



MOPHATO

3

BUKA YA
MORUTABANA

Platinum

Dikgono tsa Botshelo

L. Moodley • L. Shaw • C. Gleeson-Baird • Z. Mahomed

Platinum Dikgono tsa Botshelo Mophato wa 3 Buka ya Morutabana

Maskew Miller Learning
10 Freedom Way, Milnerton, Cape Town, 7441

© Maskew Miller Learning (Pty) Ltd 2025

Ditokelo tsotlhe di sireleditswe. Ga go karolo ya kgatiso e, e e ka boelediwang, ya bolokwa mo mofuteng o o ka tlhagiswang gape ka ona, kgotsa ya gaswa mo sebopegong sengwe le sengwe kgotsa ka mokgwa o o rileng (eleketeroniki, ka motšhine, ka kgatiso kgotsa ka mokgwa o mongwe o o sa dumeletsegeng) ntle le gore go bonwe tumelano e e kwadilweng fa fatshe ya mong wa ditshiamelo tse di sireleditsweng tsa bokwadi pele.

Fa o batla go rebolelwa tetla ya go ka gatisa lekgetlo le lengwe gape kgotsa go dirisa karolo nngwe le nngwe ya buka eno, o kopiwa gore o ikgolaganye le Setlhophla se se reboleanang ka Ditshwanelo le Tetla mo go 021 532 6000 kgotsa ka go romela imeile mo go rightsgranting@mml.co.za. Go begela tshenygo ya ditshwanelo tsa mokwadi, tsweetswee romela imeili go copyright@mml.co.za.

Kgatiso ya X ka 20XX

ISBN 978-1-779-83512-3
ePDF ISBN 978-1-834-98700-2

Mophasalatsi: Allison Staals
Morulaganyimogolo: Ru Bailey
E rulagantswe ke: Banyana Mbulo
Mothalo wa bokwantle ka MML Visual Design
Botaki jwa bokwantle ka: MML Visual Design
Mothalo wa buka ka: MML Visual Design
Botaki ka: MML Design Studio; Karien Barnes
Thulaganyo ya mokwalo ka: JSquare Studio
E gatisitswe ke

Ditebogo

Mokwadi le mophasalatsi ba lebogela tshebediso ya ditshwantsho go tswa go:

Shutterstock:

p226, Chase D'animulls; p255a, parinya wetchasan; p255b, maksin_priestess; p255c, KRPD; 255d, Real Vector; p258a, parinya wetchasan; p258b, KRPD; p258c, maksin_priestess; p258d, Real Vector; p373, Jeroen van den Broek

Matseno

Kafa o ka dirisang metseletsele eno ka gone

Kgweditharo 1

Setlhogo 1 Ka ga Me 1

Letlharetiro	13
Tshiamiso	14
Memorantamo	18

Setlhogo 2 Maikutlo 20

Dilo tse di intumedisang	24
Dilo tse di dirang gore ke hutsafale	25
Go lemoga maikutlo	28
Ditsela tse di siameng tsa go tthagisa gore re ikutlwa jang	30
Maitshwarelo – Tsela ya go ikopela maitshwarelo	33
Tshiamiso	37
Katoloso	39
Memorantamo	41

Setlhogo 3 Tshireletso ya boitekanelo 42

Mekgwatiriso ya motheo ya thusopotlako mo maemong a a jaaka go tswa madi mo nkong, go longwa ke phologolo, dintho tsa go segwa ke sengwe le dintho tsa molelo	46
Go tswa madi mo nkong le go longwa ke phologolo	49
Dintho tsa go segiwa ke sengwe le dintho tsa molelo	50
Boitekanelo jwa motheo le bophepa	52
Tshiamiso	59
Katoloso	60
Memorantamo	62

Setlhogo 4 Go tshwara mmele wa me o bolokesegile 63

Ga re a babalesega mo bathong botlhe	67
Melawana ya go tshola mmele wa me o babalesegile	70
Go tshepa maikutlo a "Ee" le a "Nnyaa"	74
Tsela ya go re "NNYAA" go mokgwa ope wa tshotlako	77
Tsela ya go bega tshotlako	79
Tshiamiso	85
Katoloso	87
Memorantamo	88

Setlhogo 5 Ditshwanelo le maikarabelo 89

Ditshwanelo le maikarabelo a Morutwana	95
Ditshwanelo le maikarabelo kwa gae	97
Ditshwanelo le maikarabelo kwa sekolong	99
Ditshwanelo le maikarabelo mo tikologong ya rona	101
Malatsi a bodumedi le a mangwe a a kgethegileng	102
Tshiamiso	108
Katoloso	110
Memorantamo	114
Tlhatlhubo e e tlhomameng: Kgweditharo 1	115

Kgweditharo 2

Setlhogo 6 Go ja dijo tse di itekanetseng 122

Ditlhapha tsa dijo	127
Dibithamine – maungo le merogo	129
Dibithamini le diminerae ke eng?	130
Dikhabohaedereiti – borotho, mmidi, bogobe jwa mmidi	131
Diporotheini – mae, dinawa, nama le matonkomane	133
Dijo tsa maši – maši, tšhisi le yokate	134
Tshiamiso	144
Katoloso	146
Memorantamo	150

Setlhogo 7 Ditshenekegi 152

Mefuta e e farologaneng ya ditshenekegi	155
Dikarolo tse di tlaolang ditshenekegi	156
Ditshenekegi tse di farologaneng – tse di jaaka ntshi, monang, tshoswane, khukhu	159
Go terowatskenekegi	160
Tsela e ditshenekegi di re thusang ka yone	161
Tshiamiso	172
Katoloso	174
Memorantamo	176

Setlhogo 8 Ditshekotshelo 177

Tshekotshelo ke eng?	181
Tshekotshelo ya dipologolo tsa matshelobedi (Segwagwa)	185
Tshekotshelo ya nonyane (kgogo)	188
Tshiamiso	194
Katoloso	195
Memorantamo	198

Setlhogo 9 Go Tsosolosa se se latlhlweng go se dirisa gape 198

Go diregang ka matlakala a rona? 202
Go dirisa gape 204
Go fokotsa 207
Ke eng se se latlhlweng se se ka sekang sa tsosolosiwa gore se dirisiwe gape? 209
Go tsosolosa dilo tse di neng di latlhlwe gore di dirisiwe gape kwa gae le kwa sekolong 210
Go dira motshotelo ka dilo tse di bolang 211
Malatsi a bodumedi le a mangwe a a kgethegileng 213
Tshiamiso 221
Katoloso 223
Tlhatlhobo e e Tlhomameng:
Kgweditlharo 2 226
Memorantamo 230

Kgweditlharo 3

Setlhogo 10 Pabalesego ya Setšhaba 235

Mafelo a a kotsi go tshameka mo go one 239
Go kgweetsa diterena le ditekesi ka pabalesego 243
Dikotsi tsa motlakase 246
Dilo tse di botlhole le tse di tukang motlhofo 248
Matshwao a a re bontshang gore sengwe se kotsi 250
Tshiamiso 255
Katoloso 256
Memorantamo 258

Setlhogo 11 Kgotlelo 259

Kgotlelo ke eng? 262
Mefuta e e farologaneng ya kgotlelo – Kgotlelo ya mowa, metsi le lefatshe 262
Matswela a kgotlelo mo bathong 265
Matswela a kgotlelo mo tikologong 266
Tshiamiso 273
Katoloso 275
Memorantamo 279

Setlhogo 12 Kafa batho ba neng ba tshela ka gone bogologolo 280

Ditori le maitemogelo a malapa a bogologolo le batho ba bangwe mo setšhabeng 284
Dilo tse di dirisiwang ke balelapa ba ba godileng le ke ba bangwe mo setšhabeng 286
Ditshwantsho le dinepe tsa bogologolo . 287
Tsela e batho ba neng ba tshela ka yone

ka nako eo le jaanong 288
Tshiamiso 292
Katoloso 293
Memorantamo 295

Setlhogo 13 Lefaufau 296

Dinaledi le dipolanete – se di leng sone . 302
Maina a dipolanete 303
Dithelesekoupo 304
Go tsamaya mo lefaufaug 304
Disatelaete le tshedimose tso e re e bonang 307
Tshiamiso 313
Katoloso 315
Memorantamo 318
Tlhatlhobo e e Tlhomameng:
Kgweditlharo 3 319
Memorantamo 320

Kgweditlharo 4

Setlhogo 14 Dikuno le Dithulaganyo 324

Se re se bonang go tswa mo dijalong. . . 327
Thulaganyo – Go tswa go sukiri go ya go ntshi 328
Se re se bonang go tswa mo Lefatsheng 329
Thulaganyo – Go tswa go seretse go ya go ditena 330

Setlhogo 15 Masetlapelo le se re tshwanetseng go se dira 333

Merwalela 336
Molelo 338
Legadima 339
Dithoromo tsa lefatshe 340
Tshiamiso 346
Katoloso 347
Memorantamo 350

Setlhogo 16 Diphologolo le ditshedi tse di re thusang 351

Diphologolo tse di re fang dijo le diaparo 355
Diphologolo tse di re direlang dilo 358
Malatsi a bodumedi le a mangwe a a kgethegileng 360
Tshiamiso 368
Katoloso 369
Memorantamo 372
Tlhatlhobo e e Tlhomameng:
Kgweditlharo 4 373
Memorantamo 374

Morutabana yo o rategang

Letsatsi le lengwe le le lengwe fa o tsena mo phaposiborutelong jwa gago, ga o tsene fela mo lefelong le le tletseng di deseke le dibuka. O tsena mo lefelong leo go bopiwang isagwe ya batho gone le mo go simololwang maitemogelo a masha. O na le matla a a seng kana ka sepe a go tlotlheletsa, go kaela le go nonotsha baeteledipele ba rona ba kamoso, batlhami le badiradiphetogo ba rona. Fa o dira seno ka lorato, ga e kitla e nna kgang fela ya go ruta, o tla bo o jala dipeo tsa bopelonomi, bopelokgale, go tlotla batho le mowa wa Ubuntu mo dipelong tsa bana bano.

Re a itse gore ga se kametlha go leng bonolo. Dikgwetlho tsa go nna morutabana, segolobogolo kwa dikolong tse di senang ditirelo tse di lekaneng, ka dinako tse dingwe di ka dira gore o ikutlwe o feeketsega maikutlo. Le fa go ntse jalo, kgwetlho nngwe le nngwe e o lebanang le yone e go naya tshono ya go dira pharologanyo ya mmatota. O bontsha barutwana ba gago gore ba ka kgona go dira sengwe le sengwe le gore go solofetswe gore ba kgone go fitlhelela dilo tse dikgolo mo botshelong.

Ke gone ka moo mokgwa wa rona wa go ruta o tlileng go go thusa. E re ka re o tthamile re akantse ka CAPS, re tlile go tlhoma mogopolo mo go ruteng ka tsela e e akaretsang bana botlhe le go dira gore ngwana mongwe le mongwe a ikutlwe e le karolo ya se go buiwang ka sone. Ditshwantsho, dikgang le dithuto tse di tla bong di sekasekiwa di tlile go akaretsa maemo otlhe a rona a a farologaneng, mme seno se tla thusa morutwana mongwe le mongwe gore a ikutlwe e le karolo ya se se diragalang mo phaposiborutelong.

Ga re a go lebala. Boitekanelo jwa gago bo botlhokwa thata fela jaaka re lebeletse gore barutwana ba gago ba atlege. Re akareletse di dirisiwa tse o ka di dirisang ka bowena gore o nne o tlotlheletsegile ebile o itekanetse, ka gonne re a itse gore fa o ikutlwa sentle barutwana ba gago le bone ba tla atlega. Fa o itumetse, seno ga se tlotlheletse fela tsela e o rutang ka yona gape se aga kamano e e molemo le barutwana ba gago mme ba tla ikaega ka wena go bona tsholofelo le go tlotlhelediwa mo botshelong.

Fa Aforika Borwa e tsweletse go dira gore Basic Education Law Amendments Act (BELA) e nne molao ka 2024, maitlhommo a rona a go dira gore thulaganyo ya thuto e nne e e lekalekaneng le e akaretsang botlhe a gola le go feta. Seabe se o tlileng go nna le sona mo maitlhomong ano e tlile go nna se segolo tota, mme go tthaloganya CAPS le BELA go tla dira gore phaposiborutelo ya gago e nne lefelo le mo go lona barutwana ba gago ba baakanyediwang go atlega.

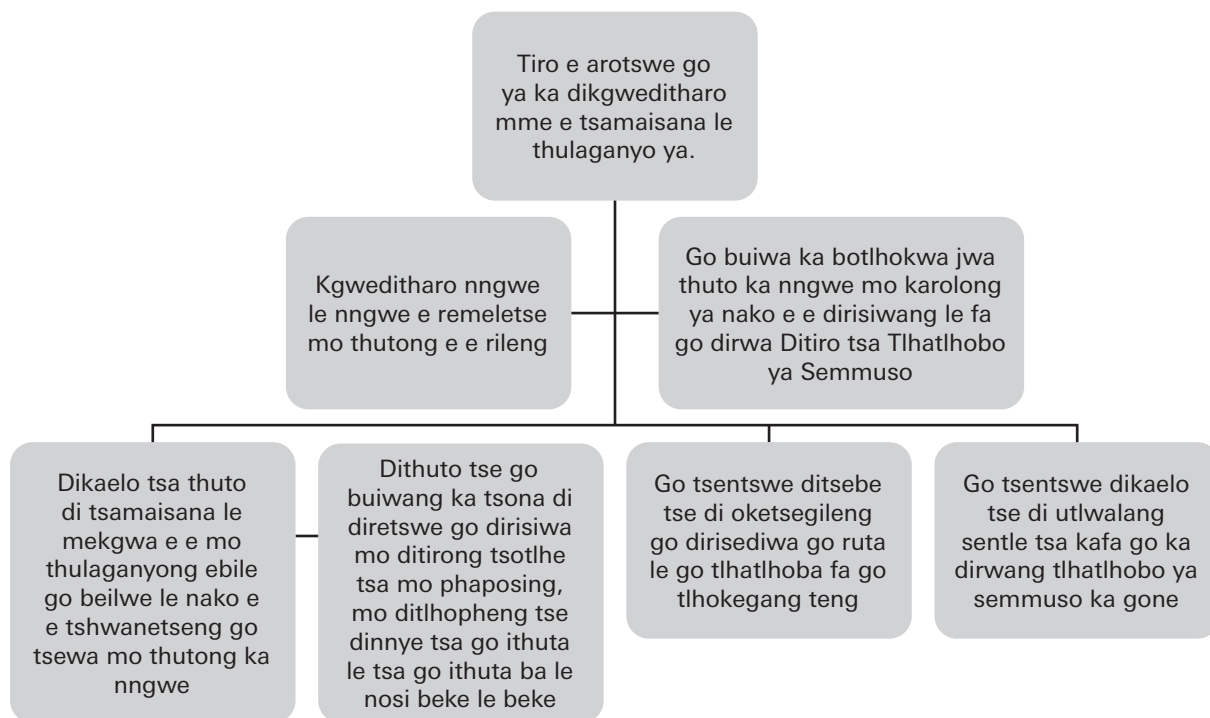
Ke wena yo o tlileng go thusa gore go nne le diphetogo tse di molemo mme seabe sa gago mo phaposiborutelong e tlile go nna se se segolo thata. Fa o ntse o ruta, itse gore ga o kaele barutwana ba gago fela; o bopela metse ya rona, naga ya rona le lefatshe la rona isagwe e e molemo.

Re lebogela sengwe le sengwe se o se dirang.

Kafa o ka dirisang metselsetsele eno ka teng

Re a go amogela mo thutong ya Bokgoni jwa Botshelo Mophato 1! Metselsetsele eno e akaretsa Buka ya Morutwana le Dikaelo tsa Morutabana tse di tlileng go go thusa gore o rute thuto eno ya Bokgoni jwa Botshelo mo Mophatong 1 ka tsela e e molemo. Bokgoni jwa Botshelo Mophato 1 ke thuto e e kwadilweng go dumalana le dipatlafalo tsa dikaelo tse di mo go Curriculum and Assessment Policy Statement (CAPS). Ka jalo, fa o dirisa metselsetsele eno, tlhomamisega gore go akareditswe kharikhulamo yotlhe.

Bokgoni jwa Botshelo bo dirilwe segolobogolo gore bo tsamaisane le karolo ya CAPS e e samaganeng le Bokgoni jwa Botshelo ka ditsela tse di latelang:



Kafa o ka dirisang Dikaelo go Morutabana le Buka ya Morutwana kateng

Mmala o o dirisitsweng mo kgweditharong ngwe le ngwe o go thusa gore o itse gore o dira tiro ya setlha sefe.

Diteng tsa thuto le tsona di neetswe mmala o o rileng gore o kgone go bona sentle gore go buiwa ka bokgoni bofe mo letsatsing leo kgotsa mo bekeng eo. Go dirilwe gore thuto ka nngwe fa e simolola, e bontshe ditlamorago, potso e e epang maikutlo, SKAVS (Bokgoni Kitso Mekgwa le Maemo), kitso ya motheo, ditlhatlhobo le dipatlisiso tse go akantshitsweng ka tsone.

Setlhogo	
Ditlamorago	
Dipotso Tse di Epang Maikutlo	
SKAVS (Bokgoni Kitso Mekgwa le Maemo)	
Kitso ya motheo	
Tlhatlhobo	
Dipatlisiso	

Setlhogo sengwe le sengwe se tla tshalosiwa go ikaegilwe ka:

Mokgwa kgotsa tsela ya go ruta, go akareletsa le:

- Kaelo ya go bua ka dilo tse di re amang rotlhe le tse di buang ka dilo tse di farologaneng
- Go tihomamisa gore bana ba oketsa kitso ya bona, e le go bontsha gore o fitlhelela dikarolo tse di farologaneng tsa go ithuta
- Go dirisa mekgwa e e farologaneng ya go thusa barutwana ba ba nang le bokgoni jo bo farologaneng jwa go ithuta
- Kafa o ka dirang gore barutwana ba gago ba rate go ithuta ba dirisa metshameko
- Ka go simolola matseno a setlhogo
- Kaelo ya go dira ditirwana
- Kaelo ya go dira dilo tse di mo go A re Bone
- Ditlhatlhobo tsa semmuso
- Go dira dikhopi tsa ditsebe tsa thuto

PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO

- CAPS ke tokomane e e sobokantsweng e e neelang ka dikaelo tse di malebana le go rulaganya, diteng le tlhatlho bo ya dirutwa tsotlhe tse di mo Kemo e e Tlhabolotsweng ya Kharikhulamo ya Bosetshaba ya Mephato wa R - 12
- THULAGANYO YA TIRO YA NGWAGA LE NGWAGA YA BOSETŠHABA E E TLHABOLOTSWENG ya 2023/2024: (R ATP) yona e neela dikaelo tse di malebana le go rulaganya, diteng le tlhatlho bo mo Kgatong ya Motheo (R-3).

Bokgoni jwa Botshelo R.ATP bo tshegetsa melawana e e latelang



Go akanya ka kelotlhoko



Tharabololo mathata



Go dira Ditshwetso



Boikarabelo



Go Ikitse



Go Itsamaisa



Mekgwa ya Botho



Go Itse Setso



Boitsetsepelo



Boiphapo



Go Farologana



Boagi



Tlotlo



Go Akanyetsa



Boikutlo jo bo Siameng



Boitshoko

KABO YA NAKO

Nako ya go ruta mo Kgatong ya Motheo ke e e latelang

SERUTWA	MOPHATO R (DIURA)	MOPHATO 1-2 (DIURA)	MOPHATO 3 (DIURA)
Puo ya Gae	10	7/8	7/8
Puo Tlaleletso ya Ntlha		2/3	3/4
Dipalo	7	7	7
Dikgono tsa Botshelo	5	5	5
• Kitso ya Tshimologo	(1)	(1)	(1,5)
• Botshweretsi jwa Boitlhamedi	(1,5)	(1,5)	(1,5)
• Thuto ya ikatiso ya Mmele	(1,5)	(1,5)	(1)
• Thuto ya boitekanelo jwa motho le loago	(1)	(1)	(2)
Dikhoutu le Diroboto	(1)	(1)	(2)
GOTLHE	23	23	25

Kabo ya nako ya go ithuta dikarolo tsa go ithuta tsa serutwa sa Dikgono tsa Botshelo mo Kgatong ya Motheo

Mophato R- 2		Nako e e lekanyeditsweng kgweditharo	Mophato 3		Nako e e lekanyeditsweng kgweditharo
Kitso ya Tshimologo, tsa botho le boleng jo bontle jwa loago	Diura di le 2 mo bekeng	Diura di le 50	Kitso ya Tshimologo, tsa botho le boleng jo bontle jwa loago	Diura di le 2,5	Diura di le 50
Botaki le Boitlhamedi	Diura di le 1,5 mo bekeng		Botaki le Boitlhamedi	Diura di le 1,5 mo bekeng	
Thuto ya ikatiso ya mmele	Diura di le 1,5 mo bekeng		Thuto ya ikatiso ya mmele	Diura di le 1 mo bekeng	

THEMPOLEITE YA SEKAO SA THUTO LEANO

Letlha:
Mophato:
Serutwa: Bokgoni jwa Botshelo
Diteng tsa thuto:
Seilhogo se se ithutiwang:
Nako e e abetsweng thuto ka nngwe:
Nomoro tsa tsebe ya CAPS
Palo ya baihuti mo phaposing:
Se ba setseng ba ithutile sona/seo ba se itseng:
Maitlomo a thuto eno: Fa thuto eno e fela baihuti ba tshwanetse ba bo ba setse ba kgona go: Kitso: Bokgoni: Dinonofo / Mekgwa:
Tlathobo:
Didirisiwa:

Dikarolwana tsa thuto: (diteng tsa konokono, diirwana, mekgwa e e rutilweng ka ona)

Matseno:

Tlhabololo:

Tshobokanyo:

Pharologanyo, Tekatekano le Kakaretso

Mo karolong eno, re kopa gore o akanye ka phaposiborutelo ya gago. Itirele setshwantsho mo mogopolong o bona barutwana ba dutse kafa pele ga gago, mongwe le mongwe wa bona a na le kgang ya gagwe, maitemogelo le dikgwetlho. Jaanong gopola ka nako nngwe fa mongwe wa barutwana ba gago a ne a kgaratlha ka ntlha nngwe, gongwe go ne go na le thuto nngwe e e thata e a neng a sa e tlhaloganye kgotsa go ne go na le sengwe se se amanang le sekolo se se neng se mo kgoreletsa go ithuta. O ile wa dirang ka bothata joo? O ile wa mo thusa jang go tswa mo bothateng jono?

