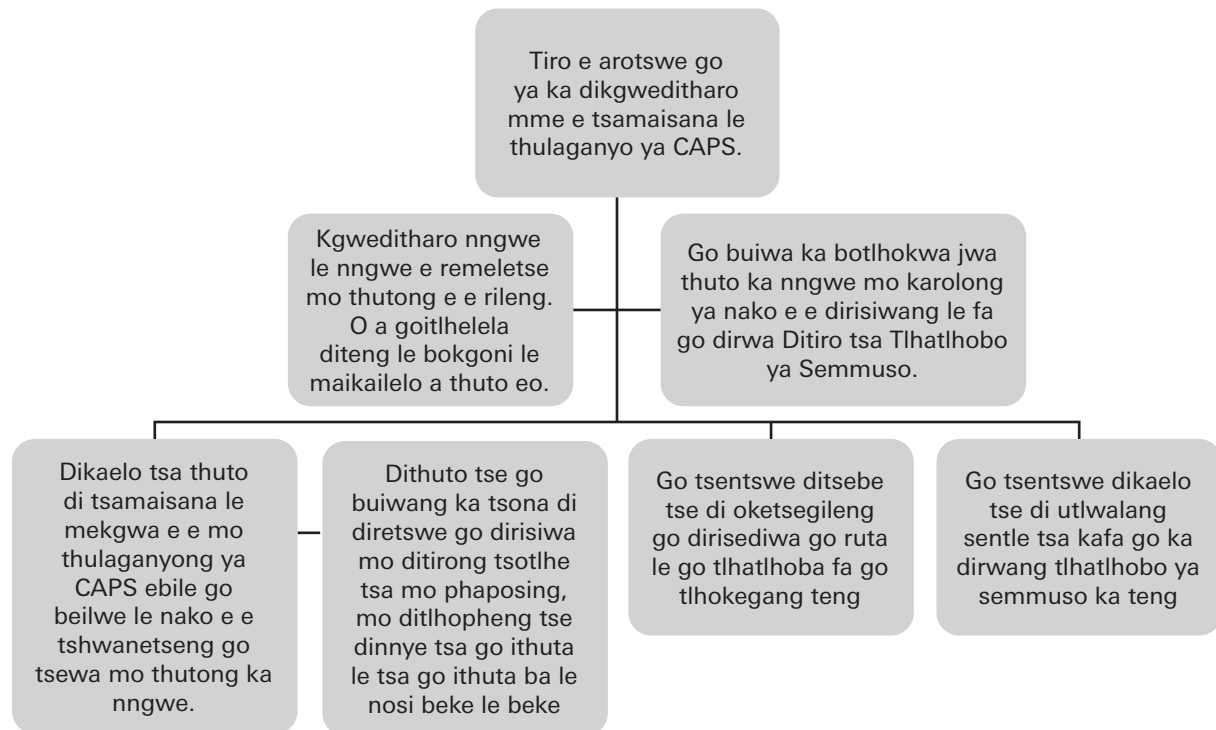
Ke wena yo o tlileng go thusa gore go nne le diphetogo tse di molemo mme seabe sa gago mo phaposiborutelong e tlile go nna se se segolo thata. Fa o ntse o ruta, itse gore ga o kaele barutwana ba gago fela; o bopela metse ya rona, naga ya rona le lefatshe la rona isagwe e e molemo.

Re lebogela sengwe le sengwe se o se dirang!

Kafa o ka dirisang metseletsele eno ka teng

Re a go amogela mo thutong ya Dikgono tsa Botshelo Mophato 1! Metseletsele eno e akaretsa Buka ya Morutwana le Dikaelo tsa Morutabana tse di tlleng go go thusa gore o rute thuto eno ya Dikgono tsa Botshelo mo Mophatong 1 ka tsela e e naleng mostwela a molemo. Dikgono tsa Botshelo Mophato 1 ke thuto e e kwadilweng go dumalana le dipatlafalo tsa dikaelo tse di mo go Curriculum and Assessment Policy Statement (CAPS). Ka jalo, fa o dirisa metseletsele eno, tlhomamisega gore go akareleditswe kharikhulamo yotlhe.

Dikgono tsa Botshelo bo dirilwe segolobogolo gore bo tsamaisane le karolo ya CAPS e e samaganeng le Dikgono tsa Botshelo ka ditsela tse di latelang:



Kafa o ka dirisang Dikaelo go Morutabana le Buka ya Morutwana kateng

Mmala o o dirisitsweng mo kgweditharong nngwe le nngwe o go thusa gore o itse gore o dira tiro ya setlha sefe.

Diteng tsa thuto le tsona di neetswe mmala o o rileng gore o kgone go bona sentle gore go buiwa ka bokgoni bofe mo letsatsing leo kgotsa mo bekeng eo. Go dirilwe gore thuto ka nngwe fa e simolola, e bontshe ditlamorago, potso e e epang maikutlo, SKAVS (Bokgoni Kitso Mekgwa le Maemo), kitso ya motheo, ditlathobo le dipatlisiso tse go akantshitsweng ka tsona.

| | |
|--|--|
| Setlhogo | |
| Ditlamorago | |
| Dipotso Tse di Epang Maikutlo: | |
| SKAVS (Bokgoni Kitso Mekgwa le Maemo) | |
| Kitso ya motheo | |
| Tlathobo | |
| Dipatlisiso | |

Setlhogo sengwe le sengwe se tla thalosiwa go ikaegilwe ka:

Mokgwa kgotsa tsela ya go ruta, go akareletsa le:

- Kaelo ya go bua ka dilo tse di re amang rotlhe le tse di buang ka dilo tse di farologaneng
- Go tlhomamisa gore bana ba oketsa kitso ya bona, e le go bontsha gore o fitlhelela dikarolo tse di farologaneng tsa go ithuta
- Go dirisa mekgwa e e farologaneng ya go thusa barutwana ba ba nang le bokgoni jo bo farologaneng jwa go ithuta
- Kafa o ka dirang gore barutwana ba gago ba rate go ithuta ba dirisa metshameko
- Ka go simolola matseno a setlhogo
- Kaelo ya go dira ditirwana
- Kaelo ya go dira dilo tse di mo go A re Bone
- Ditlathobo tsa semmuso
- Go dira dikhopi tsa ditsebe tsa thuto

PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO Curriculum and Assessment Policy Statement (CAPS)

- CAPS ke tokomane e e sobokantsweng e e neelang ka dikaelo tse di malebana le go rulagaya, diteng le tthatlho bo ya dirutwa tsotlhe tse di mo Kemo e e Tlhabolotsweng ya Kharikhulamo ya Bosetshaba ya Mephato wa R - 12 .
- **BOSETŠHABA YA NGWAGA E E BOLEDITSWENG YA ITSHETLELO ya 2023/2024: (ATP) yona e neela dikaelo tse di malebana le go rulaganya, diteng le tthatlho bo mo Kgatong ya Motheo (R-3).**

Bokgoni jwa Botshelo jwa ATP bo tshegetsatsa melawana e e latelang



Go Akanya ka Kelotlhoko



Tharabololo mathata



Go Dira Ditshwetso



Boikarabelo



Go Ikitse



Go Itsamaisa



Mekgwa ya Botho



Go Itse Setso



Boitsetsepelo



Boiphapo



Go Farologana



Boagi



Tlotlo



Go Akanyetsa



Boikutlo jo bo Siameng



Boitshoko

Kabo ya Nako

Nako ya go ruta mo Kgatong ya Motheo ke e e latelang

| SERUTWA | MOPHATO R (DIURA) | MEPHATO 1-2 (DIURA) | MOPHATO 3 (DIURA) |
|---|----------------------|------------------------|----------------------|
| Puo ya Gae | 10 | 7/8 | 7/8 |
| Puo Tlaleletso ya Ntlha | | 2/3 | 3/4 |
| Dipalo | 7 | 7 | 7 |
| Bokgoni jwa Botshelo | 5 | 5 | 5 |
| • Kitso ya Tshimologo | (1) | (1) | (1,5) |
| • Botshweretsi jwa Boitlhamedi | (1,5) | (1,5) | (1,5) |
| • Thuto ya Ikatiso ya Mmele | (1,5) | (1,5) | (1) |
| • Thuto ya boitekanelo jwa motho le loago | (1) | (1) | (1) |
| Dikhoutu le Diroboto | (1) | (1) | (2) |
| GOTLHE | 23 | 23 | 25 |

Kabo ya nako ya go ithuta dikarolo tsa go ithuta tsa serutwa sa Dikgono tsa Botshelo mo Kgatong ya Motheo.

| Mophato R- 2 | | Nako e e lekanyeditsweng kgw-editharo | Mophato 3 | | Nako e e lekanyeditsweng kgw-editharo |
|--|---------------------------|---------------------------------------|--|---------------------------|---------------------------------------|
| Kitso ya Tshimologo, tsa botho le boleng jo bontle jwa loago | Diura di le 2 mo bekeng | Diura di le 50 | Kitso ya Tshimologo, tsa botho le boleng jo bontle jwa loago | Diura di le 2,5 | Diura di le 50 |
| Botaki le Boitlhamedi | Diura di le 1,5 mo bekeng | | Botaki le Boitlhamedi | Diura di le 1,5 mo bekeng | |
| Thuto ya ikatiso ya mmele | Diura di le 1,5 mo bekeng | | Thuto ya ikatiso ya mmele | Diura di le 1 mo bekeng | |

SEKAO SA THUTO LEANO

| |
|--|
| Letha: |
| Mophato: |
| Serutwa: Bokgoni jwa Botshelo |
| Diteng tsa thuto: |
| Setlhogo se se ithutiwang |
| Nako e e abetsweng thuto ka nngwe: |
| Nomoro tsa tsebe ya CAPS: |
| Palo ya baithuti mo phaposing: |
| Se ba setseng ba ithutile sona/seo ba se itseng: |
| Maitlomo a thuto eno: Fa thuto eno e fela baithuti ba tshwanetse ba bo ba setse ba kgona go: |
| Kitso: |
| Bokgoni: |
| Dinonofa / Mekgwa: |
| Dinonofa / Mekgwa: |
| Didirisiwa: |

Dikarolwana tsa thuto: (diteng tsa konokono, ditirwana, mekgwa e e rutilweng ka ona)

Matseno:

Tlhabololo:

Tshobokanyo:

Pharologanyo, Tekatekano le Kakaretso

Mo karolong eno, re kopa gore o akanye ka phaposiborutelo ya gago. Itirele setshwantsho mo mogopolong o bona barutwana ba dutse kafa pele ga gago, mongwe le mongwe wa bona a na le kgang ya gagwe, maitemogelo le dikgwetlho. Jaanong gopola ka nako nngwe fa mongwe wa barutwana bagago a ne a kgaratlha ka ntlha nngwe, gongwe go ne go na le thuto nngwe e e thata e a neng a sa e tlhaloganye kgotsa go ne go na le sengwe se se amaneng le sekolo se se neng se mo kgoreletsa go ithuta. O ile wa dirang ka bothata joo? O ile wa mo thusa jang go tswa mo bothateng jono?

Phaposiborutelo ya gago e tletse ka bana bano ba ba farologaneng, e seng fela ka lemorago lwa bona gape le ka dilo tse ba di tlhokang le tse ba kgonang go di dira. Naga ya rona e sa ntse e kgaratlha thata ka go sa lekalekane, e ka tswa e le mo maemong a ikonomi, a setso kgotsa a loago, mme dikgwetlho tseno gantsi di a tlhagelela mo phaposiborutelong. Le fa go ntse jalo, ke teng fano mo botennyeng jwa phaposiborutelo koo teng go diragalang diphetogo. Jaaka morutabana, o na le seabe se segolo sa go tlhomamisa gore ngwana mongwe le mongwe o a atlega, go sa kgathalesege gore o tswa kae kgotsa o lebane le dikgwetlho dife mo botshelong.

CAPS e diretswe gore e akaretse mongwe le mongwe. Ga se kgang fela ya go ba ruta kharakhulamo le fa go ntse jalo ke kaga go lemoga bokgoni jo bo kgethegileng joo morutwana mongwe le mongwe a nang le jone le gore ba kgone go atlega. Re a itse gore ga se kametlha seno se leng bonolo go se fitlhelela. Mo dikolong di le dintsi, dikgwetlho tseno ke tsa mmatota, mme wena jaaka o le morutabana, ke wena yo o di gogang kwa pele go di rarabolola.

Ke lone lebaka leo ka lona didirisiwa tsa rona tsa go ithuta le go ruta di diretsweng go go thusa. Di bontsha maemo a a diragalang mo motseng, go lemosa barutwana go ela tlhoko dilo tse ba ithutang tsona mo ditirong, ditirwaneng le mo ditlhatlhobong tsa bona. Dilo tseno tse ba ithutang tsona di akaretse maitemogelo a a farologaneng thata le bokgoni tse di leng teng mo barutwaneng ba gago, e leng se se go thusang gore o kgone go akaretse ngwana mongwe le mongwe le go ba ema nokeng go sa kgathalesege lemorago lwa bona

Fa o dirisa didirisiwa tseno, ga se kgang fela ya go ruta, o bula barutwana ba gago matlho, gore ba kgone go lemoga dikgwetlho tse ba lebaneng le tsone le go di fenywa. Fa o dira seno o thusa go bopa isagwe e e phatsimelang ngwana mongwe le mongwe, le botlhe mo motseng wa lona le batho ba Aforika Borwa botlhe.

Mo metselsetseleng eno, re tlhomile mogopolo mo mefuteng e le 10 ya konokono ya ditlhopho tsa dipharologanyo, moo teng nngwe le nngwe ya tsone e tlhophilweng ka kelotlhoko go tlhomamisa gore go akareditswe batho botlhe, ba ba nang le dipono le maitemogelo tse di farologaneng le tsa batho ba bangwe.

Lebokoso 1: Ditlhopho tsa dipharologanyo

| Setlhopho sa pharologanyo | Tlhaloso | E akareditswe jang mo bukeng |
|--|--|--|
| 1. Pharologanyo ya Setso le Morafe | Seno se raya gore re tsentse ditso le merafe tse di farologaneng, go dira gore barutwana ba ithute ka dipono le meetlo ya batho ba ba farologaneng. | Re tsentse baanelwa, bakwadi le batho ba ba itsegeng mo hisitoring go tswa kwa ditsong tse dintsi tse di farologaneng. Dikgang le dikai tse di akaretsang meetlo, dingwao le dipuo tse di farologaneng. Seno se thusa barutwana go ithuta ka ditso tsa batho ba bangwe le go ba thusa go tla go tlhoa batho ba bangwe ka gore ba ithute ka histori ya batho bao le dikgwethlo tse ba lebanang le tsona. |
| 2. Pharologanyo ya Bong | Pharologanyo ya bone e raya go emela bong jotlhe mme seno se akaretsa go buisana ka seabe seo batho ba bong jo bo rileng ba nang le sona, batho ba ba sa batleng go kgethololwa ka bong le ba ba fetolang bong jwa bona nako nngwe le nngwe. | O tla lemoga gore re lekalekantse bong jotlhe mo mokwalong, mo ditshwantshong le mo dikaing tse re di dirisang. Re tsentse baanelwa ba ba sa batleng go kgethololwa ka bong le ba ba fetolang bong jwa bone eleng dilo tse di gwehlhang ditlwaelo tsa diabe tsa bong. Ka sekai, go bontshitswe basimane le basetsana ba dira ditiro tse di farologaneng, go tloga mo go thuseng mo phaposing ya boapeelo go ya kwa dilong tsa saense le botaki, go rotloetsa tekatekano ya bong. |
| 3. Pharologanyo ya loago le ikonomi | Seno se raya go tsenya batho ba maemo a a farologaneng a ikonomi le go tlotla ka go sa lekalekane ga maemo a ikonomi. | Re tsentse batho ba ba tswang kwa maemong a a farologaneng a ikonomi, go bontsha dikgwethlo tse di leng teng tse di amanang le go bona thuto, ditirelo tsa boitekanelo le ditlamelo. Seno se thusa barutwana go tlwaelana le batho ba mmatota le go buisana le bona ka maemo a a farologaneng a ikonomi mme seno se dira gore ba bue ka tshosologo. |

