



KEREITI

2

KGOBOKETSO
YA DIPALE

Platinum

Sesotho Sa Nnete

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Platinum Sesotho Sa Nnete Kereiti ya 2 Kgoboketso ya Dipale

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Tse ka hare

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1 Nna (Thothokiso)

Dipotso tsa pele ho pale

1. Bolela ditho tse pedi tsa mmele?
2. O rata ho etsa eng?

Nna ke mang?

Nna ke Kim ka lebitso.

Ke Moshemane.

Tsena ke ditho tsa mmele.

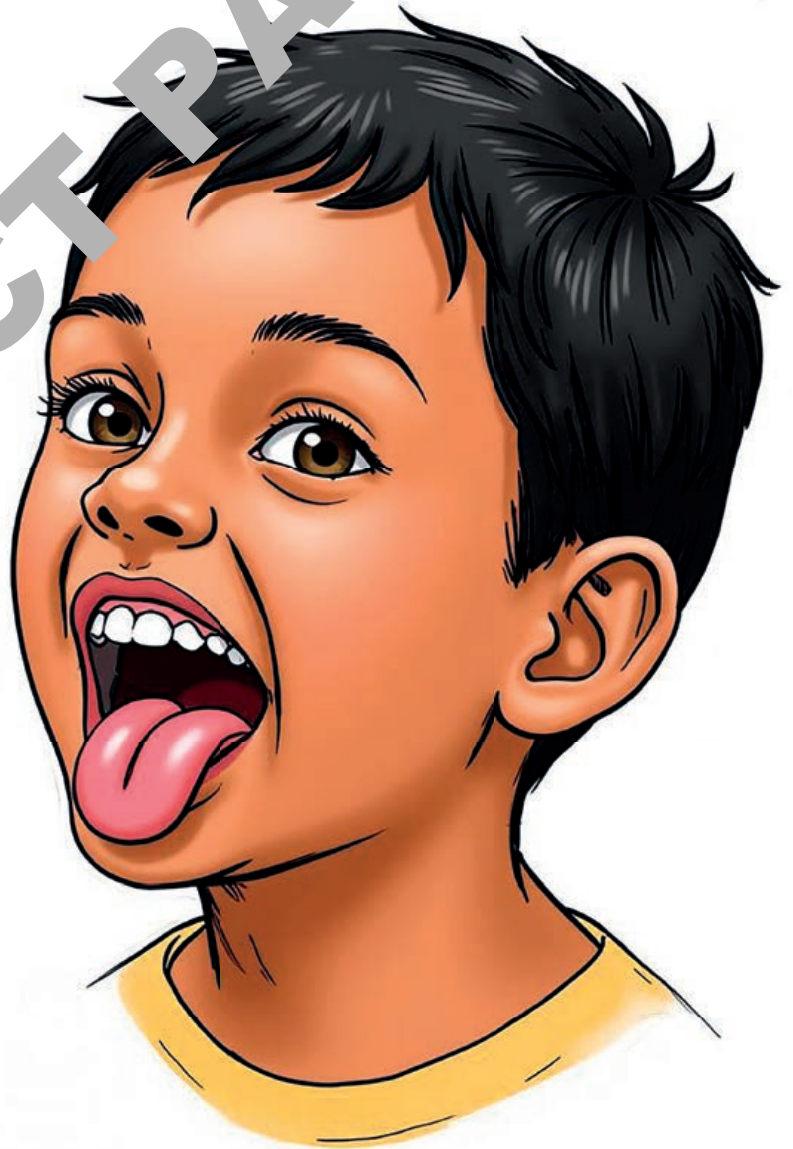
Ke na le hloho.

Ke na le mahetla.

Ke na le sefuba.

Ke na le mangwele.

Ke na le menwana





Nna ke mbi
Enwa ke Jinja.
Re rata dipale.
Ke ngola dipale.
Re mamela dipale.
Re qoqa dipale.

Nna ke Tumelo.
Ke rata mmino.
Ke rata ho tantsha.
Ke tseba ho bina.
Ke tseba ho tantsha.