Phaposiborutelo ya gago e tletse ka bana bano ba ba farologaneng, e seng fela ka lemorago lwa bona gape le ka dilo tse ba di tlhokang le tse ba kgonang go di dira. Naga ya rona e sa ntse e kgaratlha thata ka go sa lekalekane, e ka tswa e le mo maemong a ikonomi, a setso kgotsa a loago, mme dikgwetlho tseno gantsi di a tlhagelela mo phaposiborutelong. Le fa go ntse jalo, ke teng fano mo botennyeng jwa phaposiborutelo mo go diragalang diphetogo. Jaaka morutabana, o na le seabe se segolo sa go tlhomamisa gore ngwana mongwe le mongwe o a atlega, go sa kgathalesege gore o tswa kae kgotsa o lebane le dikgwetlho dife mo botshelong.

CAPS e diretswe gore e akaretse mongwe le mongwe. Ga se kgang fela ya go ba ruta kharakhulamo le fa go ntse jalo ke kaga go lemoga bokgoni jo bo kgethegileng joo morutwana mongwe le mongwe a nang le jone le gore ba kgone go atlega. Re a itse gore ga se kametlha seno se leng bonolo go se fitlhelela. Mo dikolong di le dintsi, dikgwetlho tseno ke tsa mmatota, mme wena jaaka o le morutabana, ke wena yo o di gogang kwa pele go di rarabolola.

Ke lone lebaka leo ka lone didirisiwa tsa rona tsa go ithuta le go ruta di diretsweng go go thusa. Di bontsha maemo a a diragalang mo motseng, go lemosa barutwana go ela tlhoko dilo tse ba ithutang tsone mo ditirong, ditirwaneng le mo ditlhatlhobong tsa bona. Dilo tseno tse ba ithutang tsona di akaretsa maitemogelo a a farologaneng thata le bokgoni tse di leng teng mo barutwaneng ba gago, e leng se se go thusang gore o kgone go akaretsa ngwana mongwe le mongwe le go ba ema nokeng go sa kgathalesege lemorago lwa bona

Fa o dirisa didirisiwa tseno, ga se kgang fela ya go ruta, o bula barutwana ba gago matlho, gore ba kgone go lemoga dikgwetlho tse ba lebaneng le tsone le go di fenywa. Fa o dira seno o thusa go bopa isagwe e e phatsimelang ngwana mongwe le mongwe, le botlhe mo motseng wa lona le batho ba Aforika Borwa botlhe.

Mo metseletseleng eno, re tlhomile mogopolo mo mefuteng e le 10 ya konokono ya ditlhophatse tsa dipharologanyo, moo teng nngwe le nngwe ya tsone e tlhophilweng ka kelotlhoko go tlhomamisa gore go akareleditswe batho botlhe, ba ba nang le dipono le maitemogelo a a farologaneng le a batho ba bangwe.

Lebokose 1: Ditlhopha tsa dipharologanyo

Go farologana ga ditlhopha	Tlhaloso	Se se tla amiwang
<p>1. Pharologanyo ya Setso le Morafe</p>	<p>Seno se raya gore re tsentse ditso le merafe tse di farologaneng, go dira gore barutwana ba ithute ka dipono le meetlo ya batho ba ba farologaneng.</p>	<p>Re tsentse baanelwa, bakwadi le batho ba ba itsegeng mo hisitoring go tswa kwa ditsong tse dintsi tse di farologaneng. Dikgang le dikai tse di akaretsang meetlo, dingwao le dipuo tse di farologaneng. Seno se thusa barutwana go ithuta ka ditso tsa batho ba bangwe le go ba thusa go tila go tlhoa batho ba bangwe ka gore ba ithute ka histori ya batho bao le dikgwetlho tse ba lebanang le tsona.</p>
<p>2. Pharologanyo ya Bong</p>	<p>Pharologanyo ya bone e raya go emela bong jotlhe mme seno se akaretsa go buisana ka seabe seo batho ba bong jo bo rileng ba nang le sona, batho ba ba sa batleng go kgethololwa ka bong le ba ba fetolang bong jwa bona nako nngwe le nngwe.</p>	<p>O tla lemoga gore re lekalekantse bong jotlhe mo mokwalong, mo ditshwantshong le mo dikaing tse re di dirisang. Re tsentse baanelwa ba ba sa batleng go kgethololwa ka bong le ba ba fetolang bong jwa bone eleng dilo tse di gwetlhang ditlwaelo tsa diabe tsa bong. Ka sekai, go bontshitswe basimane le basetsana ba dira ditiro tse di farologaneng, go tloga mo go thuseng mo phaposing ya boapeelo go ya kwa dilong tsa saense le botsweretsi, go rotloetsa tekatekano ya bong.</p>
<p>3. Pharologanyo ya loago le ikonomi</p>	<p>Seno se kaya go emela batho ba maemo itsholelo ba ditso tse di farologaneng le go se lekane ga itsholelo.</p>	<p>Re tsentse batho ba ba tswang kwa maamong a a farologaneng a ikonomi, go bontsha dikgwetlho tse di leng gone tse di amanang le go bona thuto, ditirelo tsa boitekanelo le ditlamelo. Seno se thusa barutwana go tlwaelana le batho ba mmatota le go buisana le bona ka maemo a a farologaneng a ikonomi mme seno se dira gore ba bue ka tshosologo.</p>

Go farologana ga ditlhopha	Tlhaloso	Se se tla amiwang
<p>4. Pharologanyo ya Dipuo</p>	<p>Pharologanyo ya dipuo e raya gore re akareleditse dipuo tse di farologaneng le go tlotla dipuo tse di buiwang ke batho ba le mmalwa fela.</p>	<p>O tllile go bona dikgang tse di amang dipuo tse di farologaneng le go rotloetsa barutwana go tlotla dipuo tse dingwe tse di buang ke batho ba le mmalwa. Gape re tsentse dikai tse di bontshang botlhokwa jwa go ranola le go fetolela dipuo tse dingwe segolobogolo tse di buang ke batho ba le bantsi, maitlhommo e le go thusa barutwana go akaretsa dilo tse dintsi mo metlotlong ya bona.</p>
<p>5. Bogole le go kgona go tsena mo dikagong</p>	<p>Seno se tllile go sekaseka thata batho ba ba tshelang ka bogole le go bua ka dilo tse di ba kgoreletsang go tsena mo dikagong dingwe.</p>	<p>Go akareditswe baanelwa ba ba tshelang ka bogole, go tlhomamisa gore ba a tsennngwa mo dikgannyeng le mo ditirong tsa sekolo. Gape re tlotla ka dikgang tse di malebana le go fitlhelela dilo dingwe, e ka tswa e le ka namana, ka mafaratlhatlha kgotsa mo go tsa loago mme re dirisa puo e e bonolo. Seno se dira gore barutwana ba ba amogele le go ba utlwela botlhoko mme ba ba tlhaloganye.</p>
<p>6. Tshkamelo ya Thobalano le go akaretsa LGBTQ+</p>	<p>LGBTQ+ e emela Lesbian (basadi ba ba ratanang le basadi ba bangwe), Gay (banna ba ba ratanang le banna ba bangwe), Bisexual (bong jo bobedi), Transgender (Bong jo bo fetotsweng), Queer or Questioning (se se sa tlwaelegang), le tse dingwe. Letshwao la "+" le emela batho ba tshkamelo ya thobalano, ba ba tlhomologang ka bong le le ba tlhalosang ka mokgwa o o sa tlwaelegang ba ba jaaka</p> <p>ba ba se nang bong, ba ba dirang thobalano le mongwe le mongwe mosadi kgotsa monna, batho ba se nang kgatlhego ya thobalano gotlhelele le batho ba bong jo bo farologanang. Lefoko leno le akaretsa batho botlhe ba ba welang mo ditlhalosong tse di boletsweng fa godimo.</p>	<p>Batho ba ba tlhomololwang e le ba LGBTQ+ ba emiseditswe mo dibukeng tsotlhe tsa rona. Re akareditse dikai le maemo tse di tlhalosang dikgang tse di mabapi le LGBTQ+ le ditshiamelo tsa bona, mme gape ra bua ka go tlla tlhaolele, gore re thuse barutwana gore ba tlhaloganye le go tlotla go farologana mo dikganyeng tsa thobalano.</p>

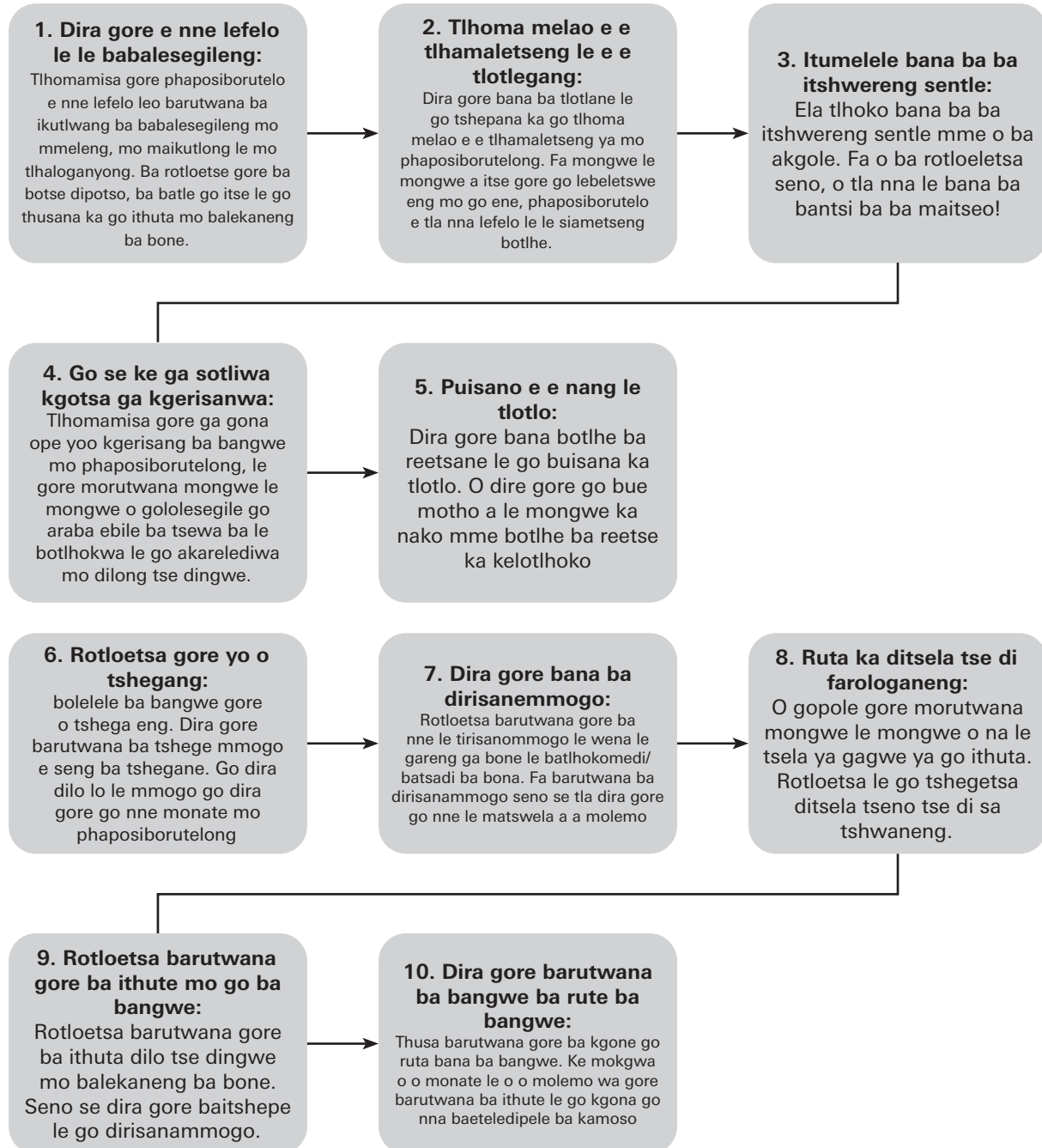
Go farologana ga ditlhopha	Tlhaloso	Se se tla amiwang
7. Pharologanyo ya Bodumedi le Dilo tsa Semoya	Seno se akaretsa go tsenyeletsa madumedi a a farologaneng le go rotloetsa go tlotla dingwao tse di farologaneng tsa semoya.	Dibuka tsa rona di na le dikgang tse di rutang barutwana ka madumedi a a farologaneng le dingwao tsa semoya. Gape re rotloeditse gore ditumelo tse di farologaneng di dirisane mmogo gore ba tlotlane le go tlhaloganyana magareng ga madumedi. Go tsentswe le dipono tsa batho ba ba farologaneng gore madumedi otlhe a nne le kemedi e e molemo mo setshabeng.
8. Pharologanyo ya Dingwaga	Pharologanyo ya dingwaga e akaretsa batho ba dingwaga tse di farologaneng le go buisana ka kgang ya go tsofala.	Mo dibukeng tsa rona o tla bona dikai tsa baanelwa go tloga go bana go fitlha go batho ba ba godileng. Re buile thata gape le ka botlhokwa jwa go amana ga dikokomana, ra tlotla ka dikgang tse di amanang le bogodi jaaka go rola tiro le go tllaolwa ga batho ba ba tsofetseng kwa ditirong. Seno se thusa barutwana go tlhaloganya botlhokwa jwa batho botlhe mo setshabeng.
9. Pharologanyo ya thutafatshe	Pharologanyo ya thutafatshe e emela batho le mathata ao ba nngang le ona mo dikarolong le mo ditikologong tse di farologaneng, mo lefatsheng lotlhe le mo nageng ya rona.	Dibuka tseno di akaretsa dikgang tse di buang ka dikarolo tse di farologaneng tsa lefatshe, le go bua ka mathata a lefatshe lotlhe le a o re nang mo nageng ya rona ao barutwana ba ka a tlhaloganyang moithofo. Re na le dikai tse di lekalekaneng tsa maemo a metsetoropo le kwa magaeng, go bontsha dikgwetho le melemo tse di leng gone mo tikologong ka nngwe.
10. Pharologanyo ya Tlhaloganyo le go Ithuta	Seno se akaretsa mefuta e e farologaneng ya go ithuta, bokgoni le go tlhaloganya dilo tse di farologaneng, tse di jaaka malwetse a tlhaloganyo.	Re ruta pharologanyo ya tlhaloganyo le go ithuta ka go tsenyeletsa mefuta e e farologaneng ya go ithuta e e atlegisang mekgwa e e farologaneng ya go ithuta. Ditiro tsa mo phaposiborutelong di dirilwe gore di akaretse barutwana ba ba nang le ditlhoko tse di farologaneng tsa go ithuta, go ba tsenyeletsa mo sekolong. Gape re tsentswe le ditlhatlhobo tse di tlatsetsang tse o ka di dirisang.

Go dira phaposiborutelo e e akaretsang batho botlhe le fa ba farologane

Kaelo eno ya Morutabana e dirilwe go thusa bana ba botlhe le fa ba farologane ka tsela e lekalekaneng. E na le didiriswa tse di tileng go go thusa gore o nne le boikutlo jo bo siameng jwa go ithuta le mekgwa e tla go kgontshang gore o tsenyeletse mefuta eno e e 10 ya dipharologanyo e go builweng ka yona mo Lebokoseng 1 le le fa godimo.

Pharologanyo mo phaposiborutelong

Jaaka morutabana, seabe sa gago ke go tihomamisa gore mo phaposiborutelong ya gago go a ithutiwa, go itumetswe le go tlotlana! Re go file ditsela tse di 10 tse o ka dirang seno ka gone e le gore barutwana ba gago ba itumelele go ithuta, ba bolokesebile ebile ba rata go dira jalo:



Ditsela 1-5: Dira gore phaposiborutelo e nne lefelo le le monate le le akaretsang bana botlhe

Itumelele go farologana ga morutwana mongwe le mongwe

Ke selo sa botlhokwa fa barutwana ba ipona le maitemogelo a bone a a farologaneng a bonatshiwang mo phaposing. Seno se raya go bontsha pharologano mo mokgweng o a lebegang ka one, a buang ka gone, a itsegeng ka gone, setso sa gagwe, bodumedi, bong, tshekamelo ya thobalano (go akaretsa LGBTQ+) dingwaga le dilo tse ba kgonang go di dira. Dibuka tsa rona di na le baanelwa ba ba farologaneng go bonatsha maitemogelo ano a a sa tshwaneng. Re tlhopha ka kelotlhoko ditshwantsho, tiro e e takilweng le diteng tse di emelang batho ba ba farologaneng, ditikologo le maemo a boammaaruri a a dirang gore re itumelele go tshela mo Aforika Borwa le gongwe le gongwe fela.

Re go rotloetsa gore le wena o dire se se tshwanang mo phaposiborutelong ya gago. Anela dikgang e le go bontsha go sa tshwane ga batho ba ba farologaneng, bontsha dintshwantsho tsa kwa magaeng le mo metsetoropong mme o bua ka batho ba ba nang le bokgoni jo bo farologaneng jwa mmele, bokgoni jwa tlhologanyo le boitshupo go akaretsa le LGBTQ+. Tlotlang ka madumedi a a farologaneng, dingwaga le bong jo bo farologaneng mme le sekaseke maemo a ikonomi ao barutwana ba gago ba tlhokang go a itshokela. Iphe nako ya go ba ruta ka dikgolagano tse re nang le tsona le dinaga tse dingwe le batho ba bangwe go ralala Aforika le mo lefatsheng lotlhe. Fa o dira seno, o tla bo o thusa gore morutwana mongwe le mongwe a bonwe, a tseelwe kwa godimo le gore ke karolo ya lefatshe lotlhe.

Ela tlhoko bosemorafe le go tthaolwa

Mohumagadi Adams o ne a ruta kaga ditso le dingwao. Barutwana ba gagwe ba tswa kwa ditsong tse di farologaneng mme o ne a kgatlhegile go bona gore thuto eno e tlike go tsamaya jang. Fa a simolola thuto eno, o ile a kopa barutwana gore ba bolele dingwao kgotsa ditumelo tsa malapa a bona.

Lebo, mosetsana yo o itshepileng, o ile a batla go bua pele, a tlhalosa dingwao tsa kwa gaabo tse di malebana le malatsi a Keresemose ya Bakeresete. Barutwana ba bangwe le bona ba ile ba latela mme le bona ba bua ka one malatsi ano boikhutso. Le fa go ntse jalo, fa e le nako ya ga Amina ya gore a bue, o ile a okaoka. Kwa gaabo Amina ke ba bodumedi jwa Iselamo mme o ile a bolela maitemogelo a gagwe a go keteka Eid. Ka ponyo ya leitlho, barutwana bangwe ba ile ba simolola go sebaseba, mme yo mongwe mo go bone o ile a buela kwa godimo a sa lemoge bomasisi jwa se a se buang, are, "Ga se malatsi a boikhutso selo seo."

Mohumagadi Adams o ile a lemoga ka bonako gore boemo bo ne bo gagametse mo phaposing. O ne a tlhoka go dira tlhopho ya botlhokwa. Fa a ne a ka ikgatholosa se se builweng ke mosetsana yono, go ne go tla dira gore bosemorafe bo tsenelele kwa tengteng, kafa go le lengwe fa a bua ka gone o tla bo a ba ruta thuto e kgolo ya botlhokwa.