Tiriso ya metseletsele eno

| Sethopho sa pharologanyo | Tihaloso | E akareditswe jang mo bukeng |
|---|---|--|
| 4. Pharologanyo ya Dipuo | Pharologanyo ya dipuo e raya gore re akareleditse dipuo tse di farologaneng le go tlotla dipuo tse di buiwang ke batho ba le mmalwa fela. | O tile go bona dikgang tse di amang dipuo tse di farologaneng le go rotloetsa barutwana go tlotla dipuo tse dingwe tse di buang ke batho ba le mmalwa. Gape re tsentse dikai tse di bontshang botlhokwa jwa go ranola le go fetolela dipuo tse dingwe segolobogolo tse di buang ke batho ba le bantsi, maitlhome e le go thusa barutwana go akaretsa dilo tse dintsi mo metlotlong ya bona. |
| 5. Bogole le go kgona go tsena mo dikagong | Seno se tile go sekaseka thata batho ba ba tshelang ka bogole le go bua ka dilo tse di ba kgoreletsang go tsena mo dikagong dingwe. | Go akareditswe baanelwa b aba tshelang ka bogole, go tlhomamisa gore ba a tsenngwa mo dikgannyeng le mo ditirong tsa sekolo. Gape re tlotla ka dikgang tse di malebana le go fitlhelela dilo dingwe, e ka tswa e le ka namana, ka mafaratlhatlha kgotsa mo go tsa loago mme re dirisa puo e e bonolo. Seno se dira gore barutwana ba ba amogele le go ba utlwela botlhoko mme ba ba tlhaloganye. |
| 6. Tshekamelo ya Thobalano le go akaretsa LGBTQ+ | LGBTQ+ e emela Lesbian (basadi b aba ratanang le basadi ba bangwe), Gay (banna b aba ratanang le banna ba bangwe), Bisexual (bong jo bobedi), Transgender (Bong jo bo fetotsweng), Queer or Questioning (se se sa tlwaelegang), le tse dingwe. Letshwao la "+" le emela batho ba tshekamelo ya thobalano, b aba tlhomologang ka bong le le ba itlhalosang ka mokgwa o o sa tlwaelegang b aba jaaka ba ba se nang bong, b aba dirang thobalano le mongwe le mongwe mosadi kgotsa monna, batho ba se nang kgatlhego ya thobalano gotlhelele le batho ba bong jo bo farologanang. Lefoko leno le akaretsa batho botlhe b aba welang mo ditlhalosong tse di boletsweng fa godimo. | Batho b aba tlhomololwang e le ba LGBTQ+ ba emiseditswe mo dibukeng tsotlhe tsa rona. Re akareditse dikai le maemo tse di tlhalosang dikgang tse di mabapi le LGBTQ+ le ditshiamelo tsa bona, mme gape ra bua ka go tla tlhaolele, gore re thuse barutwana gore ba tlhaloganye le go tlotla go farologana mo dikgannyeng tsa thobalano. |

| Sethopho sa pharologanyo | Tlhaloso | E akareditswe jang mo bukeng |
|--|---|--|
| <p>7. Pharologanyo ya Bodumedi le Dilo tsa Semoya</p> | <p>Seno se akaretsa go tsenyeletsa madumedi a a farologaneng le go rotloetsa go tlotla dingwao tse di farologaneng tsa semoya.</p> | <p>Dibuka tsa rona di na le dikgang tse di rutang barutwana ka madumedi a a farologaneng le dingwao tsa semoya. Gape re rotloeditse gore ditumelo tse di farologaneng di dirisane mmogo gore ba tlotlane le go tlhaloganyana gareng ga madumedi. Go tsentswe le dipono tsa batho b aba farologaneng gore madumedi otlhe a nne le kemedi e e molemo mo setshabeng.</p> |
| <p>8. Pharologanyo ya Dingwaga</p> | <p>Pharologanyo ya dingwaga e akaretsa batho ba dingwaga tse di farologaneng le go buisana ka kgang ya go tsofala.</p> | <p>Mo dibukeng tsa rona o tla bona dikai tsa baanelwa go tloga go bana go fitlha go batho ba ba godileng. Re buile thata gape le ka botlhokwa jwa go amana ga dikokomana, ra tlotla ka dikgang tse di amanang le bogodi jaaka go rola tiro le go tlhaalwa ga batho ba ba tsofetseng kwa ditirong. Seno se thusa barutwana go tlhaloganya botlhokwa jwa batho botlhe mo setshabeng.</p> |
| <p>9. Pharologanyo ya thutafatshe</p> | <p>Pharologanyo ya thutafatshe e emela batho le mathata ao ba nnang le ona mo dikarolong le mo ditikologong tse di farologaneng, mo lefatsheng lotlhe le mo nageng ya rona.</p> | <p>Dibuka tseno di akaretsa dikgang tse di buang ka dikarolo tse di farologaneng tsa lefatshe, le go bua ka mathata a lefatshe lotlhe le ao re nang mo nageng ya rona ao barutwana ba ka a tlhaloganyang motlhofo. Re na le dikai tse di lekalekaneng tsa maemo a metsesetoropo le kwa magang, go bontsha dikgwetlho le melemo tse di leng teng mo tikologong ka nngwe.</p> |

Tiriso ya metseletsele eno

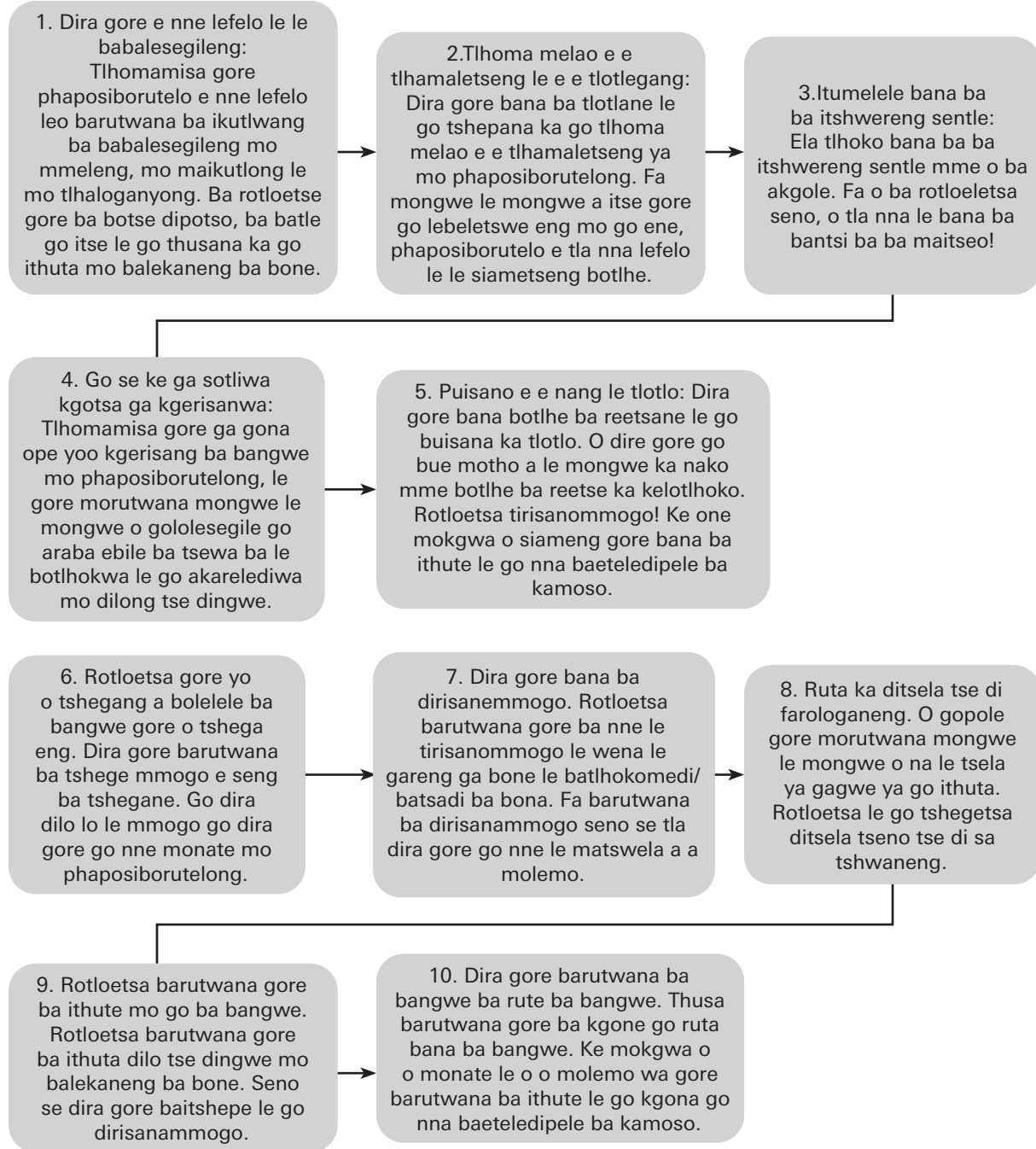
| Sethopho sa pharologanyo | Tlhaloso | E akareditswe jang mo bukeng |
|---|---|--|
| 10. Pharologanyo ya Tlhaloganyo le go Ithuta | Seno se akaretsa mefuta e e farologaneng ya go ithuta, bokgoni le go tlhaloganya dilo tse di farologaneng, tse di jaaka malwetse a tlhaloganyo. | Re ruta pharologanyo ya tlhaloganyo le go ithuta ka go tsenyeletsa mefuta e e farologaneng ya go ithuta e e atlenegisang mekgwa e e farologaneng ya go ithuta. Ditiro tsa mo phaposiborutelong di dirilwe gore di akaretse barutwana ba ba nang le ditlhoko tse di farologaneng tsa go ithuta, go ba tsenyeletsa mo sekolong. Gape re tsentse le ditlathlho tse di tlatsetsang tse o ka di dirisang. |

Go dira phaposiborutelo e e akaretsang batho botlhe le fa ba farologane

Kaelo eno ya Morutabana e dirilwe go thusa bana ba botlhe le fa ba farologane ka tsela e ba lekalekaneng. E na le didiriswa tse di tlileng go go thusa gore go nne le boikutlo jo bo siameng jwa go ithuta le mekgwa e tla go kgontshang gore o tsenyeletse mefuta eno e e 10 ya dipharologanyo e go builweng ka yona mo Lebokoseng 1 le le fa godimo.

Pharologanyo mo phaposiboruteleng

Jaaka morutabana, seabe sa gago ke go tthomamisa gore mo phaposiborutelong ya gago go a ithutiwa, go itumetswe le go tlotlana! Re go file ditsela tse di 10 tse o ka dirang seno ka gone e le gore barutwana ba gago ba itumelela go ithuta, ba bolokesebile ebile ba rata go dira jalo:



Ditsela 1-5: Dira gore phaposiborutelo e nne lefelo le le monate le le akaretsang bana botlhe

Itumelele go farologana ga morutwana mongwe le mongwe

Ke selo sa botlhokwa fa barutwana ba ipona le maitemogelo a bone a a farologaneng a bonatshiwang mo phaposing. Seno se raya go bontsha pharologano mo mokgweng o a lebegang ka one, a buang ka gone, a itsegeng ka teng, setso sa gagwe, bodumedi, bong, tshekamelo ya thobalano (go akaretsa LGBTQ+) dingwaga le dilo tse ba kgonang go di dira. Dibuka tsa rona di na le baanelwa ba ba farologaneng go bonatsha maitemogelo ano a a sa tshwaneng. Re tlhopha ka kelotlhoko ditshwantsho, tiro e e takilweng le diteng tse di emelang batho ba ba farologaneng, ditikologo le maemo a boammaaruri a a dirang gore re itumelele go tshela mo Aforika Borwa le gongwe le gongwe fela.

Re go rotloetsa gore le wena o dire se se tshwanang mo phaposiborutelong ya gago. Anela dikgang e le go bontsha go sa tshwane ga batho ba ba farologaneng, bontsha dintshwantsho tsa kwa magang le mo metseletsele mme o bua ka batho b aba nang le bokgoni jo bo farologaneng jwa mmele, bokgoni jwa tlhologanyo le boitshupo go akaretsa le LGBTQ+. Tlotlang ka madumedi a a farologaneng, dingwaga le bong jo bo farologaneng mme le sekaseke maemo a ikonomi ao barutwana ba gago ba tlhokang go a itshokela. Iphe nako ya go ba ruta ka dikgolaganano tse re nang le tsona le dinaga tse dingwe le batho ba bangwe go ralala Aforika le mo lefatsheng lotlhe. Fa o dira seno, o tla bo o thusa gore morutwana mongwe le mongwe a bonwe, a tseelwe kwa godimo le gore ke karolo ya lefatsheng lotlhe.

Ela tlhoko bosemorafe le go tlaolwa

Mohumagadi Adams o ne a ruta kaga ditso le dingwao. Barutwana ba gagwe ba tswa kwa ditsong tse di farologaneng mme o ne a kgatlhegile go bona gore thuto eno e tlele go tsamaya jang. Fa a simolola thuto eno, o ile a kopa barutwana gore ba bolele dingwao kgotsa ditumelo tsa malapa a bona.

Lebo, mosetsana yo o itshepileng, o ile a batla go bua pele, a tlhalosa dingwao tsa kwa gaabo tse di malebana le malatsi a Keresemose ya Bakeresete. Barutwana ba bangwe le bona ba ile ba latela mme le bona ba bua ka one malatsi ano boikhutso. Le fa go ntse jalo, fa e le nako ya ga Amina ya gore a bue, o ile a okaoka. Kwa gaabo Amina ke ba bodumedi jwa Iselamo mme o ile a bolela maitemogelo a gagwe a go keteka Eid. Ka ponyo ya leitlho, barutwana bangwe ba ile ba simolola go sebaseba, mme yo mongwe mo go bone o ile a buela kwa godimo a sa lemoge bomasisi jwa se a se buang, are, “Ga se malatsi a boikhutso selo seo.”

Mohumagadi Adams o ile a lemoga ka bonako gore boemo bo ne bo gagametse mo phaposing. O ne a tlhoka go dira tlhopho ya botlhokwa. Fa a ne a ka ikgatholosa se se builweng ke mosetsana yono, go ne go tla dira gore bosemorafe bo tsenelele kwa tengteng, kafa go le lengwe fa a bua ka gone o tla bo a ba ruta thuto e kgolo ya botlhokwa.

Mohumagadi Adams o ile a emisa motlotlo go sekae mme a kopa barutwana gore ba akanye ka sengwe ke seno. “Go kaya eng go kgaphela ditumelo kgotsa dingwao tsa batho ba bangwe kwa thoko? Wena o ne o tla ikutlwa jang fa letsatsi la gago le le kgethegileng go ne go ka twe ka lona ke “selo seo”? Go ile ga didimala ga re tu! Fa barutwana ba ntse ba akanya gore ba tla araba ba re eng.

A simolola go ba tlhalosetsa botlhokwa jwa go tlhologanya le go tlotla ditumelo tse di farologaneng, a dirisa kgang e e fetsang go diragala ya ga Amina go ba ruta ka yona. Mohumagadi Adams ga a ka a omanya barutwana bano kgotsa go ba tlabisa ditlhong, go na le moo o ile a ba

kaela a buisana le bona sentle ka ga goreng go le botlhokwa go tlotla ditso tsa batho botlhe le eleng le fa di sa tlwaelega. Barutwana ba ithutile gore go nna le tlhalele, mo bagolong le mo baneng, seno se ka dira gore re lebe batho ba bangwe ka tsela e e sa siamang, gantsi motho a dira jalo a sa go lemoge.

Seo re ithutleng sona mo phaposiborutelong ya ga Mohumagadi Adams

Bosemorafe le tlhalele di ka itiragalela fela
Barutwana ba ka bua dilo dingwe tse di nang le bosemorafe ntle le maikaelelo a go gobatsa. Go botlhokwa go ema go sekae mme o rarabolole bothata ka bonolo le ka kelotlhoko.

Lentswe lengwe le lengwe le botlhokwa
Ms. Adams o ile a tlhomamisa gore barutwana botlhe ba a lemoga gore lentswe le boitemogelo tsa ga Amina ke tsa botlhokwa. Ka go dira gore go buiwe ka yona, o ile a gatelela gore go tlotliwe setso sa mongwe le mongwe.