Dipotso tsa ka morao ho pale

1. Jinja ke phoofolo e etsang eng?
2. Monga Jinja lebitso la hae ke mang?
3. Talente ya Tumelo ke eng?

2 Ditho tsa sefahleho (Thothokiso)

Dipotso tsa pele ho pale

1. O kgona ho bona sefahleho sa hao ha o itjhebile kae?
2. O rata eng ka sefahleho sa hao?

Meno a ka

A masweu twa!

Meno a ka.

Ke a hlatswa.

Meno a ka.

Ke loma ka ona.

Meno a ka.

Ka ona ke a bososela.

Meno a ka.

A masweu twa!



Dipotso tsa ka morao ho pale

1. Mosebetsi wa meno ke eng?
2. Mosebetsi wa maoto ke eng?
3. Ka molomo re etsa eng?

3 Dijo tsa bophelo (Pale)

Dipotso tsa pele ho pale

1. O rata dijo dife?
2. Hoseng o ja dife?

Di aha mmele



Dijo di bonokwa bophelong. Mmele ya rona e hloka dijo ha raro ka letsatsi. Mme dijong tseo, re lokela ho ja diprotheini. Ke tsona tse ahang mmele. Bana ba holang ba lokela ho ja diproteini. Tsona di fumanaha maheng, nameng. lebeseng kapa tlhaping. Re tshwanela ho etsa bo nnete ba hore letsatsi le le leng le le leng, re ja diprotheine.



Meroho le ditholwana di tse dimatlatsi. Dimatlafatsi tsena di bitswa divithamini. Ha bo bokwa haholo hore letsatsing le leng le le leng re je meroho le ditholwana. Ha o sa je dimatlafatsi, o ka se hole hantle, mme o ka iphumana o kula ha bobebe. Ditholwana di monate haholo, le bana ba a di rata. Hona le hore re je dijo tse letswai tse kang mazimba le ditjhokolote, re ka ja ditholwana.

Dipotso tsa ka morao ho pale

1. Ke dijo dife tse sa lokelang mmele?
2. Divithamini re di fumana dijong dife?

4 Tsa bohleweki (papatso)

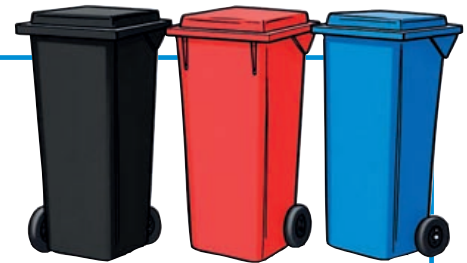
Dipotso tsa pele ho pale

1. Bohlokwa ba ho hlwekisa moo re dulang ke bofe?
2. Na o tseba ho hlwekisa? O etsa jwang ha o hlwekisa?

“BOHLE KA TSOHLE” “PHUTHA GO TLISE”

- ◆ Dibotlolo tse senang mmala tsa polasetiki – 50c
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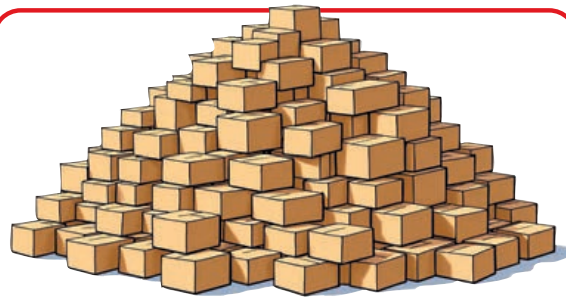


- ◆ Makotikoti a dinomaphodi – R1,00
- ◆ Ditshelo tsa oli – R2,00
- ◆ Makotikoti a tlhapi – 50c



Mona ke tshepe

- ◆ Tshepe
- ◆ Ditofa tsa kgale
- ◆ Re a di bekga
- ◆ Masenke a kgale
- ◆ Terata
- ◆ R10 khilokramo



Re reka le mabok

- ◆ Mabokose a tsepe se hlatswang 200 le le leng
- ◆ Mabokose a ditshelo tsa tsepe – R30 le le leng
- ◆ Mabokose a dithoto R5 kilogramo
- ◆ Ela hloko: Mabokose a metsi ha re a nke

- ◆ Re teng Mantaha – Moqebelo
- ◆ Ho tloha ka 7am-6pm
- ◆ Ha o re bitha, re tla
- ◆ Dinomoro tsa mohala



@ horeng tsa tshetso 0610 1499

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Dipotso tsa ka morao ho pale

1. Dibotlolo tse tala ke bokae?
2. Mabokoso a thoto ke bokae?
3. Moo ho iswang disebediswang tseo ho bula neng, ka nako mang?