Mohumagadi Adams o ile a emisa motlotlo go sekae mme a kopa barutwana gore ba akanye ka sengwe ke seno. "Go kaya eng go kgaphela ditumelo kgotsa dingwao tsa batho ba bangwe kwa thoko? Wena o ne o tla ikutlwa jang fa letsatsi la gago le le kgethegileng go ne go ka twe ka lona ke "selo seo"? Go ile ga didimala ga re tu! Fa barutwana ba ntse ba akanya gore ba tla araba ba re eng.

A simolola go ba tlhalosetsa botlhokwa jwa go tlhologanya le go tlotla ditumelo tse di farologaneng, a dirisa kgang e e fetsang go diragala ya ga Amina go ba ruta ka yona. Mohumagadi Adams ga a ka a omanya barutwana bano kgotsa go ba tlabisa ditlhong, go na le moo o ile a ba kaela a buisana le bona sentle ka ga goreng go le botlhokwa go tlotla ditso tsa batho botlhe le eleng le fa di sa tlwaelega. Barutwana ba ithutile gore go nna le tlhaolele, mo bagolong le mo baneng, seno se ka dira gore re lebe batho ba bangwe ka tsela e e sa siamang, gantsi motho a dira jalo a sa go lemoge.

Seo re ithutileng sona mo phaposiborutelong ya ga Mohumagadi Adams

Bosemorafe le tlaolele di ka itiragalela fela –

Barutwana ba ka bua dilo dingwe tse di nang le bosemorafe ntle le maikaelelo a go gobatsa. Go botlhokwa go ema go sekae mme o rarabolole bothata ka bonolo le ka kelotlhoko

Lentswe lengwe le lengwe le botlhokwa –

Ms. Adams o ile a tihomamisa gore barutwana botlhe ba a lemoga gore lentswe le maitemogelo a ga Amina ke tsa botlhokwa. Ka go dira gore go buiwe ka yona, o ile a gatelela gore go tlotliwe setso sa mongwe le mongwe

Rotloetsa go ikakanyetsa –

Go na le gore a ba rerele, Mohumagadi Adams o ile a ba laletsa gore ba akanye gore bone ba ne ba tla ikutlwa jang fa ba ne ba dirilwe se ba se dirileng Amina. Seno se thusitse barutwana go tlhaloganya botlhokwa jwa go bontsha motho kutlwelobothoko

Dira gore go nne le puisano –

Fa o lemoga bosemorafe kgotsa tlaolele, ga goa lekana go didimala fela. Fa o dira gore le buisane ka gone o thusa barutwana go tlhaloganya gore ke ka ntlhayang fa mafoko kgotsa dikgato tse di rileng di ka nna kotsi, mme seno se ba thusa go gwetha mekgwa eno fa e diragala mo nakong e e tlang

Go ithuta fa o gwethiwa –

Maemo a a gwethang a ka go ruta dilo di le dintsi. Mohumagadi. Adams o ile a dirisa boemo jono jo bo thata go rotloetsa barutwana go lemoga maitlomo a bone, le go ba bontsha gore phaposiborutelo ke lefelo le le ba thusang go gola e seng fela go ba neela kitso.

Ke ka ntlha yang re tlhatlhoba barutwana?

Re tlhatlhoba barutwana go:

- Lemoga se ba setseng ba se itse le go aga mo godimo ga kitso le maitemogelo ao.
- Latedisa kgolo ya morutwana mongwe le mongwe e le gore re ka lemoga kgatelopele bona mo nako e e rileng, e seng mo letsatsing kgotsa mo bekeng e le nngwe fela.
- Bona gore morutwana o gola mo dikarolong tsotlhe kgotsa go na le mo a tlhokang thuso gone
- Lemoga dilo tse di ba kgoreletsang go ithuta le go bona ditsela tse di ka thusang morutwana go di feny.
- Tlhaloganyana moithuti mongwe le mongwe sentle, go itse dilo tse ba kgonang go di dira sentle, dikgwetlho tsa bona le dilo tse ba di ratang le tse ba di tlhokang

Tlhatlhobo e akaretsa mekgwa e e farologaneng ya go lekanya kgatelopele ya barutwana le go bona gore ba tlhaloganyana dilo jang. Fa o dira ditlhatlhobo tseno ka gale di tla go thusa go bona gore barutwana ba tlhaloganyana dilo jang le go di dirisa mo botshelong. Mo kगतong ya motheo, go dira ditlhatlhobo tseno nako le nako go go thusa go bona kgatelopele ya morutwana le gore o kgone go ba ruta sentle. Seno se tla go thusa go sekaseka mekgwa e o e dirisang ya go ruta le go bona kgatelopele ya morutwana, mme se tla go thusa go dira ditshwetso tsa kametlha tse di botlhale le tse di molemo.

Tlhatlhobo ya go ithuta gantsi e tsenngwa mo thulaganyong ya gago ya go ruta, moo teng go nnang monate le go nna le seabe mme mekgwa e e dirisiwang e thusa barutwana go itumelela seo. E go thusa go bona gore barutwana ba tlhoka thuso e e kana kang le go go kaela gore o kgone go ba ruta ka tsela e e tshwanetseng.

Ela tlhoko ka nako ya ditiro

Lebelela kafa barutwana ba dirang ditiro tsa bona mme o ba botse dipotso tse di ba kaelang go ba thusa.

Dumela le go Gana ka monwana wa kgonope

Dira seno morago ga thuto go bona gore barutwana ba go tlhalogantse.

Ditekete tsa go tswa

Barutwana ba thala kgotsa ba kwala sengwe mo go tsona morago ga thuto go bontsha gore ba tlhalogantse.

Tirisanommogo

Morutwana o akanya ka sengwe a le nosi, a bo a se tlotlela molekane wa gagwe ba bo ba se bolelela barutwana botlhe mo phaposing go tlhomamisa gore ba tlhalogantse.

Begela Molekane

Barutwana ba arolelana tiro ya bona le barutwana mmogo le bona le go ba naya pegelo e e rotloetsang ka ga se ba se dirileng.

Dintlha tse ba ithutileng tsona

Barutwana ba ikwalele dintlha tsa dilo tse ba ithutileng tsona ba tlhalose gore ba bona ba gatelopele jang.

Ditiro tse di dirwang lo le setlhopho le metshameko

Metshameko e e monate, e e dirwang ke bana botlhe e go thusa go bona gore ba kgona go dira eng.

Dipotso ka nako ya dithuto

Botsa dipotso tse di epang maikutlo go rotloetsa barutwana go tlhalosa megopolo ya bona le go kgona go baya mabaka.

Ditlathobho

Go dira tlathobho fa thuto e tswelutse go dira gore barutwana ba ele tlhoko kgatelopele ya bone, le go ba thusa go tsaya maikarabelo ka se ba ithutang sona. Fa o dira jalo o ba thusa gore ba tlhologanye se ba ithutang sona, mme ba tla ithuta mo go oketsegileng le go ikitsi botoka.

K-W-L (Itse-se o tshwanetseng go se itse-Se o se ithutileng) **ditshate**

Barutwana ba tlatse se ba se itseng, se ba batlang go se itse, mme kgantele se ba se ithutileng go kopanya se ba neng ba se itse le dikgopolo tse disha.

Mmapa Kgopolo

Barutwana ba dira dimmapa tse di bontshang se ba se itseng ka tshedimosetso e ba ntseng ba ithuta yona.

Puisano

Dira go barutwana ba buisane ka dikgang dipe fela tse di malebana le setlhogo se sesha.

Ditekete tsa go tswa

Barutwana ba tlhalose kafa tshedimosetso e ntšha e kopanang ka teng le se ba setseng ba se itse.

Go Konela Kgang

Neela tshimologo ya kang o bo o letla barutwana gore ba e feleetse ba dirisa se ba setseng ba se itse.

Ke eng se se tlaelang?

Neelana ka dikgopolo kgotsa ditshwantsho tse di sa felelang o bo o letla barutwana go tlatse diphatla ka go dirisa se ba setseng ba se itse.

Dipuisano tse di dirisanang

Simololang dithuto ka go kopa barutwana go tlotla ka kang e ntšha e e malebana le maitemogelo kgotsa kitso e ba setseng ba na le yona.

Dintlha tse ba ithutileng tsona

Barutwana ba bontsha beke le beke kafa tshedimosetso e ntšha e amanang ka teng le se ba setseng ba se itse.

Tlathobho ya go ithuta e dira gore o kgone go bona diphitlhelole tsa morutwana mo dikarolong tse di farologaneng ka nako e e rileng, mme seo se go thusa go lekanya kgatelopele yotlhe ya bona le go go thusa go dira ditshwetso tse di botlhale mo go se ba se ithutang.

Diteko tsa bofelo jwa setlha

Diteko tse di tlhomamisitsweng go tlhlotlhomisa gore ba itse se ba ithutileng sona.

Dikhwisi

Diteko tse di khutshwane go bona gore ba tlhologantse se ba ithutileng sona.

Dikabelo tse di kwalwang

Ditiro tse ba di kwalang go sekaseka gore ba tlhologantse se ba ithutileng sona.

Diporojeke

Ditiro tsa botsweretsi go bontsha gore ba ithutileng.

Ditlathobho tsa go Bala

Morutwana mongwe le mongwe a go balle go bona gore o kgona go bala ka thelelo.

Ditiro tse di Diragadiwang

Dirisa kitso mo maemong a a tlwaelegileng.

Diphotefolio

Go kgobokanya tiro e o setseng o e dirile go lekanya kgatelopele ya ngwana.

Ditiragatso tsa Molomo

Barutwana ba bua se ba se tlhologantseng.

Pegelo ya Kharikhulamo ya Bosetšhaba ya Mephato (NCS) e bua thata kitsopuisano, dipalo le bokgoni jwa botshelo e le tsone dikarolo tse tharo tsa konokono mo barutwaneng ba kgato ya motheo, mme ba tlhoka go e tlathobelwa. Lefapha la Thuto le tlamela ka Dikaelo tsa Letlhomiso la Kgato ya Motheo go ema barutabana nokeng mo go direng le go diragatseng dithuto tse di tsamaisanang le CAPS. Metseletsele eno e dirisa thuto ya dilo tse di farologaneng fa e tlhama diteng go thusa wena le barutwana ba gago go fitlhelela melawana le maikaelelo a tlathobho a a tlhomilweng mo NCS.

Mefuta ya ditlhatlhobo tsa Kgato ya Motheo

Lefapha le rotloetsa go dirisa mefuta e le 4 ya ditlhatlhobo tsa Kgato ya Motheo, tse di boletsweng mo Dikaelong tsa Tlhatlhobo tsa NCS:



Tlhatlhobo ya go bala mo Kgatong ya Motheo

Kopana le Lily, morutwana wa Mophato 3, yo o botlhale ebile a rata go itse le go o itumelela go tla kwa sekolong. Le fa gone a le matlhagatlhaga jaana, o le bana le dikgwetlho mo dirutweng tsotlhe tsa gagwe. Ka nako ya dithuto tsa puo, gantsi Lily o kopa go ya ntlwaneng ka gonne o tshaba gore morutabana o tla mo kopa gore a balele barutwana ba bangwe. Ka thuto ya dipalo, ga a kgone go tshwara dipalo tsa mafoko ka gonne ga a di tlhaloganye. Mo thutong ya Khomputara, ga a kgone go fetsa ditaelo tse di kaga ditiro mme mo Bokgoni jwa Botshelo o latlhegelwa ke tshedimose tso e ntsi ka gonne ga a kgone go bala buka ya serutwa seno. Barutabana ba gagwe ba ile ba lemoga sentle gore ga se gore Lily ga a tlhaloganye dirutwa tseno, go na le moo bothata ke gore ga a kgone go bala ka thelelo. E re ka a sa kgone go bala sentle, ga a tlhaloganye dipotso, le go latela ditaelo mme seno se dira gore a se ke a dirisa tshedimose tso e a e boneng mo dirutweng tsotlhe tsa gagwe.

Fa o akanya sentle ka barutwana ba gago, o tla lemoga gore ga se Lily fela a nang le bothata jono. Barutwana ba le bantsi ga ba kgone go bala go ya ka dingwaga tse ba solofetsweng go bala mo go tsone. Barutwana bano, fela jaaka Lily ba na le mathata mo dirutweng di le dintsi, e seng ka gonne ba sa di rate kgotsa ba se na bokgoni, le fa go ntse jalo lebaka ke gore ga ba ise ba nne le bokgoni jo bo lekaneng jwa gore ba kgone go tlhaloganya sengwe le sengwe se ba se balang. Kgwetlho eno e e tlwaelegileng e dirile gore go nne botlhokwa go baya kwa pele thuto ya go bala mo Kgatong ya Motheo, go tlhomamisa gore morutwana mongwe le mongwe o bona thuso e a e tlhokang gore a atlege.

Ditlhatlhobo tsa ka potlako tsa barutwana ba ba nang le bokgoni jo bo farologaneng

Fa barutwana ba ntse ba gatelapele mo Mephatong ya R-3, go tlwaelegile go lemoga mefuta e e farologaneng thata ya bokgoni le ya go ithuta mo phaposiborutelong. Fa barutwana ba bantsi ba kgona go ithuta dilo tse dintsi ka dinako tse di farologaneng, ba bangwe bone ba nna le mathata a go ithuta kgotsa a bogole jo bo rileng e leng se se ba kgoreletsang gore ba kgone go ithuta sentle. Go botlhokwa go lemoga dikgwetlho tseno go sa ntse go simologa, ka gonne go tsereganya ka nako go ka thusa barutwana bano gore ba atlege.

Loeto lwa ga Leah

Leah e ne e le morutwana wa Mophato wa 2 a le botlhale ebile a na le ponelopele, a rata go itse mme a na le bokgoni jwa go tlhama. O rata go thala le go bopa dilo ka diatla, gantsi o fetsa nako e ntsi a dira tiro ya gagwe ya botaki. Le fa gone Leah a na le bokgoni jaana, o na le dilo di le dintsi tse di mo gwetlhang kwa sekelelong. Ga a kgone go tlhoma mogopolo ka nako ya dithuto, segolobogolo fa go le modumo kgotsa ba le makgabe a dipapetla mo phaposing. Gantsi o tlhakana tlhogo fa go ka fetolwa tsela e a e tlwaetseng, e e jaaka go tla ga morutabana yo mongwe yo o seng wa gagwe kgotsa go fetola tsela e ba dulang ka yona, seno se dira gore a etsaetsege fa a kopiwa go tsaya seabe mo ditirong tse di dirwang ba le setlhopha.

Morutabana wa gagwe o ile a lemoga gore Leah o rata go dira dilo a le nosi, le gore ga se gantsi a tshamekang le bana ba bangwe ka nako ya boikhutso. Mo kgannyeng ya go neelwa ditaello, gantsi o bonala a tlhakane tlhogo kgotsa o tseega maikutlo, le eleng le fa ditaello tseo di boeleditswe kgapetsa. Le fa gone Leah a dira bontle mo ditirong tsa matsogo, ga a kgone go tlhalosa se a se akantseng fa a le mo phaposiborutelong mme o tla go sheba batho kafa matlhong, mme seno se dira go nne thata gore barutabana ba gagwe ba bue le ene.

Fa ngwaga wa sekolo o ntse o tswelela, motlhokomedi wa ga Leah le morutabana wa gagwe ba ile ba tsenwa ke tsebetsebe. Le fa a ne a dira bontle mo dirutweng tsa diatla tse di jaaka botaki, o ne a tshwara bothata jo bogolo fa a tshwanetse gore a buisane le batho ba bangwe, a tshameke le bone mme seno se ne se dira gore a se ke a itumela. Motlhokomedi wa gagwe o ne a tshwenyega gore ke ka ntlha yang fa Leah a tshwara bothata mo dilong tse bana ba bangwe ba dingwaga tsa gagwe ba di dirang motlhofo fela.

Morago ga go kopana le barutabana ba gagwe ka makgetlho a le mmalwa, go ilwe ga dirwa tshwetso ya go isa Leah gore a tlhatlhabiwe tlhologanyo. Ke gone moo go neng ga lemogiwa gore Leah o na le bolwetse jwa bokoa jwa tlhologanyo e leng autism spectrum disorder (ASD). Ka dingwaga di le dintsi, Leah o ne a ntse a tshwere bothata fa a tshwanetse go dira dilo, go buisana le batho le go tshameka mme go ne go se na yo o itseng gore molato ke eng.

Fa morutabana wa ga Leah le motlhokomedi wa gagwe ba sena go tlhologanya seno, ba ile ba dirisana mmogo go mo thusa gore a nne le legae le le molemo. Mo phaposiborutelong, morutabana wa gagwe o dirisa dithulaganyo tse di bonwang ke botlho go mo thusa go fetoga le maemo fa go tlhokega le go mo tlogela go ya kwa lefelong le le didimetseng fa a etseetsega. Leah o filwe gape le nako e e oketsegileng go dira ditaello tse a tlhokang go buela kwa godimo mo go tsone mme o letleletswe go dira le ditlhopha tse dinnye kgotsa go dira a le nosi fa go tlhokega.

Go tlhologanya bolwetse jwa gagwe ga go a thusa Leah fela gape go dirile gore morutabana

a kgone go mo neela thuso e e maleba. Mo tsamaong ya nako, Leah o setse a itshepa mo phaposiborutelong. O ithutile ditsela tsa go itshokela go dira ka diatla le gore o setse a simolola go phuthologa fa a na le batho ba bangwe. Ka thuso e e maleba, Leah o setse a dira bontle tota, e leng selo se se bontshang gore bolwetse ga se sekgoreletsisi mo botshelong, le fa go ntse jalo ke senotlolo sa go thusa go dirisa didirisiwa tse di tshwanetseng tsa go gola.

Kgang eno e gatisa botlhokwa jwa go lemoga matshwao a bolwetse jwa bokoa jwa tlhaloganyo (autism) go sa le gale le mathata afe fela a mangwe a a amanang le go ithuta kgotsa bogole, e leng se se thusang gore barutwana ba ba jaaka Leah ba bone thuso ya go fenywa dikgwetlho tsa bone le go dira dilo tse dikgolo.

Mokgwa wa go ruta o o akaretsang

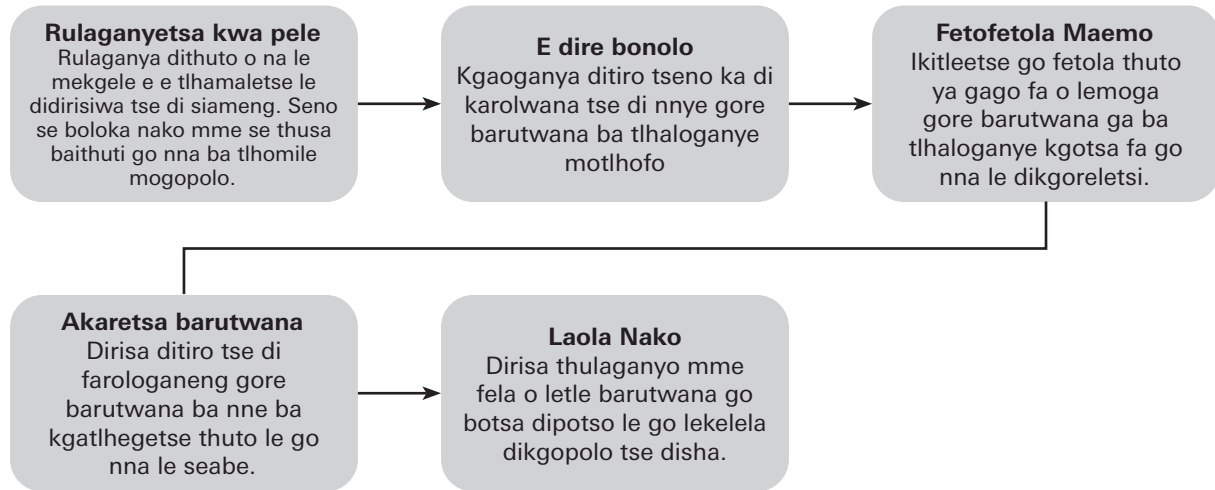
Thuto ya pharologanyo ke mokgwa wa go ruta o o akaretsang o gantsi o tlhomang mogopolo mo dilong tseo barutwana ba di lemogang le go di tlhaloganya tse di amang dilo tsa botlhokwa ka gore go akarediwe pharologanyo mo go tsone. Seno se dirwa ka gore barutwana ba tshware kgopolo e e tseneletseng fa ba e rutiwa ka ditsela tse di nang le dikai tse dintsi le ditsela tse di senang dikai e le gore ba bone dilo tse di farologaneng ka thuto eno le dilo tse di tshwanang ka yone.

Kgopolo ya motheo ya Thuto ya Pharologanyo ke gore barutwana ba ithuta botoka fa ba bontshiwa tsela e thuto e farologanang ka gone le kafa e tshwanang ka teng mo dilong tse di rutiwang. Seno se re bontsha gore barutwana ga ba kgone go tlhaloganya dilo sentle kwantle ga gore ba bone ditsela kgotsa maemo a kgang eno e farologaneng ka teng kgotsa e tshwanang ka teng. Fa o bontsha barutwana kgopolo ya se e leng sona le se e seng sona, ba tla kgona go itse go tlhophisa selo sa botlhokwa.