Rotloetsa go ikakanyetsa
Go na le gore a ba rerele, Mohumagadi Adams o ile a ba laetsa gore ba akanye gore bone ba ne ba tla ikutlwa jang fa ba ne ba dirilwe se ba se dirileng Amina. Seno se thusitse barutwana go tlhaloganya botlhokwa jwa go bontsha motho kutlwelobotlhoko le go akanya pele ga ba dira dilo.

Dira gore go nne le puisano
Fa o lemoga bosemorafe kgotsa tlhalele, ga goa lekana go didimala fela. Fa o dira gore le buisane ka gone o thusa barutwana go tlhaloganya gore ke ka ntlhayang fa mafoko kgotsa dikgato tse di rileng di ka nna kotsi, mme seno se ba thusa gwetlha mekgwa eno fa e diragala mo nakong e e tlang

Go ithuta fa o gwetlhiwa
Maemo a a gwetlhang a ka go ruta dilo di le dintsi. Mohumagadi Adams o ile a dirisa boemo jono jo bo thata go rotloetsa barutwana go lemoga maitlomo a bone, le go ba bontsha gore phaposiborutelo ke lefelo le le ba thusang go gola e seng fela go ba neela kitso.

Ke ka ntsha yang re tlhatlhoba barutwana?

Re tlhatlhoba barutwana go:

- Lemoga se ba setseng ba se itse le go aga mo godimo ga kitso le maitemogelo ao
- Latedisa kgolo ya morutwana mongwe le mongwe e le gore re ka lemoga kgatelopele ya bona mo nako e e rileng, e seng mo letsatsing kgotsa mo bekeng e le nngwe fela
- Bona gore morutwana o gola mo dikarolong tsotlhe kgotsa go na le mo a tlhokang thuso gone
- Lemoga dilo tse di ba kgoreletsang go ithuta le go bona ditsela tse di ka thusang morutwana go di fenyha
- Tlhaloganyanya moithuti mongwe le mongwe sentle, go itse dilo tse ba kgonang go di dira sentle, dikgwetlho tsa bona le dilo tse ba di ratang le tse ba di tlhokang.

Tlhatlhobo e akaretsa mekgwa e e farologaneng ya go lekanya kgatelopele ya barutwana le go bona gore ba tlhaloganyanya dilo jang. Fa o dira ditlhatlhobo tseno ka gale di tla go thusa go bona gore barutwana ba tlhaloganyanya dilo jang le go di dirisa mo botshelong. Mo kगतong ya motheo, go dira ditlhatlhobo tseno nako le nako go go thusa go bona kgatelopele ya morutwana le gore o kgone go ba ruta sentle. Seno se tla go thusa go sekaseka mekgwa e o e dirisang ya go ruta le go bona kgatelopele ya morutwana, mme se tla go thusa go dira ditshwetso tsa kametlha tse di botlhale le tse di molemo.

Tlhatlhobo ya go ithuta gantsi e tsenngwa mo thulaganyong ya gago ya go ruta, moo teng go nnang monate le go nna le seabe mme mekgwa e e dirisiwang e thusa barutwana go itumelela seo. E go thusa go bona gore barutwana ba tlhoka thuso e e kana kang le go go kaela gore o kgone go ba ruta ka tsela e e tshwanetseng.

Ela tlhoko ka nako ya ditiro
Sheba kafa barutwana ba dirang ditiro tsa bona mme o ba botse dipotso tse di ba kaelang go ba thusa.

Dumela le go Gana ka monwana wa kgonope
Dira seno morago ga thuto go bona gore barutwana ba go tlhalogantse.

Ditekete tsa go tswa Barutwana ba thala kgotsa ba kwala sengwe mo go tsona morago ga thuto go bontsha gore ba tlhalogantse.

Tirisanommogo Barutwana ba akanya ka sengwe a le nosi, a bo a se tlotlela molekane wa gagwe b abo ba se bolelela barutwana botlhe mo phaposeng go tlhomamisa gore ba tlhalogantse.

Begela Molekane Barutwana ba arolelana tiro ya bona le barutwana mmogo le bona le go ba naya pegelo e e rotloetsang ka ga se ba se dirileng.

Dintlha tse ba ithutileng tsona Barutwana ba ikwalele dintlha tsa dilo tse ba ithutileng tsona ba tlhalose gore ba bona ba gatelopele jang

Ditiro tse di dirwang lo le setlhopho le metshameko Metshameko e e monate, e e dirwang ke bana botlhe e go thusa go bona gore ba kgona go dira eng.

Dipotso ka nako ya dithuto Botsa dipotso tse di epang maikutlo go rotloetsa barutwana go tlhalosa megopolo ya bona le go kgona go baya mabaka.

Go dira tlhatlhobo fa thuto e tswetse go dira gore barutwana ba ele tlhoko kgatelopele ya bona, le go ba thusa go tsaya maikarabelo ka se ba ithutang sona. Fa o dira jalo o ba thusa gore ba tlhaloganye se ba ithutang sona, mme ba tla ithuta mo go oketsegileng le go ikitsi botoka.

K-W-L (Itse-se o tshwanetseng go se itse-Se o se ithutileng) ditshate Barutwana ba tlatse se ba se itseng, se ba batlang go se itse, mme kgantele se ba se ithutileng go kopanya se ba neng ba se itse le dikgopolo tse disha.

Mmapa Kgopolo Barutwana ba dira dimmapa tse di bontshang se ba se itseng ka tshedimosetso e ba ntseng ba ithuta yona.

Puisano Dira go barutwana ba buisane ka dikgang dipe fela tse di malebana le setlhogo se sesha.

Ditekete tsa go tswa Barutwana ba tlhalose kafa tshedimosetso e ntšha e kopanang ka teng le se ba setseng ba se itse.

Go Konela Kgang Neela tshimologo ya kgang o bo o letla barutwana gore ba e feleletse ba dirisa se ba setseng ba se itse.

Ke eng se se tlhaelang? Neelana ka dikgopolo kgotsa ditshwantsho tse di sa felelang o bo o letla barutwana go tlatse diphatlha ka go dirisa se ba setseng ba se itse.

Dipuisano tse di dirisanang Simololang dithuto ka go kopa barutwana go tlotla ka kgang e e ntšha e e malebana le maitemogelo kgotsa kitso e ba setseng ba a le yona.

Dintlha tse ba ithutileng tsona Barutwana ba bontsha beke le beke kafa tshedimosetso e ntšha e amanang ka teng le ba setseng ba se itse.

Tlhatlhobo ya go ithuta e dira gore o kgone go bona diphithlelelo tsa morutwana mo dikarolong tse di farologaneng ka nako e e rileng, mme seo se go thusa go lekanya kgatelopele yotlhe ya bona le go go thusa go ditshwetso tse di botlhale mo go se ba se ithutang.

Diteko tsa bofelo jwa setlha
Diteko tse di tlhomamisitsweng go tlhlotlhomisa gore ba itse se ba ithutileng sona.

Dikhwisi
Diteko tse di khutshwane go bona gore ba tlhalogantse se ba ithutileng sona..

Dikabelo tse di kwalwang Ditiro tse ba di kwalang go sekaseka gore ba tlhalogantse se ba ithutileng sona.

Diporojeke
Ditiro tsa botsweretsi go bontsha gore ba ithutileng.

Ditlhatlhobo tsa go Bala
Morutwana mongwe le mongwe a go balle go bona gore o kgona go bala ka thelelo.

Ditiro tse di Diragadiwang
Dirisa kitso mo maemong a a tlwaeleging.

Portfolios
Go kgobokanya tiro e o setseng o e dirile go lekanya kgatelopele ya ngwana..

Ditiragatso tsa Molomo
Barutwana ba bua se ba se tlhalogantseng.

Pegelo ya Kharikhulamo ya Bosetšhaba ya Mephato (NCS) e bua thata kitsopuisano, dipalo le bokgoni jwa botshelo e le tsone dikarolo tse tharo tsa konokono mo barutwaneng ba kgato ya motheo, mme ba tlhoka go e tlhatlhelwa. Lefapha la Thuto le tlamela ka **Dikaelo tsa Letlhomeso la Kgato ya Motheo** go ema barutabana nokeng mo go direng le go diragatseng dithuto tse di tsamaisanang le CAPS. Metseletsele eno e dirisa **thuto ya dilo tse di farologaneng** fa e tlhama diteng go thusa wena le barutwana ba gago go fitlhelela melawana le maikaelelo a tlhatlhobo a a tlhomilweng mo NCS.

Mefuta ya ditlathobo tsa Kgato ya Motheo

Lefapha le rotloetsa go dirisa mefuta e le 4 ya ditlathobo tsa Kgato ya Motheo, tse di boletsweng mo Dikaelong tsa Tlathobo tsa NCS:

Tlathobo ya Motheo

E tlathoba gore morutwana o itseng kwa tshimologong ya mophato kgotsa legato e le gore barutabana ba ka tlhaloganya gore morutwana o itse eng le gore o tlhoka eng.

Tlathobo ya go lemoga sengwe E e dirwang letsatsi le letsatsi

Ditlathobo tseno morutabana o di dira gore a tlathobe kgatelopele ya morutwana kgotsa go lemoga gore a go na le selo se a se tlhokang, gape e bidiwang go tlathobelwa go ithuta.

Tlathobo ya Tshobokanyo

Ditlathobo tse di tlhomameng le tse di rulagantsweng go sa le gale tse gantsi di dirwang kwa bofelong jwa kgweditharong kgotsa setlha go tlathoba kgatelopele e e akaretsang e morutwana a e dirileng e e dirang gore a ye kwa mophatong o o latelang, gape e bidiwa tlathobo ya go ithuta.

Teko ya tlathobo

E thusa go lemoga mo morutwana a dirang sentle teng, makoa a gagwe, mathata kgotsa dikgwetlho tsa go ithuta. Gape e thusa go bona fa go na le mathata mo mokgweng o o dirisiwang wa go ruta.

Tlathobo ya go bala mo Kgatong ya Motheo

Kopana le Lily, morutwana wa Mophato 3, yo o botlhale e bile a rata go itse le go o itumelela go tla kwa sekolong. Le fa gone a le matlhagatlhaga jaana, o le bana le dikgwetlho mo dirutweng tsotlhe tsa gagwe. Ka nako ya dithuto tsa puo, gantsi Lily o kopa go ya ntlwaneng ka gonne o tshaba gore morutabana o tla mo kopa gore a balele barutwana ba bangwe. Ka thuto ya dipalo, ga a kgone go tshwara dipalo tsa mafoko ka gonne ga di tlhaloganye. Mo thutong ya Khomputara, ga a kgone go fetsa ditaelo tse di kaga ditiro mme mo Dikgono tsa Botshelo o latlhegelwa ke tshedimosetso e ntsi ka gonne ga a kgone go bala buka ya serutwa seno. Barutabana ba gagwe ba ile ba lemoga sentle gore ga se gore Lily ga a tlhaloganye dirutwa tseno, go na le moo bothata ke gore ga a kgone go bala ka thelelo. E re ka a sa kgone go bala sentle, ga a tlhaloganye dipotso, le go latela ditaelo mme seno se dira gore a se ke a dirisa tshedimosetso e a e boneng mo dirutweng tsotlhe tsa gagwe.

Fa o akanya sentle ka barutwana ba gago, o tla lemoga gore ga se Lily fela a nang le bothata jono. Barutwana ba le bantsi ga ba kgone go bala go ya ka dingwaga tse ba solofetsweng go bala mo go tsone. Barutwana bano, fela jaaka Lily ba na le mathata mo dirutweng di le dintsi, e seng ka gonne ba sa di rate kgotsa ba se na bokgoni, le fa go ntse jalo lebaka ke gore ga ba ise ba nne le bokgoni jo bo lekaneng jwa gore ba kgone go tlhaloganya sengwe le sengwe se ba se balang. Kgwetlho eno e e tlwaelegileng e dirile gore go nne botlhokwa go baya kwa pele thuto ya go bala mo Kgatong ya Motheo, go tlhomamisa gore morutwana mongwe le mongwe o bona thuso e a e tlhokang gore a atlege.

Ditlathobho tsa ka potlako tsa barutwana ba ba nang le bokgoni jo bo farologaneng

Fa barutwana ba ntse ba gatelopele mo Mephatong ya R-3, go tlwaelegile go lemoga mefuta e e farologaneng thata ya bokgoni le ya go ithuta mo phaposiborutelong. Fa barutwana ba bantsi ba kgona go ithuta dilo tse dintsi ka dinako tse di farologaneng, ba bangwe bone ba nna le mathata a go ithuta kgotsa bogole jo bo rileng e leng se se ba kgoreletsang gore ba kgone go ithuta sentle. Go botlhokwa go lemoga dikgwetlho tseno go sa ntse go simologa, ka gonne go tsereganya ka nako go ka thusa barutwana bano gore ba atlege.

Loeto lwa ga Leah

Leah e ne e le morutwana wa Mophato wa 2 a le botlhale ebile a na le ponelopele, a rata go itse mme a na le bokgoni jwa go tlhama. O rata go thala le go bopa dilo ka diatla, gantsi o fetsa nako e ntsi a dira tiro ya gagwe ya botaki. Le fa gone Leah a na le bokgoni jaana, o na le dilo di le dintsi tse di mo gwetlhang kwa sekolong. Ga a kgone go tlhoma mogopolo ka nako ya dithuto, segolobogolo fa go le modumo kgotsa ba le makgabe a dipapetla mo phaposing. Gantsi o tlhakana tlhoko fa go ka fetolwa tsela e a e tlwaetseng, e e jaaka go tla ga morutabana yo mongwe yo o seng wa gagwe kgotsa go fetola tsela e ba dulang ka yona, seno se dira gore a etsaetsege fa a kopiwa go tsaya seabe mo ditirong tse di dirwang ba le setlhopha.

Morutabana wa gagwe o ile a lemoga gore Leah o rata go dira dilo a le nosi, le gore ga se gantsi a tshamekang le bana ba bangwe ka nako ya boikhutso. Mo kgannyeng ya go neelwa ditaello, gantsi o bonala a tlhakane tlhogo kgotsa o tseega maikutlo, le eleng le fa ditaello tseo di boeleditswe kgapetsa. Le fa gone Leah a dira bontle mo ditirong tsa matsogo, ga a kgone go tlhalosa se a se akantseng fa a le mo phaposiborutelong mme o tila go sheba batho kafa matlhong, mme seno se dira go nne thata gore barutabana ba gagwe ba bue le ene.

Fa ngwaga wa sekolo o ntse o tswelela, motlhokomedi wag a Leah le morutabana wa gagwe ba ile ba tsenwa ke tsebetsebe. Le fa a ne a dira bontle mo dirutweng tsa diatla tse di jaaka botaki, o ne a tshwara bothata jo bogolo fa a tshwanetse gore a buisane le batho ba bangwe, a tshameke le bone mme seno se ne se dira gore a se ke a itumela. Motlhokomedi wa gagwe o ne a tshwenyega gore ke ka ntlha yang fa Leah a tshwara bothata mo dilong tse bana ba bangwe ba dingwaga tsa gagwe ba di dirang motlhofo fela.

Morago ga go kopana le barutabana ba gagwe ka makgetlho a le mmalwa, go ilwe ga dirwa tshwetso ya go isa Leah gore a tlathlobiwe tlhaloganyo. Ke gone moo go neng ga lemogiwa gore Leah o na le bolwetse jwa bokoa jwa tlhaloganyo e leng autism spectrum disorder (ASD). Ka dingwaga di le dintsi, Leah o ne a ntse a tshwere bothata fa a tshwanetse go dira dilo, go buisana le batho le go tshameka mme go ne go se na yo o itseng gore molato ke eng.

Fa morutabana wa ga Leah le motlhokomedi wa gagwe ba sena go tlhaloganyo seno, ba ile ba dirisana mmogo go mo thusa gore a nne le legae le le molemo. Mo phaposiborutelong, morutabana wa gagwe o dirisa dithulaganyo tse di bonwang ke botlhe go mo thusa go fetoga le maemo fa go tlhokega le go mo tlogela go ya kwa lefelong le le didimetseng fa a etseetsega. Leah o filwe gape le nako e e oketsegileng go dira ditaello tse a tlhokang go buela kwa godimo mo go tsone mme o letleletswe go dira le ditlhopha tse dinnye kgotsa go dira a le nosi fa go tlhokega.