5 Kwetlisa kelello (Dilotho)

Dipotso tsa pele ho pale

1. O kwetlisa kelello ya hao ka ho etsang?
2. Kelello ke eng?

Re tseba ka ho etsa – Ke a o lotha

Ke a o lotha.

Ka eng?

Moshemane ya mosesane ya hlooho e kgora?



Ke a o lotha.

Ka eng?

Ha o le nyenyane tje, taba tsa nako o di rutilwe ke mang?



Ke a o lotha.

Ka eng?

Mosadi e motenya ya apereng diaparo tse ngata?



Monna ya molelele a nang le mahlo a tse tletseng?



Dipotso tsa ka morao ho pale

1. O ratile selotho sefe?

6 Nna le ba heso (Thothokiso)

Dipotso tsa pele ho pale

1. O dula le mang lapeng?
2. Le rata ho etsa eng le bana beno?

Ha ke hola

Enwa ke mme wa ka
Moo ke fumaneng bophelo
O ya nkuka ha ke lla
O mmeta sefahlehong hoseng
O re ke lesea la hae
ka nna, ha a batle letho
Mme motswadi





Kgaitsemi ya ka

Ausi ke kgaitsemi ya ka

O hlahile pele ya ka

O ya le n' sekolong

O nthokometse

Ha na le seo ke sehlokang

Ke qala ho yena pele

Kgaitsemi ya ka ke Ausi Nkadimeng

Rakgadi Mantwa

Rakgadi ke ngwanabo ntate

o apere mose o mosweu

Rakgadi o a nyalwa

O motle jwalo ka dinaledi

Re a bina re a tjika

Re thabile le rakgadi



Dipotso tsa ka morao ho pale

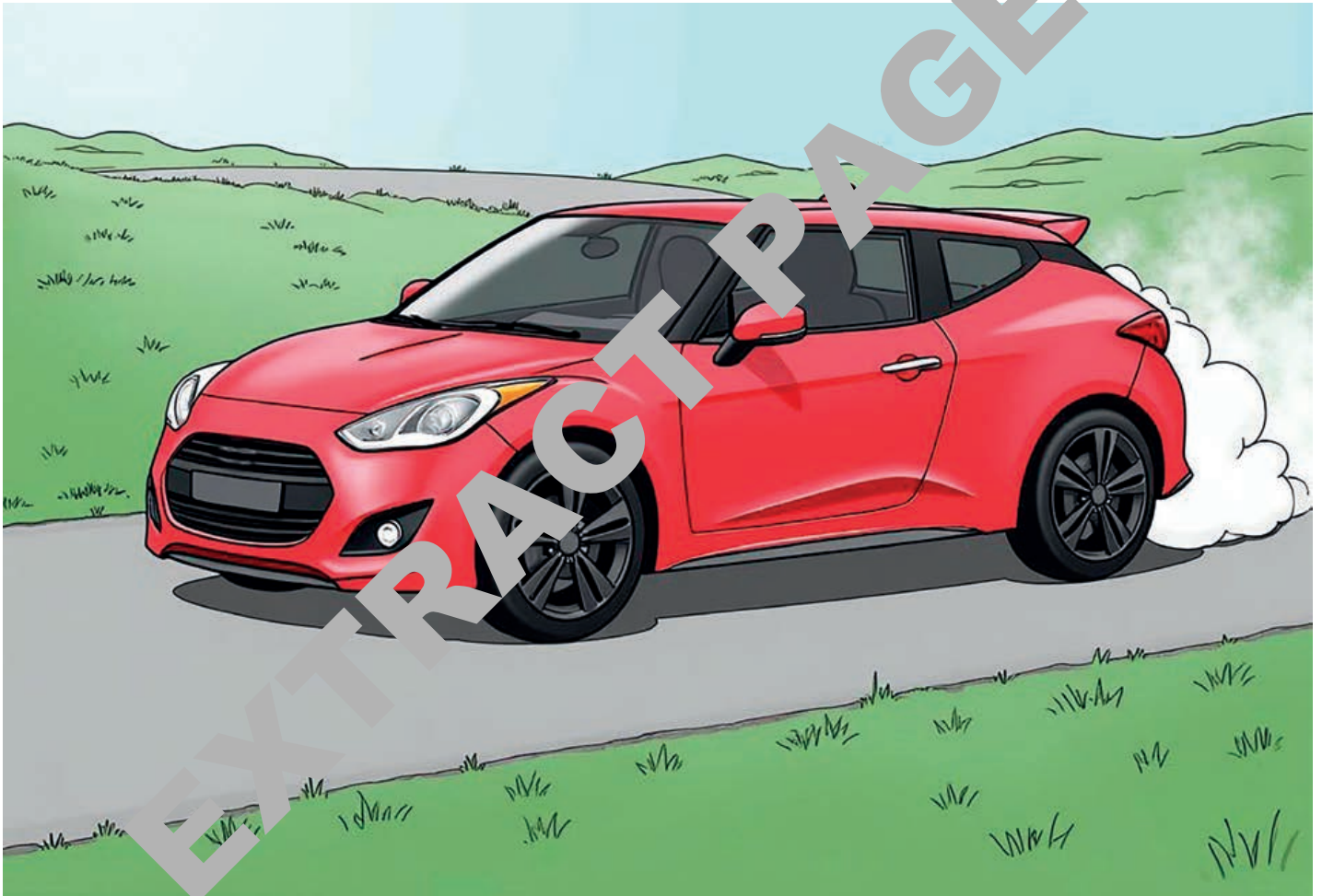
1. Mme o rata ho etsang hoseng?
2. Lebitso la kgaitsemi ke mang?
3. Hobaneng rakgadi a pere mose o mosweu.

7 Thaho (Ditaba)

Dipotso tsa pele ho pale