Fa re e tlhalosa ka tsela e e bonolo fela, fa o batla go ithuta kgopolo e e rileng sentle, ithute dilo tse e fetogang mo go tsona le mo e sa fetogeng teng. Seno se ba thusa go lemoga dikarolo tsa botlhokwa tsa kgopolo eo. Rona barutabana re ka thusa ka go bontsha dikai tse di farologaneng tse di tlotlomatsang dipharologanyo tseno, gore re thuse barutwana gore ba tlhaloganye mo go tseneletseng. Dikarolo tsa konokono tsa thuto ya pharologanyo mo go ruteng le mo go ithuteng di akaretsa:

1. **Tlhome mogopolo mo diponagalong tse di botlhokwa:** Morutabana o tlhomolola dikarolo tsa botlhokwa ka kgopolo e e rileng a bo a re neela dipharologanyo tse di gatisang diponagalo tseo.
2. **Dipharologanyo tsa Dipaterone:** Morutabana o dirisa dipaterone tse di farologaneng go thusa barutwana gore di farologana kae le gore di tshwana kae. Dipaterone tseno di akaretsa:
 - **Pharologanyo:** Go bontsha dikai tse di farologaneng go tlotlomatsa diphetogo.
 - **Kakaretso:** o dirisa dipharologanyo mo teng ga kgopolo e e rileng gore o tlhaloganye thuto mo go feletseng.
 - **Karogano:** o arola karolo nngwe le nngwe gore o bone botlhokwa jwa yona.
 - **Go kopanya:** Go kopanya dikarolo tse di botlhokwa gore o bone gore di tlhakana jang le kgopolo e e rileng.
3. **Temogo:** Fa barutwana ba itemogela dikai tse di farologaneng, ba tla kgona go lemoga dikarolo tse di botlhokwa le go nna le kgopolo e e tseneletseng ya se ba se rutiwang.

Go laola thuto ka tsela e e atlegang



Boitekanelo jwa Morutabana

Go ruta ke tiro e e nang le kgatelelo e kgolo mo bantsenape ba bantsi. Ga se fela gore ke tiro e e batlang nako e ntsi ya gago mme e na le dikgwetlho di le dintsi tsa go tlhoka didirisiwa, gape e na le dikotsi di le dintsi mo nageng ya rona e e nang le bosenyi le tirisodikgoka tse di kwa godimo. Ka ntlha ya mabaka ano go botlhokwa gore o nne le mekgwa e o e dirisang go itlhokomela, go fokotsa ditiragalo tse o tla iphitlhelang mo tsene mo kotsing.

Go ela tlhoko le go thatlhanya

Tsaya metsotso e le mmalwa letsatsi lengwe le lengwe gore o thatlhanye. Ikatiso ya go hema le go ritibatsa mogopolo di ka go fokoletsa kgatelelo ya maikutlo. Go na le di dirisiwa tsa mahala tsa go thatlhanya tse o ka iponelang tsona mo inthanete tse o ka di dirisang mo phaposiborutelong ya gago ka dinako tsa fa go didimetse.

Rotloetsa baagi ba ba tshegetsanang

Tsenela kgotsa o simolola setlhopha sa barutabana mmogo le wena go thusana le go ithuta. Go arolelana maitemogelo le ba bangwe go ka go thusa go lebana le dikgwetlho tsa go ruta le go go naya mekgwa e mesha ya go itshoka.

Go tshela sentle

Ja sentle, o ikatise le go tlhokomela lentswe la gago. Go nna le mekgwa e e siameng ya kametlha jaaka go nwa metsi, go ja dijo tse di nang le dikotla le go ikatisa kametlha di tla go thusa o na le matla le go sireletsa boitekanelo jwa gago.

Boitekanelo jwa mogopolo le jwa maikutlo

Go ruta bana ba basha, ba ba leng mo kotsing go ka go batla maikutlo. Go botlhokwa gore o nne le lefelo le le bolokesezileng koo teng o ka buang ka maikarabelo a gago ka tshosologo le go fokotsa boima jwa mogopolo jwa seabe se o se tshamekang.

Go laola phaposiborutelo

Go laola diphaposiborutelo tse dikgolo, e leng selo se se tlwaelegileng thata mo dikolong di le dintsi, e ka nna kgwetlho. Go dira dikaelo tse bana botlhe ba tlileng go di ikobela go thusa gore ba go tlotle le gore ba itumelele go ithuta. Go dira gore barutwana ba itlhophele mekgwa e ba tlileng go e dirisa mo phaposing le go ipeela mekgele ya go ithuta go dira gore ba rate ditaello tseno le go di ikobela ka tshosologo. Mekgwa e e siameng ya go laola phaposiborutelo e akaretsa:

- Go baya meelwane: Tlhalosa sentle melao le meelwane e e tlhomilweng go tloga fela kwa tshimologong mme o ba gopotse yone nako le nako.
- Tlwaelo le popego: Go tlwaela go dira dilo ka molao go thusa go laola diphaposiborutelo tse dikgolo.
- Tiro ya balekane: Go abela barutwana go dira ba le babedi kgotsa e le setlhopha go thusetsa gore ba rutane, ba dirisane le go rwala maikarabelo e le setlhopha.
- Dithuso tsa pono le tsa kutlo: Dirisa dithuso tsa pono (diphousetara, matshwao a diatla) le dithuso tsa kutlo (mmimo, go opa diatla) go godisa ditaello.
- Taelo e e farologantsweng: Dira gore dithuto tsa gago di fitlhelele ditlhoko tse di farologaneng tsa barutwana mo phaposing.

Go laola phaposi ya Mephato e mentsi

Mo diphaposing tsa mephato e mentsi, moo teng o rutang mephato e farologaneng ka nako e le nngwe, go botlhokwa gore o tlhaloganye bokgoni jwa morutwana mongwe le mongwe. Simolola dithuto tsa gago ka go ba dirisa ditiro tse di akaretsang barutwana botlhe, le go ba abela ditiro o ikaegile ka bokgoni jwa mongwe le mongwe wa bone. Ba neye ditiro mo ba berekang ba le babedi kgotsa e le setlhopha go dira barutwana ba dirisane mmogo, go sa kgathalesege gore ba na le bokgoni jo bo tshwanang kgotsa jo bo farologaneng. Tlhomamisa ditiro tse ba tshwanetseng go di dira go netefatsa gore barutwana botlhe ba tlhoma mogopolo le go araba ba gololesegile.

Go Tshegetsisa Mefuta e Farologaneng ya go Ruta

Mo phaposiborutelong nngwe le nngwe, e ka tswa o na le barutwana ba le 15, 20, kgotsa 40+, go tla nna le mefuta e e farologaneng ya go ruta. Tseno ke ditsela tse ka tsona barutwana ba anyang tshedimosetso, le go e dirisa, ba e tlhaloganya le go e gopola. Go ruta mo tikologong e e akaretsang, go botlhokwa gore o ele tlhoko le go tshegetsisa mofuta wa go ithuta wa morutwana mongwe le mongwe mme o ba tlwaetse mokgwa o wena o rutang ka one gore o fitlhelele se ba se tlhokang.

Go ya thulaganyo e e bidiwang VARK, mefuta ya go ruta e sobokantswe ka ditlhopha tse dikgolo di le nne:

- Go ithuta ka dilo tse ba di bonang: Ono ke mofuta o o tlwaelegileng thata. Barutwana bano ba dira bontle tota fa ba bontshiwa se ba rutiwang ka sona, jaaka dithalo, ditshate le go lemosiwa.
- Go rutwa ka dilo tse ba di utlwang: Barutwana bano ba tlhaloganya tshedimosetso bonolo fa ba utlwa, ba bua ka yona le fa ba e reeditse. Metlotlo le go tlhalosediswa dilo go ba thusa go tlhaloganya dikgopolo tse disha.

Ditlhatlhobo

- Go rutwa ka go Balelwa le go Kwalelwa: Barutwana mo setlhopheng seno ba dira bontle fa ba buisa le fa ba kwala. Ba ipabola mo go tlhaloganyeng tshedimose tso e e kwadilweng ebile ba kgona go gopola dilo thata.
- Go ithuta ka go Ama/go Tshwara: Barutwana bano bone ba rata go ithuta ka go itirela dilo. Ba tlhaloganya tshedimose tso ka go tshwara selo se ba rutwang ka sona ka diatla, go se tsamaisa le go dira ditiro tse e nnang karolo ya se go rutiwang ka sona, ka go dira jalo ba ipabola mo tirong ya diatla.

Setlhogo 1 Ka ga Me

Karolo ya thuto	Ka ga Me
Nako ya go ruta	Diura tse 5
Matswela a thuto	<p>Kwa bokhutlong jwa setlhogo seno, barutwana ba tshwanetse ba bo ba kgona go:</p> <ul style="list-style-type: none"> • tlhama le go buisana ka lenaneonako la botshelo jwa bone go akaretsa letlha la matsalo, letlha le ba simolotseng sekolo ka lone le ntlha e e kgathhisang ka ga bone • tlhagisa pontsho le go bolela selo se se kgathhisang sa mo nakong e e fetileng • bontsha gore ba tlhaloganya nako le phetogo le gore e nna jang karolo ya hisetori ya bone ya sebele.
Dikgono	Go itlotla, matlha a khalendara / dingwaga / ditiragalo tse di latelanang, lemoga, bapisa, buisana, tlhagisa ditiragalo tse di latelanang ka ditshwantsho le mafoko.
Kitso	<ul style="list-style-type: none"> • Matlha le ditiragalo • Rekota • Batlisisa / Botsa bagolo
Boleng	Go itlotla le go tlotla ba bangwe
Boikutlo	Itshokelana
Kitso ya tshimologo	Dikgono tse di latelanang, kitso ya letsatsi le letsatsi, dilo tse di tshwanang le dilo tse di farologaneng
Dipotso tse di tsenel-etseng tse di dirang gore o akanye	<ul style="list-style-type: none"> • Ke tswana le ditsala tsa me ka eng? • Ke farologana jang le ditsala tsa me?
Kopanyo	<p>Puo ya gae: Go reetsa le go bua: Puo e e ipaakanyeditsweng le e e sa ipaakanyediwang</p> <p>dikakanyo le maitemogelo le go bontsha fa a tlhaloganya dikgopolo.</p> <p>Dipalo: Dipopego tsa 2D le tsa 3D, kopanyo ya kgopolo ya paterone ka go dirisa ditirwana tsa Botaki jwa Boitlhamedi.</p>
Go akaretsa le go farologanya	<ul style="list-style-type: none"> • Ditiro di letla gore o nne le bokgoni jo bo farologaneng jwa go ithuta le go dira gore o ikutlwe o le leloko la setlhopha se o berekang le sone o bo o dire mmogo le sone. • Pharologanyo e dirwa ka ditiro tse di maleba tsa go taka mo Buka ya Morutwana le ka ditiro tse di kgothaletsang go akanyetsa le go abelana ka setso.
Mokgwa wa go ruta	Puisano, pontsho, taelo, go botsa dipotso, tlhatlhobo e e tlhomameng
Tlhatlhobo	<p>O neilwe dimemorantamo le dirubiriki le dilo tsa go tshwaya go kaela thulaganyo ya tlhatlhobo e e tsweleng pele le e e sa tlhomamang ka ditiro le mekgwa ya go ikatisa.</p> <p>O neilwe tiro ya tlhatlhobo e e tlhomameng e e kwalwang le memorantamo wa teng mo karolong ya kitso ya tshimologo le itekanelo le botsogo jwa motho a le esi le jwa setšhaba kwa bokhutlong jwa kgweditharo. O nwa dirubiriki go tlhatlhoba Botshweretsi Jwa Boitlhamedi le Thuto ya go Itshidila Mmele.</p>
Didiriswa tse di atlanegis-itweng	Buka ya Morutwana, dibukatiro tsa DBE ditsebe 8, dimakasine, sekere, sekgomaretsi, pene / diphensele, ditshwantsho le dibuka tsa tshedimoseitso, dikarata tsa puiso le diphousetara, tlotlofoko ya Boto ya Tsepamisa le Lebota la Mafoko, dibuka tsa laeaborari

A re simolole

Buka ya Morutwana tsebe 1

Mmogo le barutwana, leba ditshwantsho tsa ga Neo tse di mo tsebe 1 mme o buise tshedimosetso ka ga gagwe. Gatelela ntlha ya gore rotlhe re kgethegile. Rotlhe re lebega ka tsela e e farologaneng, re na le malapa a a farologaneng mme re rata kgotsa ga re rate dilo tse di farologaneng. Rotlhe re keteka malatsi a a kgethegileng ka ditsela tsa rona. Simolola puisano e khutshwane ka ga dilo tse di tshwanang le dilo tse di sa tshwaneng fa gare ga barutwana le Neo. Dipotso tsa go thusa puisano di ka akaretsa go botsa barutwana dingwaga tsa bone, gore ba dula le mang le gore mebala e ba e ratang ke efe.

Barutwana ba dira mongwe le mongwe a le esi.

Kaedi ya se se dirwang

Morago ga puisano, buisa dipotso tsa 'A re simolole' le barutwana, o tthalosa tlotlofoko epe e e ka tswang e le ntšha. Tthalosa gore ba tla feleletsa dipotso ka bobone. Fa ba ntse ba dira, tsamayatsamaya o ba kaela le go ela tlhoko mathata a go buisa kgotsa go peleta.

Dikarabo tse di ka tswang

Dikarabo di tla fapaana gonne go na le dikarabo tsa sebele tse di kgethegileng tsa morutwana mongwe le mongwe. Setshwantsho sa gagwe se se thadilweng se tshwanetse go tlhagisa ene le tsala.

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 8

Diphensele tsa mebala tsa setshwantsho se barutwana ba se thalang



Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **Ratang** – sengwe se o se ratang go gaisa
- **naga** – karolo e kgolo ya lefatshe moo setlhopha sa batho ba dulang mmogo

Tirwana 1

Buka ya Morutwana tsebe 2

Barutwana ba dira mongwe le mongwe a le esi.

Kaedi ya se se dirwang

Buisa motlotlo o mokhutshwane fa gare ga Kevin le Adamu le barutwana. Bolelela barutwana gore go simolola tlelase e nišha, mophato kgotsa sekolo ke tšhono e e siameng ya go kopana le ditsala tse dintšha. Dirisa tšhono go kaya gore ditsala tsa rona di ka tswa di tswa kwa mafelong a a farologaneng e bile ba bua dipuo tse di farologaneng. Botsa ka mafelo a botsalo le dipuo tse barutwana ba di buang.

Bolelela barutwana gore ba akanye gore ba sa tswa go kopana le mongwe yo montšha. Jaanong dira gore ba feleetse lenaane la dilo tse ba ka ratang go di bolelela tsala ya bone e nišha. Le fa bontsi bo tshwanetse go itse tshedimose tso, baya gaufi matlha a bone a matsalo go thusa bana bape ba ba akabalang.

Dikarabo tse di ka tswang

Dikarabo tsa barutwana di tla akaretsa dingwaga tsa bone, letlha la botsalo, phologolo le setshamekisi se ba se ratang. Letlelela dikarabo dipe tse dingwe tse di neelang tshedimose tso ka ga bone le se ba se ratang kgotsa se ba sa se rateng.

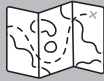
Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 2-3

Rubiriki ya tlathobo e e sa thomamang:

Morutwana o ne a kgona go:	?	?
kwala leina le sefane le dingwaga tsa gagwe		
neela letlha le lefelo la botsalo		
neela tshedimose tso ka ga se a se ratang kgotsa se a se rateng		
bontsha tlotlo ya dilo tse di farologaneng.		



Nako ya go utolola

Thuto e e Kopantsweng ya Itshidilo Mmele: Metshameko ya setso Barutwana ba rulagantswe ka ditlhopha.

Kaedi ya se se dirwang

Tlhalosa motshameko o Adamu a o tshamekang. Botsa barutwana ka ga metshameko e ba e ratang. Fa nako e letla, dira gore barutwana ba leke go tshameka motshameko wa 'dikgang tse 5'. Tlhalosa gore o tshamekiwa mo dinageng tse dintsi mo lefatsheng.

Dikarabo tse di ka tswang

Eno ke tirwana e e kgonegang e barutwana ba tshamekang motshameko o o rileng mo go yone.

Didiriswa

Buka ya Morutwana, dijana, matlapa a mannye

Tirwana 2

Buka ya Morutwana tsebe 4

Barutwana ba rulagantswe ka ditlhopha.

Kaedi ya se se dirwang



Itsise kgopolo ya lenaneonako fa le ntse le lebile ditshwantsho. Gatelela ntlha ya gore lenaneonako la sebele la morutwana mongwe le mongwe le simolotse fa a ne a belegwa mme le akaretsa dilo tsa botlhokwa tse di diregileng mo botshelong jwa gagwe go fitlha ga jaana. Kgaoganyana barutwana ka ditlhopha gore ba buisane ka ditshwantsho. Rotloetsa barutwana go amanya ditshwantsho le ditragalo tse di tshwanang le tsone tsa mo matshelong a bone le go bolelela ba ba mo setlhopheng sa bone. Gakolola barutwana ka go refosana le go fofota ba bangwe ba ba buang.

Tlhalosa gore ba tla botsa mogolo ka ga tiragalo e e kgethegileng ya mo nakong e e fetileng mme ba kwala dipolelo tse tlhano ka ga seno. Seno se tla tlhoka go dirwa jaaka tirogae, ka jalo netefatsa gore ba fiwa nako e e lekaneng le gore ba itse gore kgang ya bone e solofelwa go fediswa leng.

Dikarabo tse di ka tswang

1. Barutwana ba leba ditshwantsho ba bo ba bua mo ditlhopheng tsa bone gore go diragala eng mo go sengwe le sengwe sa tsone.
2. Ba bua ka dilo tse di kgethegileng tse ba di gakologelwang mo botshelong jwa bone.
3. Barutwana ba tshwanetse go kwala dipolelo tse tlhano ka ga tiragalo e e diragetseng mo nakong e e fetileng.
4. Dikarabo di tla fapaana gonne go na le dikarabo tsa sebele tse di kgethegileng tsa morutwana mongwe le mongwe.

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 2-3



Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotliwa ka tsone.

- **lenaneonako** – sengwe se re se dirisang go tlhalosa tatelano ya dilo tse di diregileng ka yone. Go tswana le go bolela kgang ka go dirisa ditiragalo tsa botlhokwa go tlhalosa gore go diragetse eng, go direga eng kgotsa go ka direga eng mo isangong.

Tirwana 3

Buka ya Morutwana tsebe 5

Botaki jo bo Kopaneng jwa Boithamedi: Tlhama ka 2D

Barutwana ba dira mongwe le mongwe a le esi.

Kaedi ya se se dirwang

Buisanang ka ditshwantsho tsa lenaneonako mo Bukeng ya Morutwana le barutwana. Rotloetsa puisano moo ba tshitsinyang ditiragalo tse dingwe tse di ka tswang di le botlhokwa mo go bone, jaaka go kgolega leino la bone la ntlha kgotsa go nna le seruiwa.

Jaanong tlhalosa gore mongwe le mongwe wa bone o tla itirela phousetara e e bontshang dilo tse di kgethegileng tse di nnileng ditiragalo tsa botlhokwa tsa mo matshelong a bone. Netefatsa gore ba na le didiriswa tsa botaki mme o dire gore ba nne le nako mo sekolong le kwa gae go feleletsa, gonne ba tla tlhoka go buisana ka ditiragalo le balelapa mme go na le kgonagalo ya go dirisa dinepe.

Dikarabo tse di ka tswang

Ditiragalo tsa lenaneonako di tla fapaana. Dirisa rubiriki e e fa tlase go dira tlhatlhobo e e sa tlhomamang ya tirwana.

Didiriswa

Buka ya Morutwana, pene / phensele
 Buka ya DBE ditsebe 2-3
 Khateboto, dipene tsa mebala, dikheraeyone, sekere le sekgomaretsi

Rubiriki ya tlhatlhobo e e sa tlhomamang:

Morutwana o ne a kgona go:	✓	✗
thala lenaneonako		
dirisa ditshwantsho tse di thadilweng le / kgotsa ditshwantsho go tlhalosa ditiragalo		
tlhama mokwalotlhaloso go tlhalosa ditiragalo		
dirisa mefutafuta ya mekgwa ya tlhaeletsano ka tsela e e lokologileng		
tlhagisa phousetara ya gagwe ka tsela e e tlhaloganyesegang mo tlelaseng.		

Selo se se kgathisang go tswa mo nakong e e fetileng

Tirwana 4

Buka ya Morutwana tsebe 7

Barutwana ba dira mongwe le mongwe a le esi.

Kaedi ya se se dirwang

Leba ditshwantsho le barutwana mme o ba kope go tlhalosa gore ba bona eng. Rotloetsa puisano, tlhalosa bokao jwa 'nako e e fetileng' le 'nako ya ga jaana' mo maemong a a rileng. Fa go kgonega, tlisa selwana se le sengwe kgotsa tse pedi kgotsa dinepe go tswa mo nakong ya gago e e fetileng go bontsha barutwana jaaka matseno a pontsho ya bone mme o ba bolelele tirwana.