Go tlhaloganyo bolwetse jwa gagwe ga go a thusa Leah fela gape go dirile gore morutabana

a kgone go mo neela thuso e e maleba. Mo tsamaong ya nako, Leah o setse a itshepa mo phaposiborutelong. O ithutle ditsela tsa go itshokela go dira ka diatla le gore o setse a simolola go phuthologa fa a na le batho ba bangwe. Ka thuso e e maleba, Leah o setse a dira bontle tota, e leng selo se se bontshang gore bolwetse ga se sekgoreletsisi mo botshelong, le fa go ntse jalo ke senotlolo sa go thusa go dirisa didirisiwa tse di tshwanetseng tsa go gola.

Kgang eno e gatisa botlhokwa jwa go lemoga matshwao a bolwetse jwa bokoa jwa tlhaloganyo (autism) go sa le gale le mathata ape fela a mangwe a a amanang le go ithuta kgotsa bogole, e leng se se thusang gore barutwana ba ba jaaka Leah ba bone thuso ya go fenya dikgwetlho tsa bone le go dira dilo tse dikgolo.

Mokgwa wa go ruta o o akaretsang

Thuto ya pharologanyo ke mokgwa wa go ruta o o akaretsang o gantsi o tlhomang mogopolo mo dilong tseo barutwana ba di lemogang le go di tlhaloganya tse di amang dilo tsa botlhokwa ka gore go akareidiwe pharologanyo mo go tsone. Seno se dirwa ka gore barutwana ba tshware kgopolo e e tseneletseng fa ba e rutiwa ka ditsela tse di nang le dikai tse dintsi le ditsela tse di senang dikai e le gore ba bone dilo tse di farologaneng ka thuto eno le dilo tse di tshwanang ka yona.

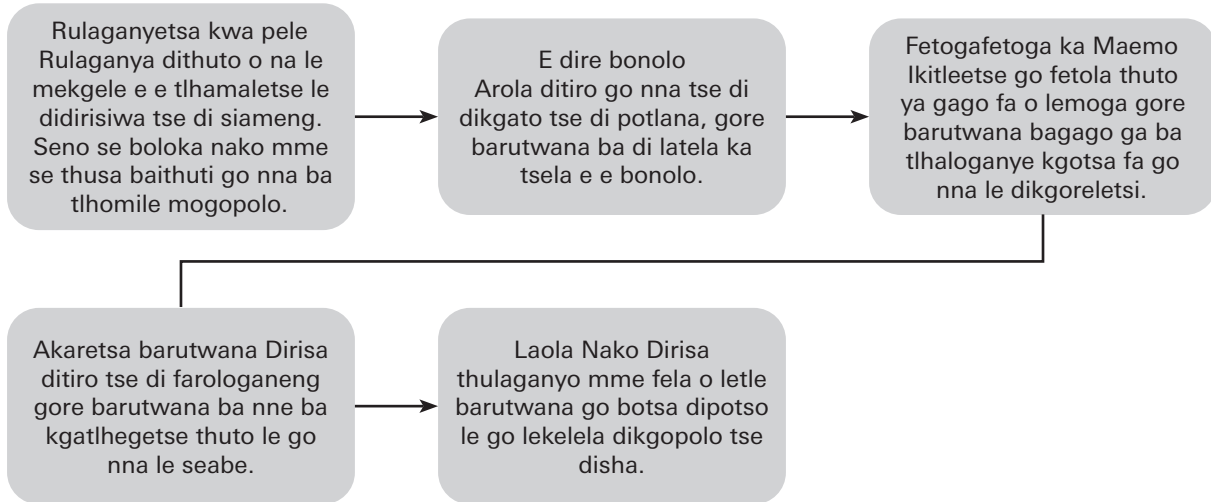
Kgopolo ya motheo ya **Thuto ya Pharologanyo** ke gore barutwana ba ithuta botoka fa ba bontshiwa tsela e thuto e farologanang ka teng le kafa e tshwanang ka teng mo dilong tse di rutiwang. Seno se re bontsha gore barutwana ga ba kgone go tlhaloganya dilo sentle kwantle ga gore ba bone ditsela kgotsa maemo a kang eno e farologaneng ka teng kgotsa e tshwanang ka teng. Fa o bontsha barutwana kgopolo ya se e leng sona le se e seng sona, ba tla kgona go itse go tlhopha selo sa botlhokwa.

Fa re e tlhalosa ka tsela e e bonolo fela, **fa o batla go ithuta kgopolo e e rileng sentle, e ithute dilo tse e fetogang mo go tsona le mo e sa fetogeng teng**. Seno se ba thusa go lemoga dikarolo tsa botlhokwa tsa kgopolo eo. Rona barutabana re ka thusa ka go bontsha dikai tse di farologaneng tse di tlotlomatsang dipharologanyo tseno, gore re thuse barutwana gore ba tlhaloganye mo go tseneletseng.

Dikarolo tsa konokono tsa thuto ya pharologanyo mo go ruteng le mo go ithuteng di akaretsa:

1. **Tlhome mogopolo mo diponagalong tse di botlhokwa:** Morutabana o tlhomolola dikarolo tsa botlhokwa ka kgopolo e e rileng a bo a re neela dipharologanyo tse di gatisang diponagalo tseo.
2. **Dipharologanyo tsa Dipaterone:** Morutabana o dirisa dipaterone tse di farologaneng go thusa barutwana gore di farologana kae le gore di tshwana kae. Dipaterone tseno di akaretsa:
 - **Pharologanyo:** Go bontsha dikai tse di farologaneng go tlotlomatsa diphetogo.
 - **Kakaretso:** Go dirisa dipharologanyo mo teng ga kgopolo e e rileng gore o tlhaloganye thuto mo go feletseng.
 - **Karogano:** Go arola karolo nngwe le nngwe gore o bone botlhokwa jwa yona.
 - **Go kopanya:** Go kopanya dikarolo tse di botlhokwa gore o bone gore di tlhakana jang le kgopolo e e rileng.
3. **Temogo:** Fa barutwana ba itemogela dikai tse di farologaneng, ba tla kgona go lemoga dikarolo tse di botlhokwa le go nna le kgopolo e e tseneletseng ya se ba se rutiwang.

Go laola thuto ka tsela e e atlegang



Boitekanelo jwa Morutabana

Go ruta ke tiro e e nang le kgatelelo e kgolo mo bantsenape ba bantsi. Ga se fela gore ke tiro e e batlang nako e ntsi ya gago mme e na le dikgwetlho di le dintsi tsa go tlhoka didirisiwa, gape e na le dikotsi di le dintsi mo nageng ya rona e e nang le bosenyi le tirisodikgoka tse di kwa godimo. Ka ntlha ya mabaka ano go botlhokwa gore o nne le mekgwa e o e dirisang go itlhokomela, go fokotsa ditiragalo tse o tla iphitlhelang o tsene mo kotsing.

Go ela tlhoko le go thatlhanya

Tsaya metsotso e le mmalwa letsatsi lengwe le lengwe gore o thatlhanye. Ikatiso ya go hema le go ritibatsa mogopolo di ka go fokoletsa kgatelelo ya maikutlo. Go na le di dirisiwa tsa mahala tsa go thatlhanya tse o ka iponelang tsona mo inthanete tse o ka di dirisang mo phaposiborutelong ya gago ka dinako tsa fa go didimetse.

Rotloetsa baagi ba ba tshhegetsanang

Tsenela kgotsa o simolola setlhophha sa barutabana mmogo le wena go thusana le go ithuta. Go arolelana maitemogelo le ba bangwe go ka go thusa le bana le dikgwetlho tsa go ruta le go go naya mekgwa e mesha ya go itshoka.

Go tshela sentle

Ja sentle, o ikatise le go tlhokomela lentswe la gago. Go nna le mekgwa e e siameng ya kametlhe jaaka go nwa metsi, go ja dijo tse di nang le dikotla le go ikatisa kametlha di tla go thusa o na le matla le go sireletsa boitekanelo jwa gago.

Boitekanelo jwa mogopolo le jwa maikutlo

Go ruta ban aba basha, b aba leng mo kotsing go ka go batla maikutlo. Go botlhokwa gore o nne le lefelo le le bolokesezileng koo teng o ka buang ka maikarabelo a gago ka tshosologo le go fokotsa boima jwa mogopolo jwa seabe se o se tshamekang.

Go laola phaposiborutelo

Go laola diphaposiborutelo tse dikgolo, e leng selo se se tlwaelegileng thata mo dikolong di le dintsi, e ka nna kgwetlho. Go dira dikaelo tse bana botlhe ba tlileng go di ikobela go thusa gore ba go tlotle le gore ba itumelele go ithuta. Go dira gore barutwana ba itlhophele mekgwa e ba tlileng go e dirisa mo phaposing le go ipeela mekgele ya go ithuta go dira gore ba rate ditaello tseno le go di ikobela ka tshosologo.

Mekgwa e e siameng ya go laola phaposiborutelo e akaretsa:

- Go baya meelwane: Tlhalosa sentle melao le meelwane tse di tlhomilweng go tloga fela kwa tshimologong mme o ba gopotse yone nako le nako.
- Tlwaelo le popego: Go tlwaela go dira dilo ka molao go thusa go laola diphaposiborutelo tse dikgolo.
- Tiro ya balekane: Go abela barutwana go dira ba le babedi kgotsa e le setlhopha go thusetsa gore ba rutane, ba dirisane le rwala maikarabelo e le setlhopha.
- Dithuso tsa pono le tsa kutlo: Dirisa dithuso tsa pono (diphousetara, matshwao a diatla) le dithuso tsa kutlo (mmino, go opa diatla) go godisa ditaello.
- Taelo e e farologantsweng: Dira gore dithuto tsa gago di fitlhelele ditlhoko tse di farologaneng tsa barutwana mo phaposing.

Go laola phaposi ya Mephato e mentsi

Mo diphaposing tsa mephato e mentsi, moo teng o rutang mephato e farologaneng ka nako e le nngwe, go botlhokwa gore o tlhaloganye bokgoni jwa morutwana mongwe le mongwe. Simolola dithuto tsa gago ka go ba dirisa ditiro tse di akaretsang barutwana botlhe, le go ba abela ditiro o ikaegile ka bokgoni jwa mongwe le mongwe wa bone. Ba neye ditiro mo ba berekang ba le babedi kgotsa e le setlhopha go dira barutwana ba dirisane mmogo, go sa kgathalesege gore bana le bokgoni jo bo tshwanang kgotsa jo bo farologaneng. Tlhomamisa ditiro tse ba tshwanetseng go di dira go netefatsa gore barutwana botlhe ba tlhoma mogopolo le go araba ba gololesegile.

Go Tshegetsisa Mefuta e Farologaneng ya go Ruta

Mo phaposiborutelong nngwe le nngwe, e ka tswa o na le barutwana ba le 15, 20, kgotsa 40+, go tla nna le mefuta e e farologaneng ya go ruta. Tseno ke ditsela tse ka tsona barutwana ba anyang tshedimosetso, le go dirisa, ba e tlhaloganya le go e gopola. Go ruta mo tikologong e e akaretsang, go botlhokwa gore o ele tlhoko le go tshegetsisa mofuta wa go ithuta wa morutwana mongwe le mongwe mme o ba tlwaetse mokgwa o wena o rutang ka one gore o fitlhelele se ba se tlhokang.

Go ya thulaganyo e e bidiwang VARK, mefuta ya go ruta e sobokantswe ka ditlhopha tse dikgolo di le nne:

- Go ithuta ka dilo tse ba di bonang: Ono ke mofuta o o tlwaelegileng thata. Barutwana bano ba dira bontle tota fa ba bontshiwa se ba rutiwang ka sona, jaaka dithalo, ditshate le go lemosiwa.
- Go rutwa ka dilo tse ba di utlwang: Barutwana bano ba tlhaloganya tshedimosetso bonolo fa ba utlwa, ba bua ka yona le fa ba e reeditse. Metlotlo le go tlhalosediswa dilo go ba thusa go tlhaloganya dikgopolo tse disha.

- Go rutwa ka go Balelwa le go Kwalelwa: Barutwana mo setlhopheng seno ba dira bontle fa ba bala le fa ba kwala. Ba ipabola mo go tlhaloganyeng tshedimosetso e e kwadilweng ebile ba kgona go gopola dilo thata.
- Go ithuta ka go Ama/go Tshwara: Barutwana bano bone ba rata go ithuta ka go itirela dilo. Ba tlhaloganya tshedimosetso ka go tshwara selo se ba rutwang ka sona ka diatla, go se tsamaisa le go dira ditiro tse e nnang karolo ya se go rutiwang ka sona, ka go dira jalo ba ipabola mo tirong ya diatla.

Setlhogo 1 Ka ga me



| | |
|--|--|
| Karolo ya thuto | Ka ga me |
| Nako ya go ruta | Diura tse 6 |
| Didiriswa tse di atlanegisitsweng | Ditshwantsho tse di bonwang; dikarata tsa puiso |
| Matswela a thuto | <ul style="list-style-type: none"> • Lemoga go itemoga • Tokafatsa go itlotla • Tlotla dipharologano |
| Dikgono | <ul style="list-style-type: none"> • Bapisa, • elatlhoko, • lemoga |
| Kitso | Mongwe le mongwe o tthomologile. Lemoga le go tlhotlhomisa dilo tse di farologaneng. |
| Boleng | <ul style="list-style-type: none"> • Tlotlo |
| Boikutlo | Itshokelano |
| Kitso ya tshimologo | Dikgono tsa go tthaloganya se o se bonang, Kitso ya letsatsi le letsatsi Go tshwana le go farologana |
| Dipotso tse di tseneletseng tse di dirang gore o akanye | Ke tshwana le ditsala tsa me ka eng? Ke farologana jang le ditsala tsa me? |
| Kopanyo | Puo ya gae: Go reetsa le go bua: Puo e e baakanyeditsweng le e e sa baakanyediwang: Go abelana ka dikakanyo le dikgopolo le go bontsha fa a tthaloganya dikgopolo Dipalo: 3.3. Go lejwa ga dilwana: Terowa le go tthalosa dilwana tsa 3-D go tswa matlhakoreng a a farologaneng. Go bala dinomere tse di motlhofo go fitlha go 10 |
| Mokgwa wa go ruta | Puisano, pontsho, taelo, go botsa dipotso, tthatlhobo e e tthomameng |
| Tlhatlhobo | A re bone |
| Rubiriki | Tlhatlhobo e e seng ya semmuso ditsebe 3 le 5 |

A re simolole

shedimosetso ya botho – LB ditsebe 1

Fa o simolola go ruta setlhogo seno gatelela gore ke eng se se dirang gore re farologane. Seno e ka tswa e le go nyenya, boleele, moriri, kgotsa mmala wa matlho a rona. Bolelela barutwana gore ba lebelele go ba dikolologa mo phaposiborutelong go bona gore a mongwe le mongwe o bolelele jo bo tshwanang. Ba botse gore a moriri wa mongwe le mongwe o bolelele jo bo tshwanang le mmala o o tshwanang. Ba kope gore botlhe ba nyenye, lebelela go dikologa phaposiborutelo mme o bone gore a menyenyo yotlhe e a tshwana. Ba botse gore ba bona eng.

(Tweetswee nna le kakanyetso mo ntlheng ya gore morutwana a ka tswa a na le bosaitekanelang mo mmeleng. Tweetswee elatlhoko gore barutwana ba ka nna ba tsibogela go farologana ga ba bangwe ka tsela e e sa siamang.)

Tsaya ditsibogo go barutwana ba ka nna tlhano go ikaegile ka gore phaposiborutelo ya gago e bogolo jo bo kae. Tlhomamisa gore o tlhopha barutwana go tswa mo ditlhopheng tse di farologaneng tsa lotso. Barutwana ba tshwanetse go lemoga gore mongwe le mongwe o lebega ka tsela e e farologaneng. Ba bolelele gore go farologana go kaya gore rotlhe re farologane mme re **tlhomologile**.