1. Mosi o bakwa ke eng?
2. Ke eng tse etsang mosi?

Dikoloi re a di rata



Jwale keng eo e dumang hakaana? Ao bathong, ke koloi ya ntate Thabo, yane ya sekorokoro. Ha e duma, joo....mosi o tswang ho yona, ekare ho besitswe mollo wa mashala.

Mosi o jwalo ha o a loka, le ona o baka tshilafatso sepakapakeng.

Mosi wa dikoloi o ka etsa moya oo re o hemang o silafale.

E be batho ba ya kula.

Batho ba bang moya o ditshila o ba bakela asma.

Eseka dikoloi di ka se ntshe mosi.





Matsatsing e dikoloi tsa motlakase di se di etswa.

Tsona di hlokomela tlhaho ya rona. Ha di ntshe mosi o mongata.
E bile ha di sebedise peterole.

Dipotso tsa ka morao ho pale

1. Na mosi o silafatsa tikoloho?
2. Ke eng e etsang hore dikoloi di silafatse moya
3. Dikoloi tse hlokomelang tikoloho ke dife?

8 Tsa moruo (Thothokiso)

Dipotso tsa pele ho pale

1. O kile wa tshwara tjhelete efe?
2. Ha o tshwere o e tshwara jwang?

Tjhelete



Ke nna tjhelete.

Ebe ke tswa nting?

Kapa ke tswa bankeng?

Ke bua dipuo tsohle.

Ke ratwa ke bohle.

Ke thabisa bohle.

Amerika ke bitswa Dolara.
Botswana teng ke Pula.
Lesotho ba mpitsa Maluti.
Zimbabwe ke bitswa Zim Dolara.
Afrika Borwa mona ke Ranta.
Nna ke tjhelete, kwakwariri!



Dipotso tsa ka morao ho pale

1. Tjhelete e tswa kae?
2. Fana ka molemo wa tjhelete?
3. Tjhelete ya Afrika Borwa e bitswa eng?