Tlhalosa gore mongwe le mongwe o tla letlelelwa go tlisa selwana go tswa mo nakong ya bone e e fetileng go se bontsha tlelase le go ba bolelele ka ga sone. Ba letlelele go buisana ka dikakanyo dingwe mme o netefatse gore ba a itse gore ba tlele go dira tlhagiso leng.



Dikarabo tse di ka tswang

Lenaane la dilo tse di nyalantsweng le tla fapaana go ya ka dilwana tse di tlhophilweng ke morutwana. Amogela dilwana tsotlhe tse di nepagetseng ka bobedi jwa tsone.

Didiriswa

Buka ya Morutwana, pene / phensele

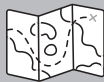
Buka ya DBE ditsebe 2-3

Ditshwantsho le / kgotsa dilwana tse di kgonang go tshwarwa tsa tlaleletso tse di bontshang nako e e fetileng le nako ya ga jaana.



Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **Sa** nako e e fetileng – sengwe se se setseng se diragetse
- **Sa** ga jaana – sengwe se se diregang gone jaanong
- **kgatlhisang** – sengwe se o batlang go utlwa ka ga sone, se ngoka kgatlhego ya gago

**Nako ya go utolola**

Buka ya Morutwana tsebe 8

Botaki jo bo Kopaneng jwa Boithamedi: Tlhama ka 2D le 3D

Kaedi ya se se dirwang

Simolola ka go tlhalosa gore phiramiti ke kago ya mo nakong e e fetileng. Ba botse gore ke dipopego dife tsa 2D le 3D tse ba kgonang go di bona.

Tlhalosa gore jaanong ba tla ithuta go thala setshwantsho sa phiramiti. Ka go dirisa ditaello tse di mo Bukeng ya Morutwana, bontsha seno fa ba e thala mo botong, ka mokgwa o o bonolo wa go dira kgato ka kgato. Netefatsa gore barutwana botlhe ba feditse kgato pele ga o sutela kwa kगतong e e latelang go fitlhelela ba fetsa go thala.

Jaanong o ka naya barutwana tege ya go tshameka le go ba kopa go leka go dira phiramiti ka 3D. Fa ba itemogela bothata jwa go akanyetsa ka 3D, bontsha sekai sa phiramiti ya 3D.

Dikarabo tse di ka tswang

Eno ke titwana e ba dirang mo go yone moo ba agang phiramiti ya 3D.

Didiriswa

Buka ya Morutwana

Didiriswa tsa botaki rula, diphensele, pampiri, tege ya go tshameka.

Letlelela barutwana ba ba nang le di kgwetlho tsa go ithuta go taka kgotsa go dirisa ditshwantho tsa di phiramiti tse di farologaneng.

Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **Moegepeto** – motho yo o dulang kwa nageng ya Egepeto
- **phiramiti** – kago e kgolo e e agilweng mo nakong e telele e e fetileng e e nang le popego ya khutlotharo



A re bone

Buka ya Morutwana tsebe 9

Kaedi ya se se dirwang

Tlhalosa gore barutwana ba tla dira phousetara e e ka ga bone. Ba letle go buisa le go latela ditaello ka boikemedi. Dirisa bokgoni jwa bone jwa go dira ka boikemedi mme o kope thuso ya go tlathhobo maemo a bone a go tlhaloganya le bokgoni jwa go buisa, go tlhaloganya le go latela ditaello.

Tlhalosa gore potsolotso ke eng pele ga bana ba tshwaragana le go feleletsa potso 2. Ba bolelele gore ba kwale pele nomoro mme ba kwale dipotso tsa bone mo bukatirong ya bone. Morago baya barutwana ka bobedi mme o ba fe nako ya go botsolotso le ya go kwala dikarabo. Neela morutwana mongwe le mongwe tšhono ya go bua gore o ithutile eng ka tsala ya gagwe mo potsolotsong.

Dikarabo tse di ka tswang

1. Diphousetara di tla fapaana mme di tshwanetse go akaretsa dikarolo tsotlhe tse di tlhalositsweng mo Bukeng ya Morutwana. Dirisa lenaane-netefatso go tlathhoba.
2. Barutwana ba tshwanetse go itirela dipotso tse tlhano tse di maleba ka ga tshedimosetso ya sebele, se ba se ratang le se ba sa se rateng. Netefatsa tiriso e e nepagetseng ya mafoko a a botsang (kae, eng, leng, jang ji.) le tiriso ya matshwao a potso. Dikarabo tse di kwadilweng le tsone di tshwanetse go tlathhobiwa ka tsela e e sa tlhomamang mo mopeletong, thutapuo le matshwaopuiso. Tlhagiso ya se ba se ithutileng ka tsala ya bone e ka tlathhobiwa jaaka tlhagiso ya molomo (puo).

Didiriswa

Buka ya Morutwana

Khateboto, dikheraeyone, dimakasine, sekere, sekgomaretsi

Dipina/motshameko wa tekathaloganyo/ metshameko ya tlaleletso

Motshameko wa boto wa tsotlhe ka ga me

Tsela ya go tshameka: Kgaoganya barutwana ka ditlhophha. Dira dikhopi tsa thempoleiti ya motshameko wa boto (Letlharetiro la Didiriswa 1). Dira gore leloko lengwe le lengwe la setlhophha le tle ka dipotso tse 1-2 tsa setlhogo gore ba di kwale mo dibolokong (go ya ka palo ya barutwana ba ba mo setlhopheng), ba tlogela diphatlha dingwe di le lolea. Fano ke dikakanyo dingwe tsa dipotso tsa setlhogo fa e le gore barutwana ba tlhoka kaelo:

- O rata motshameko ofe wa boto / motshameko wa kwa ntle / motshameko wa mo ithaneteng?
- O rata motshameko ofe?
- O dula le mang?
- O rata semonamone sefe?
- O rata leinane lefe?
- O rata lenaneo lefe la TV?
- O rata letsatsi lefe la boikhutso le balelapa la gaeno ba le ketekang?

Neela barutwana tease le dibadi. Dira gore ba refosanele go relela le go araba dipotso ka ga bone go fitlhelela ba fitlha mo bofelelong mme ba dirile ka go lekana.

A bogolo o ka?

Tsela ya go tshameka: Motshameko ono o ka nna wa metlae kgotsa o o masisi mme o dira sentle jaaka matseno a 'go itsane'. Barutwana ba tshwanetse go tlhophha fa gare ga maitlhophelo a mabedi le go tlhalosa dikarabo tsa bone ka go neela mabaka. Netefatsa gore morutwana mongwe le mongwe o araba bobotlana potso e le nngwe. Fa go na le nako e e lekanyeditsweng, ba kgaoganye ka ditlhophha mme o fe setlhophha sengwe le sengwe metsotso e le mmalwa go buisana ka karabo ya bone. Go na le dikakanyo tse dintsi tsa dipotso tse di teng mo inthaneteng. Fano ke dikakanyo dingwe tsa dipotso:

- A bogolo o ka thuma le dišaka kgotsa o ka robala mo bolaong le dinoga bogolo?
- A bogolo o ka boela dingwaga tse 10 mo nakong e e fetileng kgotsa a o ka ya dingwaga tse 10 mo isagong bogolo?
- A bogolo o ka ja lee le le tala kgotsa khukhu bogolo?
- A bogolo o ka nna le letsatsi la boikhutso kwa lobopong kgotsa kwa sekgweng bogolo?
- A bogolo o ka batla go kgona go fofa kgotsa go sa bonwe ke ope bogolo?

- A o ka rata go nna le roboto e e kgonang go dira tirogae ya gago kgotsa e e kgonang go dira ditiro tsa gago tsa fa gae bogolo?

Motshameko wa lenaanenako wa 'Lefatshe le dikologa letsatsi'

Tsela ya go tshameka: A barutwana ba eme mo sedikong. Baya sediko se se serolwana sa pampiri kgotsa karata mo gare ga sediko go bontsha letsatsi. Naya ngwana mongwe le mongwe khopi ya Letlharetiro la Didiriswa 2 le phensele, tse ba di bayang mo fatshe mo pele ga bone

Ba bolelele mafoko a pina e e nang le molodi o o tshwanang le khorase ya 'Molemirui o kwa lefelong le le tletseng ditlhare'.

Lefatshe le dikologa letsatsi

Lefatshe le dikologa letsatsi

Ngwaga o le mongwe o o tletseng o a feta

mme re bangwe!

Mola wa bofelo wa temana o tla fetoga le tikologo nngwe le nngwe ya 'letsatsi' go pedi, tharo, nne jj.

Barutwana ba opela seno fa ba ntse ba tsamaya ba dirile sediko go dikologa 'letsatsi'. Morago ga tikologo nngwe le nngwe, ba ema mo pampiring ya bone le go thala sengwe se ba ka se dirang mo dingwageng tseo. (Neela ditshitsinyo tsa dikgato tsa dingwaga tse di kwa tlasenyana.) Kwa bofelong jwa tirwana, barutwana ba kgona go tlhagisa lenaneonako la dikgato tsa bone mo phaposiborutelong.

Dipina le Metshameko

Botaki jwa Boithhamedi le PE

Mo tirwaneng eno o tla tlhoka dibolo tse di ragiwang, le theipi kgotsa tšhoko go tshwaya dintlha tse go simololwang mo go tsone tsa ditirwana tsa diatleletiki. Ithutafatse ka go tsepamisa mo go hemeng (sekai, goga mowa ka bontsi mme o itire e kete o butswela baluni ka iketlo). Latela meikotlololo e e bonolo, o otlolola matsogo mme o kobege mo lethekeng.

Tiriso ya letsogo la moja kgotsa molema: Baya barutwana ka bobedi mme dira gore ba ragele bolo kwa morago le kwa pele, ba refosana fa gare ga lenao la moja le la molema.

Moribo: Dira gore barutwana ba eme mo ntlheng ya tshimololo mo moleng wa kgaisano ya lebelo ya botsalano. Bontsha gore ba kotame jang le go ipaakanya pele ga go tloga ka lebelo fa ba taboga sekgala se se khutshwane (emang ka menwana... ipaakanye... tloga!).

Jaamong dira gore ba eme kwa ntlheng ya tshimologo mme o tlhalose gore ba tlile go leka go tlolela kgakala ka moo ba ka kgonang ka teng ka go refosanya dinao (bontsha go tlola sekgala). Dira gore ba leke seno makgetlho a le mmalwa go fitlhela ba lemoga gore ke lenao lefe le ba ikutlwang sentle go tloga ka lone.

Tsidifatsa mmele ka go dira gore barutwana ba robale ka mekwatla le go akanya ba hema jaaka phefonyana e e sa fokeng thata.

Rubiriki ya thathobo e e sa tlhomamang:

Morutwana o ne a kgona go:	✓	×
tsaya karolo mo ditirwaneng tsa tlwaelo tsa go ithutafatsa le go itsidifatsa mmele		
raga bolo ka lenao la molema le la moja ka bobedi		
tsaya karolo mo motabogong wa ka bonako ka go balela kwa morago ka moribo o o rileng		
tlhomamisa maemo a tlogo a a mo siametseng mo go tlo leng sekgala.		

Go loga leano le go ranola

Ka go dirisa pina e e bonolo e e itsiweng ke barutwana. Dira gore ba thutafatse lentswe ka go opela mmogo, ka molodi o o tshwanang, ka mokgwa o e tlhabeleditsweng ka one le ka nako e e tshwanang.

Jaanong dira gore barutwana botlhe ba dule mo didsekeng tsa bone. Ba tla tlhama dipaterone tsa moribo ka go dirisa seletswa sa mmimo, ba itaya dideseke tsa bone le ka go opa diatla tsa bone. Simolola ka go ba ruta moribo o o bonolo, opa diatla gabedi mme dira jalo gangwe ba itaya dideseke tsa bone.

O ka atolosetsa seno go nna moribo o motelelenyana fa e le gore barutwana botlhe ba a kgona, ka go kwala mo botong le go ba tlwaetsa go bala moribo.

Go tla nna mosola go tlhalosa dikgato le dinako tsa go ikhutsa.

Boleele jwa dinoto:

- Semiborebi (noto e e tletseng): dikgato tse nne
- Minim (noto e e halofo): dikgato tse nnete
- Kerotšhete (noto ya kotara): noto e le nngwe

Boleele jwa boikhutso:

- Boikhutso jwa semiborebi: dikgato tse nne
- Boikhutso jwa minim: dikgato tse nnete
- Boikhutso jwa kerotšhete: noto e le nngwe

Fa go setse go tlhomamisitswe moribo, tshameka motshameko wa terama ka go dira gore bana ba bitse maina a bone go tsamaisana le moribo. Seno se ka golaganngwa le setlhogo le go atolosiwa ka go bitsa dijo tse ba di ratang, diphologolo tse ba di ratang jalo le jalo.

Go khutlisa seno, bontsha barutwana setshwantsho gape sa fa Adamu a ruta ditsala tsa gagwe go tshameka motshameko. Kgaoganya barutwana ka ditlhophha mme o ba letle go dira tiragatso ya gore ba nne ditsala tse di ithutang motshameko. Ba rotloetse gore ba feteletse seno le go ja monate ka gore motshameko o tshamekiwa jang.

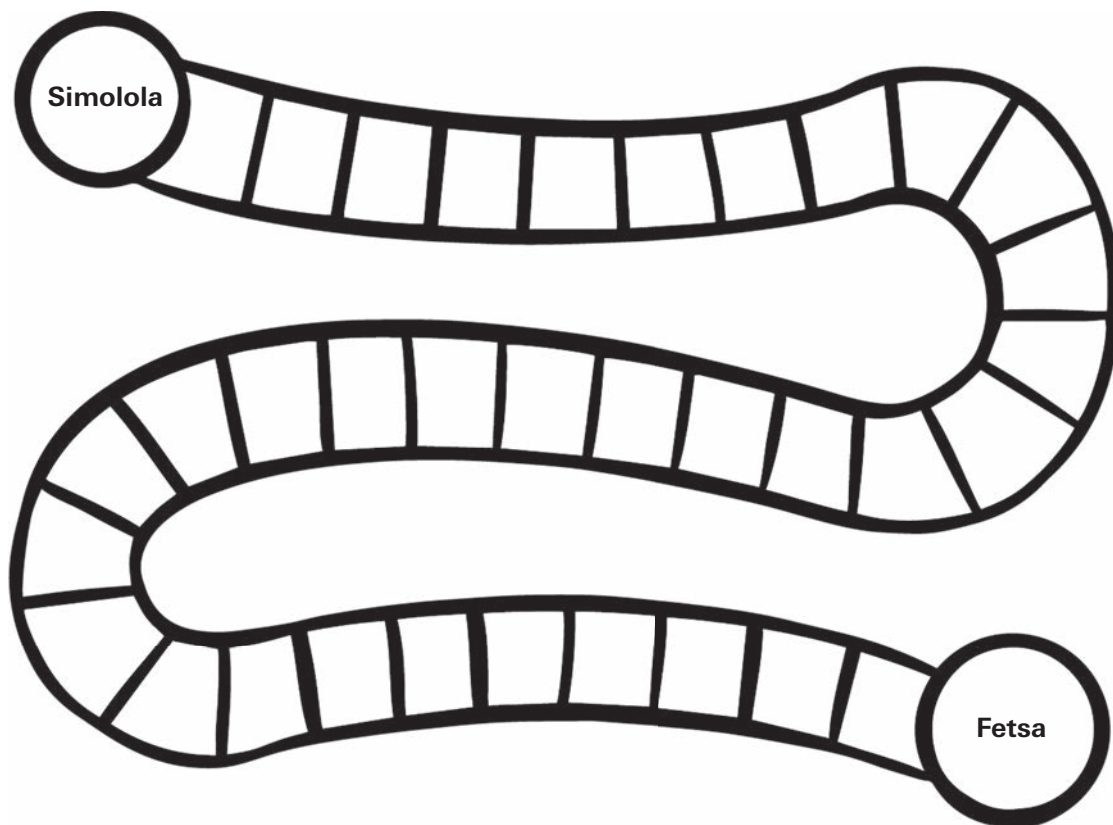
Rubiriki ya thathobo e e sa thomamang:

Morutwana o ne a kgona go:	✓	✗
opela pina e e itsegeng mmogo le ba bangwe		
tsweletsa moribo o o bonolo o dirisa seletswa		
tshameka motshameko wa terama go tsamaisana le moribo		
tsaya karolo mo tiragatsong.		

Letharetiro la Didiriswa 1

Leina le sefane:	
Mophato:	Letsatsi:

Sekai:



1. Feleletsa dipolelo:

Leina la me ke _____

Ke na le dingwaga tse _____.

Ke (mosimane/

mosetsana) _____

Ke belegwe ka la (letsatsi) _____ ka

_____ (kgwedi) ka _____ (ngwaga).

Naga e ke belegetsweng mo go yone

ke _____.

Sekolo se ke se tsenang ke

_____.

Leina la morutabana wa me ke

_____.

Leina la tsala ya me ke _____.

Dijo tse ke di ratang ke _____.

Mmala o ke o ratang ke _____.

2. Thandi o leka go dira lenaneonako la dilo tse di diregileng mo botshelong jwa gagwe. Di mmeele ka go latelana ka go kwala 1, 2, 3, 4, kgotsa 5 mo sekwereng se se bapileng le tiragalo.

	Ke kopane le morutabana wa me yo montšha mo Mophato 3!
	Ke belegetswe mo Aforika Borwa.
	Ke simolotse go tsenda sekolo se sentšha mo Mophato 1.
	Ke nnile le ntšanyana e ntšha mo Mophato 2.
	Ke ithutile go tsamaya le go bua.

3. Balelapa la gago ke karolo ya botlhokwa ya nako ya gago e e fetileng le ya ga jaana. Thala setshwantsho sa bone fano:

Setlhogo 2 Maikutlo



Karolo ya thuto	Maikutlo
Nako ya go ruta	Diura tse 7.5
Matswela a thuto	<p>Kwa bokhutlong jwa setlhogo seno, barutwana ba tshwanetse ba bo ba kgona go:</p> <ul style="list-style-type: none"> • lemoga maikutlo a a farologaneng mo go bone le mo go ba bangwe • bapisa maikutlo a a farologaneng le go tlhaloganya gore a ka fetoga ka tsela e e ntseng jang mo maamong a a farologaneng • bua ka maikutlo a bone ka ditsela tse di itekanetseng ba dirisa mafoko, ditlhagisomaikutlo ba dirisa sefatlhego le dikarolo tsa mmele • tlhagisa maikutlo ka tsela e e itekanetseng, ba tlhaloganya botlhokwa jwa go itsise le go bua ka maikutlo.
Dikgono	<ul style="list-style-type: none"> • Dikgono tsa go Lemoga sengwe: Lemoga le go bua maina a maikutlo a a farologaneng. • Bokgoni jwa go bapisa le go farologanya dilo: Bapisa maikutlo a a farologaneng le bogale jwa seo. • Bokgoni jwa go buisana le ba bangwe: Tlhagisa maikutlo ka mafoko le puo ya matsogo. • Bokgoni jwa go tlhagisa maikutlo ka tsela e e itekanetseng: Bontsha maikutlo ka tsela e e itekanetseng le e e bontshang tlotlo.
Kitso	<ul style="list-style-type: none"> • Barutwana ba tshwanetse go nna le kitso e e oketsegileng ya go tlhaloganya maikutlo a bone le go lemoga maikutlo a a farologaneng. • Ithuta go tlhagisa maikutlo a bone ka ditsela tse di itekanetseng le tse di maleba.
Melawanattheo ya maitsholo	<ul style="list-style-type: none"> • Tlotlo ya didiriswa: Dirisa didiriswa tsa tlholego ka kelotlhoko le ka maikarabelo • Go batla go itse: Nna le kgatlhego ya go ithuta gore dilo di dirwa jang
Maitshwaro	<ul style="list-style-type: none"> • Go itlotla le go tlotla ba bangwe: Tlotla le go itumelela maikutlo a gagwe le maikutlo a ba bangwe. • Itshokelano: Go kgona go amogela maikutlo a a farologaneng le ka moo batho ba a tlhagisang ka gone.
Kitso ya tshimologo	<p>Barutwana ba tshwanetse go nna le kitso ya pele ya maikutlo a motheo, go akaretsa gore ba ikutlwa jang le gore ke goreng a le botlhokwa. Ba tshwanetse gape go kgona go lemoga ditshupo tsa maikutlo tse di jaaka tlhagisomaikutlo ka sefatlhego le ka dikarolo tsa mmele.</p> <p>Go lebeletswe gore go nne le pharologanyo mo kitsong e ba neng ba na le yone pele, gore fa go dirwa tiro nngwe go simolola setlhogo seno se ka dirisiwa go bona dipharologanyo tseno mme se dire gore go ruta e nne go go akaretsang bana botlhe.</p>