- Ditshwantsho tse di kgonang go bonwa le tsone di ka dirisiwa. Bontsha ditshwantsho tsa barutwana ba ba lebegang ka tsela e e farologaneng mme o kope barutwana gore ba lemoge dipharologano.
- Leba setshwantsho se se mo tsebeng ya 1.
- Leba setshwantsho/tshwantshiso e e mo tsebeng ya 1.
- Botsa dipotso tse di fatang tse di jaaka. Ka sekai: O bona eng? Go na le bana ba le kae foo?
- Kopa barutwana go itshupa.
- Kopa barutwana go supa ditsala tsa bone.
- Kopa barutwana go supa morutwanammogo le bone yo mongwe.
- Seno se thusa go gatelela gore barutwana ba ba mo setshwantshong ba itshupile.
- Ba dira eng?
- Botsa barutwana gore ba dira eng le gore a ba ka kgona go tlhalosa ngwana mongwe le mongwe.
- Kopa barutwana ba ba farologaneng go tsiboga.
- Tlhalosa gore botlhe ba lebega ka tsela e e farologaneng ka gonne ba tlhomologile.
- Kgomaretsa lefoko le le ntšha ka ditlhaka tse di kgolo tse dintsho mo phaposiborutelong.

Dikarabo tse di atlanegisitsweng

1. Go na le bana ba le batlhano mo setshwantshong.
2. Bana ba itshupile.
3. Nnyaa, botlhe ba lebega ka tsela e e farologaneng.

Tirwana 1 (Buka ya Morutwana tsebe1)

Dirang ka bobedi.

Kaedi ya se se dirwang

- Barutwana ba nna ka bobedi ka bobedi mo ditafoleng tsa bone kgotsa mo mmetsheng.
- Tlhalosa gore o tla buisa potso.
- Barutwana ba tshwanetse go akanya kaga se ba se bonang, ba akanye ka karabo, mme morago ga moo ba refosane ka go araba. Nna o tsamaya-tsamaye mo phaposiborutelong go reetsa metlotlo ya barutwana.
- Buisetsa potso kwa godimo.
- Naya barutwana nako ya go akanya (mo e ka nnang motsotso).
- Barutwana ba a refosana ka go araba.
- Tsaya pegelo go tswa go ditlhophha tse di farologaneng tsa ka bobedi ka bobedi.
- Tlhomolola gore mosimane mongwe o rwele digalase mme mosetsana mongwe o rwele sediriswa sa go thusa go utlwa.
- Botsa barutwana: O akanya gore goreng ba tlhoka dilo tseno? Tlhalosa gore goreng dilo tseno di tlhokega:
- Digalase/disepekeke di dirisiwa fa mongwe a sa kgone go bona sentle.
- Sediriswa sa go thusa go utlwa se dirisiwa fa mongwe a sa kgone go utlwa sentle mo ditsebeng.

Dikarabo tse di ka tswang

1. Bana ba bararo ba na le moriri o o montsho.
2. Go na le bana ba le babedi ba ba rweleng ditlhorho tse ditshweu.
3. Nnyaa, ngwana o apere hempe ya dithupana tse dintsho le bosweu.
4. Mosimane wa mosweu le mosetsana wa montsho ga ba na leino.

Go akaretsa le go farologanya

- Ditiro di letla gore o nne le bokgoni jo bo farologaneng jwa go ithuta le go dira gore o ikutlwe o le leloko la setlhophha se o berekang le sone o bo o dire mmogo le sone.
- Bua ka pharologanyo o dirisa botaki jo bo tshwanetseng go Buka ya Morutwana le ka ditiro tse di kgothaletsang go akanyetsa le go abelana ka setso.

Didiriswa

Ditshwantsho tse di tswang mo dimakasineng kgotsa makwalodikgangnyeng tsa bana kgotsa batho ba ba bontshang gore rotlhe re farologane/tlhomologile;

Buka ya Morutwana;

DBE Buka ya Molagodimo 1, tsebe 2;

dikarata tsa puiso tse di nang le mafoko a a tshwanelang setlhogo: digalase, sediriswa sa go thusa go utlwa, tlhomologile.

Rubiriki ya go tlathoba tirwana: Tlathoba barutwana ba ba sa berekang ka sebedi kwa ntle ga go latela thulaganyo epe

| Morutwana o ne a kgona go: | ✓ | ✗ |
|---|---|---|
| lemoga barutwana ba ba nang le moriri o montsho | | |
| bala gore ke bana ba le bakae ba ba apereng seaparo sa kwa godimo se sesweu | | |
| lemoga gore ke bana bafe ba ba senang leino kgotsa meno. | | |

Thuto ya Ikatiso ya Mmele

Dirang lo le setlhopha.

Kaedi ya se se dirwang:

- Kgaoganya tlelase ka ditlhopha di le nne.
- Dira gore ditlhopha di nne barutwana ba ba farologaneng go ya ka bong, lotso le bodumedi.
- Nna kakanyetso mo barutwaneng ba ba ka tswang ba na le bogole mo mmeleng/dilo tse di ba thibelang.
- Tirwana eno e ka direlwa mo teng kgotsa kwa ntle go ikaegile ka sebaka.
- Dirisa phala kgotsa sediriswa sengwe se se tshwanang le seo go itsise barutwana fa e le nako ya go simolola le ya go fetsa.
- Dirisa ikatiso ya go thuthafatsa mmele le go o tsidifatsa le barutwana.

Tirwana

Barutwana ba a tsamaya, ba tloatlola le go tabogela kwa pele le kwa morago.

- Tlhalosetsa barutwana ka tirwana eno mme o ba neele dikai.
- Dirisa barutwana ba le mmalwa go dira pontsho e (barutwana ba ba farologaneng).
- **Tlhalosa gore o lebeletse eng mo go bone:** Ka sekai, go lela ga phala gangwe go bolela simolola, go lela ga phala gabedi go bolela ema.
- Ikatise le barutwana botlhe: tsamaela kwa pele le kwa morago, tloatlola, le go taboga.

Kgweditharo 1

- Letla gore ditlhopha tsotlhe di ikatise.
- Fa ditlhopha di ntse di ikatisa, etela mongwe le mongwe mo setlhopheng go bona gore ke barutwana bafe ba ba sokolang. Dirisa lenaanetlholo go kokoanya tshedimosetso.

Sekai sa lenaanetlholo

| Leina la morutwana | Tlalatola | Kwa pele | Kwa morago | Taboga |
|--------------------|-----------|----------|------------|--------|
| John Doe | ✓ | ✗ | ✓ | ✓ |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Tirwana 2 (Buka ya Morutwana tsebe 2)

Dirang lo le setlhopha.

Kaedi ya se se dirwang

- Barutwana ba nna mo mmetsheng.
- Bontsha barutwana setshwantsho/tshwantshiso mo go tsebe2.
- Ba botse gore ba bona eng.
- Tlotla ka dintlha tse di fitlhetsweng mo setshwantshong.
- Supa dintlha, tse di jaaka: mmala wa moriri, mmala wa matlho, kwa mosimane a emeng teng, goreng go na le 7 mo baluning. Tlhalosa ntlo ya mosimane mme o botse barutwana kaga nomore ya ntlo. Buisa mokwalo o o tlhalosang setshwantsho.

Dikarabo tse di ka tswang

1. Thabang o na le moriri o o mohibidu le matlho a a pududu. O apere sekipa se se pududu se se nang borokgwe jo bokhutshwane jwa dithupana tse di tshweu le pududu.
2. Thabang o na le dingwaga di le 9. O tshwere balune e e nang le nomore 7 mo go yone.
3. Thabang o nna kwa 10 Main Street, Gqeberha.
4. Ntlo ya ga Thabang e tshweu ka kgoro e e tshetlha.

Go akaretsa le go farologanya

Nna kakanyetso/akanyetsa barutwana ba ba ka tswang ba sokola go tthatlhoba dingwaga tsa ga Thabang le aterese. Mo ditlhopheng tse di farologaneng, barutwana ba ka thusana. Ba rotloetse go itshokelana, go nna masisi le go amega ka kgang eno.

Didiriswa

Ditshwantsho kaga bana kgotsa batho go bontsha gore mongwe le mongwe wa rona o lebege ka tsela e e farologaneng.

Buka ya Morutwana

Buka ya go kwalela ya DBE, tsebe 2;

dikarata tsa puiso le mafoko a a tshwanela setlhogo

Rubiriki ya go tthatlhoba tirwana: Dira tthatlhobo e e sa tthomamang ya tiro ya sethopho

| Morutwana o ne a kgona go: | ✓ | ✗ |
|------------------------------------|---|---|
| Tlhalosa Thabang | | |
| Bolela dingwaga tsa ga Thabang | | |
| Bolela aterese ya ga Thabang | | |
| Lemoga mmala wa ntlo ya ga Thabang | | |



Nako ya go batisisa

Materiale: mebala, dikheraeyone, thempoleite ya bukatiro ya go kwalela.

Barutwana ba boela kwa ditafoleng tsa bone mme ba tsaya metsotso e le mmalwa go nna fa fatshe.

Neelana ka tsebe e e nang le foreime ya go kwalela le sebaka sa go thala sa moithuti.

Thempoleite e akaretsa:

Leina la gago: _____

Sefane sa gago: _____

Dingwaga tsa gago: _____

Aterese ya gago: _____

Dinomore tsa mogala tsa batsadi ba gago _____ (Tlhalosa gore yono ke motho yo o nnang le ene: motsadi, nkoko kgotsa rremogolo, rakgadi, malome, jj.)

Pele ga barutwana ba simolola, ba tshwanetse go akanya ka kafa ba lebegang ka teng.

- Ba bolelele gore ba akanye kaga mmala wa moriri wa bone le mmala wa matlho a bone.
- Ba tshwanetse go itlhamela dilo ka tsela e ba tlhophang go itlhagisa ka yone.
- Rotloetsa barutwana go dirisa mebala e e farologaneng le go ijesa monate.

Tlhalosa tirwana: Thala setshwantsho sa gago le go tlatsa dintlha: tlhalosa gore ba tshwanetse go tlatsa eng. Barutwana ba ba sa itseng tshedimosetso yotlhe ba tshwanetse ba tlatsa fela leina la bone, sefane le dingwaga (ka dinomore).

Rubiriki ya go tlathoba tirwana: Dira tlathobo e e sa thomamang ya barutwana ba ba dirang ba le bosii.

| Morutwana o ne a kgona go: | ✓ | ✗ |
|---|---|---|
| Thala sefatlhego | | |
| bontsha mmala o o siameng wa moriri (gaufi thata) | | |
| bontsha mmala o o siameng wa moriri (gaufi thata) | | |
| kwala leina la gagwe | | |
| kwala dingwaga tsa gagwe | | |

Botshweretsi Jwa Boithamedi

Dira o le esi.

Kaedi ya se se dirwang:

- Tlhalosetsa barutwana gore ba thala difatlhego tsa bone mo go nngwe ya ditirwana tse di fetileng.
- Baya setshwantsho sa difatlhego tsa bana ba le mmalwa mo botong. Dirisa bobotlana bana ba ditso di le tharo tse di farologaneng.
- Kopa baithuti go tsholetsa monwana wa bone o o supang. Ba bontshe gore monwana wa bone o o supang ke ofe.
- Ba bontshe gore o segolola jang sefatlhego sa gago ka go sutisa monwana wa gago go dikologga sefatlhego sa gago.
- Ba botse gore a ba bone se o se dirileng.
- Ba kope gore ba dire se se tshwanang. Ba kope gore ba supe mo matlhong a bone, nko, molomo le diponagalo tse dingwe tsotlhe tsa sefatlhego sa bone.
- Tsaya pegelo go tswa mo barutwaneng fa ba ntse ba araba dipotso tsa gago le go ba kopa gore ba supe diponagalo tse di mo ditshwantshong tse di mo botong.
- Tlhalosa gore jaanong ba tlile go penta setshwantsho sa difatlhego tsa bone, mme ba tshwanetse go akaretsa diponagalo tsotlhe tsa sefatlhego tse ba di supileng.
- Didirisiwa le go baakanyetsa: Rulaganya ditafole tsa barutwana di na le pente e e tlhakanyeditsweng ruri, pampiri, maratšhe a go penta le metsi. (Fa seno se sa kgonege, barutwana ba ka terowa go na le go penta.)

Tirwana:

- Barutwana ba penta sefatlhego.

Sekai sa lenaanetholo

| Morutwana o ne a kgona go: | ✓ | ✗ |
|---|---|---|
| penta sefatlhego sa bone | | |
| akaretsa diponagalo tsotlhe tsa sefatlhego | | |
| bontsha mmala o o siameng wa moriri (gaufi thata) | | |

Re kgethegile e bile re tihomologile

LB tsebe3

- Barutwana ba leba ditshwantshiso mo Bukeng ya Morutwana mo tsebe3.
- Botsa barutwana gore ba bona eng: Ba lemoga eng kaga bana ba ba mo tshwantshisong?
- Botsa barutwana gore a ba kile ba utlwela kaga lefoko kgethegile mo nakong e e fetileng le gore ba akanya gore le kaya eng. O tla kgona go bona gore ba a tlhaloganya segolobogolo go kgethega ga bone ka ditsibogo tsa bone tse di farologaneng.

Tirwana 3 (Buka ya Morutwana tsebe3)

Dira o le esi.

Kaedi ya se se dirwang

- Tsenyeletsa kgopolo ya go nna yo o 'tlhomogileng'. Lebelela setshwantsho se se mo Bukeng ya Morutwana mo tsebe3. Tlotla ka go nna 'wa mofuta wa gago o le nosi'.
- Tlhalosetsa barutwana gore batho ba kgethegile ka gonne ba farologane, mme ke sone se se ba dirang gore ba tihomologe.
- Botsa barutwana gore ke eng se se dirang gore motho a tihomologe.
- Tseno ke dilo tse di dirang gore batho e nne ba ba farologaneng:
 - Mmala wa moriri
 - Mmala wa matlho (Bontsha mafoko a a jaaka pududu, tshetlha, ntsho, tshetlhana. Mafoko a ba tla a tlhokang go tlhalosa mmala wa bone wa moriri le wa matlho.)
 - Go nyenya
 - Botho (tsela e motho a dirang dilo ka yone le go akanya ka yone, e e dirang gore ba kgethege le go farologana le batho ba bangwe.)
 - Ditalente (se re se dirang bontle): Ba botse gore ke eng se ba se dirang bontle.
 - Ditsala tsa rona le balelapa. (Baya setshwantsho sa lelapa mo botong mme o bue ka kafa mongwe le mongwe yo o mo setshwantshong a farologaneng ka teng, ka gonne botlhe ba kgethegile.)

Dikarabo tse di ka tswang

1. Barutwana ba kwala mo bukeng ya bone ya go kwalela: Ke kgethegile.
2. Barutwana ba feleletsa dipolelwana ka go tlatsa ka mafoko a a siameng. Dikarabo ga di na go tshwana. Tsamaya-tsamaya mme o thuse barutwana ka mafoko mo go tlhokegang teng.

Go akaretsa le go farologanya

Akanyetsa barutwana ba ba ka tswang ba le bosisi kaga go farologana ga bone. Barutwana mo nakong eno ga ba tlhaloganye ka botlalo gore ke eng se ba se dirang bontle.

Tlhaloganya gore barutwana ba tswa kwa magaeng a a farologaneng mme seno se ka tswa se sa elwatlhoko kwa gae, ka gone fa o tsenyeletsa setlhogo seno se ka nna sa tlhoka gore gape o netefatse kafa morutwana a kgethegileng le go tlhomologa ka teng.

Ba rotloetse go itshokelana, go nna masisi le go nna kutlwelobotlhoko ka seno.

Didiriswa

Ditshwantsho tsa bana kgotsa batho go bontsha gore mongwe le mongwe wa rona o lebega ka tsela e e farologaneng;

Buka ya Morutwana tsebe3;

Bukatiro 1 ya Molagodimo ya DBE, tsebe3;

dikarata tsa puiso tse di nang le mafoko a a tshwanelang setlhogo

Mafoko a masha/tlotlofoko e tshwanetse go bonala mo barutwaneng.

Ba bontshe dikai/ditshwantsho tse ba ka kgonang go di leba fa go kgonegang gone.