<p>Dipotso tse di tseneletseng tse di dirang gore o akanye</p>	<ul style="list-style-type: none"> • O nagana gore maikutlo ke eng? • O ikutlwa jang fa o tsoga gore o ye sekolong? • Akanya ka nako e o neng o ikutlwa o itumetse. Go diragetse eng? • O nagana gore mosetsana le mosimane ba ba mo ditshwantshong ba ikutlwa jang?
<p>Kopanyo</p>	<p>Setswana Puo e e Buiwang mo Gae: Bokgoni jwa go buisa, go reetsa le go bua ka tiriso ya dipuisano le dipontsho, go dira ka setlhopho le ba le babedi. Go bala gore o bone bokao</p>
<p>Go akaretsa le go farologanya</p>	<ul style="list-style-type: none"> • Ditiro di letla gore o nne le bokgoni jo bo farologaneng jwa go ithuta le go dira gore o ikutlwe o le leloko la setlhopho se o berekang le sone o bo o dire mmogo le sone. • Pharologanyo e dirwa ka ditiro tse di maleba tsa go taka mo Buka ya Morutwana le ka ditiro tse di kgothaletsang go akanyetsa le go abelana ka setso.
<p>Mokgwa wa go ruta</p>	<p>Ditsela tsa go ruta ga di tshwane go ya ka gore ke eng se se dirwang (bona kaedi ya se se dirwang) mme e akaretsa motlotlo, pontsho, taelo, dipotso, go dira gore sengwe se dirwe, tshakatsheko e e dirwang go sa latelwe thulaganyo epe, go kopanya tiro e e dirwang go kaelwa se se tshwanetseng sa dirwa le go dira sengwe o le esi.</p> <p>Ka gone go tshameka, go dira ditiro dingwe le metshameko e le karolo e e bothokwa thata ya go ithuta mo baneng ba mephato e e simololang, kwa bofelong jwa setlhogo go na le dikakantsho tsa gore seno se dirwe jang, dikakantsho tse di thusang go bona diphelelo tsa thuto.</p>
<p>Tlhatlhobo</p>	<p>O neilwe dimemorantamo le dirubiriki le dilo tsa go tshwaya go kaela thulaganyo ya tlhatlhobo e e tsweleng pele le e e sa tlhomamang ka ditiro le mekgwa ya go ikatisa. O neilwe tiro ya tlhatlhobo e e tlhomameng e e kwalwang le memorantamo wa gone mo karolong ya kitso ya tshimologo le itekanelo le botsogo jwa motho a le esi le jwa setšhaba kwa bokhutlong jwa kgweditharo. O newa dirubiriki go tlhatlhoba Botshweretsi Jwa Boitlhamedi le Thuto ya go Itshidila Mmele.</p>
<p>Didiriswa tse di atlanegisitsweng</p>	<p>Buka ya Morutwana, Buka ya DBE ditsebe 10-11, dimakasine, sekere, sekgomaretsi, pene / diphensele, ditshwantsho tsa diithagisomaikutlo ka sefatlhogo le maikutlo, dibuka tsa tshedimose tse di ka ga maikutlo, dikarata tsa puiso tse di nang le maikutlo a a farologaneng, diphousetara tse di bontshang tsela ya go tlhagisa le go tlhaganya maikutlo</p>

A re simolole

Buka ya Morutwana tsebe 11

Kaedi ya se se dirwang: Puisano, ditlhaloso le patlisiso ya kitso ya tshimologo

1. Leba ditshwantsho:

- Bontsha barutwana ditshwantsho tse di mo tsebe 11. Ba botse gore ba bona eng le gore ba akanya gore setlhogo se ka ga eng.

2. Puisano e e tshitshintswe di rotloetsa dipotso:

- O ka nthaya o re eng ka batho ba ba mo ditshwantshong tseno?
- Thusa barutwana go tlhalosa gore batho ba dira eng le gore ba ka tswa ba ikutlwa jang.
- O nagana gore ditshwantsho tseno di tshwana ka eng?
- Kaela barutwana go bona gore ditshwantsho di bontsha maikutlo a a farologaneng.
- O nagana gore ditshwantsho tseno di bontsha jang gore batho ba ikutlwa jang?

Kopa barutwana go bua ka maikutlo a ba a bonang mo ditshwantshong.

3. Tlhalosa ditshwantsho:

- Boitumelo (Setshwantsho 1): Dipudula tsa puo: "Maikutlo ke ka moo ke ikutlwang ka gone mo teng ga me. Maikutlo a ka dira gore o ikutlwe o itumetse kgotsa o hutsafetse." Zahara o lebega a itumetse ebile a iketlile. O rapame mo tlhageng mme o lebile loapi. Tlhalosa gore boitumelo bo dira gore re ikutlwe sentle e bile re sisibetse.
- Khutsafalo (Setshwantsho 2): Dipudula tsa puo: "Maikutlo a gore re ikutlwa jang ka maitemogelo a a rileng." Ethan o lebega a hutsafetse ebile o a lela. O ikutlwa a utlwile botlhoko. Tlhalosa gore go ikutlwa o hutsafetse go tlwaelegile le gore go siame go ikutlwa ka tsela eno ka dinako tse dingwe.

Ditlhaloso tseno di tla thusa barutwana go tlhaloganya gore maikutlo ke eng le gore ke goreng go le botlhokwa go bua ka one.

Puisano ya tlelase: Tlhalosa bokao jwa lefoko le lesa mme o dirise dipotso tse di mo tsebe 9 go dira puisano. Tsamayatsamaya le go reetsa barutwana go bona se ba se itseng mme o thuse fa ba na le potso.

Dikarabo di tla fapaana go ya ka se barutwana ba setseng ba se itse le se ba se bonang mo ditshwantshong, ba rotloetse go bolela dikakanyo tsa bone mme o ba thuse ka dipotso dipe tse ba nang le tsone ka ga maikutlo.

Dikarabo tse di ka tswang:

Dirisa dipotso tse di mo tsebe 9 go dira puisano:

1. O nagana gore maikutlo ke eng? *Kaela barutwana go tlhaloganya gore maikutlo ke tsela e re itemogelang le go tlhagisa maikutlo a rona, jaaka boitumelo kgotsa khutsafalo.*
2. O ikutlwa jang fa o tsoga gore o ye sekolong? *Rotloetsa barutwana go bolela maikutlo a bone ka ga go simolola letsatsi mme o ba thuse go tlhalosa maikutlo ao.*
3. Akanya ka nako e o neng o ikutlwa o itumetse. Go diragetse eng? *Kopa barutwana go gakologelwa motlha wa boitumelo le go tlhalosa gore ke eng se se dirileng gore ba ikutlwe jalo.*
4. O nagana gore mosetsana le mosimane ba ba mo ditshwantshong ba ikutlwa jang? *Thusa barutwana go buisana ka maikutlo a a bontshitsweng mo ditshwantshong, jaaka boitumelo kgotsa khutsafalo, le go tlhalosa gore ke goreng ba akanya jalo.*

Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **maikutlo** – tsela e motho o ikutlwang ka teng ka dilo tse di diregang

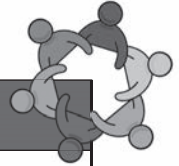


Dilo tse di intumedisang

Tirwana 1

Buka ya Morutwana tsebe 12

Barutwana ba dira ka bobedi ka bobedi.



Kaedi ya se se dirwang

Kopa barutwana go buisa kgang ka ga Zahara mme le buisane ka maikutlo a gagwe ba dirisa dipotso tse di neetsweng.

Dira gore barutwana ba arabe dipotso tsa tirwana ba le babedi. Seno se ka dirwa jaaka puisano kgotsa ka go rekota dikarabo mo dibukeng tsa bone. Tsamayatsamaya le go reetsa dipuisano, o rotloetsa barutwana go bua moo go tlhokegang teng. Kgothaletsa barutwana go araba ba dirisa dipolelo tse di feletseng.

Dikarabo tse di ka tswang

1. Zahara o ne a ikutlwa a hutsafetse e bile a utlwile botlhoko gonne ditsala tsa gagwe di ne di sa batle go tshameka le ene.
2. Go bua le mmaagwe go thusitse Zahara gore a ikutlwe botoka. Go botlhokwa go bolela maikutlo gore re se ikutlwe re le nosi le gore re ka bona tshegetso.
3. Mmaagwe Zahara o tshwanetse a bo a mmoleletse gore go siame go ikutlwa o hutsafetse mme a mo tlamparela. A ka tswa a rile a leke go bua le ditsala tsa gagwe kgotsa go batla sengwe se se monate se a ka se dirang.

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 10-11

Dilo tse di dirang gore ke hutsafale

Tirwana 2

Buka ya Morutwana tsebe 13

Barutwana ba dira ka ditlhopha e bile ba dira ka bobone.

Kaedi ya se se dirwang

Tiro ka sethlopha:

Kopa barutwana go leba setshwantsho le go tlhalosa gore ba bona eng. Ba tshwanetse go buisana ka ditiro le maikutlo a a bontshiwang.

Rotloetsa barutwana go bolelela ba bangwe maikutlo a bone ka ga setshwantsho. Ba tshwanetse go bua gore a setshwantsho se dira gore ba ikutlwe ba itumetse, ba hutsafetse, kgotsa sengwe se sele.

Buisana ka dikakanyo tsa gore Ethan a ka ikutlwa botoka jang. Kaela barutwana go akanya ka ditsela tsa go tokafatsa maikutlo, tse di jaaka go bua le mongwe kgotsa go dira sengwe se se itumedisang.

Dira gore barutwana ba bolelele tlalase dikakanyo tsa bone. Seno se ba thusa go katisa bokgoni jwa go bua le go reetsa.

Tiro ka nosi:

Laela barutwana go kwalela Ethan lekwalo. Pele barutwana ba simolola go kwala, buisana ka dikarolwana tsa lekwalo le barutwana (tsela ya go simolola ka 'Ethan yo o Rategang' le go khutlisa lekwalo ka leina la bone). Buisana ka dikakanyo tsa dilo tse di monate tse motho a ka di rayang tsala go dira gore a ikutlwe botoka.

Dikarabo tse di ka tswang

Tiro ka sethlopha:

1. a. Ethan o hutsafetse mme o a lela. O dutse mo bolaong jwa gagwe mme o lebega a utlwile botlhoko.
- b. Dikarabo ga di na go tshwana. Sekai, setshwantsho se ka dira gore baiithuti bangwe ba ikutlwe ba utlwile botlhoko gonne Ethan o lebega a sa itumela.
- c. Dikarabo di ka nna tsa se ka tsa tshwana. Dikai: Bua le tsala kgotsa mongwe wa balelapa, dira sengwe se se monate, kgotsa tsaya nako go nna le batho ba ba go kgathalelang.
- d. Barutwana ba bolelela tlelase dikarabo tsa bone.

Tiro ka nosi:

2. **Dikarabo ga di na go tshwana. Go latela sampole ya lekwalo:**

Ethan yo o Rategang

Ke maswabi gore o ikutlwa o hutsafetse. Ke a go kgathalela mme ke batla go thusa. Ka gongwe re ka tshameka mmogo kgotsa re ka bua ka ga se se go hutsafatsang. Gakologelwa, ga o nosi, mme ditsala tsa gago di a go kgathalela. Ke solofela gore o tla ikutlwa botoka mo nakong e e sa fediseng pelo!

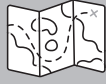
Tsala ya gago

[Leina la morutwana]

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 10-11



Nako ya go utulola

Buka ya Morutwana tsebe 14

Barutwana ba rulagantswe ka ditlhopha.

Kaedi ya se se dirwang

Dira gore barutwana ba nne ka ditlhopha mme o dire gore ba lebe ditshwantsho go nyalanya setshwantsho sengwe le sengwe le dileibole tse di neetsweng. Ba kope go buisana gore ke leibole efe e e tshwanelang setshwantsho sengwe le sengwe ka tsela e e gaisang.

Dipotso tse di dirang gore ba bue:

- O bona go diragala eng mo setshwantshong sengwe le sengwe?
- O nagana gore batho ba ba mo ditshwantshong ba ikutlwa jang?
- Ke goreng o nagana gore leibole eno e nyalana le setshwantsho?

Fa barutwana ba ntse ba dira, tsamayatsamaya le go reetsa dipuisano tsa bone. Ba thuse ka dipotso dipe mme o netefatse gore ba tlhaloganya gore ke goreng leibole nngwe le nngwe e tshwanela setshwantsho. Ba rotloetse go dirisa dipolelo tse di tletseng le go tlhagisa dikakanyo tsa bone ka tsela e e utlwalang.

Dikarabo tse di ka tswang

1. Setshwantsho 1 (AW_T3_07) – e: Ditsala tse di tsalanang sentle
2. Setshwantsho 2 (AW_T3_08) – a: Balelapa ba ba lerato
3. Setshwantsho 3 (AW_T3_09) – g: Karolo ya setlhopha
4. Setshwantsho 4 (AW_T3_10) – c: Go dira se se go natefelelang

Didiriswa

Buka ya Morutwana, pene / phensele
Buka ya DBE ditsebe 10-11

Go lemoga maikutlo

Tirwana 3

Buka ya Morutwana tsebe 15

Barutwana ba rulagantswe ka dithopha.



Kaedi ya se se dirwang

Tiro le puisano ka setlhopha

Sa pele, dira gore barutwana ba buise dipudula tsa puo tse di ka ga maikutlo a a farologaneng:

- Tenego: Tenego ke go ikutlwa o tsenwa kgotsa go se na sepe se o ka se dirang, jaaka fa motho a tsaya dilo tsa gago.
- Letshogo: Go ikutlwa o tshaba, jaaka ka nako ya matlakadibe.
- Matshwenyego: Go akanya thata ka sengwe se o ka se kgoneng go se laola, jaaka teko.
- Bodutu: Go ikutlwa o jewa ke bodutu ke go ikutlwa o sa itumela gonne o le nosi, jaaka fa ba go tlogetse.

Kopa barutwana go bua gore ba ikutlwa jang ka fa gare mo maikutlong mangwe le mangwe: itumetse, hutsafetse, tenegile, tshogile, tshwenyegile, le bodutu.

Buisana gore sefatlhego le mmele di lebega jang fa ba nna le maikutlo mangwe le mangwe. Sekai, a ba nyenya fa ba itumetse kgotsa ba mena phatlha fa ba hutsafetse?

Bua ka se se dirang gore ba nne le maikutlo mangwe le mangwe. Sekai, a matlakadibe a dira gore ba ikutlwe ba tshogile? A go nna le nako le ditsala go dira gore ba ikutlwe ba itumetse?

Kopa morutwana mongwe le mongwe go tlhopha maikutlo a le mangwe mo dipuduleng tsa puo. Morago ba dira kholaje ba dirisa diitshwantsho le mafoko go bontsha maikutlo.

Dikarabo tse di ka tswang

1. Itumetse: Go ikutlwa sentle ka fa gare, jaaka fa o tshameka le ditsala tsa gago.
Hutsafetse: Go ikutlwa mowa o le kwa tlase ka fa gare, jaaka fa go direga sengwe se se maswe.
Tenegile: Go ikutlwa o tsenwa ka fa gare, jaaka fa mongwe a nna setlhogo mo go wena.
Tshogile: Go ikutlwa o na le poifo ka fa gare, jaaka ka nako ya sefelo.
Tshwenyegile: Go ikutlwa o tlhobaela ka fa gare, jaaka pele ga teko e kgolo.
Jewa ke bodutu: Go ikutlwa o le nosi ka fa gare, jaaka fa go se na ope gaufi.
2. Itumetse: Go nyenya, matlho a a phatsimang.
Hutsafetse: Go sosobanya phatlha, dikeledi, magetla a a digetsweng kwa tlase.
Tenegile: Go sosobanya sefatlhego, mmele o o gagametseng, magofi a a golokilweng.
Tshogile: Matlho a a rotologileng, go roroma, go itlamparela.
Tshwenyegile: Go sosobanya phatlha, go tsamayatsamaya o bontsha tlhobaelo.
Jewa ke bodutu: Sefatlhego se se hutsafetseng, go dula o le nosi, go lebelela fa fatshe.

3. Itumetse: Go tshameka le ditsala, go amogela mpho.
Hutsafetse: Go tlhologelelwa mongwe yo o mo ratang, setshamekisi se se robegileng.
Tenegile: Mongwe a tsaya dilo tsa gago, go sa reediwe.
Tshogile: Matlakadibe, difilimi tse di tshosang.
Tshwenyegile: Diteko tse dikgolo, ditiragalo tse di tlang.
Jewa ke bodutu: Go tlogelwa o le nosi, go se na ope yo o ka buang le ene.
4. Kholaje: Barutwana ba tshwanetse go tlhopha maikutlo mo speech bubbles (dipudula tsa puo). Ba tla dirisa ditshwantsho le mafoko a a tswang mo dimakasineng kgotsa ba tla thala tsa bone go bontsha gore maikutlo ao a lebeba jang mo go bone.

Didiriswa

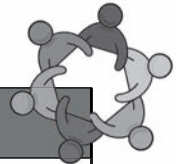
Buka ya Morutwana, pene / phensele

Dimakasine go segolola ditshwantsho, sekere, sekgomaretsi, pampiri ya dikholaje, dimakhara kgotsa dikherayone

Tirwana 4

Buka ya Morutwana tsebe 16

Barutwana ba dira ka bobedi ka bobedi.



Kaedi ya se se dirwang

Kopa barutwana go dira ba le babedi go leba ditshwantsho le go buisa ditlhaloso tsa maikutlo. Nyalanya dileibole ka ditshwantsho le ditlhaloso. Fa ba ntse ba dira, tsamayatsamaya mo phaposiborutelong go neela thuso le go netefatsa gore ba tlhaloganya tiro.

Fa na sena go nyalanya dileibole, rotloetsa bobedi go buisana le go araba dipotso tse di latelang:

- O ka tsenya eng mo ditlhalosong tsa go jewa ke bodutu, tenego, khutsafalo le letshogo? Thusa barutwana go akanya gore ba ikutlwa jang fa ba itemogela maikutlo ano.
- O ikutlwa leng o jewa ke bodutu, o tenegile, o tshwenyegile kgotsa o tshogile? Rotloetsa barutwana go bolelela ba bangwe maitemogelo a bone.

Reetsa dipuisano le go neela kaelo e e bonojana.

Gakolola barutwana gore ba dirise dipolelo tse di tletseng fa ba bua maikutlo a bone.

Dikarabo tse di ka tswang

1. Setshwantsho 1: b. Tenego
Setshwantsho 2: c. Letshogo
Setshwantsho 3: d. Matshwenyego
Setshwantsho 4: a. Bodutu
2. Dikarabo ga di na go tswana. Sekai: Fa ke tenegile, ke ikutlwa e kete tlhogo ya me e tlile go thunya.
3. Dikarabo ga di na go tswana. Sekai: Ke ikutlwa ke le nosi fa diisala tsa me di sa tshameke le nna.

Didiriswa

Buka ya Morutwana
 Dikarata tsa puiso tsa maikutlo
 Diphousetara tsa maikutlo
 Dibuka tsa dikgang tse di ka ga maikutlo

Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **kholaje** – phousetara e o kgomaretsang dilo tse di farologaneng mo pampiring kgotsa mo khatebotong, e e jaaka dinepe, ditshwantsho le mafoko
- **sule** mohama – fa motho kgotsa karolo ya mmele e sa kgone go suta ka bontlhabongwe kgotsa gotlhelele



Ditsela tse di siameng tsa go tthagisa gore re ikutlwa jang



Nako ya go utolola

Buka ya Morutwana ditsebe 18–19

Barutwana ba rulagantswe ka ditlhophha.

Kaedi ya se se dirwang

Buisa kgakololo e e neetsweng mo dipuduleng tsa puo ka ga go tthagisa maikutlo a a farologaneng le barutwana. Morago, buisana ka kgakololo e e neetsweng mo seemong sengwe le sengwe sa tse nne. Botsa barutwana ba le mmalwa gore ba tthagisa jang maikutlo a bone a go tenega, go tshaba, go tshwenyega, le go jewa ke bodutu.

Dikarabo tse di ka tswang

1. Barutwana ba tthagisa mogopolo wa bone ka kgakololo e e neetsweng.
2. Dikakanyo tsa barutwana ka ga tsela ya go tthagisa maikutlo ka pabalesego fa ba ikutlwa ba tenegile, ba tshogile, ba tshwenyegile kgotsa ba jewa ke bodutu.
3. Barutwana ba kwale kgotsa ba terowe maikutlo a bone mo lekwalopegong..

Didiriswa

Buka ya Morutwana, pene / phensele
 Buka ya DBE ditsebe 10-11



Ba neye dikai tsa mmatota tsa lefoko lengwe le lengwe fa go ntse go tlotlwa ka one.

- **kgakololo** - fa mongwe a go naya kakanyo nngwe e e molemo gore o dire dilo bonolo kgotsa botoka.
- **lekwalopego** - buka e e kgethegileng moo o kgonang go kwala dikakanyo, maikutlo le dikgopolo tsa gago.

Tirwana 5

Buka ya Morutwana tsebe 20

Barutwana ba dira mongwe le mongwe a le esi.

Kaedi ya se se dirwang

Dira gore barutwana ba dire ka bobone go tlhama jenale ya maikutlo. Tlhalosa gore ba tlile go thala setshwantsho le go kwala ka maikutlo a bone gompiano.

Dipotso tse di dirang gore ba bue:

- Sefatlhego sa gago se lebega jang o ikutlwa ka tsela eno?
- Kwala dipolelo tse tlhano ka ga gore ke goreng o ikutlwa ka tsela eno.
- Ditsela tse di siameng tsa go tlhagisa maikutlo ano ke dife?

Rotloetsa barutwana go nna boikanyego ka maikutlo a bone le go dirisa mafoko a ba a ithutleng. Tsamayatsamaya mo phaposiborutelong le go neela thuso fa ba ntse ba thala le go kwala. Netefatsa gore ba tlhaloganya gore go siame go nna le maikutlo a a farologaneng, le gore go botlhokwa go a tlhagisa ka ditsela tse di itekanetseng.

Rotloetsa barutwana go dirisa dipolelo tse di tletseng le go akanya ka kelotlhoko ka ga tsela e ba tlhagisang maikutlo a bone ka yone.

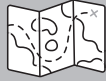
Barutwana botlhe ba ka akarediwa mo motshamekong ono, ela tlhoko ba ba nang le bogole mo mmeleng. Gakolola barutwana go tlotlana le go dirisana sentle

Dikarabo tse di ka tswang

1. Thala setshwantsho sa sefatlhego: Barutwana ba tshwanetse go thala setshwantsho sa sefatlhego se se bontshang gore ba ikutlwa jang gompiano (sk. itumetse, tlhona, tenegile).
2. Kwala ka ga maikutlo: Barutwana ba kwala dipolelo tse tlhano tse di bonolo tse di tlhalosang gore ke gore ba ikutlwa ka tsela eno.
3. Go tlhagisa maikutlo: Barutwana ba kwala ditsela dingwe tse di siameng tsa go tlhagisa gore ba ikutlwa jang ka tsela e e sa ba utlwiseng botlhoko kgotsa e e sa utlwiseng batho ba bangwe botlhoko (sk. go bua le mongwe, go hemela mowa o montsi ka fa gare, go dira sengwe se se ba natefelelang).

Didiriswa

Buka ya Morutwana, pene / phensele, bukanyana, diphensele tsa mebala kgotsa dikherayone



Nako ya go utulola

Metshameko ya phopholetso ya maikutlo: Thuto e e Kopantsweng ya Ikatiso ya Mmele:

Metshameko ya boitlhamedi le Bokgoni/Botaki jwa Boitlhamedi: Loga leano le go Tlhalosa)

Barutwana ba rulagantswe ka ditlhopha.

Eno ke tiro e barutwana ba kgonang go e dira e ba tshamekang motshameko wa phopholetso ya maikutlo. Buisetsa barutwana ditaello kwa godimo mme o netefatse gore ba tlhaloganya tsela ya go tshameka:

1. Kwala maina a maikutlo a a farologaneng mo lenathwaneng la khateboto kgotsa pampiri, sekai, itumetse, tshogile, maketse.
2. Baya dikarata kgotsa pampiri e e mennweng mo lebokoseng le le leibotsweng Maikutlo.
3. Refosanang go tsaya karata mo lebokoseng. Ba leba karata mme ba e fitlha gore setlhopha sotlhe se se ke sa e bona.
4. Barutwana ba diragatsa maikutlo a a mo karateng kwa ntle ga go bua.
6. Barutwana ba bangwe ba fopholetsa gore ke maikutlo afe a a diragadiwang.

Direla barutwana tiragatso jaaka sekai.

Morago ga tšhono nngwe le nngwe, buisana gore mongwe a ka tswa a ikutlwa leng ka tsela eo le gore ke goreng go le jalo.

Maitshwarelo – Tsela ya go ikopela maitshwarelo

Tirwana 6

Buka ya Morutwana tsebe 22

Barutwana ba rulagantswe ka ditlhopha.



Kaedi ya se se dirwang

Tlhalosa bokao jwa 'go kopa boitshwarelo' le 'dipaakanyo'.

Buisetsa tlalase tlhaloso ya tirego ya go kopa maitshwarelo. Dirisa mafoko a a bonolo mme o bontshe setshwantsho se se nang le dikgato tse tlhano.

Dikgato ke:

- Lemoga bothata.
- Bua o gore o maswabi.

- Dira dipaakanyo.
- Amogela maitshwarelo.
- Tswelela.

Baya barutwana ka ditlhopha tse dinnyane. Kopa setlhopha sengwe le sengwe go akanya ka nako ya fa mongwe a ne a dirile phoso mme a tlhoka go bua gore o maswabi. Ba bua ka ga tsela e ba ka dirisang dikgato tse tlhano go baakanya bothata.

Dira gore setlhopha sengwe le sengwe se bue ka gore ba ka dirisa jang kgato nngwe le nngwe ya go bua ba re ba maswabi. Ba thuse go dirisa mafoko 'go ikopela maitshwarelo' le 'dipaakanyo' mo puong ya bone.

Morago barutwana ba ikatisa go kopa maitshwarelo. Setlhopha sengwe le sengwe se diragatsa dikgato tsa go ikopela boitshwarelo. Morutwana mongwe e tla nna motho yo o dirileng phoso, mme yo mongwe e tla nna motho yo o utlwileng botlhoko.

Morago ga tiragatso nngwe le nngwe, bua ka gore ba dirisitse dikgato sentle go le kana kang le gore ba kopile maitshwarelo jang.

Kakanyo ya se se fetileng: Kopa barutwana go akanya ka nako e ba neng ba dirile phoso mme ba tlhoka go bua ba re ba maswabi. Dira gore ba thale setshwantsho kgotsa ba kwale ka gore ba ne ba ka dirisa jang dikgato tsa go ikopela boitshwarelo go baakanya bothata.

Matlhabobothale a tlaleletso:

- Bontsha setshwantsho sa dikgato go thusa barutwana go tlhaloganya.
- Rotloetsa barutwana go bua ka iketlo le ka tsela e e utlwalang ka nako ya ditiragatso tsa bone.
- Neela pegelo e e siameng go thusa barutwana go ikutlwa sentle ka ga go ikatisa go kopa boitshwarelo.

Dikarabo tse di ka tswang

1. Dikarabo ga di na go tshwana. Sekai: Akanya ka nako ya fa o ne o sentse setshamekisi sa tsala ya gago kgotsa o buile sengwe se se maswe.
2. Barutwana ba dirisa dikgato tse tlhano tsa tirego ya go bua gore ba maswabi:
Lemoga bothata.
Bua o gore o maswabi.
Dira dipaakanyo.
Amogela maitshwarelo.

Didiriswa

Buka ya Morutwana, pene / phensele, khateboto kgotsa pampiri ya go kwalela dikgato tsa go ikopela maitshwarelo (ga go patelesege mo barutwaneng), dimakhara kgotsa Dikherayone tsa go thala ditshwantsho (ga go patelesege mo barutwaneng)

Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **go** kopa boitshwarelo – go bua gore o maswabi ka sengwe se o se dirileng go utlwisana mongwe botlhoko
- **dipaakanyo** – go dira sengwe go baakanya sengwe jaaka go utlwisana mongwe botlhoko



A re bone

Kaedi ya se se dirwang

Tlhalosa tirwana: Bolelela barutwana gore ba tlile go tlhama leotwana la maikutlo go bontsha maikutlo a farologaneng. Ba tla thala le ditshwantsho go bontsha maikutlo mangwe le mangwe.

Ba neele dikgato tse di latelang gore ba di latele:

- Itlhamela leotwana la gago la maikutlo: Thala setshwantsho sa sediko se segolo mo lenathwaneng la pampiri.
- Arola sediko: Kgaoganya sediko ka dikarolo tse thataro tse di lekanang (jaaka diselaese tsa pizza).
- Tshasa mmala mo karolwaneng nngwe le nngwe ka mmala o o farologaneng (khibidu, mmala wa namune, serolwana, tala, pududu, phepole).
- Leibola karolwana nngwe le nngwe ka go kwala maikutlo mo karolong nngwe le nngwe:
Khibidu: Tenegile
Mmala wa namune: Tshwenyegile
Serolwana: Tshogile
Tala: Bodutu
Pududu: Hutsafetse
Phepole: Itumetse
- Thala setshwantsho go bontsha gore maikutlo mo karolong nngwe le nngwe ya leotwana a ntse jang.

Morago barutwana ba a bapisa le go buisana. Ba itsise gore ba tla bolelela barutwanammogo ka maotwana a bone go bona gore a tshwana go le kana kang kgotsa a farologane go le kana kang.

Buisana gore ba ka tlhagisa jang maikutlo mangwe le mangwe ka tsela e e siameng.

Dikarabo tse di ka tswang

1. Barutwana ba dira leotwana la maikutlo.
2. Barutwana ba thala setshwantsho sa ditshwantsho tsa bone go tlhagisa maikutlo mangwe le mangwe. Dikai:
Tenegile (Khibidu): Thala setshwantsho sa motho a lebega a tenegile (sk., ka marama a mahibidu, go rutha ka lenao la gagwe mo fatshe).
Tshwenyegile (Mmala wa namune): Thala setshwantsho sa motho a lebega a tshwenyegile (sk. a ja dinala tsa gagwe kgotsa a lebega a tlhobaela).
Tshogile (Serolwana): Thala setshwantsho sa motho a lebega a tshogile (sk. a iphihlhile ka diatla kgotsa a lebega a maketse).
Bodutu (Tala): Thala setshwantsho sa motho a lebega a jewa ke bodutu (sk. a dutse a le nosi ka sefatlhego se se hutsafetseng).
Hutsafetse (Pududu): Thala setshwantsho sa motho a lebega a hutsafetse (sk. a na le dikeledi kgotsa a sosobantse phatlha).
Itumetse (Phepole): Thala setshwantsho sa motho a itumetse (sk. a nyenya mme a na le matlho a a phatsimang).
3. Morago barutwana ba bapisa leotwana la bone le la barutwanammogo.

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 14-15

Pampiri, dipensele tsa mebala kgotsa dimakhara, rula (ga e patelesege, ke ya go thala mela), dikai tsa ditshwantsho tse di thadilweng tsa maikutlo (ga di patelesege, ke tsa kgothatso)

Metshameko

Kholaje ya Maikutlo (Botaki jwa Boithamedi: Bokgoni jwa go tlhama ditshwantsho /Botaki jwa Boithamedi: Tlhama ka 2D)

Barutwana ba tla tlhama kholaje go tshwantsha maikutlo. Morutwana mongwe le mongwe o tla tlhoka dimakasine, pampiri ya mebala, sekere le sekgomaretsi.

- Kgobokanya didiriswa: Neela dimakasine, pampiri ya mebala, sekere, le sekgomaretsi.
- Barutwana ba tlhopha maikutlo a a farologaneng a a jaaka itumetse, hutsafetse, tenegile, le kgatlhegile.
- Tlhama kholaje: Barutwana ba segolola ditshwantsho kgotsa ba dirisa mebala e e bontshang maikutlo mangwe le mangwe mme ba di kgomaretsa mo letlhareng le legolo la pampiri.
- Buisanang ka maikutlo: Barutwana ba bolelela ba bangwe ka dikholaje tsa bone mme ba bua gore ke goreng ba tlhophile setshwantsho sengwe le sengwe kgotsa mmala mongwe le mongwe.

Dikgono tse di tlabolotsweng: Go lemoga sebaka, boithamedi, go tthaloganya ditirego tsa tlhagiso.

Sediko sa kangang ya maikutlo (Botaki jo bo Kopaneng jwa Boithamedi: Bokgoni jwa go thala ditshwantsho/Bokgoni jwa Puo: Go anela kangang)

Barutwana ba tla tlhama kangang mmogo, ba tlhomamogopolo mo maikutlong a a farologaneng.

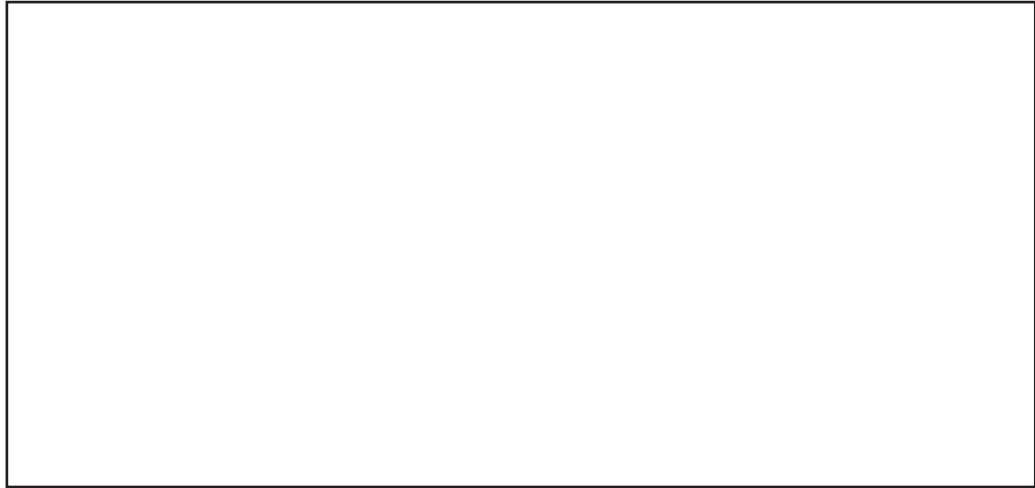
- Simolola kangang: Simolola kangang e e akaretsa moanelwa yo o ikutlwang ka tsela e e rileng (sk. "Ka letsatsi lengwe, Sarah o ne a ikutlwa a jewa ke bodutu thata gone...").
- Fetisetsa kangang kwa mothong yo mongwe: Morutwana mongwe le mongwe o oketsa kangang ka go tthalosa gore go diragetse eng se se latelang le gore moanelwa o ikutlwa jang.
- Utolola maikutlo a a farologaneng: Rotloetsa barutwana go itsise maikutlo a a farologaneng fa kangang e ntse e tsweletse.
- Buisanang ka kangang: Bua gore maikutlo a moanelwa a fetogile jang le gore ke goreng jalo.

Dikgono tse di tlabolotsweng: Temogo ya maikutlo, go anela kangang, go aga tlotlofoko.

- I. Thala setshwantsho le go se leibola: Ba ikutlwa jang?
 - a. Motho o lebega jang fa a itumetse? Thala setshwantsho sa sefatlhego se se nyenyang, matlho a a itumetseng le monyenyo o mogolo.

- b. Motho o lebega jang fa a hutsafetse? Thala setshwantsho se se hutsafetseng se na le dikeledi le go menwa ga phatlha.

- c. Mmele wa motho o lebega jang fa a tenegile? Thala sefatlhego se se tenegileng se se nang le sefatlhego se se khibidu le dintshi tse di sosobantsweng.



- d. gobetse? Thala setshwantsho sa sefatlhego sa gago se se bontshang maikutlo ao.



- I. Tlhama phousetara ya maikutlo: Akanya ka maikutlo a o a itseng sentle. Thala setshwantsho sa motho yo o bontshang maikutlo ao mme o kwale polelo gore o ka ikutlwa leng ka tsela eo.
- a. Maikutlo a me ke _____
_____.
- b. Ke ikutlwa jaana fa _____

_____.

Netefatsa

Setshwantsho sa me se bontsha maikutlo sentle	
Polelo ya me e tlhalosa ka nako ya fa ke ikutlwa ka tsela eno.	



Tsela ya go bontsha bopelonomi

Buisa tshedimosetso ka ga go bontsha bopelonomi:

Bopelonomi ke tsela ya go bontsha go kgathalela le go rata ba bangwe. O ka bontsha bopelonomi ka go thusa mongwe yo o hutsafetseng, go abelana ditshamekisi tsa gago, kgotsa go raya tsala mafoko a a monate. Bopelonomi bo dira gore batho ba bangwe ba ikutlwe ba itumetse e bile ba ratwa.

Kwala ditsela tse nne tse re ka bontshang bopelonomi ka tsone.

1. _____
2. _____
3. _____
4. _____

wa ditlhogo

1. Barutwana ba thala ditshwantsho tse di maleba.
Nyalanya Maikutlo le Setshwantsho
Itumetse: Setshwantsho se tshwanetse go bontsha mongwe a nyenya e bile a tshameka le ditsala.
Tshogile: Setshwantsho se tshwanetse go bontsha mongwe a iphitlhile a gotlotse matlho.
Kgatlhagile: Setshwantsho se tshwanetse go bontsha mongwe a tloa ka monyenyo o mogolo.
 - A. O ikutlwa jang fa o tshameka ka setshamekisi sa gago se o se ratang?
Setshwantsho se se thadilweng se tshwanetse go bontsha sefatlhego sa morutwana se se bontshang boitumelo kgotsa go kgotsafala.
 - B. O ikutlwa jang ka letsatsi la gago la botsalo?
Setshwantsho se se thadilweng se tshwanetse go bontsha sefatlhego sa morutwana a tthagisa boitumelo kgotsa natefelelo ya sengwe.
 - C. O ikutlwa jang fa o wa le go gobala?
Setshwantsho se se thadilweng se tshwanetse go bontsha sefatlhego sa morutwana se se tthagisang khutsafalo kgotsa botlhoko.

Katoloso

1. Tlhama Phousetara ya Maikutlo
 - 1.1 Maikutlo: Maikutlo ape a a maleba a a jaaka go itumela, go hutsafala, go tenega, jj.
 - 1.2 Fa Ke Ikutlwa Jaana: Seemo sepe se se maleba se se nyalanyang le maikutlo, se se jaaka:
 - Itumetse: Fa ke tshameka le ditsala tsa me.
 - Hutsafetse: Fa ke timelelwa ke setshamekisi sa me.
 - Tenegile: Fa mongwe a tsaya dilo tsa me.
 - Tshogile: Fa ke bona ntša e kgolo.
2. Tlhalosa Maikutlo
 1. Fa o amogela mpho: Itumetse
 2. Fa setshamekisi sa me se latlhega: Hutsafetse
 3. Fa mongwe a le setlhogo mo go wena: Tenegile
 4. Fa o bona ntša e kgolo, e e bogolelang kwa godimo: TshogileKe Goreng Ke Ikutlwa ka Tsela Eno: Lebaka lengwe le lengwe le le maleba le le nyalanang le maikutlo:
 - Itumetse: Gonne ke bone sengwe se ke neng ke se batla.
 - Hutsafetse: Gonne ke latlhegetswe ke sengwe sa botlhokwa.
 - Tenegile: Gonne mongwe o nkutlwisitse botlhoko.
 - Tshogile: Gonne ke tshaba medumo e e kwa godimo kgotsa diphologolo tse dikgolo.