- **letsatsi la botsalo** – letsatsi le o belegweng ka lone
- **kgethegileng** – go se tshwane le ope



Lefoko
le lesa

Dilo tse ke kgonang go di dira

LB tsebe4

- Botsa barutwana gore ke eng se ba kgonang go se dira.
- Amogela dikarabo tsa barutwana ba ba farologaneng.
- Barutwana ba leba tshwantshiso mo Bukeng ya Morutwana mo tsebe4.
- Tlotla gore ba bona eng.
- Buisa mafoko a a tlhalosang setshwantsho o bo o kopa barutwana gore a ba ka: bala, lemoga medumo ya diphologolo, ba bolela maina a dipopego le mebala? Morago ga potso nngwe le nngwe, ba ka bolelela molekane wa bone (morutwana yo o gaufi le bone) karabo. Ka sekai, bolelela tsala ya gago modumo wa phologolo e le nosi e o e itseng, le gore ke phologolo efe e e dirang modumo oo.

Tirwana 4 (Buka ya Morutwana tsebe4)

Dirang ka bobedi.

Kaedi ya se se dirwang

- Tsenyeletsa setlhogo ka go tlotla le go sekaseka ditshwantsho tse di mo tsebeng ya 4. Kopa barutwana go abelana ka ditalente tsa bone le bokgoni jwa bone.
- Tlotla ka setshwantsho sengwe le sengwe ka botlalo mme o kope barutwana go neela dikai tsa kafa go balwang ka teng le go bolela maina a dipopego le mebala. A ba kgona go lemoga medumo ya diphologolo?
- Tsaya dikarabo go tswa mo barutwaneng ba ba farologaneng.

Dikarabo tse di ka tswang

Fa barutwana ba ntse ba naana dikarabo ka bobone, tsamaya-tsamaya go dikologa le go reetsa gore ba reng.

Barutwana ba araba potso ya ntlha ka molomo, ka go bolela maina a dipopego le go bolelela molekane wa bone.

2. Neela barutwana pampiri ya go thala dipopego tsa bone le go di khalara ka tsela e e siameng.

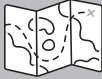
Barutwana ba bala go tloga ka nngwe go fitlha go lekgolo.

Go akaretsa le go farologanya

Dira gore barutwana ba lemoge gore bana ba bereka le go dira dilo ka lobelo lo lo farologaneng le bokgoni. Lebisa go ntlha ya gore rotlhe re tlhomologile. Thusa barutwana ba ba nang le bothata jwa go thala khutlotharo, le ba ba sokolang go bala go fitlha go lekgolo. Ba rotloetse go itshokelana, go nna masisi le go amega ka kgang eno.

Didiriswa

Ditshwantsho di bontsha:
 bana ba dira dilo tse di farologaneng;
 dibidionyana tsa modumo tsa medumo ya diphologolo;
 dipopego le mebala;
 pampiri ya go thala dipopego;
 buka ya morutwana tsebe 4
 Bukatiro 1 ya DBE, tsebe 3;
 Dikarata tsa puiso le mafoko a a tshwanelang setlhogo.

**Nako ya go batlisisa**

- Barutwana ba bolela maina a dilo dipe fela tse tharo tse ba kgonang go di dira le go abelana ka pegelo mo phaposeng.
- Fa go tlhokega, kaela barutwana ka go bolela maina a dilo di le tharo tse o ka di dirang.

Thuto ya Ikatiso ya Mmele

Dira o le esi.

Kaedi ya se se dirwang:

- Tirwana e ka wediwa barutwana ba eme fa ditafoleng tsa bone, ba le mo mmetsheng kgotsa ba le kwa ntle.
- Dirisa ikatiso ya go thuthafatsa mmele le go o tsidifatsa le barutwana.
- Fa barutwana ba sena go ithuthafatsa, ba supa tlhogo ya bone, magetla, mangole, menwana ya maoto, sefatlhego, molomo, nko, matlho le ditsebe.
- Tshameka karolwana ya pina ya 'Tlhogo, magetla, mangole le menwana', mme o bo botsa barutwana gore a ba itse pina e. Bona pegelo go tswa go bangwe ba bone kaga gore ba utlwile kae pina eno lekgetlho la ntlha.
- Barutwana ba lebelela bidio ya bana ba diragatsa pina ya 'Tlhogo, magetla, mangole le menwana'.
- Fa ba sena go lebelela bidio, tshalosetsa barutwana ka tirwana.
- letla gore setlhopho se se farologaneng sa barutwana se bontshe gore e dirwa jang mo phaposing.

Tirwana

Barutwana ba tla ithuta kaga dikarolo tse di farologaneng tsa mmele ka go opela pina 'Tlhogo, magetla, mangole le menwana' fa ba ntse ba diragatsa se se dirwang.

Sekai sa lenaanetlholo

| Leina la morutwana | Tlhogo | Magetla | Mangole | Menwana |
|--------------------|--------|---------|---------|---------|
| John Doe | ✓ | × | ✓ | ✓ |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Ke tshwana le ditsala tsa me ka eng?

LB Ke tsebe 5

- Bontsha setshwantsho mo botong mme o ba botse gore a ba lemoga sepe fela se se tshwanang kaga batho/bana ba ba mo setshwantshong.
- Tlotla ka dilo tse di tshwanang.
- Ba botse gore a go na le sengwe se se tshwanang kaga barutwana bape fela mo phaposing (nna bosisi fa o tlhopha gore ke barutwana bafe ba o kopang gore ba ba lebe). Umaka gore botlhe ba batla ba lekana kgotsa ba siana ka dingwaga mme akanyetsa barutwana ba ba boeletsang mophato. Lebisa gape go kafa rotlhe re tlhomologileng ka teng le go dira dilo ka lobelo lo lo farologaneng le gore re na le bokgoni jo bo farologaneng.

Tirwana 5 (Buka ya Morutwana tsebe 5)

Dirang ka bobedi.

Kaedi ya se se dirwang

- Buisa dikai tse di mo tsebe 5 kaga dilo tse di ka tshwanang fa gare ga ditsala tse pedi. Naya barutwana sebaka sa go akanya gore ba bona eng.
- Barutwana ba ka kgona go tsenya letsogo mo motlotlong; le fa go ntse jalo, ba kope gore ba reetse dikai pele ga ba ka bua mo ditlhopheng tsa bone tsa ka bobedi ka bobedi.
- Bala dipotso ka bongwe ka bongwe.
- Ka bobedi ka bobedi, barutwana ba a refosana go araba. Barutwana ka bobedi ba ka nna ba araba dingwe tsa dipotso.
- Neela barutwana nako ya gore ba arabe dipotso.
- Tsamaya go dikologa fa barutwana ntse ba bereka ka bobedi ka bobedi mme o tlhophe barutwana gore ba abelane ka pegelo mo phaposing (barutwana ba ba farologaneg ba neele pegelo).

Dikarabo tse di ka tswang

1. Barutwana ba neela dikarabo tsa bone tsa potso nngwe le nngwe.
2. Fa ba le mo tirwaneng, kopa barutwana pegelo kaga dikarabo.

Go akaretsa le go farologanya

Nna o dikologe mo phaposing mme o thuse barutwana, mo go tlhokegang gone. Rotloetsa leloko lengwe le lengwe la ka bobedi ka bobedi go tsaya karolo mo tirwaneng e.

Kgweditsho 1

Didiriswa

Ditshwantsho kaga bana kgotsa batho go bontsha gore re ka kgona go nna le diponagalo tsa sebopego/sefatlhego tse di tshwanang;

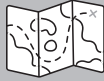
Buka ya Morutwana ke tsebe5

Bukatiro 1 ya DBE, tsebe 3;

Dikarata tsa puiso tse di nang le mafoko a a tshwanelang setlhogo

-

Ke farologana jang le ditsala tsa me



Nako ya go utulola

LB tsebe 6

- Barutwana ba leba setshwantsho mo Bukeng ya Morutwana mo ke tsebe6 mmogo le Bukatiro 1 ya Molagodimo ya DBE1, tsebe 8 le 9.
- Kopa barutwana go tlhalosa gore ba bone eng. Ba fe nako ya go akanya ka sone.
- Tlotlang ka dipotso. Buisetsa potso nngwe le nngwe kwa godimo mme o letle barutwana go tlotla ka yone le dithaka/tsala tsa bone.
- Ba botse gore go na le pharologano efe gareng ga bone le tsala tsa bone.
- Tsaya pegelo ya dipotso di le tharo go tswa mo ditlhopheng tse di farologaneng
- Tsamaya go dikologa fa barutwana ba ntse ba tlotla mmogo.

Dikarabo tse di ka tswang

1. Basimane ka bobedi ba na le moriri o montsho, letlalo le le ntsho, mme ka bobedi ba na le dingwaga di le supa. (Amogela ope fela, kgotsa karabo epe fela e nngwe e e tshwanetseng.)
2. Mosetsana o na le moriri o o mokhutshwane, o o matshophe o o mohibidu, mme mosetsana yo mongwe o na le moriri o o moleele o o mosetlha.
3. Apole e nngwe e tala, mme apole e nngwe e khibidu.
3. Nnyaa, mosimane wa Mo-India o rata go tshameka metshameko mme mosimane wa Mo-China o rata go buisa.

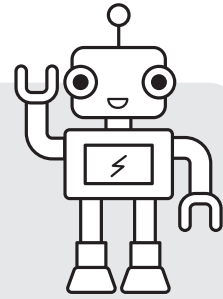


Mafoko a masha/tlotlofoko e tshwanetse go bonala mo barutwaneng.

Ba bontshe dikai/ditshwantsho tse ba ka kgonang go di leba fa go kgonegang gone.

- **farologaneng** – fa sengwe se sa tshwane le tse dingwe
- **aterese** – lefelo le o nnang kwa go lone

Metshameko



Motshameko wa go Tsenya Dikhoutu le Diroboto

Mo Dikhoutung le Diroboto, barutwana ba tshwanetse go ithuta go latela ditaelo tse di latelanang. Tirwana eno e thusa barutwana go latela ditaelo tse di neetsweng. Tlhalosetsa barutwana gore 'pele', 'morago', 'molema' le 'moja' di raya goreng, mme o ba bontshe gore di dirwa jang.

Barutwana ba bereka ka bobedi ka bobedi mme ba dira se se latelang:

- Lebana le molekane wa gago mme o dire se se dirwang lo le mmogo.
- Ema o tlhamaletse e bile o le moleele, jaaka roboto.
- Tsholeletsa matsogo a gago mo godimo ga tlhogo ya gago.
- Sutisetsa matsogo a gago fa godimo ga magetla.
- Sutisetsa matsogo a gago kwa morago mo matlhakoreng a gago.
- Tsaya kgato e le nosi go ya kwa pele.
- Tsaya kgato e le nosi go ya kwa morago.
- Tsaya kgato e le nosi go ya kwa molemeng.
- Tsaya kgato e le nosi go ya kwa mojeng.
- Tshikinya mmele otlhe wa gago jaaka e kete o dirilwe ka jeli.

A re bone

Buka ya Morutwana tsebe 7

- Eno ke tlhathobo e e sa tthomamang e e dirwang kwa bokhutlong jwa setlhogo.
- Tsamaya go dikologa fa barutwana ba ntse ba dira tlhathobo.
- Fa morutwana a ka palelwa ke go kwala karabo fa fatshe, mo neye tshono ya go bua dikarabo ka molomo.
- Fa morutwana a sa kgone go araba dingwe tsa dipotso, kaela le/kgotsa neela morutwana tshedimosetso e e siameng, e e jaaka dingwaga tsa gagwe, letlha la botsalo (letsatsi le kgwedi).
- Didiriswa: Neela barutwana thempoleite gore ba e tlatse. Barutwana ba tla tlhoka dikheraeyone/mebala go fetsa dilo tse ba di thala.

Dikarabo tse di ka tswang

1. Barutwana ba kwala leina le sefane tsa bone.
2. Barutwana ba bolela dingwaga tsa bone ka dinomore.
3. Barutwana ba kwala letlha la bone la matsalo. (Ngwaga ga e tlhokege.)
4. Barutwana ba kwala aterese ya bone: nomore ya ntlo le mmila.
(Motsesetoropo ga o tlhokege. Fa morutwana a nna mo bolokong ya difoete, kopa nomore ya foete le leina la mmila.)
5. Karabo ya morutwana. Ba ka bolela leina la selo sepe fela se ba itumelelang go se dira.
6. Barutwana ba terowa setshwantsho sa bone le ditsala tsa bone.

Rubiriki ya go tlhathoba tirwana: Dira tlhathobo e e sa tthomamang mo barutwaneng ba ba dirang ba le esi

| Morutwana o ne a kgona go: | ✓ | ✗ |
|---|---|---|
| thala difatlhego di le pedi tse di farologaneng | | |
| akaretsa mmala wa moriri | | |
| akaretsa mmala wa matlho | | |
| kwala dingwaga tsa gagwe ka dinomore. | | |

Pampiritiro 1: Ka ga me



| | |
|------------------|--------|
| Leina le sefane: | |
| Mophato: | Letha: |

Ka ga me

Thala setshwantsho mo blokong
nngwe le nngwe.

Phologolo e ke e ratang
thata

Leungo le ke le ratang
thata

Setshamekisi se ke se
ratang thata

Motshameko o ke o
ratang thata

Setlhogo 2 Kwa sekolong

| Karolo ya thuto | Kwa sekolong |
|------------------------------------|---|
| Nako ya go ruta | Diura tse 6 |
| Didiriswa tse di atlanegisits-weng | Buka ya Morutwana; dimakasine; dikere; sekgomaretsi; pene/ diphensele; Bukatiro 1 ya Molagodimo ya DBE; dikarata tsa puiso; dikarata tsa puiso le mafoko a a tlileng go manegwa mo leboteng. |
| Matswela a thuto | Kwa bokhutlong jwa setlhogo seno, barutwana ba tshwanetse ba bo ba kgona go: <ul style="list-style-type: none"> • Bolela leina la sekolo. • Bolela leina la morutabana. • Bolela leina la mogokgo. • Bona gore ke mafelo afe a a botlhokwa go dikologa sekolo. • Lemoga mafelo ano mo mmepeng wa seketšhe. • Ba iterowa ba apere diaparo tsa sekolo. • Tlhalosa se ba se dirang letsatsi le letsatsi kwa sekolong. |
| Dikgono | <ul style="list-style-type: none"> • Lemoga • Tlotlo • Itshokelano • Lemoga sekolo le melao ya phaposi |
| Kitso | Maina a sekolo, mogokgo le morutabana Itse se se dirwang letsatsi le letsatsi kwa sekolong Melao le boitshwaro |
| Boleng | <ul style="list-style-type: none"> • Tlhokomela mme o supe • Tlotla bankane ba gago le barutabana • Puisano le dithaka le barutabana • Botsa dipotso le ditharabololo • Tlotlo • Itshokelano • Go tlhaloganyana |
| Boikutlo | Boikutlo jo bo siameng ka tikologo ya phaposiborutelo/sekolo |
| Kitso ya tshimologo | Barutwana ba tshwanetse go tlhaloganya gore go na le melao le ditsela tsa go dira dilo kwa sekolong e re ka ba ntse ba le kwa keretšhe. Barutwana ba tshwanetse go itse gore go lebeletswe boitshwaro jo bo rileng kwa sekolong. |

Kgweditharo 1

| | |
|--|---|
| Dipotso tse di tseleletseng tse di dirang gore o akanye | <p>Leina la sekolo sa gago ke mang?</p> <p>O mo mophatong ofe?</p> <p>Ke mang yo o nnang gaufi le wena mo phaposing?</p> <p>O tla fitlhela kae ofisi ya sekolo?</p> <p>A ofisi ya mogokgo e gaufi le ofisi ya sekolo?</p> <p>A o tlhoka go tsamaya sekgala go ya kwa lebaleng la motshameko?</p> |
| Kopanyo | <p>Puo ya gae: Go reetsa le go bua: Puo e e baakanyeditsweng le e e sa baakanyediwang: Go bolelelang dikgopolo le maitemogelo le go bontsha go tlhaloganya dikgopolo, Go kwala dipolelo.</p> <p>Dipalo: Go bala</p> <p>Go dira dikhouto le Thutoroboto: tlwaelo – dilo di rulagantswe jang ka thulaganyo e e lolameng</p> |
| Mokgwa wa go ruta | Puisano, pontsho, taelo, go botsa dipotso, tlhatlhobo e e tlhomameng |
| Tlhatlhobo | Dirisa go ela dilo tlhoko go tlhatlhoba barutwana ka nosi ka nako ya ditirwana tse. Tlhatlhobo e tshwanetse go nna e e sa tlhomamang le e e tswelelang pele. |
| Rubiriki | Ditsebe tsa tlhatlhobo e e sa tlhomamang go ditsebe 5 le 10 |

A re simolole

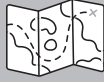
Go simolola letsatsi la rona kwa sekolong – LB tsebe 9

Tlhalosetsa barutwana gore ba tla ithuta kaga sekolo sa bone, se ba se dirang letsatsi le letsatsi le gore o tla bona kae mafelo mo sekolong.

- Botsa barutwana gore ba bona eng fa ba tsamaya mo hekeng ya sekolo.
- Ba botse gore ba dirang fa ba fitlha kwa sekolong.
- Morago ga potso nngwe le nngwe, tsaya ditsibogo di le mmalwa go tswa go barutwana ba mefutafuta.
- Morago ga moo kopa barutwana go leba setshwantsho mo tsebeng ya 8 ya LB.
- Ba kope gore ba lebe sengwe le sengwe se se diregang mo setshwantshong.
- Ela tlhoko gore sekolo se se mo setshwantshong se ka nna sa seka sa lebega jaaka sekolo sa barutwana.
- Nna bosisi mo barutwaneng.

Buisetsa potso nngwe le nngwe kwa godimo mme o nopole ditsibogo go tswa go barutwaba ba mefutafuta.

1. O bona eng mo pele ga dikago tsa sekolo? (Dikarabo ga di na go tshwana)
 - Leina la sekolo – Sekolo se se Potlana
 - Bana ba a goroga kwa sekolong
 - Bana bangwe ba emetse ditsala tsa bone
 - Bana ba apere diaparo tsa sekolo/yunifomo (yunifomo: lefoko le le ntšha le le tshwanetseng go bonala sentle mo barutwaneng)
2. Barutwana ba dira eng fa ba tsena kwa sekolong moso mongwe le mongwe? (Dikarabo ga di na go tshwana.)
 - Seno se tla lebega se farologane kwa sekolong sengwe le sengwe go ikaegile ka tsela ya go dira dilo ya sekolo. Ka sekai: barutwana ba ya kwa phaposiborutelong, ba pakolola dikgetsana tsa bone, ba buisa dibuka, ba tshameka mo lebaleng la motshameko. Akaretsa gore bana ba ya kwa phaposiborutelong ya bone le go pakolola dikgetsana tsa bone.
 - Fa barutwana ba sa umake ditsela tsa go dira dilo tsa sekolo, dirisa dipotso tsa go fata kang, tse di jaaka: Re dirile eng mo mosong ono?
 - Botsa barutwana gore go diragalang fa tshipi e lela.
3. O ya sekolong ka nako efe ya letsatsi? (Dikarabo ga di na go tshwana.)
 - Sekolo se simolola mo mosong thata.
 - Bana bangwe ba gorogo mo mosong thata, ka gonne batsadi ba bone ba ba sia mo sekolong fa ba le mo tseleng e e yang tirong. Bana ba bangwe ba ka nna ba goroga thari kwa sekolong ka ntlha ya mabaka a a farologaneng (sepalangwa sa botlhe, pharakano, mathata a kwa gae).
 - Botsa gore a go na le mongwe yo o itseng gore o isiwa nako mang kwa sekolong.



Nako ya go batlisisa

O rata eng ka sekolo sa gago?

- Barutwana ba bolele gore ke eng se ba se ratang ka go ya sekolong.
- Naya barutwana nako ya go akanya mme o tseye ditsibogo tsa barutwana ba mefutafuta.
- Fata barutwana ba ba ikobonyang go araba; ba ka nna ba bolelela tsala e e gaufi le bone.



Mafoko a masha/tlotlofoko e tshwanetse go bonala mo barutwaneng.

Ba bontshe dikai/ditshwantsho tse ba ka kgonang go di leba fa go kgonegang gone.

- **sekolo** – kwa motho a yang, go ithuta
- **morutwana** – mongwe yo o tsenang sekolo
- **diaparo tsa skolo** – diaparo tse di aparwang kwa sekolong

Tirwana 1 (Buka ya Morutwana tsebe 9)

Dira o le esi.

Kaedi ya se se dirwang

- Kopa barutwana botlhe go ema le go leba go dikologa phaposi.
- Mongwe le mongwe o apere eng? Rotloetsa go dirisiwa ga lefoko.
- Tlolla ka mmala wa diaparo ya sekolo.
- Tlhalosa gore ba tla bereka ka bobone.
- Ba tshwanetse go iterowa ba apere diaparo ya bone ya sekolo.
- Kafa tlase ga setshwantsho, ba tshwanetse go kwala leina la sekolo sa bone.
- Bontsha leina la sekolo ka ditlhaka tse di kgolo tse dintsho mo botong.

Dikarabo tse di ka tswang

1. Dikarabo ga di na go tshwana. Mmala wa diaparo o tshwanetse go nyalana thata.
2. Leina la sekolo sa bone

Go akaretsa le go farologanya

Go akaretsa

Tsamaya go dikologa mme o tthomamise gore barutwana botlhe ba bua kaga se ba se ratang ka sekolo. Thusa ba ba tlhokang kaelo e e oketsegileng.

Nna bosisi go barutwana ba ba ka tswang ba na le bothata jwa go bona kgotsa ba ba sa kgoneng go bona mebala.

Go farologanya

Dikolo dingwe ga di apare diaparo, ka gone barutwana bao ba tshwanetse go iterowa ba apere se gantsi ba se aparang kwa sekolong.

Elatlhoko barutwana ba ba ka tswang ba sena diaparo e e feletseng ya sekolo.

Didiriswa

Buka ya Moithuti; diphousetara le ditshwantsho, dikheraeyone/mebala;

Dikarata tsa puiso tse di nang le mafoko a a tshwanelang setlhogo

Rubiriki ya go tthatlhaba tirwana: Dira tthatlhabo e e sa tthomamang mo barutwaneng ba ba dirang ba le esi

| Barutwana ba ne ba kgona go: | ✓ | ✗ |
|---|---|---|
| iterowa ba apere diaparo ya sekolo/se ba se aparang | | |
| kwala leina la sekolo sa bone. | | |

Botsweretshi jwa Tiragatso

Dirang lo le setlhopha.

Kaedi ya se se Dirwang:

- Barutwana ba tla dira e le setlhopha.
- Nna bosisi mo barutwaneng ba ba ka tswang ba na le bogole jwa mmele/dikgoreletsi/ba ba sa kgoneng go suta thata.
- Tirwana eno e ka direlwa mo teng kgotsa kwa ntle go ikaegile ka sebaka.
- Dirisa ikatso ya go thuthafatsa mmele le go o tsidifatsa le barutwana.

Tirwana

Barutwana ba tla bo ba thuthafatsa dikarolo tse di farologaneng tsa mmele.

- Tlhalosetsa barutwana ka tirwana mme o ba bontshe gore e dirwa jang. Dirisa barutwana ba le mmalwa go dira pontsho e (barutwana ba ba farologaneng).
- Tlhalosa gore o lebeletse eng mo go bone Ka sekai, go lela ga phala gangwe go raya gore simolola, go letsa phala gabedi go raya gore ema.
- Barutwana botlhe ba tshwanetse go ema ba na le sebaka se se lekaneng go ba dikologa, bobotlana bolelele jwa letsogo go tswa mo morutwaneng yo mongwe.
- Barutwana ba supa dikarolo tsa bone tsa mmele: mangole, magetla, ditokololo, matsogo, maoto, molomo le nko.
- Kopa barutwana gore ba goge mowa kwa teng le go ntshetsa kwa ntle; ka dinko tsa bone mme ba o ntshe ka molomo. Ba tshwanetse go utlwa mafatlha a bone a buduloga. Magetla a bone ga a tshwanela go suta.
- Barutwana ba oba mangole a bone mme morago ga mo ba ema ba tlhamaletse. Boeletsa seno ka makgetlo a le mmalwa. Barutwana ba tsamaisa ditokololo tsa bone tsa diatla ka go di dikolosa, ba latlhela diatla tsa bone kwa pele le kwa morago, ba latlhela seatla sa molema le sa moja. Elatlhoko gore ke mang yo o kgonang go farologanya gareng ga molema le moja, ke mang yo o sokolang go latela ditaelo le gore ke mang a sokolang ka go tirisano mmogo.
- Barutwana ba nna fa fatshe ba bo ba ema gape.
- Fa barutwana ba setse ba kgona go dira metsamao yotlhe, ba letle gore ba goge mowa kwa teng ka makgetlonyana.
- Tshameka 'Simon a re' mme o boeletse sotlhe se se dirwang/metsamao.
- Ikhutseng fa lo sena go dira jalo.

Leina la sekolo, morutabana le mogokgo

Tirwana 2 (Buka ya Morutwana tsebe 10)

Dirang lo le sethlopha.

Kaedi ya se se dirwang

- Fa o rutwa setlhogo seno dirisa tlhatlogo (go neela barutwana tshegetso ka iketlo le go ba letla go ithuta ba ikemetse ka nosi) ka gonne barutwana ba tla bo ba ithuta mafoko a masha a ba tshwanetseng go a gakologelwa ke mophatong o o latelang.
- Tlotla la barutwana kaga se ba se bonang mo tsebeng ya 10.
- Ba botse gore ba akanya gore go direga eng mo setshwantshong.
- Go na le sethlopha sa mawelana a a tshwanang a a gorogang e le letsatsi la bone la ntlha kwa sekolong sa Sekolo se se Potlana. Ke mang yo o dumedisang rraabone ka seatla?
- Balela phaposi mokwalo o o tthalosang.
- Ba tthalosetse gore ba tlile go araba dipotso mo ditlhopheng tsa bone.
- Buisetsa dipotso kwa godimo e le nngwe ka nako. Neela barutwana nako ya gore ba tlotle. Tsamaya go dikologa fa barutwana ba nse ba tlotla ka dikarabo.
- Amogela dikarabo tsa barutwana ba ba farologaneng.
- Rotloetsa barutwana ba ba sa tseyeng karolo.

Dikarabo tse di ka tswang

1. Rre Mpho ke mogokgo wa sekolo.
2. Mme PELOENG ke morutabana wa bone.
3. Mogokgo o tlhokomela sekolo mme o tlhomamisa gore sekolo se tsamaisiwa ka tshwanelo.

Go akaretsa le go farologanya

Go akaretsa

Tlhomamisa gore barutwana ba newa tshono ya go tsaya karolo mo motlotlong. , segolo jang barutwana ba ba ditlhong kgotsa ba ba tsayang nako go ka itlhalosa.

Go farologanya

Gakologelwa gore go tla bo go na le barutwana ba ba farologaneng mo phaposing. Amogela dipharologano magareng ga bana ka go dumela, go tlotla le go itshokela dipharologano tseo.

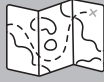
Dirisa inthanete le/kgotsa dimakasine go bona ditshwantsho tsa pharologano e e mo phaposisiborutelong.

Didiriswa

Buka ya Morutwana;

Kopa mogokgo wa gago gore a etele bana le go tthalosa gore ba dira eng mo letsatsing la bone; dikarata tsa puiso tse di nang le mafoko a a tshwanelang setlhogo;

Ga e patelediwe: Pampiritiro kwa bokhutlong jwa setlhogo



Nako ya go batlisisa

Botsa barutwana:

- Leina la mogokgo yo o mo setshwantshong ke mang mo tsebeng ya 11 ya Buka ya Morutwana?
- Fa ba itse leina la mogokgo, botsa gore:
- Leina la morutabana wa gago ke mang?
- Amogela dikarabo tsa barutwana ba ba farologaneng.

mafoko a tlotlofoko a tshwanetse go bonala sentle mo barutwaneng ba bontshe dikai/ditshwantsho tse di lejang

- **mogokgo** – motho yo o ikarabelang mo sekolong
- **morutabana** – motho yo o thusang barutwana go ithuta



O fithela kae mafelo a a farologaneng mo sekolong

LB tsebe 11

Botsa barutwana:

- Ofisi e kwa kae?
- Matlwana a boithusetso a a fa gaufi thata a kwa kae?
- Tsaya ditsibogo go tswa go setlhophu se se farologaneng sa barutwana (bobotlana ditsibogo di le pedi tsa potso nngwe le nngwe).

Kaedi ya se se dirwang

Bolelela barutwana gore ba lebe setshwantsho mo Bukeng ya Morutwana mo tsebe 11.

Tlhalosa gore ke mmepe wa tlhaloganyo.

Tlotla ka mmepe wa tlhaloganyo. O bontsha mafelo a a farologaneng go dikologa sekolo. Dirisa setshwantsho o bo o kopa barutwana go supa dikarolo tse di fa tlase.

- Lefapha la thuso
- Ofisi ya mogokgo
- Matlwana a boithusetso
- Phaposiborutelo
- Holo
- Lebala la motshameko

Amanya mafelo ano le mafelo a a dikologileng sekolo sa lona.

Botsa barutwana gore ba tla bona kae mafelo ano mo sekolong sa bone.

Bona tetla ya go bontsha barutwana go dikologa sekolo.

Dikarabo tse di ka tswang

Seno ke motlotlo, mme dikarabo di tla farologana go ya ka gore sekolo se eme jang.

Go akaretsa le go farologanya

Go akaretsa

Barutwana bangwe ba ka nna ba sokola go tsamaisana le se ka ntlha ya bogole jo bo rileng mo mmeleng.

Go farologanya

Barutwana ba ba nang le bogole ba tlhoka go ikutiwa ba akarediwa mo go farologaneng ga bone.

Dirisa thuto eno go bua kaga pharologano mo dikolong le kafa dilo di nang le meago e e farologaneng ka teng.

Didiriswa

Buka ya Morutwana;

Tsaya loeto le barutwana lwa go ba bontsha sekolo;

Fa di le teng, bontsha mmepe wa tlhaloganyo mo botong e e tshweu kgotsa porojektara.



Nako ya go utulola

LB tsebe 12

Dirang lo le setlhophha.

- Tlhalosetsa barutwana gore ba tliile go tsaya loeto go ralala sekolo. Ba tshwanetse ba bala gore go ba tsaya dikgato di le kae go fitlha kwa lefelong lengwe le lengwe.
 - Mo setlhophheng sengwe le sengwe, tlhophha morutwana yo o tla gakologelwang gore go badilwe dikgato di le kae.
 - Mo ditlhophheng tsa bone, ba tshwanetse go bala dikgato tsa bone ka buela kwa tlase.
 - Buisa taelo ya ntlha, boela kwa phaposing mme morago ga moo go latela taelo e e latelang.
1. Bala gore ke dikgato di le kae go ya kwa kantorong ya mogokgo.
Fa lo sena go boela kwa phaposing morutwana yo o tlhophilweng o bega gore ke dikgato di le kae tse di badilweng.
 2. Bala dikgato tsa go ya kwa ntlwaneng ya boithusetso.
Fa lo sena go boela kwa phaposing morutwana yo o tlhophilweng o bega gore ke dikgato di le kae tse di badilweng.
 3. Kwala dikgato fa fatshe.
Ditlhophha di kwala gore ke dikgato di le kae tse di badilweng mo sengwe le sengwe.
 4. Ke lefelo lefe le le nang le dikgato tse di ntsi: go ya kwa kantorong ya mogokgo kgotsa dikgato tsa go ya kwa ntlwaneng ya boithusetso?
Barutwana ba neela pegelo ka molomo ya nngwe le nngwe ya dipotso.

Thusa barutwana go bala dikgato. Barutwana ba tla tlhoka go tsenyeletsa bokgoni jwa bone jwa dipalo go dira tirwana eno. Barutwana ba ka nna ba tswa ba badile dikgato sentle, mme ba tlhoka go tlhologanya gore lefelo lengwe le lengwe le bokgakala jo bo kae kgotsa le gaufi go le kae.

mafoko a tlotlofoko a tshwanetse go bonala sentle mo barutwaneng ba bontshe dikai/ditshwantsho tse di lejang

- **phaposiborutelo:** phaposi mo sekolong e dithuto di direlwanang mo go yone
- **lebala la motshameko:** lefelo le go tshamekelwang mo go lone kwa ntle



Se se dirwang gale le gale mo phaposiborutelong le melao

- Ke eng se o se dirang sa ntlha fa o tsena mo phaposing?
- A sa ntlha o tshameka kwa ntle?
- A sa ntlha o ja dijo tsa rona tsa motshegare?
- Tsaya ditsibogo go tswa mo barutwaneng ba ba farologaneng go bona gore a ba itse se ba se dirang sa ntlha, sa bobedi, se se latelang. Ba letle gore ba bope se se dirwang gale le gale mo letsatsing. Ba fate gore o bone tatelano e e siameng.