Karolo ya thuto	Tshireletso ya boitekanelo
Nako ya go ruta	Diura tse 2.5
Matswela a thuto	<p>Kwa bokhutlong jwa setlhogo seno, barutwana ba tshwanetse ba bo ba kgona go:</p> <ul style="list-style-type: none"> bontsha mekgwatiriso ya motheo ya thusopotlako mo maemong a a jaaka go tswa madi mo nkong, go longwa ke phologolo, dintho tsa go segwa ke sengwe le dintho tsa molelo. nna le kitso ya boitekanelo le bophepa jwa motheo, go akaretsa go sa ame madi a batho ba bangwe.
Dikgono	Bokgoni jwa go dirisa thusopotlako ya motheo
Kitso	Se o tshwanetseng go se dira fa o gobetse
Boleng	Go itlhokomela le go tlhokomela ba bangwe
Boikutlo	Boitshepo
Kitso ya tshimologo	Dikgono tsa go tlhaloganya se o se bonang, kitso ya letsatsi le letsatsi
Dipotso tse di tsenel-etseng tse di dirang gore o akanye	<ul style="list-style-type: none"> A o kile wa tsamaya wa thusa mongwe yo o neng a ikgobaditse? O thusitse jang? Re tshola jang mebele ya rona e le phepa? Mae a ka thusa Amy jang? O ka bo o dirile eng fa o ne o digetse diterebe mo fulurung? Ke goreng o re jalo?
Kopanyo	<p>Setswana Puo e e Buiwang mo Gae:</p> <ul style="list-style-type: none"> Go reetsa le go bua Puo e e baakanyeditsweng le e e sa baakanyediwang: Go bolela dikakanyo le maitemogelo Go bala gore o bone bokao Go nyalanya medumo le diilhaka Go kwala le mokwalo o o kwadilweng ka seatla <p>Dipalo:</p> <ul style="list-style-type: none"> Go tshwaragana le deitha <p>Go Tsenya Dikhoutu le di-Robotic</p> <ul style="list-style-type: none"> Ditaelo tsa kgato ka kgato (go akanya ka tsela e e bonolo ya go rarabolola bothata)

Go akaretsa le go farologanya	<ul style="list-style-type: none"> • Ditiro di letla gore o nne le bokgoni jo bo farologaneng jwa go ithuta le go dira gore o ikutlwe o le leloko la setlhopho se o berekang le sone o bo o dire mmogo le sone. • Pharologanyo e dirwa ka ditiro tse di maleba tsa go taka mo Buka ya Morutwana le ka ditiro tse di kgothaletsang go akanyetsa le go abelana ka setso.
Mokgwa wa go ruta	<p>Ditsela tsa go ruta ga di tshwane go ya ka gore ke eng se se dirwang (bona kaedi ya se se dirwang) mme e akaretsa motlotlo, pontsho, taelo, dipotso, go dira gore sengwe se dirwe, tshekatsheko e e dirwang go sa latelwe thulaganyo epe, go kopanya tiro e e dirwang go kaelwa se se tshwanetseng sa dirwa le go dira sengwe o le esi.</p> <p>Ka gone go tshameka, go dira ditiro dingwe le metshameko e le karolo e e botlhokwa thata ya go ithuta mo baneng ba mephato e e simololang, kwa bofelong jwa setlhogo go na le dikakantsho tsa gore seno se dirwe jang, dikakantsho tse di thusang go bona diphelelo tsa thuto.</p>
Tlhatlhobo	<p>O neilwe dimemorantamo le dirubiriki le dilo tsa go tshwaya go kaela thulaganyo ya tlhatlhobo e e tswelolang pele le e e sa tlhomamang ka ditiro le mekgwa ya go ikatisa. O neilwe tiro ya tlhatlhobo e e tlhomameng e e kwalwang le memorantamo wa teng mo karolong ya kitso ya tshimologo le itekanelo le botsogo jwa motho a le esi le jwa setšhaba kwa bokhutlong jwa kgweditharo. O nwa dirubiriki go tlhatlhoba Botshweretsi Jwa Boithlamedi le Thuto ya go litshidila Mmele.</p>
Didiriswa tse di atlanegisitsweng	<p>Buka ya Barutwana, dibuka tsa DBE ditsebe 18-19, dimakasine, sekere, sekgomaretsi, pene/diphensele, ditshwantsho le dibuka tsa tshedimoseiso, dikaratapuiso le diphousetara, lebokose la thusopotlako le dilwana tsothe tsa motheo, metsweditruso ya bidio e e ka ga thusopotlako le bophepa fa go kgonega.</p>

A re simolole

Buka ya Morutwana tsebe 27

Motlotlo, ditlhaloso, le go tlhatlhoba kitso e ba setseng ba na le yone

Simolola puisano: Simolola ka go bua gore “tshireletso ya boitekanelo” e raya eng. Botsa barutwana gore ba itse eng ka boitekanelo le gore ba itshole jang ba babalesegile. Dirisa dipotso tse di bonolo jaaka tse di latelang:

- O dira eng go tshola mmele wa gago o le phepa?
- O thusa jang mongwe yo o gobetseng?

Leba setshwantsho: Bontsha barutwana setshwantsho se se mo tsebeng ya ntlha. Tlhalosa gore setshwantsho se na le tshedimosetso ya botlhokwa e e ka ga go nna o itekanetse. Ba fe nako ya go leba ditshwantsho tsotlhe tse di mo sedikong.

Buisanang ka ditshwantsho: Ditshwantsho tse di mo letlhakoreng le le mo mojang la sediko di bontsha mekgwa ya go itshola o le phepa, e e jaaka go tlhapa diatla le go tlhapa meno ka boratšhe (mekgwatiriso ya motheo ya bophepa). Ditshwantsho tse di mo letlhakoreng le le mo molemeng di bontsha mekgwa wa go thusa mongwe yo o gobetseng, jaaka go tsenya bandeitšhi kgotsa go thusa mongwe yo o gobetseng (mekgwatiriso ya motheo ya bophepa).

Rotloetsa botsayakarolo: Kopa barutwana go buisana ka ditshwantsho. Reetsa dikakanyo tsa bone le go ba thusa go tlhaloganya mekgwa e e farologaneng ya go sireletsa boitekanelo jwa bone.

Dirisa dipotso go dira puisano:

- A o kile wa tsamaya wa ikgobatsa? Rotloetsa barutwana go bolelela ba bangwe maitemogelo a bone. Botsa gore ke mang yo o neng a ba tlhokometse le gore ba ne ba ikutlwa jang.
- A o kile wa tsamaya wa thusa mongwe yo o neng a ikgobaditse? A barutwana ba bue gore ba kile ba thusa jang mongwe yo o neng a gobetse le gore seo se dirile gore ba ikutlwe jang.
- Re tshola jang mebele ya rona e le phepa? Buisana ka botlhokwa jwa bophepa mme o kope barutwana go bolelela ba bangwe mekgwa e ba itsholang ba le phepa.
- A o ka re bolelela melawana mengwe e o e itseng ya bophepa? Kaela barutwana gore ba akanye ka melawana e ba e latelang go nna ba itekanetse mme ba le phepa, e e jaaka go tlhapa diatla kgotsa go tlhapa meno ka boratšhe.

Tirwana 1

Buka ya Morutwana tsebe 27

Barutwana ba rulagantswe ka ditlhopha.



Kaedi ya se se dirwang

Bontsha barutwana setshwantsho sa ntlha. Ba kope go bua ka se ba bonang se diragala. (Mosetsana o logiwa moriri bontle go direla fa a ya sekolong.)

Botsa dipotso tse di jaaka, "O dira eng mo mosong fa o tsoga?" Seno se tla ba thusa go ikamanya le setshwantsho.

Eya kwa setshwantshong sa bobedi mme o kope barutwana go bua ka se se diragalang. (Mosimane o bewa polasetara mo lengoleng la gagwe,) Ba rotloetse go akanya ka dinako tse ba ka tswang ba ne ba tlhoka thuso morago ga go gobala.

Tlhalosa tsela ya go tshameka metshameko ya phopholetso ya mafoko. Ba bolelele gore morutwana a le mongwe o tla diragatsa tiro e e rileng kwa ntle ga go bua, mme ba bangwe ba tla fopholetsa gore ke tiro efe. Netefatsa gore ba itse gore barutwana botlhe ba tla nna le bonnye ditšhono tse pedi tsa go diragatsa sengwe.

A barutwana ba maeme ditiro tse di amanang le bophepa, tse di jaaka go tlhapa meno ka boratšhe, go tlhapa diatla, kgotsa go šawara. Gape ba ka maema gore ba ne ba ka thusa jang mongwe yo o gobetseng, jaaka go baya polasetara kgotsa go tlhapisa ntho ya go segiwa ke sengwe.

Fa mongwe le mongwe a nnile le tšhono, setlhopha sengwe le sengwe se tla baakanya maeme wa setlhopha gore tlelase e fopholetse. Tsamayatsamaya mo phaposiborutelong go bona gore ditlhopha di dira jang. Fa phaposiborutelo e nna modumo thata, o ka direla tirwana kwa ntle.

Gakolola barutwana go tlotlana mme a barutwana botlhe ba nne le tšhono ya bone ntle le go kgorelediwa.

Dikarabo tse di ka tswang

Barutwana ba tshameka metshameko ya go fopholetsa mafoko.

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 18-19

Dira sebaka se go direlwang mo go sone metshameko ya go fopholetsa mafoko



Fa o itsise lefoko lengwe le lengwe, kopa barutwana go akanya ka dikai go tswa mo matselong a bone. Sekai, "O dira eng gore o nne le bophepa jo bo siameng?" kgotsa "O itshireletsa jang fa go le tsididi kwa ntle?"

Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **bophepa** - mokgwa o re tsholang mebele ya rona e babalesegile ebile o itekanetse
- **tshireletso** – go itshola re babalesegile mo go sengwe le sengwe se se ka re gobatsang
- **tshireletso** ya boitekanelo – go tshola boitekanelo jwa rona bo babalesegile mo dilong tse di ka dirang gore re lwale kgotsa tse di ka re gobatsang

Mekgwatiriso ya motheo ya thusopotlako mo maemong a a jaaka go tswa madi mo nkong, go longwa ke phologolo, dintho tsa go segwa ke sengwe le dintho tsa molelo

Tirwana 2

Buka ya Morutwana tsebe 28

Barutwana ba dira mongwe le mongwe a le esi.

Kaedi ya se se dirwang

Bontsha barutwana ditshwantsho tsa khiti ya thusopotlako mo tsebeng. Ba kope gore ba tlhalose se ba se bonang.

Buisa dintlha ka ga thusopotlako le dilwana tse di mo khiting. Barutwana ba ka buisa mmogo le wena kgotsa ba ka go sala morago fa o buisetsa kwa godimo. Netefatsa gore ba tlhaloganya gore selwana sengwe le sengwe se dirisetswa eng. Sekai, "Polasetara e dirisetswa go khurumetsa ntho e nnyane ya go segiwa ke sengwe go e sireletsa gore e se ke ya nna leswe."

Tlhalosetsa barutwana gore ba tlile go leibola dilwana tse di mo khiting ya bone ya thusopotlako. Sa ntlha, ba tshwanetse go leba ditshwantsho tsa dilwana le go batla dileibole tse di nepagetseng mo lebokoseng.

Barutwana ba kwala nomoro ya selwana sengwe le sengwe le leibole e e nepagetseng ya sone mo bukeng ya bone ya thutiso. Ba rotloetse go kwala sentle le go netefatsa tiro ya bone gape.

Tsamayatsamaya mo phaposiborutelong go thusa barutwana fa ba se na bonnete ka dileibole dipe. Ba rotloetse go akanya gore ba ka dirisa selwana sengwe le sengwe se se mo khiting ya thusopotlako leng le gore ke goreng go le botlhokwa go itse gore o dirise sefe.

Dikarabo tse di ka tswang

1. polasetara
2. bandeitšhi
3. selwantshaditwatsi
4. sekere
5. dithwiza

Didiriswa

Buka ya Morutwana, pene / phensele

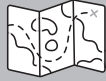
Buka ya DBE ditsebe 18-19

Fa go kgonega, khiti ya thusopotlako e e nang le dilwana tse di jaaka dipolasetara, dibandeitšhi, le selwantshaditwatsi

Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **thuso** – go thusa go go neelwa mongwe
- **thusopotlako** – selo sa ntlha se o tshwanetseng go se dira go thusa mongwe yo o gobetseng pele ga ngaka kgotsa mooki a tla
- **emisetsa** – go busetsa sengwe se o se dirisitseng





Nako ya go utulola

Buka ya Morutwana tsebe 29

Kaedi ya se se dirwang

Kopa barutwana go bua ka dilwana tsa thusopotlako tse ba nang le tsone kwa gae. Ba kaele ka go botsa dipotso tse di jaaka, “A o na le dipolasetara kwa gae? O di dirisetsa eng?”

Gatelela botlhokwa jwa go baya melemo kgakala le moo bana ba bannye ba ka se kgoneng go e fitlhelela go tshola batho botlhe ba babalesegile. Bua o re, “Jaanong re tlile go itirela dikhiti tsa rona tsa ntlha tsa thusopotlako—mo pampiring!”

Kopa barutwana go bula dibuka tsa bone tsa thutiso le go thala lebokose kgotsa kgetsana e e tlileng go nna khiti. Ba bolelele gore ba thale bonnye dilo tse tlhano tse ba akanyang gore di tshwanetse go nna mo khiting ya thusopotlako. Tsone di tshwanetse go nna dilo tse di ka thusang fa mongwe a ka gobala.

Tlhalosa gore khiti eno ya thusopotlako e ka nna lebokose kgotsa lefelo le le kgethegileng kwa gabone moo ba bayang dilwana tsa botlhokwa mo teng. E tshwanetse go nna mo lefelong le le lengwe mme e tshwanetse go bewa moo bana ba bannyane ba ka se kgoneng go e fitlhelela.

Fa ba fetsa go thala, kopa barutwana go bua le morutwanammogo ka se ba se tsentseng mo khiting ya bone le gore ke goreng ba dirile jalo. Ba rotloetse go reetsa fa tsala ya bone e tlhalosa khiti ya bone.

Bua le tlalase gore ba akanya gore lefelo le le siameng la go baya khiti ya thusopotlako fa gae ke lefe. Ba gakolole gore e tshwanetse go nna golo gongwe mo go babalesegileng, moo bana ba bannyane ba ka se kgoneng go go fitlhelela.

Dikarabo tse di ka tswang

1. Barutwana ba thala setshwantsho sa khiti ya thusopotlako.
2. Barutwana ba bolelela morutwanammogo gore go na le eng mo khiting ya thusopotlako le gore selwana sengwe le sengwe se dirisetswa eng.
3. Barutwana ba a reetsa fa tsala ya bone e ba bolelela gore go na le eng mo dikhiting tsa bone tsa thusopotlako le gore dilwana di dirisetswa eng.

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 18-19

Ditshwantsho tsa dikhiti tsa thusopotlako; dikai tsa mmatota kgotsa ditshwantsho tsa dilwana tse di mo khiting ya bone, tse di jaaka dibandeitshi, kherime ya selwantshaditwatsi, le sekere

Diphousetara tsa pabalesego: Bontsha diphousetara tse di ka ga thusopotlako le pabalesego mo phaposiborutelong.

Bidiokhutshwe: Fa go kgonega, bontsha bidio e e khutshwane ka dikhiti tsa thusopotlako le mokgwa wa go di dirisa.

Go tswa madi mo nkong le go longwa ke phologolo

Tirwana 3

Buka ya Morutwana tsebe 30

Barutwana ba dira mongwe le mongwe a le esi.

Kaedi ya se se dirwang

Buisetsa tlelase kwa godimo tshedimose tso mo tsebe 25 mme a ba batle ditshwantsho.

Kopa moithaopi go thusa go bontsha mokgwa wa go emisa madi a a tswang mo nkong. Bontsha maemo a a nepagetseng mme o tlhalose gore ke goreng go le botlhokwa. A barutwana ba kopise maemo.

A barutwana ba kwale dikgato tsa go emisa madi a a tswang mo nkong.

Gakolola barutwana go akanya ka dilwana tsotlhe tse ba ithutileng ka tsone mo dikhiting tsa thusopotlako mme a ba feleletse potso 2. Dirisa dikarabo tsa bone go netefatsa go nna ga tshedimose tso ka ga dikhiti tsa thusopotlako.

Dikarabo tse di ka tswang

1. Se tshwenyegeng mme o dule ka marago o tlhamaletse, tlhogo ya gago e le kwa pelenyana. Tobetsa karolo e e botobe ya nko ya gago sebaka sa metsoso e le 10 kgotsa go fitlhelela madi a emisa go tswa. Hema ka molomo wa gago.
2. sepori se se bolayang ditwatsi, bandeitshi, dipolasetara

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 18-19

Dinitho tsa go segiwa ke sengwe le dinitho tsa molelo

Tirwana 4

Buka ya Morutwana tsebe 31

Barutwana ba dira mongwe le mongwe a le esi.

Kaedi ya se se dirwang

Kopa barutwana go bolelela ba bangwe maitemogelo a go nna le dinitho tsa go segwa ke sengwe kgotsa dinitho tsa molelo. Buisana ka dibako tse di tlwaelegileng tsa dinitho tsa go segwa ke sengwe le dinitho tsa molelo, tse di jaaka go wa, go ama sengwe se se bolelo, kgotsa go dirisa dilo tse di bogale.

Diragatsa tatelano e e nepagetseng ya dikgato tsa go alafa ntho ya go segiwa ke sengwe, o gatelela botlhokwa jwa go tsenya ditlalafo fa o alafa motho yo mongwe.

A barutwana ba kopolele le go baya dinomoro mo dikgatong ka tatelano e e nepagetseng mo dibukeng tsa bone tsa tiro.

Bolelela barutwana gore ntho ya molelo e diragala fa letlalo le gobadiwa ke sengwe se se molelo thata. Neela dikai tse di jaaka go ama setofo, go tsholola metsi a a bolelo, kgotsa go nna gaufi thata le kgabo ya molelo. Tlhalosa gore dinitho tsa molelo di ka dira marophi, a e leng dipudula mo letlalong a a ka nnang botlhoko thata. Botsa barutwana gore a ba kile ba tsamaya ba nna le ntho ya molelo kgotsa ba bona mongwe yo o nang le ntho ya molelo. A ba bolelele ba bangwe maitemogelo a bone.

Buisa tshedimoseitso le go buisa gore ba tshwanetse go dira eng kgotsa ga ba tshwanela go dira eng fa bone kgotsa mongwe yo ba mo itseng a ša.

Dikarabo tse di ka tswang

1. Tlhapa diatla tsa gago.
2. Dirisa ditlalafo fa o thusa mongwe.
3. Tobetsa ka go dirisa letsela le le phepa go emisa madi a a tswang.
4. Phepafatsa ntho ya go segiwa ke sengwe mo tlase ga metsi a a tshologang.
5. Omisa karolo ya ntho ka toulo e e phepa
6. Tshela seporei se se bolayang ditwatsi.
7. Baya polasetara kgotsa bandeitšhi.

Didiriswa

Buka ya Morutwana, pene / phensele

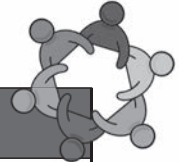
Buka ya DBE ditsebe 18-19

Ditshwantsho/Dikarata tsa puiso: Bontsha ditshwantsho tsa dinitho tsa go segiwa ke sengwe, dinitho tsa molelo, le dilwana tsa thusopotlako go tshegetsa go ithuta ka go dirisa ditshwantsho.

Tirwana 5

Buka ya Morutwana tsebe 33

Barutwana ba dira ka bobedi ka bobedi.



Kaedi ya se se dirwang

Buisetsa tlhlase setori kwa godimo.

Barutwana ba dira ka bobedi ka bobedi. A ba buise mmogo setori gape. A ba arabe dipotso mo dibukeng tsa bone tsa thutiso.

Tsamayatsamaya mo phaposiborutelong le go neela thuso fa ba ntse ba thala le go kwala.

Dira dikarabo le tlhlase. Kopa barutwana go tlhalosa gore ke goreng ditiro dingwe di le botlhokwa.

Dikarabo tse di ka tswang

1. Barutwana ba buisa setori mmogo.
2.
 - a. Metsi a a bolelo a fisitse letsogo la ga Amy.
 - b. Mae a ka thusa ka go batla mogolo le go tsidifatsa letsogo la ga Amy ka metsi.
 - c. Mae o tshwanetse go bolelela mogolo ka gangwe.
 - d. Amy ga a tshwanela go baya dikgapetla (aese) mo nthong ya gagwe ya molelo. Amy ga a tshwanela go tshasa kherime kgotsa botoro mo nthong ya molelo. Amy ga a tshwanela go thuba lerophi.

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 18-19

Bidio ya Pabalesego: Fa e le teng, bontsha bidio e khutshwane ka ga pabalesego ya go ša le thusopotlako.

Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **lerophi** – fa letlalo le ša, le dira pudula



Boitekanelo jwa motheo le bophepa

Tirwana 6

Buka ya Morutwana tsebe 34

Barutwana ba dira mongwe le mongwe a le esi.

Kaedi ya se se dirwang

Tlhalosa bokao jwa 'lenaane la netefatso'. (lenaane la dilo tsotlhe tse o tshwanetseng go di dira gore o se ke wa lebala kgato nngwe)

Buisetsa tshedimosetso kwa godimo mme o lebe setshwantsho sengwe le sengwe mo tsebe 34 le tlelase. Botsa: "Go direga eng mo setshwantshong?"

Buisana gore ke goreng tiro nngwe le nngwe e le botlhokwa mo boitekanelong le bophepa.

Kopa barutwana go araba dipotso 1 le 2 mo dibukeng tsa bone tsa thutiso.

Mo botong, simolola lenaane la setlhogo sa "Lenaane la Netefatso la Bophepa jwa Letsatsi le letsatsi". Kopa barutwana go tshitsinya dilwana tsa lenaane. Di kwale.

A barutwana ba kopolole lenaane la netefatso mo dibukeng tsa bone le go le kgabisa.

Dikarabo tse di ka tswang

1. Re tshwanetse go thiba molomo wa rona le nko ka thišu kgotsa sekgono sa rona. Re tshwanetse go latlha thišu le go tlhapa diatla tsa rona.
2. Ke tlhapa diatla tsa me pele ga ke ja.
Ke tlhapa meno a me moso mongwe le mongwe le bosigo bongwe le bongwe.
Ke tlhapa kgotsa ke šawara letsatsi le letsatsi.
3. Tlhapa diatla pele ga go ja.
Tlhapa meno ka boratšhe gabedi ka letsatsi.
Tlhapa kgotsa šawara letsatsi le letsatsi.
Dirisa thišu fa o ethimola kgotsa o gotlhola.
Tshola dinala di le dikhutshwane e bile di le phepa.

Didiriswa

Buka ya Morutwana, pene / phensele

Buka ya DBE ditsebe 18-19

Neela dikai tse di tshwanelang tsa sengwe le sengwe fa go ntse go tlotlwa ka tsone.

- **lenaane** la netefatso – lenaane la dilo tsotlhe tse o tshwanetseng go di dira gore o se ke wa lebala kgato nngwe