Tirwana 3 (Buka ya Morutwana ditsebe 14)

Dirang ka bobedi.

Kaedi ya se se dirwang

- Tlhalosetsa barutwana gore ba tla bo ba dira le balekane ba bone.
- Lebelela ditshwantshiso tse di mo Bukeng ya Morutwana mo tsebe 14. Ba botse gore ba bona eng.
- Barutwana ba tlotla le balekane ba bone. Tsaya ditsibogo go tswa go ditlhophadi di le mmalwa tsa ka bobedi ka bobedi.
- Tlotla kafa se ba se dirang gale le gale se farologanang ka teng le ditshwantshiso tse di mo tsebeng ya 14.
- Barutwana ba baya dinomere tsa tirwana tsa gore e diragetse leng mo letsatsing.
- Neela sekai (nomere ya 10) mo botong.
- Tsamaya go dikologa fa barutwana ba dira tirwana. Thusa barutwana bape fela ba ba sokolang.

Dikarabo tse di ka tswang

Nako ya go ya gae – 10

Tlhomang mola – 5

Pakolola beke ya me – 1

Dijo tsa motshegare – 8

Dumedisa morutabana wa me – 6

Kgwagetsa beke ya me – 2

Tshipi e a lela – 4

Nako ya lebala la motshameko – 3

Tiro ya mo mmetsheng – 9

Simolola go dira – 7

Go akaretsa le go farologanya

Go akaretsa

Baya barutwana ba ba kgonang go laola sentle mesifa ya mmele mmogo le barutwana ba ba tlhokang go ikatisa le go feta.

Go farologanya

Gakologelwa go nna le lebokoso la seteishenari la barutwana ba ba sa tlang le seteishenari. Tlhomamisa gore phaposi e rulagantswe ka dipharologano tsa barutwana le bong ba ntse ka go bapa. Gape akanyetsa bokgoni jwa bone jo bo farologaneng fa o aba barutwana.




Bua kaga pharologano mo letsatsing la sekolo. Dikolo dingwe di na le dilo tse di dirwang gale le gale tse di farologaneng.

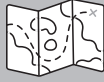
Didiriswa

Buka ya Morutwana; Bukatiro ya DBE, tsebe 12, tsebe 16 le 17; dimakasine; dikere; sekgomaretsi; dikheraeyone/dipensele

Go botoka, fa tirwana eno e ka nna ya mofuta wa bukatiro e barutwana ba e segang le go e manega ka tatelano e e siameng mo dibukatirong tsa bone.

Ruburiki e ya thathobo e e sa tlhomamang: Thatlhoba barutwana ba ba berekang ka sebedi o sa latele thulaganyo epe

| Murutwana o ne a kgona go: |  |  |  |
|---|---|---|---|
| Go baya dilo tse di dirwang gale le gale letsatsi le letsatsi ka tatelano | | | |



Nako ya go batlisisa

Buka ya Morutwana tsebe 14

Botsa barutwana: Ke mang yo o itseng gore melao ke eng?

Dirisa dikai: tlhopha barutwana gore ba tshameke karolo, (dikai di ka farologana go ikaegile ka melao ya phaposi ya gago):

1. Kopa baithuti gore ba goeletse, “Morutabana, morutabana’, fa mongwe a ntse a bua. A seno se supa bopelonomi le maitseo? A o letleletswe go dira seno mo phaposing?
2. A o letleletswe go tswa mo phaposing nako epe fela fa o batla?
3. A o ka ya kwa godimo le kwa tlase kwa motomong go ya go lootsa pensele ya gago?

Tlotla ka melao ya phaposi e barutwana ba tshwanetseng go e itse. Melao ya phaposi e tshwanetse go bonala sentle mo phaposing.

Botsa le go amogela pegelo ya barutwana ba ba farologaneng.

1. A phaposiborutelo ya gago e na le melawana?
2. Naya e le **mebedi** ya melawana ya phaposiborutelo ya gago e e beilweng ke morutabana.
Boeletsa melao ya phaposi. Akaretsa barutwana ba bantsi ka mo go kgonegang gore ba neele pegelo.
3. *Letla barutwana go oketsa melao e e leng teng ya phaposi. Seno se tla ba letla gore ba nne ba ikarabelele le go rwala maikarabelo.*

mafoko a tlotlofoko a tshwanetse go bonala sentle mo barutwaneng ba bontshe dikai/ditshwantsho tse di lejang

- **ka gale** – go dira sengwe ka tsela e e tshwanang letsatsi le letsatsi
- **melawana** – gore motho kgotsa batho ba tshwanetse go itshwara jang



Thuto ya Ikatiso ya Mmele

Dirang lo le setlhopha.

Kaedi ya se se dirwang:

- Kgaoganya phaposi ka ditlhopha di le nne go ikaegile ka palo ya barutwana.
- Dira gore ditlhopha di nne barutwana ba ba farologaneng go ya ka bong, lotso le bodumedi.
- Nna bosisi mo barutwaneng ba ba ka tswang ba na le bogole jwa mmele/dikgoreletsi/ba ba sa kgoneng go suta thata.
- Tirwana e tshwanetse go direlwa kwa ntle.
- Kokoanya didiriswa: ditopo tse dikgolo, megala ya go tloatlola le tshoko. Rulaganya ditirwana kwa mafelong a a farologaneng. Paka di-skittle di katogane ka boleleele jwa matsogo a le mabedi; baya megala ya go tlola kgati fa fatshe; terowa mola o o tlhamaletseng fa fatshe ka tshoko.
- Dirisa phala kgotsa sedirisiwa sengwe se se tshwanang le seo go itsise barutwana fa e le nako ya go simolola le ya go fetsa.
- Dirisa ikatiso ya go thuthafatsa mmele le go o tsidifatsa le barutwana.

Tirwana

Barutwana ba tla balansa mo moleng o o tlhamaletseng, le mogala wa go tlola kgati, leoto le lengwe le le kwa pele ga le lengwe. Go tsamaela kwa morago le kwa pele go dikologa ditopo tse dikgolo, go tla ditopo tse dikgolo. Go tloatlola ka leoto le le nosi, go refosanya maoto; go farologanya gareng ga molema, moja, kwa pele le kwa morago.

- Tlhalosetsa barutwana ka tirwana eno mme o ba neele dikai.
- Dirisa barutwana ba le mmalwa go dira pontsho e (barutwana ba ba farologaneng).
- Tlhalosa gore o lebeletse eng mo go bone: Ka sekai: go lela ga phala gangwe go raya gore simolola, go lela ga phala gabedi go raya gore ema.
- Ikatise le barutwana botlhe. Morago ga moo ditlhopha di refosanya ka mafelo. Elatlhoko kgatelopele ya barutwana mo mafelong a a farologaneng.
- Ditlhopha tsotlhe di tshwanetse go nna le tshono ya go ya mo mafelong otlhe.
- Ga e patelediwe: Dirisa lenaanetlholo go kokoanya tshedimosetso.

Ke ya jang sekolong?

LB ditsebe 15 le16

- Botsa barutwana: A rotlhe re tsamaya ka dinao go ya kwa sekolong? A rotlhe re palama dibaesekele tsa rona go ya sekolong?
- Kgomaretsa ditshwantsho/bontsha ditshwantsho tsa dijithale tsa koloi, barutwana ba tsamaya ka dinao, tekisi, bese le baesekele.
- Botsa barutwana gore ba tla ka eng mo sekolong.
- Amogela pegelo ya barutwana ba ba farologaneng ba le mmalwa.

Tirwana 4 (Buka ya Morutwana tsebe 16)

Dirang lo le sethlopha.

Kaedi ya se se dirwang

- Barutwana ba tlotla ka kafa ba tlang ka teng kwa sekolong.
- Bala gore ke barutwana ba le kae: ba ba tlang ka tekisi, ba ba tlang ka koloi, ba ba palamang baesekele go tla sekolong le ba ba tsamayang ka dinao go tla sekolong.
- Kwala dipalogotlhe mo botong gaufi le setshwantsho se se tshwanelang.
- Barutwana ba leba ditshwantshiso mo tsebeng ya 16 ba bo ba tlotla ka se ba se bonang.
- Buisetsa barutwana mafoko a a tlhalosang ditshwantsho.
- Botsa dipotso tse di jaaka: Meiki o ya jang sekolong? Sipho le James ba ya jang sekolong?
- Tswelala ka go tlotla ka ditshwantshiso tse di mo tsebeng ya 16 mme o dirise maina a barutwana e le gore phaposi e amanye mokgwa wa sepalangwa le leina la morutwana/morutabana.
- Amogela dikarabo tsa barutwana ba ba farologaneng.
- Tlhalosetsa barutwana tirwana. Ba kwala dikarabo mo dibukeng tsa bone tsa go kwalela.

Dikarabo tse di ka tswang

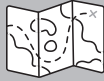
1. Hlonelwa le Buhle ba tsamaya le rraabone ka koloi ya gagwe.
2. Kgosi o ya sekolong ka bese.
3. Sipho le James ba tsamaya ka dinao go ya sekolong.
4. Meiki o tsamaya ka baesekele go ya sekolong.
5. Frances, Josh le Kaylee ba tsayama ka tekesi go ya sekolong.

Go akaretsa le go farologanya

Akanyetsa kafa bana ba tlang sekolong ka teng. Rotloetsa barutwana botlhe go tsaya karolo mo metlotlong e e simololang. Barutwana ba tshwanetse go dirwa gore ba ikutlwe ba gololosegile go ikaegile ka mofuta wa bone wa sepalangwa. Tsamaya go dikologa le go thusa barutwana fa ba kwala dikarabo mo bukatirong.

Didiriswa

Buka ya Morutwana; seteishenari le bukatiro; porojektara/boto e tshweu kgotsa ditshwantsho tse di gatisitsweng tsa mefuta e e farologaneng ya dipalangwa; Bukatiro 1 ya Molagodimo ya DBE, tsebe 18.



Nako ya go batisisa

Kopa morutwana mongwe le mongwe gore a bolelele tsala ya gagwe gore o tla jang kwa sekolong.

Laela barutwana go reetsa ka kelotlhoko karabo e e neelwang ke molekane wa bone.

1. Wena o ya jang sekolong?

Kopa molekane mongwe le mongwe go bolela gore tsala ya gagwe e tla jang kwa sekolong.

2. Ke ditsela dife tse dingwe tse barutwana ba kgonang go di dirisa go tla kwa sekolong?

Go ikaegile ka ditsibogo, botsa barutwana gore a go na le ope fela yo o tlang kwa sekolong a dirisa sepalangwa se se farologaneng se se seyong mo botong (lebisa go ditshwantsho tse di mo botong: baesekele, koloj, bese, koloj, tsamaya ka maoto). Karabo e e ka tswang e tshwanetse go nna terena.

A re bone

Buka ya Morutwana tsebe 17

- Eno ke tlhatlhobo e e sa tlhomamang e e dirwang kwa bokhutlong jwa setlhogo.
- Tsamaya go dikologa fa barutwana ba ntse ba dira tlhatlhobo.
- Fa morutwana a ka palelwa ke go kwala karabo fa fatshe, mo neye tshono ya go bua dikarabo ka molomo.

Dipotso le dikarabo tsa tlhatlhobo e e tlhomameng Dira o le esi.

Feleletsa dipolelo tseno.

1. Dikarabo ga di na go tshwana – leina la sekolo
2. Dikarabo ga di na go tshwana – leina la mogokgo
3. Dikarabo ga di na go tshwana – leina la morutabana
4. Dikarabo ga di na go tshwana – bese, kolo, tekisi, tsamaya ka maoto, baesekele, terena

Araba ka Ee kgotsa Nnyaa.

1. Dikarabo ga di na go tshwana
2. Ke kgona go ikisa sekolong.
3. Ke itse gore lebala la motshameko le kae.
4. Kantoro ya mogokgo e kgakala le phaposiborutelo ya me.
5. A matlwana a boithusetso a bapile le phaposiborutelo ya me?

Memorantamo ya tlhatlhobo – Tlhatlhobo e e sa Tlhomamang

| Memo | Maduo |
|---|-----------|
| Leina la sekolo | 1 |
| Leina la mogokgo | 1 |
| Leina la morutabana | 1 |
| Sepalangwa se ke se dirisang go ya sekolong | 1 |
| Arabile dipotso tsa ee/nnyaa | 1 |
| Palogotlhe | /5 |

Dipina

- Opela pina ya *Ditshwene tse tlhano tse dinnye* o dirisa motsamao: lebisa go Bukatiro 1 ya Molagodimo ya DBE tsebe 10.

Pampiritiro 1: Sekolo sa me

Leina le sefane:

Mophato:

Letlha:

I. Tlatsa dibloko.

a. Leina la sekolo sa me ke

b. Leina la morutabana wa me ke

c. O ya jang sekolong _____

d. Bolela maina a mebala yotlhe ya yunifomo ya gago _____



| Karolo ya thuto | Mekgwatlwaelo ya boitekanelo |
|--|---|
| Nako ya go ruta | Diura tse |
| Didiriswa tse di atlanegis-itsweng | Buka ya Morutwana; dimakasine; dikere; sematamisi; pene/ diphensele; Bukatiro 1 ya Molagodimo ya DBE; dikarata tsa puiso; mafoko a lebota la mafoko, porojektara/boto e tshweu |
| Matswela a thuto | Kwa bokhutlong jwa setlhogo seno, barutwana ba tshwanetse ba bo ba kgona go: <ul style="list-style-type: none"> • Tlhokomela mmele wa gagwe • Bontsha go tlhaloganya bophepa jo bo siameng • Lemoga mekgwa ya go ja e e itekanetseng • Nna le mekgwa e e molemo le e e itekanetseng. • [end bullets] |
| Dikgono | <ul style="list-style-type: none"> • Lemoga • Tlotlo • Tlhokomelo • Bapisa • Lebelela |
| Kitso | Dilo tsa gale le gale tsa boitekanelo jwa letsatsi le letsatsi kwa gae, go akaretsa go tlhapa meno, go boloka mmele o le phepa, mekgwa e e itekanetseng ya go ja le mekgwa e e itekanetseng ya tlhaloganyo. |
| Boleng | <ul style="list-style-type: none"> • Tlhokomela mme o supe • Puisano • Go itshepa ga go botsa dipotso le ditharabololo • Tlotlo • Itshokelano • Go tlhaloganyana |
| Boikutlo | Boikutlo jo bo siameng kaga gago le go tlhaloganya botlhokwa jwa mekgwa e e molemo ya go ja le go boloka mmele wa gago o le phepa |
| Kitso ya tshimologo | Barutwana ba tshwanetse ba bo ba setse ba ithutile setlhogo seno kwa keretšhe le dilo tsa gale le gale di setse di ithutilwe kwa gae. |
| Dipotso tse di tsenel-etseng tse di dirang gore o akanye | <p>Goreng fa go le botlhokwa go ja le go nwa ka tsela e e itekanetseng?</p> <p>Goreng fa go le botlhokwa go tlhapa meno?</p> <p>Goreng fa go le botlhokwa go tshameka le go ikatisa?</p> |

Kgweditharo 1

| | |
|--------------------------|--|
| Kopanyo | <p>Puo ya gae: Go reetsa le go bua: Puo e e baakanyeditsweng le e e sa baakanyediwang: Go abelana ka dikakanyo le maitemogelo le go bontsha fa a tlhaloganya dikgopolo.</p> <p>Thutoroboto: tlwaelo – dilo di rulagantswe jang ka thulaganyo e e lolameng.</p> |
| Mokgwa wa go ruta | <p>Puisano, pontsho, taelo, go botsa dipotso, tlhatlhobo e e tlhomameng</p> |
| Tlhatlhobo | <p>Dirisa dilo tse o di etseng tlhoko go tlhatlhoba barutwana ka nosi ka nako ya ditirwana tse. Tlhatlhobo e tshwanetse go nna e e sa tlhomamang le e e tswelelang pele.</p> |
| Rubiriki | <p>Tlhatlhobo e e seng ya semmuso tsebe 7</p> |